



Konkurencja 4
14/11/2010 - 10:40

M czyzn, 400m dowolny

13 lat i starsi
Wyniki

Punkty: FINA 2009

Pozycja	Rok ur.	Czas	Pkt.
16 lat i starsi			
1. Ksi ek Michał SK	93	Jordan Kraków	4:03.71 697
50m: 28.53 28.53	150m: 1:30.86 31.32	250m: 2:32.63 30.51	350m: 3:34.16 30.46
100m: 59.54 31.01	200m: 2:02.12 31.26	300m: 3:03.70 31.07	400m: 4:03.71 29.55
2. Suzin Marcin SK	93	Jordan Kraków	4:05.57 682
50m: 28.77 28.77	150m: 1:31.31 31.49	250m: 2:33.90 31.26	350m: 3:35.37 30.73
100m: 59.82 31.05	200m: 2:02.64 31.33	300m: 3:04.64 30.74	400m: 4:05.57 30.20
3. Głyk Wojciech	92	Orka L dziny	4:05.87 679
50m: 29.07 29.07	150m: 1:31.37 31.12	250m: 2:33.91 31.16	350m: 3:35.81 30.62
100m: 1:00.25 31.18	200m: 2:02.75 31.38	300m: 3:05.19 31.28	400m: 4:05.87 30.06
4. Habrat Krzysztof	94	AZS AGH Kraków	4:09.33 651
50m: 29.01 29.01	150m: 1:32.31 31.54	250m: 2:35.14 31.40	350m: 3:38.17 31.50
100m: 1:00.77 31.76	200m: 2:03.74 31.43	300m: 3:06.67 31.53	400m: 4:09.33 31.16
5. Ruci ski Konrad	92	AZS AGH Kraków	4:12.49 627
50m: 28.90 28.90	150m: 1:32.29 32.02	250m: 2:37.09 32.63	350m: 3:41.42 31.87
100m: 1:00.27 31.37	200m: 2:04.46 32.17	300m: 3:09.55 32.46	400m: 4:12.49 31.07
6. Kotlewski Michał SK	94	Zryw Opole	4:13.48 620
50m: 29.93 29.93	150m: 1:34.48 32.29	250m: 2:39.00 32.14	350m: 3:43.37 32.12
100m: 1:02.19 32.26	200m: 2:06.86 32.38	300m: 3:11.25 32.25	400m: 4:13.48 30.11

15 lat

1. Hydzik Piotr	95	Karol Wadowice	4:25.86 537
50m: 30.63 30.63	150m: 1:37.91 33.81	250m: 2:45.59 33.75	350m: 3:53.06 33.63
100m: 1:04.10 33.47	200m: 2:11.84 33.93	300m: 3:19.43 33.84	400m: 4:25.86 32.80
2. Wilk Przemysław	95	Jordan Kraków	4:35.62 482
50m: 30.98 30.98	150m: 1:39.83 34.40	250m: 2:49.81 35.41	350m: 4:00.29 35.24
100m: 1:05.43 34.45	200m: 2:14.40 34.57	300m: 3:25.05 35.24	400m: 4:35.62 35.33
3. Pa dziurkiewicz Adam	95	Unia O wi cim	4:43.10 445
50m: 31.20 31.20	150m: 1:41.05 35.48	250m: 2:52.88 35.86	350m: 4:06.08 36.82
100m: 1:05.57 34.37	200m: 2:17.02 35.97	300m: 3:29.26 36.38	400m: 4:43.10 37.02
4. Rafał Łabuz	95	Korona Kraków	4:52.08 405
50m: 32.40 32.40	150m: 1:44.57 36.52	250m: 3:00.58 38.56	350m: 4:15.91 37.65
100m: 1:08.05 35.65	200m: 2:22.02 37.45	300m: 3:38.26 37.68	400m: 4:52.08 36.17

14 lat

1. Ci kowski Dominik SK	96	Jordan Kraków	4:16.54 598
50m: 30.56 30.56	150m: 1:36.13 32.70	250m: 2:41.56 32.42	350m: 3:46.57 32.29
100m: 1:03.43 32.87	200m: 2:09.14 33.01	300m: 3:14.28 32.72	400m: 4:16.54 29.97
2. Kica Paweł	96	Jordan Kraków	4:37.31 473
50m: 30.75 30.75	150m: 1:40.97 35.35	250m: 2:52.40 35.73	350m: 4:03.13 34.97
100m: 1:05.62 34.87	200m: 2:16.67 35.70	300m: 3:28.16 35.76	400m: 4:37.31 34.18
3. Karwala Maciej	96	Jordan Kraków	4:42.27 449
50m: 32.18 32.18	150m: 1:43.47 35.78	250m: 2:55.44 36.18	350m: 4:08.78 36.92
100m: 1:07.69 35.51	200m: 2:19.26 35.79	300m: 3:31.86 36.42	400m: 4:42.27 33.49



Konkurencja 4, M cżyn, 400m dowolny

13 lat

1. Młynarczyk Adrian			97	Jordan Kraków				4:42.50	448		
50m:	31.78	31.78	150m:	1:44.17	36.27	250m:	2:56.38	35.76	350m:	4:08.63	36.17
100m:	1:07.90	36.12	200m:	2:20.62	36.45	300m:	3:32.46	36.08	400m:	4:42.50	33.87