

Konkurencja 7
2/4/2011 - 12:00

Kobiet, 400m dowolny

12 lat i starsi
Wyniki

Minimum startowe 17 +: 4:39.24; 16: 4:46.69; 14 - 15: 5:03.32; 12 - 13: 5:20.00

Punkty: FINA 2009

Pozycja	Rok ur.	Czas	Pkt.
17 lat i starsi			
1. Nitka Aleksandra SO	93	4:28.85	696
50m: 31.44 31.44	150m: 1:39.22 34.05	250m: 2:47.04 33.74	350m: 3:55.58 34.38
100m: 1:05.17 33.73	200m: 2:13.30 34.08	300m: 3:21.20 34.16	400m: 4:28.85 33.27
2. Pułka Magda SO	92	4:30.20	686
50m: 31.82 31.82	150m: 1:40.18 33.99	250m: 2:48.33 33.64	350m: 3:56.72 34.20
100m: 1:06.19 34.37	200m: 2:14.69 34.51	300m: 3:22.52 34.19	400m: 4:30.20 33.48
3. Bajorska Dorota SO	94	4:30.32	685
50m: 31.88 31.88	150m: 1:39.62 34.00	250m: 2:48.46 34.30	350m: 3:57.14 34.25
100m: 1:05.62 33.74	200m: 2:14.16 34.54	300m: 3:22.89 34.43	400m: 4:30.32 33.18
4. Piechocka Jagoda	90	4:36.88	637
50m: 32.02 32.02	150m: 1:41.59 35.07	250m: 2:52.02 35.06	350m: 4:03.25 35.50
100m: 1:06.52 34.50	200m: 2:16.96 35.37	300m: 3:27.75 35.73	400m: 4:36.88 33.63
5. Dudek Marlena SO	94	4:43.91	591
<i>Minimum startowe 17 lat i starsi</i>			
50m: 33.48 33.48	150m: 1:44.95 35.90	250m: 2:56.75 35.66	350m: 4:08.67 36.10
100m: 1:09.05 35.57	200m: 2:21.09 36.14	300m: 3:32.57 35.82	400m: 4:43.91 35.24
6. Pomietło Aleksandra	94	4:44.16	589
<i>Minimum startowe 17 lat i starsi</i>			
50m: 32.65 32.65	150m: 1:43.80 35.82	250m: 2:56.05 36.02	350m: 4:08.49 36.29
100m: 1:07.98 35.33	200m: 2:20.03 36.23	300m: 3:32.20 36.15	400m: 4:44.16 35.67
16 lat			
1. Wołoszyn Sonia	95	4:25.31	724
50m: 31.51 31.51	150m: 1:38.50 33.65	250m: 2:44.92 33.13	350m: 3:52.42 33.67
100m: 1:04.85 33.34	200m: 2:11.79 33.29	300m: 3:18.75 33.83	400m: 4:25.31 32.89
2. K cka Natalia	95	4:37.26	635
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 4:37.26
3. Szkrobocz Martyna	95	4:47.41	570
<i>Minimum startowe 16 lat</i>			
50m: 32.61 32.61	150m: 1:43.51 35.37	250m: 2:56.18 36.45	350m: 4:10.19 37.29
100m: 1:08.14 35.53	200m: 2:19.73 36.22	300m: 3:32.90 36.72	400m: 4:47.41 37.22
4. Murzyn Karolina	95	4:58.82	507
<i>Minimum startowe 16 lat</i>			
50m: 34.11 34.11	150m: 1:48.57 37.74	250m: 3:04.43 37.86	350m: 4:21.44 38.54
100m: 1:10.83 36.72	200m: 2:26.57 38.00	300m: 3:42.90 38.47	400m: 4:58.82 37.38
15 lat			
1. Dworaczek Paulina	96	4:29.04	695
50m: 31.59 31.59	150m: 1:39.53 34.07	250m: 2:48.17 34.42	350m: 3:56.55 34.18
100m: 1:05.46 33.87	200m: 2:13.75 34.22	300m: 3:22.37 34.20	400m: 4:29.04 32.49
2. ULATOWSKA ALICJA SO	96	4:29.87	688
50m: 31.33 31.33	150m: 1:39.55 34.29	250m: 2:48.29 34.12	350m: 3:57.58 34.58
100m: 1:05.26 33.93	200m: 2:14.17 34.62	300m: 3:23.00 34.71	400m: 4:29.87 32.29
3. CZŁOWIEK ROKSANA SO	96	4:36.80	638
50m: 32.07 32.07	150m: 1:41.53 34.80	250m: 2:52.27 35.17	350m: 4:03.30 35.52
100m: 1:06.73 34.66	200m: 2:17.10 35.57	300m: 3:27.78 35.51	400m: 4:36.80 33.50

Konkurencja 7, Dziewcz t, 400m dowolny, 15 lat

Pozycja			Rok ur.						Czas	Pkt.
4.	Sirignano Luigia SK		96				MKS Jordan Kraków		4:38.49	626
	50m:	32.83 32.83	150m:	1:42.77 35.15	250m:	2:53.55 35.57	350m:	4:04.34 35.08		
	100m:	1:07.62 34.79	200m:	2:17.98 35.21	300m:	3:29.26 35.71	400m:	4:38.49 34.15		
5.	Szczyrbak Kornelia		96				MKS Jordan Kraków		4:39.63	619
	50m:	31.89 31.89	150m:	1:41.39 35.33	250m:	2:52.51 35.49	350m:	4:04.59 36.18		
	100m:	1:06.06 34.17	200m:	2:17.02 35.63	300m:	3:28.41 35.90	400m:	4:39.63 35.04		
6.	Chmielek Anna		96				MKS Jordan Kraków		4:43.17	596
	50m:	32.95 32.95	150m:	1:43.74 35.78	250m:	2:56.13 36.19	350m:	4:08.61 36.10		
	100m:	1:07.96 35.01	200m:	2:19.94 36.20	300m:	3:32.51 36.38	400m:	4:43.17 34.56		
7.	Sowa Marta		96				MKS Jordan Kraków		4:44.97	584
	50m:	33.03 33.03	150m:	1:45.96 36.96	250m:	2:59.64 36.69	350m:	4:10.79 35.34		
	100m:	1:09.00 35.97	200m:	2:22.95 36.99	300m:	3:35.45 35.81	400m:	4:44.97 34.18		
8.	LEWANDOWSKA PAULINA SO		96				UKP Unia O wi cim		4:46.22	577
	50m:	32.86 32.86	150m:	1:45.11 36.86	250m:	2:58.96 36.94	350m:	4:11.45 36.33		
	100m:	1:08.25 35.39	200m:	2:22.02 36.91	300m:	3:35.12 36.16	400m:	4:46.22 34.77		
9.	KISIEL MONIKA SO		96				AZS AWF Katowice		4:50.73	550
	50m:	33.91 33.91	150m:	1:47.02 36.80	250m:	3:00.88 36.86	350m:	4:15.26 37.20		
	100m:	1:10.22 36.31	200m:	2:24.02 37.00	300m:	3:38.06 37.18	400m:	4:50.73 35.47		
10.	Nowak Sonia		96				KS Pi tka Chorzów		4:51.49	546
	50m:	34.78 34.78	150m:	1:48.12 36.40	250m:		350m:	4:15.53 36.33		
	100m:	1:11.72 36.94	200m:		300m:	3:39.20	400m:	4:51.49 35.96		
11.	Kwiatkowska Kaja		96				MKS Jordan Kraków		5:08.01	463
	<i>Minimum startowe 14-15lat</i>									
	50m:	35.55 35.55	150m:	1:53.74 39.52	250m:	3:12.50 39.32	350m:	4:31.22 39.18		
	100m:	1:14.22 38.67	200m:	2:33.18 39.44	300m:	3:52.04 39.54	400m:	5:08.01 36.79		
14 lat										
1.	Loranty Patrycja		97				KS KSZO Ostrowiec w.		4:44.80	586
	50m:	32.67 32.67	150m:	1:43.34 35.82	250m:	2:56.29 36.38	350m:	4:09.70 36.55		
	100m:	1:07.52 34.85	200m:	2:19.91 36.57	300m:	3:33.15 36.86	400m:	4:44.80 35.10		
2.	Kubacka Magda SO		97				KS Pi tka Chorzów		4:46.93	573
	50m:	32.99 32.99	150m:	1:44.80 36.36	250m:	2:58.68 37.12	350m:	4:11.88 36.63		
	100m:	1:08.44 35.45	200m:	2:21.56 36.76	300m:	3:35.25 36.57	400m:	4:46.93 35.05		
3.	Wla lak Agata		97				Rekin wiebodzice		4:48.89	561
	50m:	33.38 33.38	150m:	1:46.56 36.90	250m:	2:59.77 36.53	350m:	4:13.49 36.96		
	100m:	1:09.66 36.28	200m:	2:23.24 36.68	300m:	3:36.53 36.76	400m:	4:48.89 35.40		
4.	Marzec Sara		97				UKP Unia O wi cim		4:50.47	552
	50m:	33.26 33.26	150m:	1:44.92 36.05	250m:	2:59.16 37.59	350m:	4:14.20 37.34		
	100m:	1:08.87 35.61	200m:	2:21.57 36.65	300m:	3:36.86 37.70	400m:	4:50.47 36.27		
5.	Olczyk Martyna		97				UKP Unia O wi cim		4:55.48	524
	50m:	33.42 33.42	150m:	1:46.78 37.32	250m:	3:02.26 38.04	350m:	4:18.95 38.41		
	100m:	1:09.46 36.04	200m:	2:24.22 37.44	300m:	3:40.54 38.28	400m:	4:55.48 36.53		
6.	Zawolik Wiktoria		97				KS KSZO Ostrowiec w.		4:56.01	521
	50m:	33.51 33.51	150m:	1:46.76 36.98	250m:	3:02.74 38.05	350m:	4:18.87 37.99		
	100m:	1:09.78 36.27	200m:	2:24.69 37.93	300m:	3:40.88 38.14	400m:	4:56.01 37.14		
7.	Moskal Karolina		97				MKS Jordan Kraków		5:01.26	495
	50m:	34.55 34.55	150m:	1:51.81 39.24	250m:	3:09.07 38.02	350m:	4:24.85 37.62		
	100m:	1:12.57 38.02	200m:	2:31.05 39.24	300m:	3:47.23 38.16	400m:	5:01.26 36.41		
8.	Ba bor Aleksandra		97				TKKF Szczygłowice Knurów		5:03.56	484
	<i>Minimum startowe 14-15lat</i>									
	50m:	34.67 34.67	150m:	1:52.20 39.10	250m:	3:10.62 38.75	350m:	4:27.74 38.34		
	100m:	1:13.10 38.43	200m:	2:31.87 39.67	300m:	3:49.40 38.78	400m:	5:03.56 35.82		

Konkurencja 7, Dziewcz t, 400m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.			
9.	Przywara Dominika		97	UKP Kmita Zabierzów				5:28.26	382			
	<i>Minimum startowe 14-15lat</i>											
	50m:	35.29	35.29	150m:	1:57.97	42.59	250m:	3:23.81	43.03	350m:	4:48.31	41.57
	100m:	1:15.38	40.09	200m:	2:40.78	42.81	300m:	4:06.74	42.93	400m:	5:28.26	39.95

13 lat

1.	Mycak Katarzyna		98	MMKS K dzierzyn-Ko le				4:55.65	523			
	50m:	33.76	33.76	150m:			250m:	3:05.00	37.90	350m:		
	100m:			200m:	2:27.10		300m:			400m:	4:55.65	
2.	Piwko Dominika		98	MKS SP63 Bydgoszcz				5:03.87	482			
	50m:	36.16	36.16	150m:	1:52.48	38.37	250m:	3:10.45	39.26	350m:	4:27.97	38.68
	100m:	1:14.11	37.95	200m:	2:31.19	38.71	300m:	3:49.29	38.84	400m:	5:03.87	35.90
3.	Jarocho Wiktoria		98	KS KSZO Ostrowiec w.				5:03.88	482			
	50m:	36.31	36.31	150m:	1:54.63	39.13	250m:	3:11.68	38.14	350m:	4:27.73	37.88
	100m:	1:15.50	39.19	200m:	2:33.54	38.91	300m:	3:49.85	38.17	400m:	5:03.88	36.15
4.	Wolny Magdalena		98	TKKF Szczygłowice Knurów				5:04.53	479			
	50m:	33.88	33.88	150m:	1:52.43	39.96	250m:	3:10.50	38.94	350m:	4:28.45	38.55
	100m:	1:12.47	38.59	200m:	2:31.56	39.13	300m:	3:49.90	39.40	400m:	5:04.53	36.08
5.	Pankowska Wiktoria		98	CKiS Skawina				5:08.06	463			
	50m:	35.99	35.99	150m:	1:54.89	39.68	250m:	3:13.96	39.59	350m:	4:31.98	38.51
	100m:	1:15.21	39.22	200m:	2:34.37	39.48	300m:	3:53.47	39.51	400m:	5:08.06	36.08
6.	Gruca Nina		98	CKiS Skawina				5:08.14	462			
	50m:	35.90	35.90	150m:	1:54.92	39.83	250m:	3:14.08	39.60	350m:	4:32.16	38.51
	100m:	1:15.09	39.19	200m:	2:34.48	39.56	300m:	3:53.65	39.57	400m:	5:08.14	35.98
7.	Turza Patrycja		98	KS Górnik Sosnowiec				5:10.85	450			
	50m:	33.87	33.87	150m:	1:52.71	40.10	250m:	3:12.51	40.05	350m:	4:33.36	40.40
	100m:	1:12.61	38.74	200m:	2:32.46	39.75	300m:	3:52.96	40.45	400m:	5:10.85	37.49
8.	Machula Sara		98	KS KSZO Ostrowiec w.				5:11.30	448			
	50m:	36.20	36.20	150m:	1:54.87	39.73	250m:	3:14.38	39.85	350m:	4:34.34	39.54
	100m:	1:15.14	38.94	200m:	2:34.53	39.66	300m:	3:54.80	40.42	400m:	5:11.30	36.96
9.	Korzonek Urszula		98	UKP Kmita Zabierzów				5:17.02	425			
	50m:	35.31	35.31	150m:	1:55.86	40.93	250m:	3:17.73	41.01	350m:	4:38.57	39.83
	100m:	1:14.93	39.62	200m:	2:36.72	40.86	300m:	3:58.74	41.01	400m:	5:17.02	38.45
10.	Dziubli ska Maja		98	TKKF Szczygłowice Knurów				5:27.75	384			
	<i>Minimum startowe 12-13lat</i>											
	50m:	35.62	35.62	150m:	1:58.85	42.31	250m:	3:23.42	42.41	350m:	4:47.62	41.18
	100m:	1:16.54	40.92	200m:	2:41.01	42.16	300m:	4:06.44	43.02	400m:	5:27.75	40.13
11.	ydek Magdalena		98	UKP Ruda l ska				5:39.67	345			
	<i>Minimum startowe 12-13lat</i>											
	50m:	37.93	37.93	150m:	2:05.77	44.47	250m:	3:34.66	44.22	350m:	5:00.52	42.24
	100m:	1:21.30	43.37	200m:	2:50.44	44.67	300m:	4:18.28	43.62	400m:	5:39.67	39.15

12 lat

1.	Jankowska Justyna		99	UKP Kmita Zabierzów				5:25.79	391			
	<i>Minimum startowe 12-13lat</i>											
	50m:	36.87	36.87	150m:	1:59.00	41.37	250m:	3:21.75	41.48	350m:	4:46.31	42.21
	100m:	1:17.63	40.76	200m:	2:40.27	41.27	300m:	4:04.10	42.35	400m:	5:25.79	39.48
2.	Pyrlik Paulina		99	CKiS Skawina				5:30.89	373			
	<i>Minimum startowe 12-13lat</i>											
	50m:	37.42	37.42	150m:	2:00.29	41.92	250m:	3:22.70	41.07	350m:	4:49.31	43.52
	100m:	1:18.37	40.95	200m:	2:41.63	41.34	300m:	4:05.79	43.09	400m:	5:30.89	41.58

Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja	Rok ur.		Czas		Pkt.
3. Brachaczek Emilia	99	TKKF Szczygłowice Knurów	5:37.01	353	
<i>Minimum startowe 12-13lat</i>					
50m:	36.56	36.56	150m:	2:01.87	43.49
100m:	1:18.38	41.82	200m:	2:45.17	43.30
250m:	3:28.70	43.53	300m:	4:12.50	43.80
350m:	4:56.17	43.67	400m:	5:37.01	40.84
4. Lipiarska Zofia	99	UKP Kmita Zabierzów	5:44.01	332	
<i>Minimum startowe 12-13lat</i>					
50m:	38.48	38.48	150m:	2:06.10	44.45
100m:	1:21.65	43.17	200m:	2:51.39	45.29
250m:	3:35.75	44.36	300m:	4:20.37	44.62
350m:	5:02.75	42.38	400m:	5:44.01	41.26