

Konkurencja 8
 2/4/2011 - 12:35

M czyzn, 400m dowolny

 12 lat i starsi
 Wyniki

Minimum startowe 17 +: 4:21.46; 16: 4:30.58; 14 - 15: 4:51.10; 12 - 13: 5:15.00

Punkty: FINA 2009

Pozycja			Rok ur.			Czas	Pkt.
17 lat i starsi							
1.	Wysoczy ski Mateusz SK	93	MKS Jordan Kraków	3:59.03	739		
	50m: 27.72 27.72	150m: 1:29.77	30.95	250m: 2:30.65	29.92	350m: 3:30.46	29.67
	100m: 58.82 31.10	200m: 2:00.73	30.96	300m: 3:00.79	30.14	400m: 3:59.03	28.57
2.	Poprawa Michał SO	94	AZS AWF Katowice	4:02.52	708		
	50m: 27.87 27.87	150m: 1:29.80	31.05	250m: 2:30.98	30.05	350m: 3:32.13	30.61
	100m: 58.75 30.88	200m: 2:00.93	31.13	300m: 3:01.52	30.54	400m: 4:02.52	30.39
3.	Kliza Mateusz SK	94	Avia widnik	4:03.05	703		
	50m: 28.84 28.84	150m: 1:30.48	30.90	250m: 2:31.82	30.20	350m: 3:32.83	30.71
	100m: 59.58 30.74	200m: 2:01.62	31.14	300m: 3:02.12	30.30	400m: 4:03.05	30.22
4.	Wilk Krzysztof	89	AZS AGH Kraków	4:07.83	663		
	50m: 28.10 28.10	150m: 1:30.40	31.35	250m: 2:33.80	31.75	350m: 3:37.20	31.56
	100m: 59.05 30.95	200m: 2:02.05	31.65	300m: 3:05.64	31.84	400m: 4:07.83	30.63
5.	Kotlewski Michał SK	94	Zryw Opole	4:09.80	648		
	50m: 28.95 28.95	150m: 1:31.63	31.56	250m: 2:35.00	31.55	350m: 3:39.36	32.15
	100m: 1:00.07 31.12	200m: 2:03.45	31.82	300m: 3:07.21	32.21	400m: 4:09.80	30.44
6.	Pióro Artur	91	AZS AWF Katowice	4:09.84	647		
	50m: 28.22 28.22	150m: 1:30.70	31.45	250m: 2:34.47	31.88	350m: 3:39.37	32.51
	100m: 59.25 31.03	200m: 2:02.59	31.89	300m: 3:06.86	32.39	400m: 4:09.84	30.47
7.	Paszek Marcin	89	AZS AWF Warszawa	4:11.61	634		
	50m: 28.49 28.49	150m: 1:31.39	31.88	250m: 2:35.13	32.21	350m: 3:39.83	32.10
	100m: 59.51 31.02	200m: 2:02.92	31.53	300m: 3:07.73	32.60	400m: 4:11.61	31.78
8.	Habrat Krzysztof	94	AZS AGH Kraków	4:15.74	603		
	50m: 29.67 29.67	150m: 1:34.25	32.28	250m: 2:38.62	32.47	350m: 3:43.71	32.65
	100m: 1:01.97 32.30	200m: 2:06.15	31.90	300m: 3:11.06	32.44	400m: 4:15.74	32.03
16 lat							
1.	Łopaci ski Kacper	95	Foka Sandomierz	4:05.00	686		
	50m: 28.44 28.44	150m: 1:30.31	31.06	250m: 2:32.12	30.74	350m: 3:34.02	31.27
	100m: 59.25 30.81	200m: 2:01.38	31.07	300m: 3:02.75	30.63	400m: 4:05.00	30.98
2.	Kudła Łukasz	95	AZS AWF Katowice	4:12.19	629		
	50m: 28.74 28.74	150m: 1:31.01	31.11	250m: 2:35.16	32.08	350m: 3:40.64	32.07
	100m: 59.90 31.16	200m: 2:03.08	32.07	300m: 3:08.57	33.41	400m: 4:12.19	31.55
3.	Szczechura Patryk	95	KS KSZO Ostrowiec w.	4:19.82	575		
	50m: 30.23 30.23	150m: 1:35.71	33.05	250m: 2:42.68	33.34	350m: 3:48.57	32.61
	100m: 1:02.66 32.43	200m: 2:09.34	33.63	300m: 3:15.96	33.28	400m: 4:19.82	31.25
4.	Kłos Grzegorz	95	AZS AWF Katowice	4:20.01	574		
	50m: 29.71 29.71	150m: 1:35.32	33.11	250m: 2:41.23	32.82	350m: 3:48.30	33.48
	100m: 1:02.21 32.50	200m: 2:08.41	33.09	300m: 3:14.82	33.59	400m: 4:20.01	31.71
5.	Skwarnicki Tomasz	95	Jagiellonka Waszawa	4:22.64	557		
	50m: 30.91 30.91	150m: 1:38.42	33.86	250m: 2:44.67	32.81	350m: 3:50.55	33.04
	100m: 1:04.56 33.65	200m: 2:11.86	33.44	300m: 3:17.51	32.84	400m: 4:22.64	32.09
6.	wierczy ski Jakub	95	AZS AWF Katowice	4:26.68	532		
	50m: 29.94 29.94	150m: 1:37.39	33.88	250m: 2:45.97	34.06	350m: 3:54.39	34.30
	100m: 1:03.51 33.57	200m: 2:11.91	34.52	300m: 3:20.09	34.12	400m: 4:26.68	32.29
7.	Malczyk Marcin	95	UKP Unia O wi cim	4:28.12	524		
	50m: 30.47 30.47	150m: 1:39.49	34.50	250m: 2:47.83	34.02	350m: 3:55.39	33.50
	100m: 1:04.99 34.52	200m: 2:13.81	34.32	300m: 3:21.89	34.06	400m: 4:28.12	32.73

Konkurencja 8, M czyzn, 400m dowolny

15 lat

1.	Jura Maciej	96	Jagiellonka Waszawa	4:17.79	589
	50m: 29.02 29.02	150m: 1:34.02 32.89	250m: 2:40.05 32.86	350m: 3:46.03 32.12	
	100m: 1:01.13 32.11	200m: 2:07.19 33.17	300m: 3:13.91 33.86	400m: 4:17.79 31.76	
2.	Ksi ek Sebastian	96	KS KSZO Ostrowiec w.	4:22.99	555
	50m: 29.76 29.76	150m: 1:35.41 33.06	250m: 2:42.77 33.64	350m: 3:50.97 34.13	
	100m: 1:02.35 32.59	200m: 2:09.13 33.72	300m: 3:16.84 34.07	400m: 4:22.99 32.02	
3.	Litwa Krzysztof	96	MKS Jordan Kraków	4:23.12	554
	50m: 29.22 29.22	150m: 1:34.94 33.47	250m: 2:42.00 33.62	350m: 3:50.02 34.05	
	100m: 1:01.47 32.25	200m: 2:08.38 33.44	300m: 3:15.97 33.97	400m: 4:23.12 33.10	
4.	Skrzypiec Wojciech	96	KS Pi tka Chorzów	4:25.80	537
	50m: 29.10 29.10	150m: 1:34.57 33.42	250m: 2:43.09 34.60	350m: 3:52.62 35.13	
	100m: 1:01.15 32.05	200m: 2:08.49 33.92	300m: 3:17.49 34.40	400m: 4:25.80 33.18	
5.	Kawiecki Rafał	96	MKS Jordan Kraków	4:26.58	533
	50m: 31.38 31.38	150m: 1:39.67 34.28	250m: 2:47.11 33.72	350m: 3:55.09 33.93	
	100m: 1:05.39 34.01	200m: 2:13.39 33.72	300m: 3:21.16 34.05	400m: 4:26.58 31.49	
6.	Fuks Kamil	96	Wodnik Siemianowice I.	4:28.87	519
	50m: 30.42 30.42	150m: 1:38.20 34.62	250m: 2:48.00 35.02	350m: 3:58.13 35.03	
	100m: 1:03.58 33.16	200m: 2:12.98 34.78	300m: 3:23.10 35.10	400m: 4:28.87 30.74	
7.	Krycia Mateusz	96	KS KSZO Ostrowiec w.	4:30.91	508
	50m: 29.90 29.90	150m: 1:35.89 33.20	250m: 2:44.62 34.58	350m: 3:56.45 36.33	
	100m: 1:02.69 32.79	200m: 2:10.04 34.15	300m: 3:20.12 35.50	400m: 4:30.91 34.46	
8.	Sierny Radoslaw	96	MMKS K dzierzyn-Ko le	4:32.71	498
	50m: 30.91 30.91	150m: 1:40.38 34.92	250m: 2:50.60 35.33	350m: 4:00.91 34.68	
	100m: 1:05.46 34.55	200m: 2:15.27 34.89	300m: 3:26.23 35.63	400m: 4:32.71 31.80	
9.	STANKIEWICZ DOMINIK SO	96	UKP Unia O wi cim	4:32.92	496
	50m: 29.86 29.86	150m: 1:37.45 34.16	250m: 2:47.79 35.23	350m: 3:58.42 35.43	
	100m: 1:03.29 33.43	200m: 2:12.56 35.11	300m: 3:22.99 35.20	400m: 4:32.92 34.50	
10.	Karwala Maciej	96	MKS Jordan Kraków	4:38.76	466
	50m: 31.36 31.36	150m: 1:40.54 34.70	250m: 2:51.19 35.23	350m: 4:03.80 36.41	
	100m: 1:05.84 34.48	200m: 2:15.96 35.42	300m: 3:27.39 36.20	400m: 4:38.76 34.96	
11.	Stolarczyk Kamil	96	Wodnik Siemianowice I.	4:41.99	450
	50m: 30.79 30.79	150m: 1:42.37 36.28	250m: 2:55.53 36.50	350m: 4:08.10 35.66	
	100m: 1:06.09 35.30	200m: 2:19.03 36.66	300m: 3:32.44 36.91	400m: 4:41.99 33.89	
12.	Rybak Łukasz	96	MMKS K dzierzyn-Ko le	4:42.05	450
	50m: 31.45 31.45	150m: 1:42.29 35.98	250m: 2:54.91 36.26	350m: 4:06.78 35.89	
	100m: 1:06.31 34.86	200m: 2:18.65 36.36	300m: 3:30.89 35.98	400m: 4:42.05 35.27	
13.	Wa kowski Przemyslaw	96	MMKS K dzierzyn-Ko le	4:47.85	423
	50m: 31.32 31.32	150m: 1:42.32 35.99	250m: 2:57.12 37.88	350m: 4:13.41 38.10	
	100m: 1:06.33 35.01	200m: 2:19.24 36.92	300m: 3:35.31 38.19	400m: 4:47.85 34.44	
14.	Bula Marcin	96	Wodnik Siemianowice I.	4:51.85	406
	<i>Minimum startowe 14-15lat</i>				
	50m: 31.86 31.86	150m: 1:45.49 37.41	250m: 3:01.33 38.02	350m: 4:16.71 37.43	
	100m: 1:08.08 36.22	200m: 2:23.31 37.82	300m: 3:39.28 37.95	400m: 4:51.85 35.14	
15.	Jakóbczyk Kamil	96	Wodnik Siemianowice I.	4:52.45	404
	<i>Minimum startowe 14-15lat</i>				
	50m: 32.23 32.23	150m: 1:45.70 37.08	250m: 3:00.06 37.43	350m: 4:16.09 37.82	
	100m: 1:08.62 36.39	200m: 2:22.63 36.93	300m: 3:38.27 38.21	400m: 4:52.45 36.36	
16.	Sosnowski Maciej	96	Wodnik Siemianowice I.	4:54.71	394
	<i>Minimum startowe 14-15lat</i>				
	50m: 34.20 34.20	150m: 1:49.03 37.69	250m: 3:04.27 37.87	350m: 4:19.96 37.53	
	100m: 1:11.34 37.14	200m: 2:26.40 37.37	300m: 3:42.43 38.16	400m: 4:54.71 34.75	

Konkurencja 8, Chłopców, 400m dowolny, 15 lat

Pozycja	Rok ur.				Czas	Pkt.
17. Hołysz Krzysztof	96	TKKF Szczygłowice Knurów			5:06.65	350
<i>Minimum startowe 14-15lat</i>						
50m:	34.66	34.66	150m:	1:50.74	38.28	250m: 3:08.61 39.62
100m:	1:12.46	37.80	200m:	2:28.99	38.25	300m: 3:47.70 39.09
						350m: 4:27.40 39.70
						400m: 5:06.65 39.25
14 lat						
1. Dytkowski Jan	97	KS KSZO Ostrowiec w.			4:25.52	539
50m:	29.28	29.28	150m:	1:35.00	33.25	250m: 2:42.51 33.79
100m:	1:01.75	32.47	200m:	2:08.72	33.72	300m: 3:17.12 34.61
						350m: 3:51.49 34.37
						400m: 4:25.52 34.03
2. Kowalski Patryk	97	MUKS UNIA Busko-Zdrój			4:30.59	509
50m:	30.38	30.38	150m:	1:38.15	34.26	250m: 2:48.45 35.13
100m:	1:03.89	33.51	200m:	2:13.32	35.17	300m: 3:23.25 34.80
						350m: 3:58.02 34.77
						400m: 4:30.59 32.57
3. Goleniec Łukasz	97	UKP Unia O wi cim			4:31.50	504
50m:	31.75	31.75	150m:	1:41.24	35.19	250m: 2:51.84 35.35
100m:	1:06.05	34.30	200m:	2:16.49	35.25	300m: 3:26.34 34.50
						350m: 3:59.58 33.24
						400m: 4:31.50 31.92
4. Bujak Piotr	97	Korona Swim Kielce			4:36.88	475
50m:	31.43	31.43	150m:	1:40.72	35.22	250m: 2:51.93 35.64
100m:	1:05.50	34.07	200m:	2:16.29	35.57	300m: 3:27.86 35.93
						350m: 4:03.29 35.43
						400m: 4:36.88 33.59
5. Młynarczyk Adrian	97	MKS Jordan Kraków			4:36.94	475
50m:	31.04	31.04	150m:	1:40.58	35.11	250m: 2:52.15 35.47
100m:	1:05.47	34.43	200m:	2:16.68	36.10	300m: 3:27.60 35.45
						350m: 4:03.05 35.45
						400m: 4:36.94 33.89
6. Grudziecki Remigiusz	97	MMKS K dzierzyn-Ko le			4:38.88	465
50m:	32.41	32.41	150m:	1:44.78	36.10	250m: 2:56.79 36.18
100m:	1:08.68	36.27	200m:	2:20.61	35.83	300m: 3:32.65 35.86
						350m: 4:06.77 34.12
						400m: 4:38.88 32.11
7. Lechowicz Filip	97	MKS Jordan Kraków			4:41.57	452
50m:	33.10	33.10	150m:	1:45.10	35.83	250m: 2:57.33 35.94
100m:	1:09.27	36.17	200m:	2:21.39	36.29	300m: 3:32.85 35.52
						350m: 4:07.91 35.06
						400m: 4:41.57 33.66
8. Salik Borys	97	MKP Atol Ole nica			4:42.35	448
50m:	32.48	32.48	150m:	1:43.29	34.80	250m: 2:54.61 35.75
100m:	1:08.49	36.01	200m:	2:18.86	35.57	300m: 3:30.51 35.90
						350m: 4:07.28 36.77
						400m: 4:42.35 35.07
9. Pachowski Adrian	97	Jagiellonka Waszawa			4:43.03	445
50m:	29.83	29.83	150m:	1:39.20	35.32	250m: 2:52.48 36.57
100m:	1:03.88	34.05	200m:	2:15.91	36.71	300m: 3:29.71 37.23
						350m: 4:06.98 37.27
						400m: 4:43.03 36.05
10. Bajak Mateusz	97	KP Sokół Rzeszów			4:44.98	436
50m:	31.67	31.67	150m:	1:43.45	36.38	250m: 2:56.79 37.00
100m:	1:07.07	35.40	200m:	2:19.79	36.34	300m: 3:33.23 36.44
						350m: 4:09.24 36.01
						400m: 4:44.98 35.74
11. Pie niak Jakub	97	UKP Unia O wi cim			4:50.91	410
50m:	32.42	32.42	150m:	1:46.38	37.17	250m: 3:01.09 37.33
100m:	1:09.21	36.79	200m:	2:23.76	37.38	300m: 3:38.94 37.85
						350m: 4:16.12 37.18
						400m: 4:50.91 34.79
12. Skorulski Jakub	97	MMKS K dzierzyn-Ko le			4:52.43	404
<i>Minimum startowe 14-15lat</i>						
50m:	32.83	32.83	150m:	1:46.58	37.20	250m: 3:02.33 38.10
100m:	1:09.38	36.55	200m:	2:24.23	37.65	300m: 3:39.84 37.51
						350m: 4:17.23 37.39
						400m: 4:52.43 35.20
13. Machowski Filip	97	MKS Ikar Mielec			4:53.97	397
<i>Minimum startowe 14-15lat</i>						
50m:	32.73	32.73	150m:	1:47.05	37.52	250m: 3:02.01 37.18
100m:	1:09.53	36.80	200m:	2:24.83	37.78	300m: 3:39.62 37.61
						350m: 4:16.85 37.23
						400m: 4:53.97 37.12

Konkurencja 8, M czyzn, 400m dowolny

13 lat

1. Gierszewski Jan	98	MKS SP63 Bydgoszcz	4:50.86	410
50m: 32.31 32.31	150m: 1:47.88 38.21	250m: 3:03.06 37.77	350m: 4:17.84 37.25	
100m: 1:09.67 37.36	200m: 2:25.29 37.41	300m: 3:40.59 37.53	400m: 4:50.86 33.02	
2. TRELA KAROL	98	MUKS Gilus Gilowice	4:54.84	394
50m: 32.82 32.82	150m: 1:46.83 36.97	250m: 3:01.70 37.80	350m: 4:17.87 38.25	
100m: 1:09.86 37.04	200m: 2:23.90 37.07	300m: 3:39.62 37.92	400m: 4:54.84 36.97	
3. Ulatowski Wojciech	98	Aquatica Pawłowice	4:56.37	388
50m: 33.02 33.02	150m: 1:48.51 37.83	250m: 3:05.75 38.89	350m: 4:21.32 37.25	
100m: 1:10.68 37.66	200m: 2:26.86 38.35	300m: 3:44.07 38.32	400m: 4:56.37 35.05	
4. Rogo i ski Michał	98	KS KSZO Ostrowiec w.	5:00.11	373
50m: 33.66 33.66	150m: 1:49.89 38.66	250m: 3:06.55 38.68	350m: 4:23.78 38.39	
100m: 1:11.23 37.57	200m: 2:27.87 37.98	300m: 3:45.39 38.84	400m: 5:00.11 36.33	
5. Kuleszy ski Dawid	98	MMKS K dzierzyn-Ko le	5:02.53	365
50m: 34.03 34.03	150m: 1:50.53 38.63	250m: 3:09.11 39.43	350m: 4:26.16 38.03	
100m: 1:11.90 37.87	200m: 2:29.68 39.15	300m: 3:48.13 39.02	400m: 5:02.53 36.37	
6. Le Filip	98	UKS Kmita Zabierzów	5:09.50	340
50m: 34.60 34.60	150m: 1:52.83 40.36	250m: 3:13.57 40.33	350m: 4:32.80 38.79	
100m: 1:12.47 37.87	200m: 2:33.24 40.41	300m: 3:54.01 40.44	400m: 5:09.50 36.70	
7. Zieli ski Szymon	98	UKS Kmita Zabierzów	5:09.74	340
50m: 34.63 34.63	150m: 1:52.54 39.33	250m: 3:12.73 40.22	350m: 4:32.92 40.60	
100m: 1:13.21 38.58	200m: 2:32.51 39.97	300m: 3:52.32 39.59	400m: 5:09.74 36.82	

12 lat

1. Bujak Dominik	99	Korona Swim Kielce	4:55.92	389
50m: 33.65 33.65	150m: 1:49.82 38.65	250m: 3:06.14 38.09	350m: 4:21.42 37.10	
100m: 1:11.17 37.52	200m: 2:28.05 38.23	300m: 3:44.32 38.18	400m: 4:55.92 34.50	
2. MURA SKI KACPER	99	MUKS Gilus Gilowice	5:02.87	363
50m: 33.88 33.88	150m: 1:51.53 38.62	250m: 3:10.08 39.06	350m: 4:27.37 38.26	
100m: 1:12.91 39.03	200m: 2:31.02 39.49	300m: 3:49.11 39.03	400m: 5:02.87 35.50	
3. Kempa Mikołaj	99	MMKS K dzierzyn-Ko le	5:06.33	351
50m: 33.64 33.64	150m: 1:51.34 39.37	250m: 3:10.08 39.80	350m: 4:29.77 39.34	
100m: 1:11.97 38.33	200m: 2:30.28 38.94	300m: 3:50.43 40.35	400m: 5:06.33 36.56	
4. Stec Kacper	99	UKS Kmita Zabierzów	5:11.91	333
50m: 34.21 34.21	150m: 1:52.26 39.60	250m: 3:12.62 40.48	350m: 4:33.38 40.29	
100m: 1:12.66 38.45	200m: 2:32.14 39.88	300m: 3:53.09 40.47	400m: 5:11.91 38.53	
5. Zbro ek Radosław	99	CKiS Skawina	5:14.24	325
50m: 36.07 36.07	150m: 1:56.05 40.45	250m: 3:16.66 41.01	350m: 4:36.30 39.70	
100m: 1:15.60 39.53	200m: 2:35.65 39.60	300m: 3:56.60 39.94	400m: 5:14.24 37.94	
6. Mazur Dominik	99	UKS Kmita Zabierzów	5:30.87	279
<i>Minimum startowe 12-13lat</i>				
50m: 36.08 36.08	150m: 1:58.96 42.02	250m: 3:23.19 42.31	350m: 4:48.78 42.75	
100m: 1:16.94 40.86	200m: 2:40.88 41.92	300m: 4:06.03 42.84	400m: 5:30.87 42.09	