

Konkurencja 7
21/4/2012 - 11:48

Kobiet, 400m dowolny

12 lat i starsi
Wyniki

Minimum startowe 17 +: 4:39.24; 16: 4:46.69; 14 - 15: 5:03.32; 12 - 13: 5:20.00

Punkty: FINA 2011

Pozycja	Rok ur.	Czas	Pkt.
17 lat i starsi			
1. Wołoszyn Sonia	95 KSZO Ostrowiec w.	4:28.24	671
50m: 30.91 30.91	150m: 1:37.85 33.57	250m: 2:45.85 34.03	350m: 3:54.31 34.34
100m: 1:04.28 33.37	200m: 2:11.82 33.97	300m: 3:19.97 34.12	400m: 4:28.24 33.93
2. Pomietło Aleksandra	94 Kmita Zabierzów	4:36.49	613
50m: 32.93 32.93	150m: 1:43.34 35.30	250m: 2:53.48 34.71	350m: 4:02.55 34.48
100m: 1:08.04 35.11	200m: 2:18.77 35.43	300m: 3:28.07 34.59	400m: 4:36.49 33.94
3. Wakuła Karolina SO	93 AZS AWF Katowice	4:38.62	599
50m: 32.56 32.56	150m: 1:42.72 35.18	250m: 2:53.60 35.47	350m: 4:04.23 35.31
100m: 1:07.54 34.98	200m: 2:18.13 35.41	300m: 3:28.92 35.32	400m: 4:38.62 34.39
4. Uryga Paulina	95 Kmita Zabierzów	4:38.89	597
50m: 32.03 32.03	150m: 1:43.11 35.78	250m: 2:53.83 34.35	350m: 4:03.74 34.85
100m: 1:07.33 35.30	200m: 2:19.48 36.37	300m: 3:28.89 35.06	400m: 4:38.89 35.15
5. Tyrpa Aleksandra	94 CKiS Skawina	4:41.25	582
<i>Minimum startowe 17 lat i starsi</i>			
50m: 32.89 32.89	150m: 1:43.91 35.58	250m: 2:55.42 35.85	350m: 4:06.79 35.57
100m: 1:08.33 35.44	200m: 2:19.57 35.66	300m: 3:31.22 35.80	400m: 4:41.25 34.46
6. Papla Jolanta	94 Unia O wi cim	4:48.27	541
<i>Minimum startowe 17 lat i starsi</i>			
50m: 33.47 33.47	150m: 1:44.97 35.95	250m: 2:57.82 36.34	350m: 4:11.53 36.76
100m: 1:09.02 35.55	200m: 2:21.48 36.51	300m: 3:34.77 36.95	400m: 4:48.27 36.74
16 lat			
1. Kunka Kamila SO	96 Unia O wi cim	4:24.73	698
50m: 31.19 31.19	150m: 1:38.21 33.52	250m: 2:45.47 33.57	350m: 3:52.34 33.18
100m: 1:04.69 33.50	200m: 2:11.90 33.69	300m: 3:19.16 33.69	400m: 4:24.73 32.39
2. Ulatowska Alicja SO	96 Unia O wi cim	4:32.54	640
50m: 30.79 30.79	150m: 1:38.41 33.85	250m: 2:47.76 34.92	350m: 3:58.28 35.35
100m: 1:04.56 33.77	200m: 2:12.84 34.43	300m: 3:22.93 35.17	400m: 4:32.54 34.26
3. Bartoszek Joanna	96 Gilus Gilowice	4:33.49	633
50m: 31.94 31.94	150m: 1:41.18 34.92	250m: 2:50.17 33.75	350m: 3:59.14 34.94
100m: 1:06.26 34.32	200m: 2:16.42 35.24	300m: 3:24.20 34.03	400m: 4:33.49 34.35
4. Człowiek Roksana SO	96 Unia O wi cim	4:36.17	615
50m: 31.54 31.54	150m: 1:40.72 34.64	250m: 2:51.54 35.51	350m: 4:02.50 35.33
100m: 1:06.08 34.54	200m: 2:16.03 35.31	300m: 3:27.17 35.63	400m: 4:36.17 33.67
5. Lewandowska Paulina SO	96 Unia O wi cim	4:42.50	575
50m: 32.62 32.62	150m: 1:44.14 36.09	250m: 2:55.98 36.21	350m: 4:08.08 36.10
100m: 1:08.05 35.43	200m: 2:19.77 35.63	300m: 3:31.98 36.00	400m: 4:42.50 34.42
15 lat			
1. Loranty Patrycja	97 KSZO Ostrowiec w.	4:42.48	575
50m: 32.04 32.04	150m: 1:43.42 36.32	250m: 2:55.87 36.26	350m: 4:08.12 35.83
100m: 1:07.10 35.06	200m: 2:19.61 36.19	300m: 3:32.29 36.42	400m: 4:42.48 34.36
2. Orczykowska Wioletta	97 Limanowa-Swim	4:42.96	572
50m: 32.85 32.85	150m: 1:44.97 36.59	250m: 2:57.95 36.44	350m: 4:09.08 34.96
100m: 1:08.38 35.53	200m: 2:21.51 36.54	300m: 3:34.12 36.17	400m: 4:42.96 33.88
3. Kubacka Magdalena SO	97 Unia O wi cim	4:43.31	570
50m: 32.39 32.39	150m: 1:42.85 35.74	250m: 2:55.78 36.46	350m: 4:08.72 36.34
100m: 1:07.11 34.72	200m: 2:19.32 36.47	300m: 3:32.38 36.60	400m: 4:43.31 34.59

Konkurencja 7, Dziewcz t, 400m dowolny, 15 lat

Pozycja	Rok ur.				Czas	Pkt.
4. Zawolik Wiktoria	97	KSZO Ostrowiec w.		4:46.19	553	
50m: 32.54 32.54	150m: 1:44.62 36.41	250m: 2:58.05 36.61	350m: 4:10.40 35.90			
100m: 1:08.21 35.67	200m: 2:21.44 36.82	300m: 3:34.50 36.45	400m: 4:46.19 35.79			
5. Bo ek Dominika SO	97	Unia O wi cim		4:49.82	532	
50m: 32.96 32.96	150m: 1:44.93 36.09	250m: 2:59.04 37.19	350m: 4:13.79 37.32			
100m: 1:08.84 35.88	200m: 2:21.85 36.92	300m: 3:36.47 37.43	400m: 4:49.82 36.03			
6. Helbing Justyna	97	Wilanowia Warszawa		4:51.14	525	
50m: 33.57 33.57	150m: 1:46.84 37.02	250m: 3:00.59 36.73	350m: 4:15.26 37.17			
100m: 1:09.82 36.25	200m: 2:23.86 37.02	300m: 3:38.09 37.50	400m: 4:51.14 35.88			
7. Kurkiewicz Kamila SO	97	Unia O wi cim		4:58.06	489	
50m: 33.16 33.16	150m: 1:46.99 37.40	250m: 3:03.98 38.52	350m: 4:21.08 38.60			
100m: 1:09.59 36.43	200m: 2:25.46 38.47	300m: 3:42.48 38.50	400m: 4:58.06 36.98			
8. Berent Małgorzata	97	Wilanowia Warszawa		4:58.17	489	
50m: 33.71 33.71	150m: 1:50.84 38.84	250m: 3:06.69 36.97	350m: 4:22.55 37.93			
100m: 1:12.00 38.29	200m: 2:29.72 38.88	300m: 3:44.62 37.93	400m: 4:58.17 35.62			
9. Marzec Sara SO	97	Unia O wi cim		4:58.76	486	
50m: 34.33 34.33	150m: 1:47.36 36.90	250m: 3:02.65 37.76	350m: 4:19.87 37.78			
100m: 1:10.46 36.13	200m: 2:24.89 37.53	300m: 3:42.09 39.44	400m: 4:58.76 38.89			
10. Choroma ska Natalia SO	97	Unia O wi cim		5:06.83	448	
<i>Minimum startowe 14-15lat</i>						
50m: 34.73 34.73	150m: 1:51.69 39.04	250m: 3:09.54 39.13	350m: 4:28.81 40.09			
100m: 1:12.65 37.92	200m: 2:30.41 38.72	300m: 3:48.72 39.18	400m: 5:06.83 38.02			

14 lat

1. Kwiatek Miriam	98	Gilus Gilowice		4:36.89	610
50m: 31.07 31.07	150m: 1:38.98 34.19	250m: 2:50.19 35.70	350m: 4:01.83 35.77		
100m: 1:04.79 33.72	200m: 2:14.49 35.51	300m: 3:26.06 35.87	400m: 4:36.89 35.06		
2. Pokrywka Karolina	98	UKS 190 Łód		4:42.53	574
50m: 32.66 32.66	150m: 1:41.56 34.94	250m: 2:53.92 36.26	350m: 4:07.14 36.60		
100m: 1:06.62 33.96	200m: 2:17.66 36.10	300m: 3:30.54 36.62	400m: 4:42.53 35.39		
3. Gruca Marcelina SO	98	Unia O wi cim		4:45.93	554
50m: 33.13 33.13	150m: 1:45.64 36.36	250m: 3:35.17 1:13.20	350m: 4:11.86		
100m: 1:09.28 36.15	200m: 2:21.97 36.33	300m:	400m: 4:45.93 34.07		
4. Machula Sara	98	KSZO Ostrowiec w.		4:48.07	542
50m: 34.31 34.31	150m: 1:47.22 36.77	250m: 3:00.30 36.46	350m: 4:12.41 36.00		
100m: 1:10.45 36.14	200m: 2:23.84 36.62	300m: 3:36.41 36.11	400m: 4:48.07 35.66		
5. Kozik Anna	98	Fala Niepołomice		4:53.49	512
50m: 32.07 32.07	150m: 1:45.18 37.17	250m: 3:00.62 37.86	350m: 4:17.08 38.52		
100m: 1:08.01 35.94	200m: 2:22.76 37.58	300m: 3:38.56 37.94	400m: 4:53.49 36.41		
6. Gruszczyska Aleksandra SO	98	Vega Dobrodzie		4:54.01	510
50m: 32.75 32.75	150m: 1:47.14 37.37	250m: 3:02.16 37.28	350m: 4:17.59 37.76		
100m: 1:09.77 37.02	200m: 2:24.88 37.74	300m: 3:39.83 37.67	400m: 4:54.01 36.42		
7. Koral Julia	98	H2O Jastrz bieZdr.		4:54.48	507
50m: 33.17 33.17	150m: 1:48.19 38.06	250m: 3:04.51 38.07	350m: 4:19.81 37.47		
100m: 1:10.13 36.96	200m: 2:26.44 38.25	300m: 3:42.34 37.83	400m: 4:54.48 34.67		
8. Mycak Katarzyna SO	98	Zryw Opole		4:55.27	503
50m: 33.23 33.23	150m: 1:47.27 37.36	250m: 3:02.92 37.90	350m: 4:19.31 38.32		
100m: 1:09.91 36.68	200m: 2:25.02 37.75	300m: 3:40.99 38.07	400m: 4:55.27 35.96		
9. W cławiak Irena	98	Wilanowia Warszawa		4:57.68	491
50m: 33.91 33.91	150m: 1:48.55 37.34	250m: 3:03.35 37.19	350m: 4:19.66 38.53		
100m: 1:11.21 37.30	200m: 2:26.16 37.61	300m: 3:41.13 37.78	400m: 4:57.68 38.02		

Konkurencja 7, Dziewcz t, 400m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.
10.	Kolber Roksana SO		98	Unia O wi cim				4:57.88	490
	50m:	34.58 34.58	150m:	1:51.05 38.50	250m:	3:07.02 38.20	350m:	4:22.84 37.91	
	100m:	1:12.55 37.97	200m:	2:28.82 37.77	300m:	3:44.93 37.91	400m:	4:57.88 35.04	
11.	Mendyk Adrianna SO		98	Wodnik Radom				5:02.41	468
	50m:	31.76 31.76	150m:	1:46.47 37.46	250m:	3:02.74 38.90	350m:	4:21.51 40.32	
	100m:	1:09.01 37.25	200m:	2:23.84 37.37	300m:	3:41.19 38.45	400m:	5:02.41 40.90	
12.	Pankowska Wiktoria		98	CKiS Skawina				5:03.17	465
	50m:	33.77 33.77	150m:	1:48.86 38.07	250m:	3:06.14 38.60	350m:	4:24.52 39.37	
	100m:	1:10.79 37.02	200m:	2:27.54 38.68	300m:	3:45.15 39.01	400m:	5:03.17 38.65	
13.	Turza Patrycja		98	Górnik Sosnowiec				5:05.46	454
	<i>Minimum startowe 14-15lat</i>								
	50m:	33.95 33.95	150m:	1:52.21 39.49	250m:	3:10.87 39.36	350m:	4:29.33 39.01	
	100m:	1:12.72 38.77	200m:	2:31.51 39.30	300m:	3:50.32 39.45	400m:	5:05.46 36.13	
14.	Kowalik Nina		98	Korona-Swim Kielce				5:08.02	443
	<i>Minimum startowe 14-15lat</i>								
	50m:	34.11 34.11	150m:	1:50.51 38.86	250m:	3:10.57 40.08	350m:	4:30.49 39.56	
	100m:	1:11.65 37.54	200m:	2:30.49 39.98	300m:	3:50.93 40.36	400m:	5:08.02 37.53	

13 lat

1.	Piechota Paulina		99	UKS 190 Łód				4:43.68	567
	50m:	32.60 32.60	150m:	1:43.72 35.86	250m:	2:55.83 36.23	350m:	4:09.06 36.73	
	100m:	1:07.86 35.26	200m:	2:19.60 35.88	300m:	3:32.33 36.50	400m:	4:43.68 34.62	
2.	Leszczy ska Klaudia Julia		99	Fala Niepołomice				4:54.65	506
	50m:	32.83 32.83	150m:	1:45.75 36.97	250m:	3:01.73 38.06	350m:	4:18.43 38.30	
	100m:	1:08.78 35.95	200m:	2:23.67 37.92	300m:	3:40.13 38.40	400m:	4:54.65 36.22	
3.	Nieszporek Wiktoria		99	UKS 190 Łód				4:55.14	504
	50m:	33.34 33.34	150m:	1:49.15 37.92	250m:	3:04.82 37.86	350m:	4:19.78 37.33	
	100m:	1:11.23 37.89	200m:	2:26.96 37.81	300m:	3:42.45 37.63	400m:	4:55.14 35.36	
4.	Jankowska Justyna		99	Kmity Zabierzów				5:07.03	447
	50m:	33.34 33.34	150m:	1:50.94 38.90	250m:	3:10.81 40.10	350m:	4:29.62 39.40	
	100m:	1:12.04 38.70	200m:	2:30.71 39.77	300m:	3:50.22 39.41	400m:	5:07.03 37.41	
5.	Rogowska Angelika		99	Jordan Kraków				5:09.07	439
	50m:	35.60 35.60	150m:	1:54.13 39.27	250m:	3:12.21 39.24	350m:	4:30.87 39.37	
	100m:	1:14.86 39.26	200m:	2:32.97 38.84	300m:	3:51.50 39.29	400m:	5:09.07 38.20	
6.	Grela Karolina		99	Kmity Zabierzów				5:09.26	438
	50m:	35.97 35.97	150m:	1:55.27 39.66	250m:	3:14.45 39.25	350m:	4:32.76 38.57	
	100m:	1:15.61 39.64	200m:	2:35.20 39.93	300m:	3:54.19 39.74	400m:	5:09.26 36.50	
7.	Czaja Barbara		99	H2O Jastrz bieZdr.				5:10.03	435
	50m:	34.43 34.43	150m:	1:52.32 38.75	250m:	3:12.65 39.47	350m:	4:32.02 39.50	
	100m:	1:13.57 39.14	200m:	2:33.18 40.86	300m:	3:52.52 39.87	400m:	5:10.03 38.01	
8.	Paj k Liliana		99	H2O Jastrz bieZdr.				5:10.48	433
	50m:	34.91 34.91	150m:	1:53.28 40.22	250m:	3:13.68 40.33	350m:	4:33.32 39.81	
	100m:	1:13.06 38.15	200m:	2:33.35 40.07	300m:	3:53.51 39.83	400m:	5:10.48 37.16	
9.	Pyrlik Paulina		99	CKiS Skawina				5:13.88	419
	50m:	35.18 35.18	150m:	1:53.34 39.25	250m:	3:13.54 40.56	350m:	4:34.89 40.68	
	100m:	1:14.09 38.91	200m:	2:32.98 39.64	300m:	3:54.21 40.67	400m:	5:13.88 38.99	
10.	ukowska Natalia		99	Jordan Kraków				5:17.69	404
	50m:	36.15 36.15	150m:	1:55.14 39.73	250m:	3:14.84 39.94	350m:	4:37.00 42.01	
	100m:	1:15.41 39.26	200m:	2:34.90 39.76	300m:	3:54.99 40.15	400m:	5:17.69 40.69	
11.	Knychalska Karolina		99	UKS 190 Łód				5:19.66	396
	50m:	36.10 36.10	150m:	1:56.10 40.37	250m:	3:18.56 41.83	350m:	4:40.31 40.25	
	100m:	1:15.73 39.63	200m:	2:36.73 40.63	300m:	4:00.06 41.50	400m:	5:19.66 39.35	

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.			
12.	Sikora Adrianna		99	Jordan Kraków				5:20.98	392			
	<i>Minimum startowe 12-13lat</i>											
	50m:	35.79	35.79	150m:	1:55.79	40.44	250m:	3:18.04	41.07	350m:	4:40.97	41.52
	100m:	1:15.35	39.56	200m:	2:36.97	41.18	300m:	3:59.45	41.41	400m:	5:20.98	40.01
13.	Górlaczyk Anna		99	Ósemka O wi cim				5:26.71	371			
	<i>Minimum startowe 12-13lat</i>											
	50m:	37.63	37.63	150m:	2:00.69	41.58	250m:	3:24.47	41.98	350m:	4:47.57	41.58
	100m:	1:19.11	41.48	200m:	2:42.49	41.80	300m:	4:05.99	41.52	400m:	5:26.71	39.14
14.	Kogut Aleksandra		99	AZS AGH Kraków				5:28.02	367			
	<i>Minimum startowe 12-13lat</i>											
	50m:	36.43	36.43	150m:	1:59.18	41.78	250m:	3:23.98	42.35	350m:	4:48.92	42.10
	100m:	1:17.40	40.97	200m:	2:41.63	42.45	300m:	4:06.82	42.84	400m:	5:28.02	39.10
15.	Lipiarska Zofia		99	Kmita Zabierzów				5:28.20	366			
	<i>Minimum startowe 12-13lat</i>											
	50m:	36.13	36.13	150m:	1:59.15	42.18	250m:	3:24.55	42.37	350m:	4:49.54	41.72
	100m:	1:16.97	40.84	200m:	2:42.18	43.03	300m:	4:07.82	43.27	400m:	5:28.20	38.66

12 lat

1.	Pogorzelska Inez		00	Wilanowia Warszawa				5:06.53	450			
	50m:	35.24	35.24	150m:	1:53.24	39.13	250m:	3:12.32	39.73	350m:	4:30.52	38.74
	100m:	1:14.11	38.87	200m:	2:32.59	39.35	300m:	3:51.78	39.46	400m:	5:06.53	36.01
2.	Kowalska Iza		00	Wilanowia Warszawa				5:09.81	435			
	50m:	35.39	35.39	150m:	1:53.66	39.26	250m:	3:12.88	39.81	350m:	4:33.00	40.14
	100m:	1:14.40	39.01	200m:	2:33.07	39.41	300m:	3:52.86	39.98	400m:	5:09.81	36.81
3.	W grzyn Natalia		00	Aquarius My lenice				5:11.35	429			
	50m:	34.09	34.09	150m:	1:52.90	40.03	250m:	3:13.86	40.60	350m:	4:33.34	39.05
	100m:	1:12.87	38.78	200m:	2:33.26	40.36	300m:	3:54.29	40.43	400m:	5:11.35	38.01
4.	Sałbut Roksana		00	Salmo ory				5:25.15	377			
	<i>Minimum startowe 12-13lat</i>											
	50m:	36.30	36.30	150m:	1:57.25	40.98	250m:	3:20.80	41.98	350m:	4:45.18	41.56
	100m:	1:16.27	39.97	200m:	2:38.82	41.57	300m:	4:03.62	42.82	400m:	5:25.15	39.97