

Konkurencja 8
21/4/2012 - 12:40

M czynn, 400m dowolny

12 lat i starsi
Wyniki

Minimum startowe 17 +: 4:21.46; 16: 4:30.58; 14 - 15: 4:51.10; 12 - 13: 5:15.00

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.
17 lat i starsi									
1.	Kudła Łukasz		95	AZS AWF Katowice				4:04.21	661
	50m:	27.55 27.55	150m:	1:28.15 30.48	250m:	2:29.99 30.83	350m:	3:33.10 31.82	
	100m:	57.67 30.12	200m:	1:59.16 31.01	300m:	3:01.28 31.29	400m:	4:04.21 31.11	
2.	Kotlewski Michał SK		94	Zryw Opole				4:11.20	607
	50m:	28.37 28.37	150m:	1:31.02 31.69	250m:	2:35.41 32.28	350m:	3:40.78 32.78	
	100m:	59.33 30.96	200m:	2:03.13 32.11	300m:	3:08.00 32.59	400m:	4:11.20 30.42	
3.	Kurtok Tomasz		95	Unia O wi cim				4:14.00	587
	50m:	31.10 31.10	150m:	1:37.10 33.07	250m:	2:42.45 32.29	350m:	3:43.85 29.84	
	100m:	1:04.03 32.93	200m:	2:10.16 33.06	300m:	3:14.01 31.56	400m:	4:14.00 30.15	
4.	Szczechura Patryk		95	KSZO Ostrowiec w.				4:14.86	581
	50m:	29.17 29.17	150m:	1:32.58 31.72	250m:	2:37.15 32.33	350m:	3:42.71 32.91	
	100m:	1:00.86 31.69	200m:	2:04.82 32.24	300m:	3:09.80 32.65	400m:	4:14.86 32.15	
5.	Rogozi ski Łukasz		94	KSZO Ostrowiec w.				4:20.21	546
	50m:	30.14 30.14	150m:	1:36.34 33.42	250m:	2:42.98 33.04	350m:	3:48.37 32.21	
	100m:	1:02.92 32.78	200m:	2:09.94 33.60	300m:	3:16.16 33.18	400m:	4:20.21 31.84	

16 lat

1.	Krogulski Filip SO		96	Unia O wi cim				4:13.68	590
	50m:	31.16 31.16	150m:	1:36.81 32.52	250m:	2:40.59 31.69	350m:	3:43.35 31.20	
	100m:	1:04.29 33.13	200m:	2:08.90 32.09	300m:	3:12.15 31.56	400m:	4:13.68 30.33	
2.	Skrzypiec Wojciech		96	AZS AWF Katowice				4:13.84	588
	50m:	28.48 28.48	150m:	1:31.78 32.18	250m:	2:36.93 32.74	350m:	3:42.66 33.06	
	100m:	59.60 31.12	200m:	2:04.19 32.41	300m:	3:09.60 32.67	400m:	4:13.84 31.18	
3.	Krycia Mateusz		96	KSZO Ostrowiec w.				4:18.31	558
	50m:	29.66 29.66	150m:	1:35.35 33.18	250m:	2:41.51 32.64	350m:	3:47.69 33.34	
	100m:	1:02.17 32.51	200m:	2:08.87 33.52	300m:	3:14.35 32.84	400m:	4:18.31 30.62	
4.	Stankiewicz Dominik SO		96	Unia O wi cim				4:22.41	533
	50m:	29.74 29.74	150m:	1:35.77 33.09	250m:	2:42.93 33.54	350m:	3:49.77 33.23	
	100m:	1:02.68 32.94	200m:	2:09.39 33.62	300m:	3:16.54 33.61	400m:	4:22.41 32.64	
5.	Fremel Dawid SO		96	Unia O wi cim				4:23.24	528
	50m:	31.46 31.46	150m:	1:38.45 33.31	250m:	2:44.73 33.32	350m:	3:50.99 32.79	
	100m:	1:05.14 33.68	200m:	2:11.41 32.96	300m:	3:18.20 33.47	400m:	4:23.24 32.25	
6.	Ksi ek Sebastian		96	KSZO Ostrowiec w.				4:26.56	508
	50m:	29.69 29.69	150m:	1:36.32 33.76	250m:	2:44.20 33.64	350m:	3:52.70 34.27	
	100m:	1:02.56 32.87	200m:	2:10.56 34.24	300m:	3:18.43 34.23	400m:	4:26.56 33.86	
7.	Stolarczyk Kamil		96	Wodnik Siemianowice I.				4:37.89	448
	<i>Minimum startowe 16lat</i>								
	50m:	30.85 30.85	150m:	1:40.76 35.29	250m:	2:52.33 35.99	350m:	4:04.45 36.00	
	100m:	1:05.47 34.62	200m:	2:16.34 35.58	300m:	3:28.45 36.12	400m:	4:37.89 33.44	

15 lat

1.	Pie niak Jakub SO		97	Unia O wi cim				4:22.29	533
	50m:	29.73 29.73	150m:	1:36.33 33.73	250m:	2:44.19 33.92	350m:	3:50.86 32.90	
	100m:	1:02.60 32.87	200m:	2:10.27 33.94	300m:	3:17.96 33.77	400m:	4:22.29 31.43	
2.	Bujak Piotr		97	Korona-Swim Kielce				4:24.38	521
	50m:	30.04 30.04	150m:	1:37.39 33.94	250m:	2:45.49 34.22	350m:	3:53.27 33.55	
	100m:	1:03.45 33.41	200m:	2:11.27 33.88	300m:	3:19.72 34.23	400m:	4:24.38 31.11	

Konkurencja 8, Chłopców, 400m dowolny, 15 lat

Pozycja			Rok ur.					Czas	Pkt.
3.	Kowalski Patryk		97	Unia Busko-Zdrój				4:27.41	503
	50m:	30.42 30.42	150m:	1:37.70 34.05	250m:	2:46.73 34.67	350m:	3:55.01 33.93	
	100m:	1:03.65 33.23	200m:	2:12.06 34.36	300m:	3:21.08 34.35	400m:	4:27.41 32.40	
4.	Ruszkowski Kacper SO		97	Unia O wi cim				4:28.19	499
	50m:	30.70 30.70	150m:	1:38.03 33.68	250m:	2:45.96 33.93	350m:	3:54.22 33.95	
	100m:	1:04.35 33.65	200m:	2:12.03 34.00	300m:	3:20.27 34.31	400m:	4:28.19 33.97	
5.	oład Dominik SO		97	Unia O wi cim				4:30.76	485
	50m:	31.01 31.01	150m:	1:40.12 34.95	250m:	2:49.85 34.84	350m:	3:59.09 34.71	
	100m:	1:05.17 34.16	200m:	2:15.01 34.89	300m:	3:24.38 34.53	400m:	4:30.76 31.67	
6.	W glarz Kamil SO		97	Unia O wi cim				4:39.30	442
	50m:	31.70 31.70	150m:	1:43.25 36.16	250m:	2:55.57 35.64	350m:	4:06.16 35.10	
	100m:	1:07.09 35.39	200m:	2:19.93 36.68	300m:	3:31.06 35.49	400m:	4:39.30 33.14	
7.	Szafarczyk Igor		97	Korona-Swim Kielce				4:50.15	394
	50m:	33.13 33.13	150m:	1:49.04 38.28	250m:	3:04.30 37.17	350m:	4:17.48 36.46	
	100m:	1:10.76 37.63	200m:	2:27.13 38.09	300m:	3:41.02 36.72	400m:	4:50.15 32.67	

14 lat

1.	Ulatowski Wojciech SO		98	Unia O wi cim				4:31.48	481
	50m:	30.97 30.97	150m:	1:39.50 34.80	250m:	2:49.08 34.69	350m:	3:58.51 34.34	
	100m:	1:04.70 33.73	200m:	2:14.39 34.89	300m:	3:24.17 35.09	400m:	4:31.48 32.97	
2.	Milczarek Piotr		98	UKS 190 Łód				4:35.28	461
	50m:	30.11 30.11	150m:	1:38.82 35.02	250m:	2:49.69 35.74	350m:	4:01.32 35.52	
	100m:	1:03.80 33.69	200m:	2:13.95 35.13	300m:	3:25.80 36.11	400m:	4:35.28 33.96	
3.	Kwietniewski Maciej		98	Korona-Swim Kielce				4:38.07	447
	50m:	30.97 30.97	150m:	1:40.90 35.36	250m:	2:52.86 36.28	350m:	4:04.76 35.83	
	100m:	1:05.54 34.57	200m:	2:16.58 35.68	300m:	3:28.93 36.07	400m:	4:38.07 33.31	
4.	Hojda Bartłomiej SO		98	Unia O wi cim				4:42.36	427
	50m:	30.98 30.98	150m:	1:41.53 35.92	250m:	2:53.28 35.86	350m:	4:05.77 36.20	
	100m:	1:05.61 34.63	200m:	2:17.42 35.89	300m:	3:29.57 36.29	400m:	4:42.36 36.59	
5.	Trela Karol		98	Gilus Gilowice				4:44.12	419
	50m:	31.37 31.37	150m:	1:41.56 35.65	250m:	2:54.37 36.84	350m:	4:09.21 37.43	
	100m:	1:05.91 34.54	200m:	2:17.53 35.97	300m:	3:31.78 37.41	400m:	4:44.12 34.91	
6.	Kłapa Filip SO		98	Unia O wi cim				4:44.13	419
	50m:	32.07 32.07	150m:	1:42.89 35.71	250m:	2:54.91 35.68	350m:	4:08.21 36.79	
	100m:	1:07.18 35.11	200m:	2:19.23 36.34	300m:	3:31.42 36.51	400m:	4:44.13 35.92	
7.	Ellgoth Piotr		98	Pi tka Chorzów				4:45.87	412
	50m:	32.28 32.28	150m:	1:45.07 36.68	250m:	2:59.18 37.09	350m:	4:11.47 36.12	
	100m:	1:08.39 36.11	200m:	2:22.09 37.02	300m:	3:35.35 36.17	400m:	4:45.87 34.40	
8.	Rogozi ski Michał		98	KSZO Ostrowiec w.				4:47.13	406
	50m:	31.96 31.96	150m:	1:44.39 36.56	250m:	2:58.39 36.91	350m:	4:11.82 36.21	
	100m:	1:07.83 35.87	200m:	2:21.48 37.09	300m:	3:35.61 37.22	400m:	4:47.13 35.31	
9.	Ziemianin Jakub		98	Kmita Zabierzów				4:50.15	394
	50m:	32.16 32.16	150m:	1:46.36 37.78	250m:	3:01.50 38.23	350m:	4:15.85 37.11	
	100m:	1:08.58 36.42	200m:	2:23.27 36.91	300m:	3:38.74 37.24	400m:	4:50.15 34.30	
10.	Brauntsch Marek		98	Gilus Gilowice				4:50.95	391
	50m:	33.29 33.29	150m:	1:47.03 37.12	250m:	3:01.11 36.87	350m:	4:15.75 36.88	
	100m:	1:09.91 36.62	200m:	2:24.24 37.21	300m:	3:38.87 37.76	400m:	4:50.95 35.20	
11.	Kurowski Szymon		98	Pi tka Chorzów				4:57.50	365
	<i>Minimum startowe 14-15lat</i>								
	50m:	33.52 33.52	150m:	1:47.91 37.33	250m:	3:02.80 37.55	350m:	4:19.87 38.57	
	100m:	1:10.58 37.06	200m:	2:25.25 37.34	300m:	3:41.30 38.50	400m:	4:57.50 37.63	

Konkurencja 8, Chłopców, 400m dowolny, 14 lat

Pozycja			Rok ur.			Czas	Pkt.	
12.	Zielinski Szymon		98	Kmity Zabierzów		5:07.21	332	
	<i>Minimum startowe 14-15lat</i>							
	50m:	34.98 34.98	150m:	1:52.15 39.41	250m:	3:09.52 38.53	350m:	4:29.55 40.28
	100m:	1:12.74 37.76	200m:	2:30.99 38.84	300m:	3:49.27 39.75	400m:	5:07.21 37.66
13.	Le Filip		98	Kmity Zabierzów		5:08.56	327	
	<i>Minimum startowe 14-15lat</i>							
	50m:	34.45 34.45	150m:	1:53.09 40.00	250m:	3:11.40 39.22	350m:	4:31.62 40.53
	100m:	1:13.09 38.64	200m:	2:32.18 39.09	300m:	3:51.09 39.69	400m:	5:08.56 36.94
14.	Kuznoczka Juri		98	Kmity Zabierzów		5:15.11	307	
	<i>Minimum startowe 14-15lat</i>							
	50m:	32.71 32.71	150m:	1:50.73 39.91	250m:	3:13.25 41.27	350m:	4:35.99 41.64
	100m:	1:10.82 38.11	200m:	2:31.98 41.25	300m:	3:54.35 41.10	400m:	5:15.11 39.12

13 lat

1.	Parzynowski Wojciech		99	UKS 190 Łódź		4:36.73	454	
	50m:	31.44 31.44	150m:	1:42.31 35.63	250m:	2:52.51 35.15	350m:	4:02.95 35.33
	100m:	1:06.68 35.24	200m:	2:17.36 35.05	300m:	3:27.62 35.11	400m:	4:36.73 33.78
2.	Bujak Dominik		99	Korona-Swim Kielce		4:39.12	442	
	50m:	31.49 31.49	150m:	1:41.66 35.41	250m:	2:53.16 35.99	350m:	4:04.88 35.46
	100m:	1:06.25 34.76	200m:	2:17.17 35.51	300m:	3:29.42 36.26	400m:	4:39.12 34.24
3.	Bara czyk Michał		99	UKS 190 Łódź		4:43.31	423	
	50m:	31.74 31.74	150m:	1:43.52 36.06	250m:	2:56.89 37.24	350m:	4:09.51 36.08
	100m:	1:07.46 35.72	200m:	2:19.65 36.13	300m:	3:33.43 36.54	400m:	4:43.31 33.80
4.	Mura ski Kacper		99	Gilus Gilowice		4:48.04	403	
	50m:	32.62 32.62	150m:	1:45.64 36.47	250m:	2:58.68 36.62	350m:	4:12.95 36.90
	100m:	1:09.17 36.55	200m:	2:22.06 36.42	300m:	3:36.05 37.37	400m:	4:48.04 35.09
5.	Rybarczyk Filip		99	Wilanowia Warszawa		4:51.29	389	
	50m:	33.18 33.18	150m:	1:46.99 37.05	250m:	3:01.63 37.53	350m:	4:15.91 36.79
	100m:	1:09.94 36.76	200m:	2:24.10 37.11	300m:	3:39.12 37.49	400m:	4:51.29 35.38
6.	Szczepaniak Paweł		99	Jordan Kraków		4:51.78	387	
	50m:	32.42 32.42	150m:	1:44.44 36.60	250m:	3:00.01 38.13	350m:	4:16.23 37.72
	100m:	1:07.84 35.42	200m:	2:21.88 37.44	300m:	3:38.51 38.50	400m:	4:51.78 35.55
7.	Stec Kacper		99	Kmity Zabierzów		4:53.65	380	
	50m:	33.16 33.16	150m:	1:47.30 37.48	250m:	3:03.15 37.64	350m:	4:18.81 37.15
	100m:	1:09.82 36.66	200m:	2:25.51 38.21	300m:	3:41.66 38.51	400m:	4:53.65 34.84
8.	Podwika Kamil		99	Jordan Kraków		4:55.61	372	
	50m:	33.32 33.32	150m:	1:46.97 36.64	250m:	3:02.94 37.85	350m:	4:18.76 37.88
	100m:	1:10.33 37.01	200m:	2:25.09 38.12	300m:	3:40.88 37.94	400m:	4:55.61 36.85
9.	Walczak Szymon		99	Park Wodny Tarnowskie Góry		4:59.97	356	
	50m:	34.89 34.89	150m:	1:51.93 38.84	250m:	3:09.31 37.68	350m:	4:25.00 37.89
	100m:	1:13.09 38.20	200m:	2:31.63 39.70	300m:	3:47.11 37.80	400m:	4:59.97 34.97
10.	Cempel Oskar		99	Jordan Kraków		5:01.54	351	
	50m:	32.84 32.84	150m:	1:47.44 37.65	250m:	3:03.84 38.20	350m:	4:21.74 39.66
	100m:	1:09.79 36.95	200m:	2:25.64 38.20	300m:	3:42.08 38.24	400m:	5:01.54 39.80
11.	Sordyl Mateusz		99	Victoria Kozy		5:02.94	346	
	50m:	32.53 32.53	150m:	1:49.11 39.15	250m:	3:07.71 38.91	350m:	4:27.04 39.50
	100m:	1:09.96 37.43	200m:	2:28.80 39.69	300m:	3:47.54 39.83	400m:	5:02.94 35.90
12.	Koprynia Tomasz		99	Kmity Zabierzów		5:03.13	345	
	50m:	34.54 34.54	150m:	1:53.86 39.84	250m:	3:11.30 38.09	350m:	4:27.61 37.60
	100m:	1:14.02 39.48	200m:	2:33.21 39.35	300m:	3:50.01 38.71	400m:	5:03.13 35.52
13.	Rogozinski Mateusz		99	KSZO Ostrowiec w.		5:03.25	345	
	50m:	33.73 33.73	150m:	1:49.07 37.84	250m:	3:08.39 40.29	350m:	4:26.68 38.96
	100m:	1:11.23 37.50	200m:	2:28.10 39.03	300m:	3:47.72 39.33	400m:	5:03.25 36.57

Konkurencja 8, Chłopców, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
14.	Zbro ek Radosław		99	CKiS Skawina			5:03.33	345	
	50m: 33.67	33.67	150m: 1:51.31	39.43	250m: 3:08.74	38.41	350m: 4:28.16	39.25	
	100m: 1:11.88	38.21	200m: 2:30.33	39.02	300m: 3:48.91	40.17	400m: 5:03.33	35.17	
15.	Jeziorski Patryk		99	Manta Kochłowice Ruda Sl.			5:05.54	337	
	50m: 33.45	33.45	150m: 1:52.15	39.99	250m: 3:12.13	39.97	350m: 4:29.56	37.85	
	100m: 1:12.16	38.71	200m: 2:32.16	40.01	300m: 3:51.71	39.58	400m: 5:05.54	35.98	
16.	Kramek Eryk		99	Wodnik Radom			5:07.01	332	
	50m: 33.25	33.25	150m: 1:50.53	39.50	250m: 3:10.15	38.80	350m: 4:29.19	39.31	
	100m: 1:11.03	37.78	200m: 2:31.35	40.82	300m: 3:49.88	39.73	400m: 5:07.01	37.82	
17.	Winiarski Mateusz		99	Sokół Rzeszów			5:10.97	320	
	50m: 34.81	34.81	150m: 1:54.23	39.82	250m: 3:13.67	39.72	350m: 4:34.05	39.98	
	100m: 1:14.41	39.60	200m: 2:33.95	39.72	300m: 3:54.07	40.40	400m: 5:10.97	36.92	
18.	Fiedosiuk Rafał		99	H2O Jastrz bieZdr.			5:11.07	320	
	50m: 33.45	33.45	150m: 1:51.49	40.09	250m: 3:11.74	39.99	350m: 4:33.11	40.39	
	100m: 1:11.40	37.95	200m: 2:31.75	40.26	300m: 3:52.72	40.98	400m: 5:11.07	37.96	
19.	Mazur Dominik		99	Kmita Zabierzów			5:13.38	312	
	50m: 34.34	34.34	150m: 1:52.18	39.78	250m: 3:13.14	40.72	350m: 4:34.44	40.53	
	100m: 1:12.40	38.06	200m: 2:32.42	40.24	300m: 3:53.91	40.77	400m: 5:13.38	38.94	
12 lat									
1.	Sawicki Bartosz		00	Górnik Radlin			4:52.60	384	
	50m: 33.74	33.74	150m: 1:48.92	37.98	250m: 3:03.08	37.13	350m: 4:17.21	36.93	
	100m: 1:10.94	37.20	200m: 2:25.95	37.03	300m: 3:40.28	37.20	400m: 4:52.60	35.39	
2.	Orłowski Kamil		00	KSZO Ostrowiec w.			5:00.14	356	
	50m: 33.46	33.46	150m: 1:48.78	37.92	250m: 3:05.04	38.03	350m: 4:22.97	38.89	
	100m: 1:10.86	37.40	200m: 2:27.01	38.23	300m: 3:44.08	39.04	400m: 5:00.14	37.17	
3.	Michta Kacper		00	KSZO Ostrowiec w.			5:05.35	338	
	50m: 33.25	33.25	150m: 1:49.14	38.32	250m: 3:08.47	39.89	350m: 4:28.44	40.41	
	100m: 1:10.82	37.57	200m: 2:28.58	39.44	300m: 3:48.03	39.56	400m: 5:05.35	36.91	
4.	Barczyk Norbert		00	Jordan Kraków			5:08.35	328	
	50m: 33.52	33.52	150m: 1:51.82	39.99	250m: 3:11.08	39.32	350m: 4:31.71	40.50	
	100m: 1:11.83	38.31	200m: 2:31.76	39.94	300m: 3:51.21	40.13	400m: 5:08.35	36.64	
5.	Jarocho Oskar		00	KSZO Ostrowiec w.			5:11.55	318	
	50m: 34.87	34.87	150m: 1:53.43	39.58	250m: 3:12.97	39.35	350m: 4:33.47	40.12	
	100m: 1:13.85	38.98	200m: 2:33.62	40.19	300m: 3:53.35	40.38	400m: 5:11.55	38.08	
6.	Kowalski Karol		00	Unia Busko-Zdrój			5:16.95	302	
	<i>Minimum startowe 12-13lat</i>								
	50m: 34.61	34.61	150m: 1:54.45	40.53	250m: 3:15.71	41.33	350m: 4:36.62	40.61	
	100m: 1:13.92	39.31	200m: 2:34.38	39.93	300m: 3:56.01	40.30	400m: 5:16.95	40.33	
7.	Plutecki Dawid		00	Jordan Kraków			5:24.26	282	
	<i>Minimum startowe 12-13lat</i>								
	50m: 37.52	37.52	150m: 1:59.22	40.97	250m: 3:21.71	40.97	350m: 4:45.04	41.70	
	100m: 1:18.25	40.73	200m: 2:40.74	41.52	300m: 4:03.34	41.63	400m: 5:24.26	39.22	
8.	Chyba Łukasz		00	Kmita Zabierzów			5:43.58	237	
	<i>Minimum startowe 12-13lat</i>								
	50m: 37.34	37.34	150m: 2:02.23	42.67	250m: 3:30.21	44.56	350m: 5:00.62	45.16	
	100m: 1:19.56	42.22	200m: 2:45.65	43.42	300m: 4:15.46	45.25	400m: 5:43.58	42.96	
PK	Rybarczyk Kacper		01	Wilanowia Warszawa			5:23.21	285	
	50m: 37.59	37.59	150m: 1:59.52	40.65	250m: 3:21.47	40.73	350m: 4:44.25	41.61	
	100m: 1:18.87	41.28	200m: 2:40.74	41.22	300m: 4:02.64	41.17	400m: 5:23.21	38.96	