

Konkurencja 10  
13/10/2012 - 17:59

M czyzn, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.		
<b>16 lat i starsi</b>											
1.	Poprawa Michał SO		94	AZS AWF Katowice				<b>4:19.31</b>	749		
	50m:	27.12 28.12	150m:	1:31.17	33.50	250m:	2:42.48	37.70	350m:	3:49.92	30.10
	100m:	57.67 30.55	200m:	2:04.78	33.61	300m:	3:19.82	37.34	400m:	4:19.31	29.39
2.	Wojdak Wojciech SO		96	BOSiR Brzesko				<b>4:28.41</b>	675		
	50m:	28.44 28.44	150m:	1:34.70	33.96	250m:	2:46.70	38.08	350m:	3:58.85	32.55
	100m:	1:00.74 32.30	200m:	2:08.62	33.92	300m:	3:26.30	39.60	400m:	4:28.41	29.56
3.	Twarowski Jerzy SK		95	Jordan Kraków				<b>4:31.51</b>	652		
	50m:	28.14 28.14	150m:	1:36.94	36.56	250m:	2:51.50	39.67	350m:	4:01.77	31.07
	100m:	1:00.38 32.24	200m:	2:11.83	34.89	300m:	3:30.70	39.20	400m:	4:31.51	29.74
4.	Bałabuch Krystian SO		95	BOSiR Brzesko				<b>4:32.59</b>	644		
	50m:	28.47 28.47	150m:	1:36.80	35.55	250m:	2:50.29	38.55	350m:	4:01.45	31.96
	100m:	1:01.25 32.78	200m:	2:11.74	34.94	300m:	3:29.49	39.20	400m:	4:32.59	31.14
5.	Kłos Grzegorz SO		95	AZS AWF Katowice				<b>4:34.24</b>	633		
	50m:	29.54 29.54	150m:	1:39.85	36.08	250m:	2:52.80	37.76	350m:	4:03.42	32.06
	100m:	1:03.77 34.23	200m:	2:15.04	35.19	300m:	3:31.36	38.56	400m:	4:34.24	30.82
6.	Kut Bartosz		93	AZS AGH Kraków				<b>4:36.79</b>	615		
	50m:	29.54 29.54	150m:	1:41.96	38.62	250m:	2:57.26	38.46	350m:	4:07.15	31.84
	100m:	1:03.34 33.80	200m:	2:18.80	36.84	300m:	3:35.31	38.05	400m:	4:36.79	29.64
7.	Ci kowski Dominik SK		96	Jordan Kraków				<b>4:36.87</b>	615		
	50m:	29.17 29.17	150m:	1:39.72	37.17	250m:	2:55.97	40.77	350m:	4:08.10	31.96
	100m:	1:02.55 33.38	200m:	2:15.20	35.48	300m:	3:36.14	40.17	400m:	4:36.87	28.77
8.	Ksi ek Michał		93	AZS AGH Kraków				<b>4:39.89</b>	595		
	50m:	28.24 28.24	150m:	1:37.21	36.42	250m:	2:52.26	39.58	350m:	4:07.28	34.00
	100m:	1:00.79 32.55	200m:	2:12.68	35.47	300m:	3:33.28	41.02	400m:	4:39.89	32.61
9.	Baran Rafał		93	AZS AGH Kraków				<b>4:40.27</b>	593		
	50m:	28.55 28.55	150m:	1:38.29	36.78	250m:	2:55.22	40.68	350m:	4:09.16	32.95
	100m:	1:01.51 32.96	200m:	2:14.54	36.25	300m:	3:36.21	40.99	400m:	4:40.27	31.11
10.	Łuczak Piotr		92	AZS AGH Kraków				<b>4:40.65</b>	590		
	50m:	27.36 27.36	150m:	1:37.03	37.55	250m:	2:55.75	42.60	350m:	4:10.23	31.73
	100m:	59.48 32.12	200m:	2:13.15	36.12	300m:	3:38.50	42.75	400m:	4:40.65	30.42
11.	G sior Aleksander		95	Ikar Mielec				<b>4:42.05</b>	582		
	50m:	29.29 29.29	150m:	1:40.70	38.02	250m:	2:57.15	39.44	350m:	4:11.13	34.08
	100m:	1:02.68 33.39	200m:	2:17.71	37.01	300m:	3:37.05	39.90	400m:	4:42.05	30.92
12.	Łopaci ski Kacper SO		95	Foka Sandomierz				<b>4:42.25</b>	580		
	50m:	29.17 29.17	150m:	1:39.61	35.42	250m:	2:54.64	40.45	350m:	4:08.52	33.04
	100m:	1:04.19 35.02	200m:	2:14.19	34.58	300m:	3:35.48	40.84	400m:	4:42.25	33.73
13.	Kudła Łukasz SO		95	AZS AWF Katowice				<b>4:42.82</b>	577		
	50m:	27.99 27.99	150m:	1:40.46	39.26	250m:	2:58.83	42.10	350m:	4:13.75	32.17
	100m:	1:01.20 33.21	200m:	2:16.73	36.27	300m:	3:41.58	42.75	400m:	4:42.82	29.07
14.	Czarnota Mateusz		91	Unia O wi cim				<b>4:42.98</b>	576		
	50m:	29.39 29.39	150m:	1:40.02	36.43	250m:	2:56.37	40.16	350m:	4:10.33	33.22
	100m:	1:03.59 34.20	200m:	2:16.21	36.19	300m:	3:37.11	40.74	400m:	4:42.98	32.65
15.	yma czyk Mateusz SO		95	AZS AWF Katowice				<b>4:45.50</b>	561		
	50m:	28.61 28.61	150m:	1:40.89	38.95	250m:	3:00.61	42.33	350m:	4:15.83	32.41
	100m:	1:01.94 33.33	200m:	2:18.28	37.39	300m:	3:43.42	42.81	400m:	4:45.50	29.67
16.	Hydzik Piotr		95	Karol Wadowice				<b>4:48.37</b>	544		
	50m:	29.59 29.59	150m:	1:41.16	37.21	250m:	3:01.65	43.84	350m:	4:17.53	32.06
	100m:	1:03.95 34.36	200m:	2:17.81	36.65	300m:	3:45.47	43.82	400m:	4:48.37	30.84

Konkurencja 10, M czynn, 400m zmienny, 16 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.		
17.	Szymanowski Jakub			96	Unia O wi cim				<b>4:48.53</b>	543		
	50m:	30.65	30.65	150m:	1:45.06	38.40	250m:	3:02.49	39.86	350m:	4:16.19	34.61
	100m:	1:06.66	36.01	200m:	2:22.63	37.57	300m:	3:41.58	39.09	400m:	4:48.53	32.34
18.	Fremel Dawid			96	Unia O wi cim				<b>4:50.22</b>	534		
	50m:	31.64	31.64	150m:	1:46.44	39.73	250m:	3:04.14	39.33	350m:	4:17.70	33.75
	100m:	1:06.71	35.07	200m:	2:24.81	38.37	300m:	3:43.95	39.81	400m:	4:50.22	32.52
19.	Litwa Krzysztof SK			96	Jordan Kraków				<b>4:51.89</b>	525		
	50m:	31.47	31.47	150m:	1:45.44	37.78	250m:	3:03.27	41.60	350m:		
	100m:	1:07.66	36.19	200m:	2:21.67	36.23	300m:	3:45.37	42.10	400m:	4:51.89	
20.	Pomietło Adrian			95	Unia O wi cim				<b>4:52.89</b>	519		
	50m:	31.26	31.26	150m:	1:47.84	41.65	250m:	3:05.18	39.30	350m:		
	100m:	1:06.19	34.93	200m:	2:25.88	38.04	300m:	3:44.93	39.75	400m:	4:52.89	
21.	Malczyk Marcin SO			95	Unia O wi cim				<b>4:53.09</b>	518		
	50m:	28.85	28.85	150m:	1:42.24	40.19	250m:	3:05.80	44.80	350m:	4:23.06	32.44
	100m:	1:02.05	33.20	200m:	2:21.00	38.76	300m:	3:50.62	44.82	400m:	4:53.09	30.03
22.	Konieczny Bartosz			96	Unia O wi cim				<b>4:59.19</b>	487		
	50m:	29.85	29.85	150m:	1:43.28	39.26	250m:	3:07.65	44.81	350m:	4:25.56	34.13
	100m:	1:04.02	34.17	200m:	2:22.84	39.56	300m:	3:51.43	43.78	400m:	4:59.19	33.63
23.	Safin Konrad SK			96	Delfin Tarnobrzeg				<b>5:01.77</b>	475		
	50m:	31.76	31.76	150m:	1:45.89	38.84	250m:	3:07.82	45.17	350m:	4:29.09	35.75
	100m:	1:07.05	35.29	200m:	2:22.65	36.76	300m:	3:53.34	45.52	400m:	5:01.77	32.68
24.	Paciorek Artur			93	AZS AGH Kraków				<b>5:04.84</b>	461		
	50m:	30.79	30.79	150m:	1:48.20	40.73	250m:	3:09.94	42.33	350m:	4:29.62	36.37
	100m:	1:07.47	36.68	200m:	2:27.61	39.41	300m:	3:53.25	43.31	400m:	5:04.84	35.22
25.	Karwala Maciej			96	Jordan Kraków				<b>5:09.36</b>	441		
	50m:	32.63	32.63	150m:	1:51.29	40.52	250m:	3:14.86	44.76	350m:	4:35.84	36.18
	100m:	1:10.77	38.14	200m:	2:30.10	38.81	300m:	3:59.66	44.80	400m:	5:09.36	33.52
26.	Kwiatkowski Arkadiusz			90	AZS AGH Kraków				<b>5:09.52</b>	440		
	50m:	30.80	30.80	150m:	1:48.23	40.06	250m:	3:14.25	46.33	350m:	4:35.68	34.70
	100m:	1:08.17	37.37	200m:	2:27.92	39.69	300m:	4:00.98	46.73	400m:	5:09.52	33.84
27.	Karkut Kamil SK			96	Ikar Mielec				<b>5:14.65</b>	419		
	50m:	32.97	32.97	150m:	1:53.25	40.76	250m:	3:14.90	41.31	350m:	4:37.41	40.36
	100m:	1:12.49	39.52	200m:	2:33.59	40.34	300m:	3:57.05	42.15	400m:	5:14.65	37.24
28.	Stankiewicz Dominik SO			96	Unia O wi cim				<b>5:16.62</b>	411		
	50m:	31.25	31.25	150m:	1:49.91	39.78	250m:	3:15.50	47.59	350m:	4:41.62	37.92
	100m:	1:10.13	38.88	200m:	2:27.91	38.00	300m:	4:03.70	48.20	400m:	5:16.62	35.00
29.	Hreniak Kacper			93	AZS AGH Kraków				<b>5:26.69</b>	374		
	50m:	34.53	34.53	150m:	2:39.53	1:25.98	250m:	4:14.89	47.03	350m:		
	100m:	1:13.55	39.02	200m:	3:27.86	48.33	300m:	4:53.33	38.44	400m:	5:26.69	
DYSKW.	Hołub Maciej SK			95	Orlik Przeworsk				<b>5:01.36</b>			
	<i>Z2 - uko czenie poszczególnych odcinków niezgodnie z przepisami o danym stylu (Czas: 17:46)</i>											
	50m:	31.16	31.16	150m:	1:48.35	40.25	250m:	3:09.32	41.20	350m:	4:28.52	36.42
	100m:	1:08.10	36.94	200m:	2:28.12	39.77	300m:	3:52.10	42.78	400m:	5:01.36	32.84

15 lat

1.	Goleniec Łukasz SO			97	Unia O wi cim				<b>4:44.45</b>	567		
	50m:	28.95	28.95	150m:	1:41.52	38.23	250m:	2:59.33	41.28	350m:	4:13.38	32.06
	100m:	1:03.29	34.34	200m:	2:18.05	36.53	300m:	3:41.32	41.99	400m:	4:44.45	31.07
2.	Murzyn Dawid SK			97	Jordan Kraków				<b>4:46.73</b>	554		
	50m:	30.16	30.16	150m:	1:41.79	36.28	250m:	3:00.75	44.53	350m:	4:16.91	33.30
	100m:	1:05.51	35.35	200m:	2:16.22	34.43	300m:	3:43.61	42.86	400m:	4:46.73	29.82



Konkurencja 10, Chłopców, 400m zmienny, 15 lat

Pozycja			Rok ur.				Czas				Pkt.
3.	Wajda Tomasz		97 Korona Kraków				<b>4:56.45</b>				501
	50m:	32.10 32.10	150m:	1:46.90 38.15	250m:	3:07.53 42.91	350m:	4:25.00 32.34	400m:	4:56.45 31.45	
	100m:	1:08.75 36.65	200m:	2:24.62 37.72	300m:	3:52.66 45.13					
4.	Ruszkowski Kacper SO		97 Unia O wi cim				<b>4:56.51</b>				501
	50m:	30.93 30.93	150m:	1:46.19 39.90	250m:	3:08.99 44.16	350m:	4:25.22 33.19	400m:	4:56.51 31.29	
	100m:	1:06.29 35.36	200m:	2:24.83 38.64	300m:	3:52.03 43.04					
5.	Nagi Mateusz SO		97 Unia O wi cim				<b>4:56.53</b>				500
	50m:	32.47 32.47	150m:	1:48.86 38.98	250m:	3:08.18 40.23	350m:	4:24.20 34.01	400m:	4:56.53 32.33	
	100m:	1:09.88 37.41	200m:	2:27.95 39.09	300m:	3:50.19 42.01					
6.	Pie niak Jakub SO		97 Unia O wi cim				<b>4:57.95</b>				493
	50m:	30.70 30.70	150m:	1:45.24 39.58	250m:	3:08.59 44.63	350m:	4:27.30 32.57	400m:	4:57.95 30.65	
	100m:	1:05.66 34.96	200m:	2:23.96 38.72	300m:	3:54.73 46.14					
7.	Młynarczyk Adrian		97 Jordan Kraków				<b>4:58.33</b>				491
	50m:	29.85 29.85	150m:	1:47.05 41.64	250m:	3:07.98 42.31	350m:	4:25.54 33.65	400m:	4:58.33 32.79	
	100m:	1:05.41 35.56	200m:	2:25.67 38.62	300m:	3:51.89 43.91					
8.	Machowski Filip		97 Ikar Mielec				<b>5:00.68</b>				480
	50m:	31.44 31.44	150m:	1:47.43 39.18	250m:	3:08.53 43.36	350m:	4:27.18 34.99	400m:	5:00.68 33.50	
	100m:	1:08.25 36.81	200m:	2:25.17 37.74	300m:	3:52.19 43.66					
9.	Lechowicz Filip		97 Jordan Kraków				<b>5:06.44</b>				453
	50m:	34.55 34.55	150m:	1:53.76 39.86	250m:	3:15.15 42.80	350m:	4:33.93 35.54	400m:	5:06.44 32.51	
	100m:	1:13.90 39.35	200m:	2:32.35 38.59	300m:	3:58.39 43.24					
10.	Łódak Dominik SO		97 Unia O wi cim				<b>5:07.25</b>				450
	50m:	33.51 33.51	150m:	1:54.82 41.01	250m:	3:17.30 41.71	350m:	4:34.85 34.96	400m:	5:07.25 32.40	
	100m:	1:13.81 40.30	200m:	2:35.59 40.77	300m:	3:59.89 42.59					
11.	W glarz Kamil SO		97 Unia O wi cim				<b>5:10.26</b>				437
	50m:	32.16 32.16	150m:	1:52.64 41.20	250m:	3:15.53 44.97	350m:	4:36.30 36.42	400m:	5:10.26 33.96	
	100m:	1:11.44 39.28	200m:	2:30.56 37.92	300m:	3:59.88 44.35					
12.	Sowier Wojciech		97 Jordan Kraków				<b>5:12.43</b>				428
	50m:	34.14 34.14	150m:	1:54.37 41.67	250m:	3:17.89 43.64	350m:	4:38.16 36.51	400m:	5:12.43 34.27	
	100m:	1:12.70 38.56	200m:	2:34.25 39.88	300m:	4:01.65 43.76					
13.	Lechowicz Artur		97 Jordan Kraków				<b>5:14.07</b>				421
	50m:	34.99 34.99	150m:	1:52.17 37.17	250m:	3:16.71 47.35	350m:	4:38.85 35.54	400m:	5:14.07 35.22	
	100m:	1:15.00 40.01	200m:	2:29.36 37.19	300m:	4:03.31 46.60					
14.	Sowa Marcin SO		97 Motyl St. Wola				<b>5:20.66</b>				396
	50m:	33.80 33.80	150m:	1:55.68 42.68	250m:	3:22.39 46.73	350m:		400m:	5:20.66	
	100m:	1:13.00 39.20	200m:	2:35.66 39.98	300m:	4:08.67 46.28					

14 lat

1.	Ulatowski Wojciech SO		98 Unia O wi cim				<b>4:46.42</b>				555
	50m:	30.94 30.94	150m:	2:20.11 1:13.92	250m:		350m:	4:15.39 33.00	400m:	4:46.42 31.03	
	100m:	1:06.19 35.25	200m:	3:00.98 40.87	300m:	3:42.39					
2.	Seremet Konrad SO		98 Unia O wi cim				<b>4:55.07</b>				508
	50m:	30.05 30.05	150m:	1:44.00 38.20	250m:	3:03.57 42.24	350m:	4:21.28 35.02	400m:	4:55.07 33.79	
	100m:	1:05.80 35.75	200m:	2:21.33 37.33	300m:	3:46.26 42.69					
3.	Topolski Arkadiusz SO		98 Unia O wi cim				<b>5:00.42</b>				481
	50m:	30.56 30.56	150m:	1:46.14 38.39	250m:	3:07.85 43.86	350m:	4:27.58 35.16	400m:	5:00.42 32.84	
	100m:	1:07.75 37.19	200m:	2:23.99 37.85	300m:	3:52.42 44.57					
4.	Kłapa Filip SO		98 Unia O wi cim				<b>5:04.94</b>				460
	50m:	31.62 31.62	150m:	1:52.26 42.73	250m:	3:14.32 41.55	350m:	4:32.54 35.95	400m:	5:04.94 32.40	
	100m:	1:09.53 37.91	200m:	2:32.77 40.51	300m:	3:56.59 42.27					
5.	Hojda Bartłomiej SO		98 Unia O wi cim				<b>5:04.96</b>				460
	50m:	31.60 31.60	150m:	1:49.78 40.65	250m:	3:12.74 44.30	350m:	4:31.77 36.02	400m:	5:04.96 33.19	
	100m:	1:09.13 37.53	200m:	2:28.44 38.66	300m:	3:55.75 43.01					



Konkurencja 10, Chłopców, 400m zmienny, 14 lat

Pozycja	Rok ur.								Czas	Pkt.		
6.	Gawron Gerard		98	Ikar Mielec				<b>5:06.27</b>	454			
	50m:	32.59	32.59	150m:	1:50.51	39.84	250m:	3:12.47	43.20	350m:		
	100m:	1:10.67	38.08	200m:	2:29.27	38.76	300m:	3:54.96	42.49	400m:	5:06.27	
7.	Roma ski Bartłomiej		98	SMS Galicja Kraków				<b>5:24.50</b>	382			
	50m:	35.57	35.57	150m:	2:01.35	42.08	250m:	3:27.81	45.58	350m:	4:49.16	37.60
	100m:	1:19.27	43.70	200m:	2:42.23	40.88	300m:	4:11.56	43.75	400m:	5:24.50	35.34
8.	Mrugalski Kamil		98	SMS Galicja Kraków				<b>5:45.94</b>	315			
	50m:	34.53	34.53	150m:	2:01.22	45.45	250m:	3:37.75	53.26	350m:	5:09.11	38.70
	100m:	1:15.77	41.24	200m:	2:44.49	43.27	300m:	4:30.41	52.66	400m:	5:45.94	36.83
DYSKW.	Sawera Krystian		98	SMS Galicja Kraków				<b>5:26.05</b>				
	<i>O4 - przedwczesny start (Czas: 17:45)</i>											
	50m:	33.65	33.65	150m:	1:55.98	43.09	250m:	3:23.93	47.21	350m:	4:49.15	37.57
	100m:	1:12.89	39.24	200m:	2:36.72	40.74	300m:	4:11.58	47.65	400m:	5:26.05	36.90
DYSKW.	Staniszewski Michał		98	SMS Galicja Kraków				<b>5:47.52</b>				
	<i>Z2 - uko czenie poszczególnych odcinków niezgodnie z przepisami o danym stylu (Czas: 17:31)</i>											
	50m:	37.47	37.47	150m:	2:10.50	48.41	250m:	3:42.56	46.08	350m:	5:09.52	40.09
	100m:	1:22.09	44.62	200m:	2:56.48	45.98	300m:	4:29.43	46.87	400m:	5:47.52	38.00