

Konkurencja 11  
22/12/2012 - 12:12

Kobiet, 400m dowolny

12 lat i starsi  
Wyniki

Punkty: FINA 2012

Pozycja	Rok ur.	Czas	Pkt.
<b>16 lat i starsi</b>			
1. Lewandowska Paulina SO	96	Unia O wi cim	<b>4:31.10</b> 650
50m: 31.45 31.45	150m: 1:40.49 34.70	250m: 2:49.53 34.37	350m: 3:58.56 34.69
100m: 1:05.79 34.34	200m: 2:15.16 34.67	300m: 3:23.87 34.34	400m: 4:31.10 32.54
2. Szczyrbak Kornelia SO	96	Jordan Kraków	<b>4:34.93</b> 623
50m: 31.51 31.51	150m: 1:40.19 34.60	250m: 2:49.64 34.64	350m: 3:59.45 35.19
100m: 1:05.59 34.08	200m: 2:15.00 34.81	300m: 3:24.26 34.62	400m: 4:34.93 35.48
3. Szkrobocz Martyna	95	UKP Ruda I ska	<b>4:48.26</b> 541
50m: 32.60 32.60	150m: 1:44.48 36.17	250m: 2:57.96 36.80	350m: 4:12.30 37.19
100m: 1:08.31 35.71	200m: 2:21.16 36.68	300m: 3:35.11 37.15	400m: 4:48.26 35.96
4. Kisiel Monika SR	96	AZS AWF Katowice	<b>4:52.44</b> 518
50m: 32.38 32.38	150m: 1:43.15 36.02	250m: 2:57.13 37.53	350m: 4:13.91 38.62
100m: 1:07.13 34.75	200m: 2:19.60 36.45	300m: 3:35.29 38.16	400m: 4:52.44 38.53
5. Rogowska Natalia	96	Jasie Sucha Beskidzka	<b>4:52.70</b> 517
50m: 33.32 33.32	150m: 1:46.78 37.18	250m: 3:02.04 37.43	350m: 4:17.30 37.73
100m: 1:09.60 36.28	200m: 2:24.61 37.83	300m: 3:39.57 37.53	400m: 4:52.70 35.40
6. Kwiatkowska Kaja	96	Korona Kraków	<b>4:57.50</b> 492
50m: 33.79 33.79	150m: 1:47.70 37.37	250m: 3:03.73 38.07	350m: 4:20.76 38.65
100m: 1:10.33 36.54	200m: 2:25.66 37.96	300m: 3:42.11 38.38	400m: 4:57.50 36.74
7. Zadro na Karolina	92	Korona Kraków	<b>5:06.49</b> 450
50m: 33.89 33.89	150m: 1:49.57 38.41	250m: 3:07.99 39.37	350m: 4:28.52 40.65
100m: 1:11.16 37.27	200m: 2:28.62 39.05	300m: 3:47.87 39.88	400m: 5:06.49 37.97
<b>15 lat</b>			
1. Kubacka Magdalena SO	97	Unia O wi cim	<b>4:44.15</b> 565
50m: 31.73 31.73	150m: 1:41.12 35.28	250m: 2:53.08 36.16	350m: 4:07.30 37.28
100m: 1:05.84 34.11	200m: 2:16.92 35.80	300m: 3:30.02 36.94	400m: 4:44.15 36.85
2. Sikora Aleksandra	97	Jasie Sucha Beskidzka	<b>4:56.23</b> 498
50m: 32.86 32.86	150m: 1:47.99 38.34	250m: 3:43.73 38.29	350m:
100m: 1:09.65 36.79	200m: 3:05.44 1:17.45	300m: 4:20.93 37.20	400m: 4:56.23
3. Maniarska Wiktoria So	97	Unia O wi cim	<b>6:12.24</b> 251
50m: 37.49 37.49	150m: 2:08.07 46.66	250m: 3:45.93 50.10	350m: 5:24.39 49.55
100m: 1:21.41 43.92	200m: 2:55.83 47.76	300m: 4:34.84 48.91	400m: 6:12.24 47.85
<b>14 lat</b>			
1. Kwiatek Miriam	98	Gilus Gilowice	<b>4:39.62</b> 593
50m: 32.13 32.13	150m: 1:41.56 35.02	250m: 2:52.97 35.94	350m: 4:04.95 36.03
100m: 1:06.54 34.41	200m: 2:17.03 35.47	300m: 3:28.92 35.95	400m: 4:39.62 34.67
2. Gruca Marcelina SO	98	Unia O wi cim	<b>4:41.04</b> 584
50m: 1:07.98 1:07.98	150m: 4:07.89 1:47.64	250m:	350m:
100m: 2:20.25 1:12.27	200m:	300m:	400m: 4:41.04
3. Haspert Dorota SO	98	Unia O wi cim	<b>4:47.77</b> 544
50m: 32.44 32.44	150m: 1:44.78 36.74	250m: 2:58.68 37.23	350m: 4:13.10 37.16
100m: 1:08.04 35.60	200m: 2:21.45 36.67	300m: 3:35.94 37.26	400m: 4:47.77 34.67
4. Trzeja Marta	98	Huragan Sosnowiec	<b>5:12.51</b> 424
50m: 35.98 35.98	150m: 1:55.54 39.92	250m: 3:15.27 39.77	350m: 4:34.53 39.51
100m: 1:15.62 39.64	200m: 2:35.50 39.96	300m: 3:55.02 39.75	400m: 5:12.51 37.98

Konkurencja 11, Kobiet, 400m dowolny

13 lat

1.	liwowska Katarzyna So	99	Unia O wi cim	<b>4:51.37</b>	524
	50m: 33.61 33.61	150m: 1:47.51 37.16	250m: 3:02.27 37.56	350m: 4:16.54 36.97	
	100m: 1:10.35 36.74	200m: 2:24.71 37.20	300m: 3:39.57 37.30	400m: 4:51.37 34.83	
2.	Boche ska Wiktoria So	99	Unia O wi cim	<b>4:57.19</b>	493
	50m: 33.43 33.43	150m: 2:27.82 1:17.02	250m: 3:43.85 38.22	350m:	
	100m: 1:10.80 37.37	200m: 3:05.63 37.81	300m: 4:21.45 37.60	400m: 4:57.19	
3.	Ku Natalia So	99	Unia O wi cim	<b>5:03.57</b>	463
	50m: 33.66 33.66	150m: 1:49.89 38.67	250m: 3:07.63 38.89	350m: 4:26.44 39.07	
	100m: 1:11.22 37.56	200m: 2:28.74 38.85	300m: 3:47.37 39.74	400m: 5:03.57 37.13	
4.	Janecka Zuzanna	99	CSiR MOS D browa Grn.	<b>5:04.84</b>	457
	50m: 33.51 33.51	150m: 1:48.74 38.64	250m: 3:08.75 40.19	350m: 4:28.35 39.55	
	100m: 1:10.10 36.59	200m: 2:28.56 39.82	300m: 3:48.80 40.05	400m: 5:04.84 36.49	
5.	Góralczyk Anna So	99	Unia O wi cim	<b>5:04.87</b>	457
	50m: 34.73 34.73	150m: 1:51.86 38.48	250m: 3:09.82 38.98	350m: 4:27.68 38.81	
	100m: 1:13.38 38.65	200m: 2:30.84 38.98	300m: 3:48.87 39.05	400m: 5:04.87 37.19	
6.	Sikora Adrianna	99	SMS Galicja Kraków	<b>5:08.14</b>	443
	50m: 36.09 36.09	150m: 1:53.76 39.31	250m: 3:12.21 38.77	350m: 4:30.66 39.25	
	100m: 1:14.45 38.36	200m: 2:33.44 39.68	300m: 3:51.41 39.20	400m: 5:08.14 37.48	
7.	Palka Maria So	99	Unia O wi cim	<b>5:08.44</b>	441
	50m: 35.31 35.31	150m: 1:53.82 39.60	250m: 3:13.14 39.72	350m: 4:31.10 38.57	
	100m: 1:14.22 38.91	200m: 2:33.42 39.60	300m: 3:52.53 39.39	400m: 5:08.44 37.34	
8.	Lipiarska Zofia	99	Kmity Zabierzów	<b>5:15.21</b>	413
	50m: 35.46 35.46	150m: 1:54.69 40.04	250m: 3:15.40 40.56	350m: 4:35.94 40.16	
	100m: 1:14.65 39.19	200m: 2:34.84 40.15	300m: 3:55.78 40.38	400m: 5:15.21 39.27	
9.	Grela Karolina	99	Kmity Zabierzów	<b>5:16.82</b>	407
	50m: 35.49 35.49	150m: 1:55.79 40.58	250m: 3:19.20 41.94	350m: 4:39.54 39.72	
	100m: 1:15.21 39.72	200m: 2:37.26 41.47	300m: 3:59.82 40.62	400m: 5:16.82 37.28	
10.	Dybowska Anna	99	SMS Galicja Kraków	<b>5:20.04</b>	395
	50m: 37.55 37.55	150m: 1:59.50 41.19	250m: 3:21.11 40.63	350m: 4:42.03 39.84	
	100m: 1:18.31 40.76	200m: 2:40.48 40.98	300m: 4:02.19 41.08	400m: 5:20.04 38.01	

12 lat

1.	Podle ny Emilia	00	Kmity Zabierzów	<b>5:19.00</b>	399
	50m: 36.03 36.03	150m: 1:57.29 40.71	250m: 3:19.71 41.13	350m:	
	100m: 1:16.58 40.55	200m: 2:38.58 41.29	300m: 3:59.41 39.70	400m: 5:19.00	
2.	Gluzi ska Paulina	00	UKP Ruda I ska	<b>5:30.38</b>	359
	50m: 36.88 36.88	150m: 2:00.84 42.52	250m: 3:26.11 42.69	350m: 4:50.43 41.79	
	100m: 1:18.32 41.44	200m: 2:43.42 42.58	300m: 4:08.64 42.53	400m: 5:30.38 39.95	
3.	Skowron Aleksandra	00	Karol Wadowice	<b>6:07.12</b>	262
	50m: 39.00 39.00	150m: 2:10.06 46.70	250m: 3:43.32 47.30	350m: 5:19.11 47.97	
	100m: 1:23.36 44.36	200m: 2:56.02 45.96	300m: 4:31.14 47.82	400m: 6:07.12 48.01	