



Mistrzostwa Polski Juniorów 17-18-lat
Kraków, 8/ - 10/3/2013



Konkurencja 19
9/3/2013 - 17:46

Kobiet, 400m dowolny

17 - 18 lat
Wyniki Finał

Top Times "Poland" 17	4:08.41	Kilija ska Donata	00612	Ostrowiec Sw.	21/12/2012
Top Times "Poland" 18	4:10.96	Gawęłczyk Dominika	00611	Gorzow Wielkopolski	28/11/2009

Punkty: FINA 2012

Pozycja		Rok ur.					Czas	Pkt.
Finał A								
1.	Kilija ska Donata SSz	95	KSZO Ostrowiec w.				4:10.85	821
	50m: 29.70 29.70	150m: 1:34.03	32.33	250m: 2:37.70	31.72	350m: 3:40.00		31.04
	100m: 1:01.70 32.00	200m: 2:05.98	31.95	300m: 3:08.96	31.26	400m: 4:10.85		30.85
2.	Burska Justyna	95	Pi tka Konstanyńów Łódzki				4:11.71	812
	50m: 30.06 30.06	150m: 1:34.28	32.26	250m: 2:37.90	31.54	350m: 3:40.50		31.10
	100m: 1:02.02 31.96	200m: 2:06.36	32.08	300m: 3:09.40	31.50	400m: 4:11.71		31.21
3.	Sokołowska Diana SK	96	Juvenia Białystok				4:14.75	784
	50m: 30.00 30.00	150m: 1:34.70	32.24	250m: 2:38.94	31.93	350m: 3:43.24		32.21
	100m: 1:02.46 32.46	200m: 2:07.01	32.31	300m: 3:11.03	32.09	400m: 4:14.75		31.51
4.	Kunka Kamila SO	96	Unia O wi cim				4:18.38	751
	50m: 30.28 30.28	150m: 1:35.79	33.07	250m: 2:41.45	32.67	350m: 3:46.97		32.63
	100m: 1:02.72 32.44	200m: 2:08.78	32.99	300m: 3:14.34	32.89	400m: 4:18.38		31.41
5.	Kasperk Katarzyna SSZ	96	MKP Szczecin				4:22.13	719
	50m: 30.20 30.20	150m: 1:36.31	33.38	250m: 2:43.02	33.46	350m: 3:50.11		33.21
	100m: 1:02.93 32.73	200m: 2:09.56	33.25	300m: 3:16.90	33.88	400m: 4:22.13		32.02
6.	Rudawska Adrianna	96	Olimpijczyk 23 Lublin				4:24.05	704
	50m: 30.31 30.31	150m: 1:37.06	33.50	250m: 2:44.60	34.04	350m: 3:51.90		33.65
	100m: 1:03.56 33.25	200m: 2:10.56	33.50	300m: 3:18.25	33.65	400m: 4:24.05		32.15
7.	Szczytko Alicja	95	Olimpijczyk Suwałki				4:24.41	701
	50m: 30.09 30.09	150m: 1:36.15	33.42	250m: 2:43.45	33.71	350m: 3:51.49		34.06
	100m: 1:02.73 32.64	200m: 2:09.74	33.59	300m: 3:17.43	33.98	400m: 4:24.41		32.92
8.	Wołoszyn Sonia SOST	95	KSZO Ostrowiec w.				4:30.70	653
	50m: 30.64 30.64	150m: 1:37.29	33.72	250m: 2:46.56	34.84	350m: 3:56.67		34.97
	100m: 1:03.57 32.93	200m: 2:11.72	34.43	300m: 3:21.70	35.14	400m: 4:30.70		34.03
Finał B								
9.	Zygo Karolina	96	Olimpia Lublin				4:25.69	691
	50m: 31.44 31.44	150m: 1:37.50	33.34	250m: 2:44.33	33.29	350m: 3:52.49		34.25
	100m: 1:04.16 32.72	200m: 2:11.04	33.54	300m: 3:18.24	33.91	400m: 4:25.69		33.20
10.	Halagiera Joanna	96	Słowianka Gorzów Wlkp				4:27.62	676
	50m: 31.48 31.48	150m: 1:39.44	33.55	250m: 2:47.31	33.87	350m: 3:55.48		33.92
	100m: 1:05.89 34.41	200m: 2:13.44	34.00	300m: 3:21.56	34.25	400m: 4:27.62		32.14
11.	Popiel Joanna	96	G-8 Bielany Warszawa				4:27.83	674
	50m: 31.56 31.56	150m: 1:39.02	33.31	250m: 2:47.25	33.96	350m: 3:54.93		33.68
	100m: 1:05.71 34.15	200m: 2:13.29	34.27	300m: 3:21.25	34.00	400m: 4:27.83		32.90
12.	Lewandowska Paulina SO	96	Unia O wi cim				4:28.47	669
	50m: 30.40 30.40	150m: 1:37.92	33.96	250m: 2:46.42	34.26	350m: 3:55.68		34.56
	100m: 1:03.96 33.56	200m: 2:12.16	34.24	300m: 3:21.12	34.70	400m: 4:28.47		32.79
13.	Dziewa Aleksandra	96	Lider Chełm				4:32.73	639
	50m: 30.76 30.76	150m: 1:38.78	34.22	250m: 2:48.58	35.06	350m: 3:59.19		35.33
	100m: 1:04.56 33.80	200m: 2:13.52	34.74	300m: 3:23.86	35.28	400m: 4:32.73		33.54
14.	Szyma ska Monika	96	Omega Kleszczów				4:33.17	636
	50m: 31.11 31.11	150m: 1:39.11	34.16	250m: 2:48.19	34.71	350m: 3:58.43		35.06
	100m: 1:04.95 33.84	200m: 2:13.48	34.37	300m: 3:23.37	35.18	400m: 4:33.17		34.74
15.	Bakuniak Hanna	96	15 Aqua Bydgoszcz				4:36.83	611
	50m: 31.56 31.56	150m: 1:40.16	34.28	250m: 2:51.17	35.66	350m: 4:03.20		36.06
	100m: 1:05.88 34.32	200m: 2:15.51	35.35	300m: 3:27.14	35.97	400m: 4:36.83		33.63



Mistrzostwa Polski Juniorów 17-18-lat
Kraków, 8/ - 10/3/2013



Konkurencja 19, Kobiet, 400m dowolny, Finał, 17 - 18 lat

Pozycja	Rok ur.						Czas	Pkt.
16. Szmit Dominika	95 Kormoran Olsztyn						4:40.55	587
50m: 31.56	31.56	150m: 1:41.43	35.02	250m: 2:53.15	35.84	350m: 4:05.49	35.39	
100m: 1:06.41	34.85	200m: 2:17.31	35.88	300m: 3:30.10	36.95	400m: 4:40.55	35.06	