



Grand Prix Puchar Polski
O wi cim, 27/ - 28/4/2013



Event 31
28/4/2013 - 11:43

Women, 400m Freestyle

14 years and older
Results

Points: FINA 2012

Rank	YB	Time	Pts	100m	200m	300m	400m
1. Burska Justyna	95 Piatka Konstantynow L.	4:19.73	780	1:04.89	1:06.63	1:05.04	1:03.17
	50m:	150m:	250m:	350m:			
	100m: 1:04.89	200m: 2:11.52	300m: 3:16.56	400m: 4:19.73			
2. Zachoszcz Joanna	93 AZS UWM Olsztyn	4:20.20	776		1:05.10	1:03.79	
	50m:	150m:	250m:	350m:			
	100m:	200m: 2:11.31	300m: 3:16.41	400m: 4:20.20			
3. Wasilewska Barbara	94 Omega Kleszczow	4:24.33	740	1:04.94	1:07.50	1:06.47	1:05.42
	50m:	150m:	250m:	350m:			
	100m: 1:04.94	200m: 2:12.44	300m: 3:18.91	400m: 4:24.33			
4. Czerniak Monika	92 AZS UWM Olsztyn	4:26.02	726	1:04.62	1:07.79	1:07.10	1:06.51
	50m:	150m:	250m:	350m:			
	100m: 1:04.62	200m: 2:12.41	300m: 3:19.51	400m: 4:26.02			
5. Bernat Aleksandra	90 Warta Poznan	4:28.15	709	1:04.75	1:07.56	1:08.57	1:07.27
	50m:	150m:	250m:	350m:			
	100m: 1:04.75	200m: 2:12.31	300m: 3:20.88	400m: 4:28.15			
6. Wikel Manuela	92 AZS UWM Olsztyn	4:28.68	705	1:06.11	1:07.66	1:07.42	1:07.49
	50m:	150m:	250m:	350m:			
	100m: 1:06.11	200m: 2:13.77	300m: 3:21.19	400m: 4:28.68			
7. Karpisz Milena	97 Piatka Konstantynow L.	4:32.77	673	1:05.59	1:08.38	1:09.56	1:09.24
	50m:	150m:	250m:	350m:			
	100m: 1:05.59	200m: 2:13.97	300m: 3:23.53	400m: 4:32.77			
8. Kunka Kamila SO	96 Unia Oswiecim	4:33.43	669	1:06.42	1:10.83	1:09.80	1:06.38
	50m:	150m:	250m:	350m:			
	100m: 1:06.42	200m: 2:17.25	300m: 3:27.05	400m: 4:33.43			
9. Nienaltowska Natalia	96 Polonia Warszawa	4:34.51	661	1:06.76	1:09.74	1:09.80	1:08.21
	50m:	150m:	250m:	350m:			
	100m: 1:06.76	200m: 2:16.50	300m: 3:26.30	400m: 4:34.51			
10. Orczykowska Wioletta SK	97 Limanowa-swim	4:36.12	649	1:07.22	1:10.57	1:10.85	1:07.48
	50m:	150m:	250m:	350m:			
	100m: 1:07.22	200m: 2:17.79	300m: 3:28.64	400m: 4:36.12			
11. Ulatowska Alicja	96 Unia Oswiecim	4:36.58	646	1:05.23	1:10.03		
	50m:	150m:	250m:	350m:			
	100m: 1:05.23	200m: 2:15.26	300m:	400m: 4:36.58			
12. Piechota Paulina	99 UKS 190 Lodz	4:36.82	644	1:06.71	1:10.72	1:10.15	1:09.24
	50m:	150m:	250m:	350m:			
	100m: 1:06.71	200m: 2:17.43	300m: 3:27.58	400m: 4:36.82			
13. Zbrojewska Michalina	96 Piatka Konstantynow L.	4:36.95	643	1:07.29	1:09.74	1:10.78	1:09.14
	50m:	150m:	250m:	350m:			
	100m: 1:07.29	200m: 2:17.03	300m: 3:27.81	400m: 4:36.95			
14. Rudawska Adrianna	96 Olimpijczyk 23 Lublin	4:37.10	642	1:06.65	1:10.05	1:10.40	1:10.00
	50m:	150m:	250m:	350m:			
	100m: 1:06.65	200m: 2:16.70	300m: 3:27.10	400m: 4:37.10			
15. Bartoszek Joanna	96 AZS AWF Katowice	4:39.71	625	1:07.94	1:11.36	1:09.78	1:10.63
	50m:	150m:	250m:	350m:			
	100m: 1:07.94	200m: 2:19.30	300m: 3:29.08	400m: 4:39.71			
16. Nita Anna	97 Piatka Konstantynow L.	4:40.75	618	1:06.99	1:11.75	1:11.80	1:10.21
	50m:	150m:	250m:	350m:			
	100m: 1:06.99	200m: 2:18.74	300m: 3:30.54	400m: 4:40.75			
17. Sedlak Katarzyna	94 Orka Zamosc	4:42.35	607	1:07.70	1:11.30	1:11.98	1:11.37
	50m:	150m:	250m:	350m:			
	100m: 1:07.70	200m: 2:19.00	300m: 3:30.98	400m: 4:42.35			
18. Jankowska Klaudia	98 GIM 92 Ursynow	4:43.41	600	1:08.16	1:12.77	1:12.46	1:10.02
	50m:	150m:	250m:	350m:			
	100m: 1:08.16	200m: 2:20.93	300m: 3:33.39	400m: 4:43.41			
19. Lewandowska Paulina SO	96 Unia Oswiecim	4:45.15	589	1:10.16	1:12.53	1:12.63	1:09.83
	50m:	150m:	250m:	350m:			
	100m: 1:10.16	200m: 2:22.69	300m: 3:35.32	400m: 4:45.15			



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Event 31, Women, 400m Freestyle, 14 years and older

Rank	YB	Time	Pts	100m	200m	300m	400m		
20.	Szymanska Monika	96	Omega Kleszczow	4:45.69	586	1:08.56	1:12.47	1:12.65	1:12.01
	50m:	150m:	250m:	350m:					
	100m: 1:08.56	200m: 2:21.03	300m: 3:33.68	400m: 4:45.69					
21.	Bajorska Dorota SO	94	Unia Oswiecim	4:45.81	585	1:08.17	1:12.03	1:12.97	1:12.64
	50m:	150m:	250m:	350m:					
	100m: 1:08.17	200m: 2:20.20	300m: 3:33.17	400m: 4:45.81					
22.	Cwiekala Olga SO	96	Unia Oswiecim	4:47.26	577	1:08.71	1:12.93	1:13.25	1:12.37
	50m:	150m:	250m:	350m:					
	100m: 1:08.71	200m: 2:21.64	300m: 3:34.89	400m: 4:47.26					
23.	Kondrasiuk Malgorzata	98	GIM 92 Ursynow	4:48.37	570	1:08.97	1:12.28	1:13.68	1:13.44
	50m:	150m:	250m:	350m:					
	100m: 1:08.97	200m: 2:21.25	300m: 3:34.93	400m: 4:48.37					
24.	Nieszporek Wiktoria	99	UKS 190 Lodz	4:49.90	561	1:10.30	1:13.31	1:14.05	1:12.24
	50m:	150m:	250m:	350m:					
	100m: 1:10.30	200m: 2:23.61	300m: 3:37.66	400m: 4:49.90					
25.	Pankowska Wiktoria SO	98	Unia Oswiecim	4:50.19	559	1:10.00	1:13.74	1:13.72	1:12.73
	50m:	150m:	250m:	350m:					
	100m: 1:10.00	200m: 2:23.74	300m: 3:37.46	400m: 4:50.19					
26.	Haspert Dorota SO	98	Unia Oswiecim	4:50.24	559	1:09.61	1:14.24	1:14.15	1:12.24
	50m:	150m:	250m:	350m:					
	100m: 1:09.61	200m: 2:23.85	300m: 3:38.00	400m: 4:50.24					
27.	Szynal Ludwika	94	Skarpa Lublin	4:50.34	558	1:09.00	1:13.22	1:13.31	1:14.81
	50m:	150m:	250m:	350m:					
	100m: 1:09.00	200m: 2:22.22	300m: 3:35.53	400m: 4:50.34					
28.	Szczyrbak Kornelia SO	96	Jordan Krakow	4:50.67	556	1:09.56	1:14.48	1:13.74	1:12.89
	50m:	150m:	250m:	350m:					
	100m: 1:09.56	200m: 2:24.04	300m: 3:37.78	400m: 4:50.67					
29.	Skwarska Karolina	99	MZOS Plock	4:50.68	556	1:09.41	1:14.75	1:14.49	1:12.03
	50m:	150m:	250m:	350m:					
	100m: 1:09.41	200m: 2:24.16	300m: 3:38.65	400m: 4:50.68					
30.	Aleksandrowicz Arleta	96	Olimpijczyk Suwalki	4:51.90	549	1:09.63	1:13.68	1:14.35	1:14.24
	50m:	150m:	250m:	350m:					
	100m: 1:09.63	200m: 2:23.31	300m: 3:37.66	400m: 4:51.90					
31.	Bernat Gabriela	99	Skarpa Lublin	4:52.69	545	1:10.40	1:14.97	1:15.10	1:12.22
	50m:	150m:	250m:	350m:					
	100m: 1:10.40	200m: 2:25.37	300m: 3:40.47	400m: 4:52.69					
32.	Rzonca Patrycja	99	Piatka Konstantynow L.	4:52.91	544	1:08.41	1:16.22	1:14.83	1:13.45
	50m:	150m:	250m:	350m:					
	100m: 1:08.41	200m: 2:24.63	300m: 3:39.46	400m: 4:52.91					
33.	Ilcewicz Edyta	96	Victoria Jozefow	4:53.62	540	1:09.72	1:15.11	1:15.98	1:12.81
	50m:	150m:	250m:	350m:					
	100m: 1:09.72	200m: 2:24.83	300m: 3:40.81	400m: 4:53.62					
34.	Pokrywka Karolina	98	UKS 190 Lodz	4:54.68	534	1:10.65	1:14.59	1:15.21	1:14.23
	50m:	150m:	250m:	350m:					
	100m: 1:10.65	200m: 2:25.24	300m: 3:40.45	400m: 4:54.68					
35.	Stasinowska Katarzyna	94	Trojka Lodz	4:55.19	531	1:11.12	1:16.37	1:16.30	1:11.40
	50m:	150m:	250m:	350m:					
	100m: 1:11.12	200m: 2:27.49	300m: 3:43.79	400m: 4:55.19					
36.	Wlodarczyk Ewelina	96	Trojka Lodz	4:55.22	531	1:10.35	1:16.05	1:15.69	1:13.13
	50m:	150m:	250m:	350m:					
	100m: 1:10.35	200m: 2:26.40	300m: 3:42.09	400m: 4:55.22					
37.	Kurowska Wanda	98	SMS Galicja Krakow	4:55.42	530	1:12.56	1:16.42	1:14.66	1:11.78
	50m:	150m:	250m:	350m:					
	100m: 1:12.56	200m: 2:28.98	300m: 3:43.64	400m: 4:55.42					
38.	Szczytko Natalia	95	Olimpijczyk Suwalki	4:55.47	530	1:08.00	1:14.86	1:15.99	1:16.62
	50m:	150m:	250m:	350m:					
	100m: 1:08.00	200m: 2:22.86	300m: 3:38.85	400m: 4:55.47					
39.	Krol Oliwia	99	Trojka Lodz	4:55.78	528	1:11.45	1:16.62	1:15.30	1:12.41
	50m:	150m:	250m:	350m:					
	100m: 1:11.45	200m: 2:28.07	300m: 3:43.37	400m: 4:55.78					

Event 31, Women, 400m Freestyle, 14 years and older

Rank	YB	Time	Pts	100m	200m	300m	400m
40.	Gruszczynska Aleksandra S98 Unia Oswiecim	4:56.16	526	1:09.03	1:15.30	1:16.09	1:15.74
	50m: 100m: 1:09.03	150m: 200m: 2:24.33	250m: 300m: 3:40.42	350m: 400m: 4:56.16			
41.	Adamowicz Maja 96 Jagiellonka Warszawa	4:56.50	524	1:10.17	1:15.87	1:15.92	1:14.54
	50m: 100m: 1:10.17	150m: 200m: 2:26.04	250m: 300m: 3:41.96	350m: 400m: 4:56.50			
42.	Leszczynska Klaudia Julia 99 Fala Niepolomice	4:57.24	520	1:10.80	1:16.24	1:16.25	1:13.95
	50m: 100m: 1:10.80	150m: 200m: 2:27.04	250m: 300m: 3:43.29	350m: 400m: 4:57.24			
43.	Zrobek Natalia 99 UKS 190 Lodz	4:59.21	510	1:11.30	1:16.43	1:15.68	1:15.80
	50m: 100m: 1:11.30	150m: 200m: 2:27.73	250m: 300m: 3:43.41	350m: 400m: 4:59.21			
44.	Bochenska Wiktoria SO 99 Unia Oswiecim	4:59.49	509	2:28.63	1:17.09		
	50m: 100m: 2:28.63	150m: 200m: 3:45.72	250m: 300m:	350m: 400m: 4:59.49			
45.	Gasin Nadia 98 Ikar Mielec	5:00.58	503	1:11.52	1:16.73	1:17.15	1:15.18
	50m: 100m: 1:11.52	150m: 200m: 2:28.25	250m: 300m: 3:45.40	350m: 400m: 5:00.58			
46.	Hasny Marta SR 98 Zryw Opole	5:01.91	497	1:11.63	1:18.30	1:17.95	1:14.03
	50m: 100m: 1:11.63	150m: 200m: 2:29.93	250m: 300m: 3:47.88	350m: 400m: 5:01.91			
47.	Redner Sandra 99 Trojka Lodz	5:02.26	495	1:12.42	1:17.86	1:17.56	1:14.42
	50m: 100m: 1:12.42	150m: 200m: 2:30.28	250m: 300m: 3:47.84	350m: 400m: 5:02.26			
48.	Osmulska Adriana 98 Skarpa Lublin	5:03.30	490	1:13.87	1:18.24	1:16.63	1:14.56
	50m: 100m: 1:13.87	150m: 200m: 2:32.11	250m: 300m: 3:48.74	350m: 400m: 5:03.30			
49.	Gruca Marcelina SO 98 Unia Oswiecim	5:03.58	488	1:10.11	1:16.82	1:19.57	1:17.08
	50m: 100m: 1:10.11	150m: 200m: 2:26.93	250m: 300m: 3:46.50	350m: 400m: 5:03.58			
50.	Bazylo Joanna 99 Jagiellonka Warszawa	5:05.19	481	1:11.60	1:20.13	1:18.29	1:15.17
	50m: 100m: 1:11.60	150m: 200m: 2:31.73	250m: 300m: 3:50.02	350m: 400m: 5:05.19			
51.	Szkrobocz Martyna 95 UKP Ruda Slaska	5:07.97	468	1:11.82	1:17.71	1:19.49	1:18.95
	50m: 100m: 1:11.82	150m: 200m: 2:29.53	250m: 300m: 3:49.02	350m: 400m: 5:07.97			
52.	Kaplon Aleksandra 99 Orka Zamosc	5:09.34	462	1:09.55	1:17.66	1:22.29	1:19.84
	50m: 100m: 1:09.55	150m: 200m: 2:27.21	250m: 300m: 3:49.50	350m: 400m: 5:09.34			
53.	Dudek Sylwia 99 GIM 92 Ursynow	5:09.81	459	1:10.98	1:19.76	1:20.86	1:18.21
	50m: 100m: 1:10.98	150m: 200m: 2:30.74	250m: 300m: 3:51.60	350m: 400m: 5:09.81			
54.	Staros Sandra 99 Victoria Jozefow	5:09.88	459	1:12.76	1:18.63		
	50m: 100m: 1:12.76	150m: 200m: 2:31.39	250m: 300m:	350m: 400m: 5:09.88			
55.	Kolber Roksana SO 98 Unia Oswiecim	5:11.31	453	1:13.72	1:18.79	1:20.11	1:18.69
	50m: 100m: 1:13.72	150m: 200m: 2:32.51	250m: 300m: 3:52.62	350m: 400m: 5:11.31			
56.	Pabian Agnieszka 96 Korona Krakow	5:11.83	451	1:14.80	1:20.07	1:18.92	1:18.04
	50m: 100m: 1:14.80	150m: 200m: 2:34.87	250m: 300m: 3:53.79	350m: 400m: 5:11.83			
57.	Pyrlik Paulina 99 CKiS Skawina	5:19.59	419	1:12.99	1:21.29	1:23.53	1:21.78
	50m: 100m: 1:12.99	150m: 200m: 2:34.28	250m: 300m: 3:57.81	350m: 400m: 5:19.59			
58.	Krolewicz Konstancja 98 Ikar Mielec	5:20.53	415	1:13.28	1:22.28	1:24.48	1:20.49
	50m: 100m: 1:13.28	150m: 200m: 2:35.56	250m: 300m: 4:00.04	350m: 400m: 5:20.53			
59.	Pereira-Mojsa Monika 99 Jagiellonka Warszawa	5:26.96	391	1:15.55	1:24.40	1:25.62	1:21.39
	50m: 100m: 1:15.55	150m: 200m: 2:39.95	250m: 300m: 4:05.57	350m: 400m: 5:26.96			