

Konkurencja 9  
2013-10-19 - 16:22

Kobiet, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.	
<b>16 lat i starsi</b>										
1.	Radli ska Marcelina		93	AZS AGH Kraków				<b>4:52.20</b>	712	
	50m:	30.45 30.45	150m:	1:43.27	37.81	250m:	3:02.77	41.13	350m:	4:18.30 33.88
	100m:	1:05.46 35.01	200m:	2:21.64	38.37	300m:	3:44.42	41.65	400m:	4:52.20 33.90
2.	Kunka Kamila SO		96	Unia O wi cim				<b>4:57.14</b>	678	
	50m:	32.30 32.30	150m:	1:46.38	36.67	250m:	3:06.03	43.15	350m:	4:24.32 34.57
	100m:	1:09.71 37.41	200m:	2:22.88	36.50	300m:	3:49.75	43.72	400m:	4:57.14 32.82
3.	Kozłowska Anna		96	Pi tnastka Bydgoszcz				<b>5:01.12</b>	651	
	50m:	31.37 31.37	150m:	1:45.89	38.47	250m:	3:06.84	43.96	350m:	4:27.67 36.30
	100m:	1:07.42 36.05	200m:	2:22.88	36.99	300m:	3:51.37	44.53	400m:	5:01.12 33.45
4.	Ulatowska Alicja		96	Unia O wi cim				<b>5:02.59</b>	642	
	50m:	32.94 32.94	150m:	1:50.14	39.21	250m:	3:11.93	42.81	350m:	4:29.69 34.44
	100m:	1:10.93 37.99	200m:	2:29.12	38.98	300m:	3:55.25	43.32	400m:	5:02.59 32.90
5.	Uryga Paulina		95	Korona Kraków				<b>5:07.15</b>	613	
	50m:	33.43 33.43	150m:	1:49.59	37.62	250m:	3:09.54	43.32	350m:	4:30.47 37.55
	100m:	1:11.97 38.54	200m:	2:26.22	36.63	300m:	3:52.92	43.38	400m:	5:07.15 36.68
6.	Pawlaczek Natalia		93	AZS AGH Kraków				<b>5:14.54</b>	571	
	50m:	32.43 32.43	150m:	1:51.92	42.16	250m:	3:17.64	46.04	350m:	4:40.60 36.26
	100m:	1:09.76 37.33	200m:	2:31.60	39.68	300m:	4:04.34	46.70	400m:	5:14.54 33.94
7.	Porzelska Anna		95	SMS Kraków				<b>5:16.02</b>	563	
	50m:	32.50 32.50	150m:	1:49.04	39.73	250m:	3:14.79	46.14	350m:	4:39.05 37.68
	100m:	1:09.31 36.81	200m:	2:28.65	39.61	300m:	4:01.37	46.58	400m:	5:16.02 36.97
8.	Sirignano Luigia		96	Jordan Kraków				<b>5:16.25</b>	562	
	50m:	32.57 32.57	150m:	1:53.96	42.05	250m:	3:19.98	44.73	350m:	4:42.23 36.33
	100m:	1:11.91 39.34	200m:	2:35.25	41.29	300m:	4:05.90	45.92	400m:	5:16.25 34.02
9.	Janiczek Joanna SO		96	Unia O wi cim				<b>5:16.33</b>	561	
	50m:	33.67 33.67	150m:	2:34.05	1:22.58	250m:	4:06.41	46.08	350m:	
	100m:	1:11.47 37.80	200m:	3:20.33	46.28	300m:			400m:	5:16.33
10.	Helbing Justyna		97	Jordan Kraków				<b>5:16.82</b>	559	
	50m:	33.96 33.96	150m:	1:55.53	42.36	250m:	3:20.58	44.60	350m:	4:41.09 36.27
	100m:	1:13.17 39.21	200m:	2:35.98	40.45	300m:	4:04.82	44.24	400m:	5:16.82 35.73
11.	Lewandowska Paulina SO		96	Unia O wi cim				<b>5:17.43</b>	556	
	50m:	37.67 37.67	150m:	2:01.06	41.05	250m:	3:25.49	45.39	350m:	
	100m:	1:20.01 42.34	200m:	2:40.10	39.04	300m:	4:10.12	44.63	400m:	5:17.43
12.	Piechocka Jagoda		90	AZS AGH Kraków				<b>5:17.94</b>	553	
	50m:	34.29 34.29	150m:	1:54.13	39.74	250m:	3:21.36	48.53	350m:	4:44.50 35.55
	100m:	1:14.39 40.10	200m:	2:32.83	38.70	300m:	4:08.95	47.59	400m:	5:17.94 33.44
13.	Szczyrbak Kornelia SO		96	Jordan Kraków				<b>5:22.27</b>	531	
	50m:	34.84 34.84	150m:	1:55.08	39.77	250m:	3:21.36	47.46	350m:	4:46.30 37.06
	100m:	1:15.31 40.47	200m:	2:33.90	38.82	300m:	4:09.24	47.88	400m:	5:22.27 35.97
14.	Michalczyk Urszula SO		97	Unia O wi cim				<b>5:22.68</b>	529	
	50m:	35.56 35.56	150m:	1:58.92	41.22	250m:	3:24.18	44.23	350m:	4:46.10 37.28
	100m:	1:17.70 42.14	200m:	2:39.95	41.03	300m:	4:08.82	44.64	400m:	5:22.68 36.58
15.	Bazyl Magdalena		97	Aquarius My lenice				<b>5:25.00</b>	518	
	50m:	35.20 35.20	150m:	2:01.71	43.65	250m:	3:26.57	41.76	350m:	4:46.71 37.87
	100m:	1:18.06 42.86	200m:	2:44.81	43.10	300m:	4:08.84	42.27	400m:	5:25.00 38.29
16.	wi kała Olga SO		96	Unia O wi cim				<b>5:25.96</b>	513	
	50m:	33.13 33.13	150m:	1:54.18	42.31	250m:	3:23.91	49.59	350m:	4:50.14 36.57
	100m:	1:11.87 38.74	200m:	2:34.32	40.14	300m:	4:13.57	49.66	400m:	5:25.96 35.82



Konkurencja 9, Kobiet, 400m zmienny, 16 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.		
17.	Pabian Agnieszka		96	Korona Kraków				<b>5:28.54</b>	501		
	50m:	35.10 35.10	150m:	1:57.48	41.09	250m:	3:26.02	48.33	350m:	4:51.63	37.82
	100m:	1:16.39 41.29	200m:	2:37.69	40.21	300m:	4:13.81	47.79	400m:	5:28.54	36.91
18.	Borkowska Lucyna		97	SMS Kraków				<b>5:48.54</b>	420		
	50m:	33.88 33.88	150m:			250m:	3:21.97	48.25	350m:	5:18.59	1:07.83
	100m:	1:13.25 39.37	200m:	2:33.72		300m:	4:10.76	48.79	400m:	5:48.54	29.95
DYSKW.	Baran Justyna SO		96	MKP Szczecin							
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:		
15 lat											
1.	Mendyk Adrianna SO		98	Wodnik Radom				<b>5:01.92</b>	646		
	50m:	32.15 32.15	150m:	1:48.06	38.06	250m:	3:09.71	43.71	350m:	4:29.40	36.08
	100m:	1:10.00 37.85	200m:	2:26.00	37.94	300m:	3:53.32	43.61	400m:	5:01.92	32.52
2.	Musioł Wiktoria SO		98	Unia O wi cim				<b>5:07.96</b>	609		
	50m:	32.40 32.40	150m:	1:47.71	38.50	250m:	3:11.78	45.54	350m:	4:33.67	36.07
	100m:	1:09.21 36.81	200m:	2:26.24	38.53	300m:	3:57.60	45.82	400m:	5:07.96	34.29
3.	Kwiatek Miriam		98	Gilus Gilowice				<b>5:12.63</b>	582		
	50m:	32.89 32.89	150m:	1:50.08	40.32	250m:	3:14.86	45.32	350m:	4:36.91	36.46
	100m:	1:09.76 36.87	200m:	2:29.54	39.46	300m:	4:00.45	45.59	400m:	5:12.63	35.72
4.	Wolny Magdalena SO		98	Unia O wi cim				<b>5:13.65</b>	576		
	50m:	32.22 32.22	150m:	1:51.08	38.69	250m:	3:15.42	45.80	350m:	4:38.40	37.27
	100m:	1:12.39 40.17	200m:	2:29.62	38.54	300m:	4:01.13	45.71	400m:	5:13.65	35.25
5.	Haspert Dorota SO		98	Unia O wi cim				<b>5:17.80</b>	554		
	50m:	34.59 34.59	150m:	1:54.58	40.28	250m:	3:19.86	45.14	350m:	4:42.82	36.90
	100m:	1:14.30 39.71	200m:	2:34.72	40.14	300m:	4:05.92	46.06	400m:	5:17.80	34.98
6.	Ma lany Katarzyna SO		98	Unia O wi cim				<b>5:19.25</b>	546		
	50m:	34.15 34.15	150m:	1:54.88	40.97	250m:	3:21.54	46.34	350m:	4:44.15	36.15
	100m:	1:13.91 39.76	200m:	2:35.20	40.32	300m:	4:08.00	46.46	400m:	5:19.25	35.10
7.	Kolber Roksana		98	Unia O wi cim				<b>5:20.40</b>	540		
	50m:	34.36 34.36	150m:	1:56.43	43.64	250m:	3:23.87	45.67	350m:	4:46.28	37.22
	100m:	1:12.79 38.43	200m:	2:38.20	41.77	300m:	4:09.06	45.19	400m:	5:20.40	34.12
8.	Kozik Anna SO		98	Unia O wi cim				<b>5:20.92</b>	538		
	50m:	33.65 33.65	150m:	1:53.19	40.49	250m:	3:20.30	47.67	350m:	4:45.92	38.01
	100m:	1:12.70 39.05	200m:	2:32.63	39.44	300m:	4:07.91	47.61	400m:	5:20.92	35.00
9.	Gruca Marcelina SO		98	Unia O wi cim				<b>5:21.47</b>	535		
	50m:	32.52 32.52	150m:	1:53.14	41.89	250m:	3:22.87	47.31	350m:		
	100m:	1:11.25 38.73	200m:	2:35.56	42.42	300m:	4:10.13	47.26	400m:	5:21.47	
10.	Mietli ska Agata		98	Gilus Gilowice				<b>5:21.53</b>	535		
	50m:	37.11 37.11	150m:	2:02.15	42.97	250m:	3:25.44	42.23	350m:	4:46.70	38.86
	100m:	1:19.18 42.07	200m:	2:43.21	41.06	300m:	4:07.84	42.40	400m:	5:21.53	34.83
11.	Rado Sonia		98	SMS Galicja Kraków				<b>5:21.87</b>	533		
	50m:	35.94 35.94	150m:	1:59.01	40.40	250m:	3:24.31	45.20	350m:	4:45.31	36.64
	100m:	1:18.61 42.67	200m:	2:39.11	40.10	300m:	4:08.67	44.36	400m:	5:21.87	36.56
12.	Pankowska Wiktoria SO		98	Unia O wi cim				<b>5:23.67</b>	524		
	50m:	34.10 34.10	150m:	1:57.00	42.69	250m:	3:25.99	46.81	350m:	4:48.91	36.16
	100m:	1:14.31 40.21	200m:	2:39.18	42.18	300m:	4:12.75	46.76	400m:	5:23.67	34.76
13.	Trojanowska Zuzanna SO		98	MMKS K dzierzyn K.				<b>5:32.04</b>	485		
	50m:	34.99 34.99	150m:	2:01.03	43.34	250m:	3:29.60	46.85	350m:	4:54.92	39.30
	100m:	1:17.69 42.70	200m:	2:42.75	41.72	300m:	4:15.62	46.02	400m:	5:32.04	37.12
14.	W tor Karolina		98	SMS Galicja Kraków				<b>5:37.74</b>	461		
	50m:	34.48 34.48	150m:	1:58.42	42.34	250m:	3:29.55	49.36	350m:	4:59.88	39.31
	100m:	1:16.08 41.60	200m:	2:40.19	41.77	300m:	4:20.57	51.02	400m:	5:37.74	37.86



Konkurencja 9, Dziewcz t, 400m zmienny, 15 lat

Pozycja			Rok ur.				Czas				Pkt.
15.	Rybak Aleksandra SO	98	Motyl MOSIR St. Wola				<b>5:38.04</b>				460
	50m: 35.40 35.40		150m: 2:00.52 43.00	250m: 3:32.33 49.31	350m: 5:01.10 39.93						
	100m: 1:17.52 42.12		200m: 2:43.02 42.50	300m: 4:21.17 48.84	400m: 5:38.04 36.94						
16.	Rugała Anna	98	Unia O wi cim				<b>5:44.18</b>				436
	50m: 36.63 36.63		150m: 2:49.12	250m: 3:35.65 46.53	350m: 5:05.51 42.18						
	100m: 1:19.84 43.21		200m: 2:49.12	300m: 4:23.33 47.68	400m: 5:44.18 38.67						
17.	N dza Adrianna	98	Korona Kraków				<b>5:45.93</b>				429
	50m: 39.13 39.13		150m: 2:10.74 46.28	250m: 3:39.71 45.32	350m: 5:06.29 41.36						
	100m: 1:24.46 45.33		200m: 2:54.39 43.65	300m: 4:24.93 45.22	400m: 5:45.93 39.64						
DYSKW.	Gruszczyska Aleksandra SO	98	Unia O wi cim								
	<i>zmiana stylu</i>		50m:	150m:	250m:	350m:					
	100m:		200m:	300m:	400m:						

14 lat

1.	Prochownik Olimpia So	99	Unia O wi cim				<b>5:09.21</b>				601
	50m: 35.35 35.35		150m: 1:56.33 41.02	250m: 3:16.35 39.41	350m: 4:34.45 37.07						
	100m: 1:15.31 39.96		200m: 2:36.94 40.61	300m: 3:57.38 41.03	400m: 5:09.21 34.76						
2.	Paj k Liliana So	99	Unia O wi cim				<b>5:10.09</b>				596
	50m: 32.91 32.91		150m: 1:50.53 39.11	250m: 3:12.67 43.83	350m: 4:34.93 37.57						
	100m: 1:11.42 38.51		200m: 2:28.84 38.31	300m: 3:57.36 44.69	400m: 5:10.09 35.16						
3.	Adamiec Dominika So	99	Unia O wi cim				<b>5:17.25</b>				557
	50m: 33.05 33.05		150m: 1:52.16 40.13	250m: 3:17.46 46.09	350m: 4:41.15 36.65						
	100m: 1:12.03 38.98		200m: 2:31.37 39.21	300m: 4:04.50 47.04	400m: 5:17.25 36.10						
4.	Leszczyska Klaudia Julia	99	Unia O wi cim				<b>5:17.88</b>				553
	50m: 33.97 33.97		150m: 1:55.71 41.62	250m: 3:21.32 45.58	350m: 4:43.20 36.67						
	100m: 1:14.09 40.12		200m: 2:35.74 40.03	300m: 4:06.53 45.21	400m: 5:17.88 34.68						
5.	liwowska Katarzyna So	99	Unia O wi cim				<b>5:25.99</b>				513
	50m: 35.96 35.96		150m: 1:57.44 38.76	250m: 3:25.34 48.73	350m: 4:50.68 36.55						
	100m: 1:18.68 42.72		200m: 2:36.61 39.17	300m: 4:14.13 48.79	400m: 5:25.99 35.31						
6.	Ku Natalia So	99	Unia O wi cim				<b>5:26.65</b>				510
	50m: 33.69 33.69		150m: 1:57.05 43.36	250m: 3:26.58 48.33	350m: 4:51.46 37.40						
	100m: 1:13.69 40.00		200m: 2:38.25 41.20	300m: 4:14.06 47.48	400m: 5:26.65 35.19						
7.	Rogowska Angelika	99	SMS Galicja Kraków				<b>5:27.14</b>				508
	50m: 35.61 35.61		150m: 1:57.91 40.77	250m: 3:27.30 48.73	350m: 4:52.22 36.51						
	100m: 1:17.14 41.53		200m: 2:38.57 40.66	300m: 4:15.71 48.41	400m: 5:27.14 34.92						
8.	Sikora Adrianna	99	SMS Galicja Kraków				<b>5:27.25</b>				507
	50m: 35.23 35.23		150m: 1:56.31 41.37	250m: 3:25.38 47.68	350m: 4:50.56 37.26						
	100m: 1:14.94 39.71		200m: 2:37.70 41.39	300m: 4:13.30 47.92	400m: 5:27.25 36.69						
9.	Palka Maria So	99	Unia O wi cim				<b>5:27.98</b>				504
	50m: 35.76 35.76		150m: 1:58.63 41.72	250m: 3:27.20 48.18	350m: 4:52.05 37.55						
	100m: 1:16.91 41.15		200m: 2:39.02 40.39	300m: 4:14.50 47.30	400m: 5:27.98 35.93						
10.	Wysmoli ska Katarzyna So	99	Unia O wi cim				<b>5:29.13</b>				498
	50m: 34.48 34.48		150m: 1:56.74 41.72	250m: 3:24.32 46.48	350m: 4:51.01 39.38						
	100m: 1:15.02 40.54		200m: 2:37.84 41.10	300m: 4:11.63 47.31	400m: 5:29.13 38.12						
11.	ukowska Natalia	99	SMS Galicja Kraków				<b>5:31.14</b>				489
	50m: 36.23 36.23		150m: 2:42.42 1:24.44	250m: 3:29.95	350m: 4:54.75 37.22						
	100m: 1:17.98 41.75		200m: 2:42.42	300m: 4:17.53 47.58	400m: 5:31.14 36.39						
12.	Nowak Marta	99	MMKS K dzierzyn K.				<b>5:31.99</b>				486
	50m: 35.01 35.01		150m: 1:59.65 43.22	250m: 3:27.35 45.60	350m: 4:54.77 41.02						
	100m: 1:16.43 41.42		200m: 2:41.75 42.10	300m: 4:13.75 46.40	400m: 5:31.99 37.22						



Konkurencja 9, Dziewcz t, 400m zmienny, 14 lat

Pozycja				Rok ur.					Czas	Pkt.
13.	Tymofejewicz Natalia So			99	Motyl MOSIR St. Wola				<b>5:36.61</b>	466
	50m: 35.81	35.81	150m: 2:02.43	44.06	250m: 3:32.86	49.01	350m: 5:00.31	38.21		
	100m: 1:18.37	42.56	200m: 2:43.85	41.42	300m: 4:22.10	49.24	400m: 5:36.61	36.30		
14.	Warjan Karolina			99	SMS Galicja Kraków				<b>5:38.14</b>	460
	50m: 37.03	37.03	150m: 2:01.23	42.80	250m: 3:31.55	49.53	350m:			
	100m: 1:18.43	41.40	200m: 2:42.02	40.79	300m: 4:21.96	50.41	400m: 5:38.14			
15.	Pyrlik Paulina			99	Unia O wi cim				<b>5:45.98</b>	429
	50m: 36.17	36.17	150m: 2:04.93	45.31	250m: 3:37.58	49.82	350m: 5:07.87	40.55		
	100m: 1:19.62	43.45	200m: 2:47.76	42.83	300m: 4:27.32	49.74	400m: 5:45.98	38.11		
16.	Fuks Gabriela			99	Gilus Gilowice				<b>5:49.08</b>	418
	50m: 39.40	39.40	150m: 2:11.43	45.97	250m: 3:43.94	49.29	350m: 5:12.25	39.33		
	100m: 1:25.46	46.06	200m: 2:54.65	43.22	300m: 4:32.92	48.98	400m: 5:49.08	36.83		
17.	Niemiec Adrianna			99	SMS Galicja Kraków				<b>5:50.82</b>	411
	50m: 36.06	36.06	150m: 2:04.09	45.46	250m: 3:38.67	51.14	350m: 5:12.18	41.45		
	100m: 1:18.63	42.57	200m: 2:47.53	43.44	300m: 4:30.73	52.06	400m: 5:50.82	38.64		
18.	Jangrot Angelika			99	SMS Galicja Kraków				<b>5:52.83</b>	404
	50m: 38.70	38.70	150m:		250m: 3:43.06	47.42	350m: 5:13.55	41.41		
	100m: 1:23.98	45.28	200m: 2:55.64		300m: 4:32.14	49.08	400m: 5:52.83	39.28		
19.	Zagrodnik Alicja So			99	Unia O wi cim				<b>6:00.71</b>	379
	50m: 38.89	38.89	150m: 2:11.99	44.93	250m: 3:47.79	51.55	350m: 5:20.33	40.63		
	100m: 1:27.06	48.17	200m: 2:56.24	44.25	300m: 4:39.70	51.91	400m: 6:00.71	40.38		