

Konkurencja 4
 15/2/2014 - 9:45

M czyzn, 400m zmienny

 14 lat i starsi
 Wyniki

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.
17 lat i starsi									
1.	Wojdak Wojciech SO		96	Unia O wi cim			4:28.36	675	
	50m: 28.56 28.56	150m: 1:35.92		34.94	250m: 2:48.09	37.31	350m: 3:56.99	31.79	
	100m: 1:00.98 32.42	200m: 2:10.78		34.86	300m: 3:25.20	37.11	400m: 4:28.36	31.37	
2.	Kłos Grzegorz SO		95	AZS AWF Katowice			4:32.96	642	
	50m: 29.09 29.09	150m: 1:36.93		35.16	250m: 2:50.15	38.27	350m: 4:01.93	33.04	
	100m: 1:01.77 32.68	200m: 2:11.88		34.95	300m: 3:28.89	38.74	400m: 4:32.96	31.03	
3.	Łowicki Marcin SO		95	Nawa Skierniewice			4:38.14	606	
	50m: 28.22 28.22	150m: 1:37.38		36.10	250m: 2:53.45	41.02	350m: 4:07.15	31.69	
	100m: 1:01.28 33.06	200m: 2:12.43		35.05	300m: 3:35.46	42.01	400m: 4:38.14	30.99	
4.	Goleniec Łukasz SO		97	Unia O wi cim			4:40.40	592	
	50m: 29.94 29.94	150m: 1:41.92		37.78	250m: 2:59.02	41.32	350m: 4:11.35	31.28	
	100m: 1:04.14 34.20	200m: 2:17.70		35.78	300m: 3:40.07	41.05	400m: 4:40.40	29.05	
5.	Kica Paweł		96	Korona Kraków			4:42.68	578	
	50m: 31.17 31.17	150m: 1:41.75		34.08	250m: 2:56.70	41.07	350m: 4:10.89	32.42	
	100m: 1:07.67 36.50	200m: 2:15.63		33.88	300m: 3:38.47	41.77	400m: 4:42.68	31.79	
6.	Szymanowski Jakub		96	Unia O wi cim			4:42.90	576	
	50m: 29.17 29.17	150m: 1:41.06		38.58	250m: 2:55.26	35.84	350m: 4:08.27	34.41	
	100m: 1:02.48 33.31	200m: 2:19.42		38.36	300m: 3:33.86	38.60	400m: 4:42.90	34.63	
7.	Lechowicz Filip		97	Korona Kraków			4:44.77	565	
	50m: 31.80 31.80	150m: 1:44.55		36.20	250m: 2:59.35	40.30	350m: 4:12.87	33.56	
	100m: 1:08.35 36.55	200m: 2:19.05		34.50	300m: 3:39.31	39.96	400m: 4:44.77	31.90	
8.	Nagi Mateusz SO		97	Unia O wi cim			4:46.72	554	
	50m: 30.40 30.40	150m: 1:43.06		37.93	250m: 2:59.69	39.82	350m: 4:14.16	33.26	
	100m: 1:05.13 34.73	200m: 2:19.87		36.81	300m: 3:40.90	41.21	400m: 4:46.72	32.56	
15 lat									
1.	Kempa Mikołaj SO		99	MMKS K dzierzyn Ko le			4:44.12	569	
	50m: 29.96 29.96	150m: 1:41.19		37.06	250m: 2:57.74	40.25	350m: 4:12.40	33.24	
	100m: 1:04.13 34.17	200m: 2:17.49		36.30	300m: 3:39.16	41.42	400m: 4:44.12	31.72	
2.	Blachura Patryk SO		99	Victoria Kozy			4:50.95	530	
	50m: 30.56 30.56	150m: 1:42.18		36.42	250m: 3:00.81	42.58	350m: 4:18.18	33.98	
	100m: 1:05.76 35.20	200m: 2:18.23		36.05	300m: 3:44.20	43.39	400m: 4:50.95	32.77	
3.	Drozd Tymoteusz SO		99	Unia O wi cim			4:51.90	525	
	50m: 31.00 31.00	150m: 1:43.94		38.18	250m: 3:02.66	41.47	350m: 4:19.07	34.22	
	100m: 1:05.76 34.76	200m: 2:21.19		37.25	300m: 3:44.85	42.19	400m: 4:51.90	32.83	
4.	Goleniec Kamil SO		99	Unia O wi cim			4:51.93	524	
	50m: 31.87 31.87	150m: 1:45.29		38.15	250m: 3:04.59	41.61	350m: 4:19.82	33.77	
	100m: 1:07.14 35.27	200m: 2:22.98		37.69	300m: 3:46.05	41.46	400m: 4:51.93	32.11	
5.	Mura ski Kacper		99	Gilus Gilowice			4:55.93	503	
	50m: 29.93 29.93	150m: 1:42.95		38.29	250m: 3:04.01	42.90	350m: 4:22.26	34.76	
	100m: 1:04.66 34.73	200m: 2:21.11		38.16	300m: 3:47.50	43.49	400m: 4:55.93	33.67	
6.	Szczepaniak Paweł		99	SMS Galicja Kraków			4:57.37	496	
	50m: 31.76 31.76	150m: 1:47.25		39.88	250m: 3:07.17	41.76	350m: 4:25.51	35.51	
	100m: 1:07.37 35.61	200m: 2:25.41		38.16	300m: 3:50.00	42.83	400m: 4:57.37	31.86	
7.	Ciasto Sebastian SO		99	Unia O wi cim			4:58.50	491	
	50m: 33.28 33.28	150m: 1:47.17		36.96	250m: 3:05.99	42.18	350m: 4:23.87	35.39	
	100m: 1:10.21 36.93	200m: 2:23.81		36.64	300m: 3:48.48	42.49	400m: 4:58.50	34.63	

Konkurencja 4, Chłopców, 400m zmienny, 15 lat

Pozycja			Rok ur.					Czas	Pkt.
8.	Krulikowski Maciej SO		99	Unia O wi cim				4:59.67	485
	50m:	30.74 30.74	150m:	1:44.79 38.76	250m:	3:04.46 40.44	350m:	4:23.35 37.07	
	100m:	1:06.03 35.29	200m:	2:24.02 39.23	300m:	3:46.28 41.82	400m:	4:59.67 36.32	
9.	Sordyl Mateusz SO		99	Victoria Kozy				5:03.52	467
	50m:	32.44 32.44	150m:	1:48.94 38.37	250m:	3:10.51 43.91	350m:	4:29.36 35.73	
	100m:	1:10.57 38.13	200m:	2:26.60 37.66	300m:	3:53.63 43.12	400m:	5:03.52 34.16	
10.	Koprynia Tomasz		99	Kmity Zabierzów				5:06.81	452
	50m:	30.70 30.70	150m:	1:46.22 39.82	250m:	3:09.35 43.74	350m:	4:31.55 36.80	
	100m:	1:06.40 35.70	200m:	2:25.61 39.39	300m:	3:54.75 45.40	400m:	5:06.81 35.26	
11.	Badan Dawid SO		99	Unia O wi cim				5:09.85	439
	50m:	31.68 31.68	150m:	1:50.13 40.36	250m:	3:14.25 44.43	350m:	4:34.72 35.26	
	100m:	1:09.77 38.09	200m:	2:29.82 39.69	300m:	3:59.46 45.21	400m:	5:09.85 35.13	
12.	Winiarski Mateusz SK		99	SMS Kraków				5:15.04	417
	50m:	33.60 33.60	150m:		250m:	3:18.82 44.14	350m:	4:40.08 37.04	
	100m:	1:12.15 38.55	200m:	2:34.68	300m:	4:03.04 44.22	400m:	5:15.04 34.96	
13.	Gwó d Jan		99	Unia O wi cim				5:19.73	399
	50m:	33.90 33.90	150m:	1:54.96 41.61	250m:	3:20.78 46.42	350m:	4:43.87 37.32	
	100m:	1:13.35 39.45	200m:	2:34.36 39.40	300m:	4:06.55 45.77	400m:	5:19.73 35.86	
14.	Mazur Dominik		99	Kmity Zabierzów				5:35.71	345
	50m:	35.59 35.59	150m:	1:59.32 42.32	250m:	3:30.01 48.62	350m:	4:57.11 39.53	
	100m:	1:17.00 41.41	200m:	2:41.39 42.07	300m:	4:17.58 47.57	400m:	5:35.71 38.60	
DYSKW.	Wasiuk Jakub SO		99	MMKS K dzierzyn Ko le				4:56.38	
	<i>K11 - Nierównoczesne lub naprzemienne ruchy nóg (Czas: 9:56)</i>								
	50m:	32.81 32.81	150m:	1:48.40 38.26	250m:	3:07.44 42.35	350m:	4:23.90 33.64	
	100m:	1:10.14 37.33	200m:	2:25.09 36.69	300m:	3:50.26 42.82	400m:	4:56.38 32.48	

14 lat

1.	Niedziela Hubert SO		00	Unia O wi cim				5:21.31	393
	50m:	35.82 35.82	150m:	1:58.57 43.00	250m:	3:25.97 45.61	350m:	4:47.13 35.83	
	100m:	1:15.57 39.75	200m:	2:40.36 41.79	300m:	4:11.30 45.33	400m:	5:21.31 34.18	