



Grand Prix Puchar Polski
Kraków, 25- - 26-10-2014



Konkurencja 23
2014-10-25 - 20:17

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2014

| Pozycja | Rok ur. | Czas | Pkt. |
|-------------------------------|-------------------------------|---------------------|---------------------|
| 1. Zachoszcz Joanna | 93 AZS UWM Olsztyn | 4:11.66 | 809 |
| 50m: 30.05 30.05 | 150m: 1:33.53 31.72 | 250m: 2:36.29 31.25 | 350m: 3:39.96 31.86 |
| 100m: 1:01.81 31.76 | 200m: 2:05.04 31.51 | 300m: 3:08.10 31.81 | 400m: 4:11.66 31.70 |
| 2. Karpisz Milena | 97 Pi tka Konstantinów Łódzki | 4:13.49 | 791 |
| 50m: 30.33 30.33 | 150m: 1:34.04 31.79 | 250m: 2:37.59 31.50 | 350m: 3:41.39 31.82 |
| 100m: 1:02.25 31.92 | 200m: 2:06.09 32.05 | 300m: 3:09.57 31.98 | 400m: 4:13.49 32.10 |
| 3. Burska Justyna | 95 Pi tka Konstantinów Łódzki | 4:15.22 | 775 |
| 50m: 30.98 30.98 | 150m: 1:35.04 31.99 | 250m: 2:38.76 31.76 | 350m: 3:43.18 32.35 |
| 100m: 1:03.05 32.07 | 200m: 2:07.00 31.96 | 300m: 3:10.83 32.07 | 400m: 4:15.22 32.04 |
| 4. Piechota Paulina | 99 UKS 190 Łód | 4:17.69 | 753 |
| 50m: 30.37 30.37 | 150m: 1:35.85 32.57 | 250m: 2:40.87 32.24 | 350m: 3:46.16 32.67 |
| 100m: 1:03.28 32.91 | 200m: 2:08.63 32.78 | 300m: 3:13.49 32.62 | 400m: 4:17.69 31.53 |
| 5. Olczak Mirela | 93 AZS AWF Warszawa | 4:20.28 | 731 |
| 50m: 30.43 30.43 | 150m: 1:35.71 32.79 | 250m: 2:41.39 33.12 | 350m: 3:48.14 33.27 |
| 100m: 1:02.92 32.49 | 200m: 2:08.27 32.56 | 300m: 3:14.87 33.48 | 400m: 4:20.28 32.14 |
| 6. Kunka Kamila SO | 96 Unia O wi cim | 4:20.33 | 731 |
| 50m: 30.15 30.15 | 150m: 1:35.89 33.18 | 250m: 2:41.72 32.63 | 350m: 3:48.11 33.12 |
| 100m: 1:02.71 32.56 | 200m: 2:09.09 33.20 | 300m: 3:14.99 33.27 | 400m: 4:20.33 32.22 |
| 7. Wikieł Manuela | 92 AZS UWM Olsztyn | 4:20.39 | 730 |
| 50m: 31.22 31.22 | 150m: 1:35.72 32.30 | 250m: 2:41.32 32.84 | 350m: 3:47.91 33.36 |
| 100m: 1:03.42 32.20 | 200m: 2:08.48 32.76 | 300m: 3:14.55 33.23 | 400m: 4:20.39 32.48 |
| 8. Orczykowska Wioletta SK | 97 Limanowa-swim | 4:22.81 | 710 |
| 50m: 30.25 30.25 | 150m: 1:36.29 33.23 | 250m: 2:42.96 33.33 | 350m: 3:50.12 33.66 |
| 100m: 1:03.06 32.81 | 200m: 2:09.63 33.34 | 300m: 3:16.46 33.50 | 400m: 4:22.81 32.69 |
| 9. Borkowska Lucyna SZG | 97 Sambor Tczew | 4:23.76 | 702 |
| 50m: 30.94 30.94 | 150m: 1:35.91 32.46 | 250m: 2:42.24 33.35 | 350m: 3:50.19 34.30 |
| 100m: 1:03.45 32.51 | 200m: 2:08.89 32.98 | 300m: 3:15.89 33.65 | 400m: 4:23.76 33.57 |
| 10. Zbrojewska Michalina | 96 Pi tka Konstantinów Łódzki | 4:26.30 | 683 |
| 50m: 30.99 30.99 | 150m: 1:37.78 33.61 | 250m: 2:45.46 33.88 | 350m: 3:52.82 33.69 |
| 100m: 1:04.17 33.18 | 200m: 2:11.58 33.80 | 300m: 3:19.13 33.67 | 400m: 4:26.30 33.48 |
| 11. Margula Weronika | 00 MKP Szczecin | 4:27.95 | 670 |
| 50m: 31.58 31.58 | 150m: 1:38.98 33.42 | 250m: 2:46.51 33.61 | 350m: 3:55.31 34.22 |
| 100m: 1:05.56 33.98 | 200m: 2:12.90 33.92 | 300m: 3:21.09 34.58 | 400m: 4:27.95 32.64 |
| 12. Bakuniak Hanna | 96 MKP Szczecin | 4:28.37 | 667 |
| 50m: 31.49 31.49 | 150m: 1:38.66 33.92 | 250m: 2:46.51 34.28 | 350m: 3:54.90 34.23 |
| 100m: 1:04.74 33.25 | 200m: 2:12.23 33.57 | 300m: 3:20.67 34.16 | 400m: 4:28.37 33.47 |
| 13. Sirignano Luigia | 96 AZS AGH Kraków | 4:29.18 | 661 |
| 50m: 29.58 29.58 | 150m: 1:36.28 33.52 | 250m: 2:44.82 34.46 | 350m: 3:54.84 35.00 |
| 100m: 1:02.76 33.18 | 200m: 2:10.36 34.08 | 300m: 3:19.84 35.02 | 400m: 4:29.18 34.34 |
| 14. Janiszewska Dominika SWwa | 99 Polonia Warszawa | 4:31.71 | 643 |
| 50m: 30.58 30.58 | 150m: 1:38.25 34.23 | 250m: 2:47.58 34.31 | 350m: 3:58.03 35.52 |
| 100m: 1:04.02 33.44 | 200m: 2:13.27 35.02 | 300m: 3:22.51 34.93 | 400m: 4:31.71 33.68 |
| 15. Kowali ska Oriana | 93 Kormoran Olsztyn | 4:33.28 | 631 |
| 50m: 31.81 31.81 | 150m: 1:40.83 34.57 | 250m: 2:49.92 34.28 | 350m: 3:59.04 34.61 |
| 100m: 1:06.26 34.45 | 200m: 2:15.64 34.81 | 300m: 3:24.43 34.51 | 400m: 4:33.28 34.24 |
| 16. Zrobek Natalia | 99 Jedyńka Łód | 4:35.08 | 619 |
| 50m: 31.54 31.54 | 150m: 1:41.01 35.04 | 250m: 2:51.53 34.87 | 350m: 4:02.00 34.83 |
| 100m: 1:05.97 34.43 | 200m: 2:16.66 35.65 | 300m: 3:27.17 35.64 | 400m: 4:35.08 33.08 |
| 17. Gawlicka Maja SZG | 98 Korner Zielona Góra | 4:35.34 | 617 |
| 50m: 30.55 30.55 | 150m: 1:40.25 35.48 | 250m: 2:50.75 35.03 | 350m: 4:01.99 35.30 |
| 100m: 1:04.77 34.22 | 200m: 2:15.72 35.47 | 300m: 3:26.69 35.94 | 400m: 4:35.34 33.35 |



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Konkurencja 23, Kobiet, 400m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | | | | | | Czas | Pkt. |
|---------------------------|---------------|-------------------------|---------------|-------|---------------|-------|----------------|------|
| 18. Szczyrbak Kornelia SO | 96 | Unia O wi cim | | | | | 4:35.64 | 615 |
| 50m: 31.46 31.46 | 150m: 1:39.44 | 34.32 | 250m: 2:49.65 | 35.38 | 350m: 4:00.87 | 35.56 | | |
| 100m: 1:05.12 33.66 | 200m: 2:14.27 | 34.83 | 300m: 3:25.31 | 35.66 | 400m: 4:35.64 | 34.77 | | |
| 19. Reks Aleksandra | 00 | G-8 Bielany Warszawa | | | | | 4:37.06 | 606 |
| 50m: 30.69 30.69 | 150m: 1:39.59 | 34.88 | 250m: 2:50.21 | 35.36 | 350m: 4:02.02 | 36.17 | | |
| 100m: 1:04.71 34.02 | 200m: 2:14.85 | 35.26 | 300m: 3:25.85 | 35.64 | 400m: 4:37.06 | 35.04 | | |
| 20. Niewiadomska Adrianna | 99 | GOS Raszyn | | | | | 4:37.58 | 603 |
| 50m: 30.80 30.80 | 150m: 1:40.09 | 35.20 | 250m: 2:51.43 | 35.84 | 350m: 4:03.18 | 35.95 | | |
| 100m: 1:04.89 34.09 | 200m: 2:15.59 | 35.50 | 300m: 3:27.23 | 35.80 | 400m: 4:37.58 | 34.40 | | |
| 21. Górecka Weronika | 00 | Juvenia Wrocław | | | | | 4:37.82 | 601 |
| 50m: 31.74 31.74 | 150m: 1:43.31 | 36.18 | 250m: 2:55.15 | 34.99 | 350m: 4:04.27 | 34.21 | | |
| 100m: 1:07.13 35.39 | 200m: 2:20.16 | 36.85 | 300m: 3:30.06 | 34.91 | 400m: 4:37.82 | 33.55 | | |
| 22. Kotowicz Anna | 98 | MOS Ek | | | | | 4:38.80 | 595 |
| 50m: 31.51 31.51 | 150m: 1:40.13 | 34.60 | 250m: 2:50.33 | 35.31 | 350m: 4:03.34 | 36.98 | | |
| 100m: 1:05.53 34.02 | 200m: 2:15.02 | 34.89 | 300m: 3:26.36 | 36.03 | 400m: 4:38.80 | 35.46 | | |
| 23. Szafranska Julia SOc | 00 | KSZO Ostrowiec w. | | | | | 4:39.91 | 588 |
| 50m: 31.36 31.36 | 150m: 1:42.08 | 35.55 | 250m: 2:53.81 | 35.84 | 350m: 4:05.22 | 35.67 | | |
| 100m: 1:06.53 35.17 | 200m: 2:17.97 | 35.89 | 300m: 3:29.55 | 35.74 | 400m: 4:39.91 | 34.69 | | |
| 24. Iwiska Marta | 97 | CSiR MOS D browa Grn. | | | | | 4:40.78 | 582 |
| 50m: 31.82 31.82 | 150m: 1:42.31 | 35.52 | 250m: 2:53.64 | 35.43 | 350m: 4:05.73 | 36.13 | | |
| 100m: 1:06.79 34.97 | 200m: 2:18.21 | 35.90 | 300m: 3:29.60 | 35.96 | 400m: 4:40.78 | 35.05 | | |
| 25. Kapłon Aleksandra | 99 | Orka Zamo | | | | | 4:41.51 | 578 |
| 50m: 32.34 32.34 | 150m: 1:44.37 | 36.35 | 250m: 2:56.21 | 35.56 | 350m: 4:07.73 | 35.74 | | |
| 100m: 1:08.02 35.68 | 200m: 2:20.65 | 36.28 | 300m: 3:31.99 | 35.78 | 400m: 4:41.51 | 33.78 | | |
| 26. Kruszewska Kaja | 00 | Juvenia Białystok | | | | | 4:42.29 | 573 |
| 50m: 32.88 32.88 | 150m: 1:44.82 | 36.35 | 250m: 2:56.93 | 35.99 | 350m: 4:08.90 | 35.85 | | |
| 100m: 1:08.47 35.59 | 200m: 2:20.94 | 36.12 | 300m: 3:33.05 | 36.12 | 400m: 4:42.29 | 33.39 | | |
| 27. Ryczak Maja | 96 | MKP Szczecin | | | | | 4:43.07 | 568 |
| 50m: 32.01 32.01 | 150m: 1:42.50 | 35.23 | 250m: 2:54.24 | 35.97 | 350m: 4:07.32 | 36.63 | | |
| 100m: 1:07.27 35.26 | 200m: 2:18.27 | 35.77 | 300m: 3:30.69 | 36.45 | 400m: 4:43.07 | 35.75 | | |
| 28. Wcławiak Irena | 98 | Gim 92 Ursynów Warszawa | | | | | 4:43.08 | 568 |
| 50m: 32.74 32.74 | 150m: 1:44.49 | 36.10 | 250m: 2:56.92 | 36.18 | 350m: 4:09.05 | 35.85 | | |
| 100m: 1:08.39 35.65 | 200m: 2:20.74 | 36.25 | 300m: 3:33.20 | 36.28 | 400m: 4:43.08 | 34.03 | | |
| 29. Bednarek Aleksandra | 98 | Jedynka Łód | | | | | 4:45.54 | 554 |
| 50m: 32.51 32.51 | 150m: 1:43.23 | 35.60 | 250m: 2:55.91 | 36.38 | 350m: 4:09.85 | 36.68 | | |
| 100m: 1:07.63 35.12 | 200m: 2:19.53 | 36.30 | 300m: 3:33.17 | 37.26 | 400m: 4:45.54 | 35.69 | | |
| 30. Jarocho Wiktoria SOc | 98 | KSZO Ostrowiec w. | | | | | 4:46.12 | 550 |
| 50m: 31.97 31.97 | 150m: 1:42.82 | 35.90 | 250m: 2:55.63 | 36.65 | 350m: 4:10.41 | 37.49 | | |
| 100m: 1:06.92 34.95 | 200m: 2:18.98 | 36.16 | 300m: 3:32.92 | 37.29 | 400m: 4:46.12 | 35.71 | | |
| 31. Rostowska Wiktoria | 97 | CSiR MOS D browa Grn. | | | | | 4:46.46 | 548 |
| 50m: 31.74 31.74 | 150m: 1:42.44 | 35.73 | 250m: 2:56.20 | 37.47 | 350m: 4:10.69 | 36.85 | | |
| 100m: 1:06.71 34.97 | 200m: 2:18.73 | 36.29 | 300m: 3:33.84 | 37.64 | 400m: 4:46.46 | 35.77 | | |
| 32. Leoczuk Sara | 99 | G-8 Bielany Warszawa | | | | | 4:48.26 | 538 |
| 50m: 31.74 31.74 | 150m: 1:41.39 | 35.04 | 250m: 2:56.06 | 37.96 | 350m: 4:11.20 | 37.44 | | |
| 100m: 1:06.35 34.61 | 200m: 2:18.10 | 36.71 | 300m: 3:33.76 | 37.70 | 400m: 4:48.26 | 37.06 | | |
| 33. Iycka Marta | 00 | Wodnik Siemianowice l. | | | | | 4:49.44 | 531 |
| 50m: 32.24 32.24 | 150m: 1:45.71 | 37.09 | 250m: 3:00.65 | 36.97 | 350m: 4:14.37 | 36.27 | | |
| 100m: 1:08.62 36.38 | 200m: 2:23.68 | 37.97 | 300m: 3:38.10 | 37.45 | 400m: 4:49.44 | 35.07 | | |
| 34. Lechowicz Nadia | 00 | SMS Galicja Kraków | | | | | 4:49.90 | 529 |
| 50m: 33.84 33.84 | 150m: 1:48.26 | 37.28 | 250m: 3:02.33 | 36.93 | 350m: 4:15.20 | 36.41 | | |
| 100m: 1:10.98 37.14 | 200m: 2:25.40 | 37.14 | 300m: 3:38.79 | 36.46 | 400m: 4:49.90 | 34.70 | | |



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Kraków, 25- - 26-10-2014



Konkurencja 23, Kobiety, 400m dowolny, 14 lat i starsi

| Pozycja | Rok ur. | | | | | | | | Czas | Pkt. | | | |
|---------------------------|--------------------------|-------|---------------|-------|---------------|-------|---------------------|---------------|----------------|---------------|-------|---------------|-------|
| 35. W ckowska Ewa | 99 Shark Rudna | | | | | | | | 4:50.64 | 525 | | | |
| 50m: 32.39 32.39 | 150m: 1:44.49 | 36.36 | 250m: 2:58.89 | 37.66 | 350m: 4:14.20 | 37.65 | 100m: 1:08.13 35.74 | 200m: 2:21.23 | 36.74 | 300m: 3:36.55 | 37.66 | 400m: 4:50.64 | 36.44 |
| 36. Noworzyn Wiktoria | 99 CSiR MOS D browa Grn. | | | | | | | | 4:55.80 | 498 | | | |
| 50m: 32.72 32.72 | 150m: 1:47.03 | 37.85 | 250m: 3:03.26 | 38.09 | 350m: 4:20.35 | 38.50 | 100m: 1:09.18 36.46 | 200m: 2:25.17 | 38.14 | 300m: 3:41.85 | 38.59 | 400m: 4:55.80 | 35.45 |
| 37. Kasperuk Justyna SWwa | 98 Polonia Warszawa | | | | | | | | 4:56.13 | 496 | | | |
| 50m: 32.30 32.30 | 150m: 1:46.27 | 37.34 | 250m: 3:03.20 | 38.63 | 350m: 4:19.92 | 38.32 | 100m: 1:08.93 36.63 | 200m: 2:24.57 | 38.30 | 300m: 3:41.60 | 38.40 | 400m: 4:56.13 | 36.21 |
| 38. Olszewska Zuzanna | 97 CSiR MOS D browa Grn. | | | | | | | | 5:02.61 | 465 | | | |
| 50m: 33.55 33.55 | 150m: 1:47.86 | 37.75 | 250m: 3:05.27 | 38.86 | 350m: 4:23.68 | 39.31 | 100m: 1:10.11 36.56 | 200m: 2:26.41 | 38.55 | 300m: 3:44.37 | 39.10 | 400m: 5:02.61 | 38.93 |
| 39. ukowska Natalia | 99 Glosator Kraków | | | | | | | | 5:07.84 | 442 | | | |
| 50m: 34.14 34.14 | 150m: 1:49.63 | 38.28 | 250m: 3:08.54 | 39.61 | 350m: 4:28.54 | 40.16 | 100m: 1:11.35 37.21 | 200m: 2:28.93 | 39.30 | 300m: 3:48.38 | 39.84 | 400m: 5:07.84 | 39.30 |
| 40. Sobik Oliwia | 00 CSiR MOS D browa Grn. | | | | | | | | 5:08.83 | 437 | | | |
| 50m: 34.40 34.40 | 150m: 1:53.29 | 39.88 | 250m: 3:12.48 | 39.39 | 350m: 4:30.51 | 38.49 | 100m: 1:13.41 39.01 | 200m: 2:33.09 | 39.80 | 300m: 3:52.02 | 39.54 | 400m: 5:08.83 | 38.32 |