

Konkurencja 5
 7/2/2015 - 10:50

M czyzn, 400m dowolny

 14 lat i starsi
 Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
17 lat i starsi									
1.	Zoniuk Maciej		94	I sk Wrocław				3:53.92	747
	50m:	28.21	28.21	150m:	1:26.95	29.43	250m:	2:25.89	29.51
	100m:	57.52	29.31	200m:	1:56.38	29.43	300m:	2:55.03	29.14
							350m:	3:24.59	29.56
							400m:	3:53.92	29.33
2.	Klich Kacper		94	I sk Wrocław				3:54.75	739
	50m:	27.81	27.81	150m:	1:26.44	29.32	250m:	2:26.16	30.09
	100m:	57.12	29.31	200m:	1:56.07	29.63	300m:	2:55.59	29.43
							350m:	3:25.44	29.85
							400m:	3:54.75	29.31
3.	Jura Maciej		96	I sk Wrocław				3:56.59	722
	50m:	27.74	27.74	150m:	1:27.42	29.78	250m:	2:27.38	29.96
	100m:	57.64	29.90	200m:	1:57.42	30.00	300m:	2:57.78	30.40
							350m:	3:27.84	30.06
							400m:	3:56.59	28.75
4.	Jaszczak Wiktor		97	I sk Wrocław				3:58.14	708
	50m:	28.14	28.14	150m:	1:28.37	30.13	250m:	2:28.73	30.15
	100m:	58.24	30.10	200m:	1:58.58	30.21	300m:	2:58.96	30.23
							350m:	3:29.06	30.10
							400m:	3:58.14	29.08
5.	Hołub Jan SWR		96	I sk Wrocław				4:03.73	660
	50m:	28.83	28.83	150m:	1:31.81	31.61	250m:	2:33.83	30.74
	100m:	1:00.20	31.37	200m:	2:03.09	31.28	300m:	3:03.87	30.04
							350m:	3:34.01	30.14
							400m:	4:03.73	29.72
6.	Szwedzki Dawid		94	I sk Wrocław				4:05.99	642
	50m:			150m:	1:28.58	30.15	250m:	2:30.01	30.90
	100m:	58.43		200m:	1:59.11	30.53	300m:	3:01.40	31.39
							350m:		
							400m:	4:05.99	
7.	Murzyn Dawid SK		97	Jordan Kraków				4:08.00	626
	50m:	29.51	29.51	150m:	1:33.76	31.96	250m:	2:36.59	31.36
	100m:	1:01.80	32.29	200m:	2:05.23	31.47	300m:	3:07.71	31.12
							350m:	3:38.72	31.01
							400m:	4:08.00	29.28
8.	Łowicki Marcin		95	Nawa Skierniewice				4:08.84	620
	50m:	28.18	28.18	150m:	1:29.90	31.32	250m:	2:34.15	32.43
	100m:	58.58	30.40	200m:	2:01.72	31.82	300m:	3:06.07	31.92
							350m:	3:37.85	31.78
							400m:	4:08.84	30.99
9.	Lechowicz Filip SO		97	Korona Kraków				4:09.29	617
	50m:	28.90	28.90	150m:	1:32.79	31.85	250m:	2:35.86	31.55
	100m:	1:00.94	32.04	200m:	2:04.31	31.52	300m:	3:07.54	31.68
							350m:	3:38.99	31.45
							400m:	4:09.29	30.30
10.	Ci kowski Dominik SK		96	Jordan Kraków				4:10.54	608
	50m:	30.01	30.01	150m:	1:35.44	32.60	250m:	2:39.55	31.82
	100m:	1:02.84	32.83	200m:	2:07.73	32.29	300m:	3:11.00	31.45
							350m:	3:41.70	30.70
							400m:	4:10.54	28.84
11.	Hojda Bartłomiej SO		98	Unia O wi cim				4:10.55	607
	50m:	29.70	29.70	150m:	1:32.35	31.68	250m:	2:35.27	31.82
	100m:	1:00.67	30.97	200m:	2:03.45	31.10	300m:	3:07.08	31.81
							350m:	3:39.33	32.25
							400m:	4:10.55	31.22
12.	Grudziecki Remigiusz		97	MMKS K dzierzyn Ko le				4:12.66	592
	50m:	29.66	29.66	150m:	1:33.38	31.92	250m:		350m:
	100m:	1:01.46	31.80	200m:	2:05.28	31.90	300m:	3:09.65	31.85
							400m:	4:12.66	31.16
13.	Kuczma J drzej		98	I sk Wrocław				4:14.40	580
	50m:	28.82	28.82	150m:	1:32.15	32.24	250m:	2:37.67	32.80
	100m:	59.91	31.09	200m:	2:04.87	32.72	300m:	3:10.26	32.59
							350m:	3:42.72	32.46
							400m:	4:14.40	31.68
14.	Kowalski Patryk SOc		97	Unia Busko Zdrój				4:19.91	544
	50m:	30.08	30.08	150m:	1:35.77	32.78	250m:	2:41.29	32.78
	100m:	1:02.99	32.91	200m:	2:08.51	32.74	300m:	3:14.43	33.14
							350m:	3:47.54	33.11
							400m:	4:19.91	32.37
15.	Ku wik Maciej		96	I sk Wrocław				4:20.78	539
	50m:	28.37	28.37	150m:	1:32.26	32.24	250m:	2:39.39	33.97
	100m:	1:00.02	31.65	200m:	2:05.42	33.16	300m:	3:12.53	33.14
							350m:	3:46.77	34.24
							400m:	4:20.78	34.01
16.	Potocki Daniel		98	I sk Wrocław				4:25.38	511
	50m:	28.93	28.93	150m:	1:34.30	32.96	250m:	2:42.77	34.48
	100m:	1:01.34	32.41	200m:	2:08.29	33.99	300m:	3:17.39	34.62
							350m:	3:51.77	34.38
							400m:	4:25.38	33.61

Konkurencja 5, Mężczyźni, 400m dowolny, 17 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
17.	Wawro Wojciech SO		98	Motyl MOSiR St.Wola				4:26.44	505
	50m:	30.82 30.82	150m:	1:37.23 33.79	250m:	2:46.01 31.21	350m:		
	100m:	1:03.44 32.62	200m:		300m:	3:19.87 33.86	400m:	4:26.44	
18.	Sowier Wojciech		97	Jordan Kraków				4:32.08	474
	50m:	30.43 30.43	150m:	1:38.47 34.13	250m:	2:47.61 34.83	350m:	3:57.97 35.48	
	100m:	1:04.34 33.91	200m:	2:12.78 34.31	300m:	3:22.49 34.88	400m:	4:32.08 34.11	
15 - 16 lat									
1.	Stanek Adam SO		99	MKS Gogolin				4:07.93	627
	50m:	29.44 29.44	150m:	1:31.48 31.15	250m:	2:33.99 31.21	350m:	3:36.72 31.57	
	100m:	1:00.33 30.89	200m:	2:02.78 31.30	300m:	3:05.15 31.16	400m:	4:07.93 31.21	
2.	Kempa Mikołaj SO		99	MMKS K dierzyn Ko le				4:10.82	605
	50m:	29.14 29.14	150m:	1:33.19 32.21	250m:	2:36.41 31.20	350m:	3:39.82 31.67	
	100m:	1:00.98 31.84	200m:	2:05.21 32.02	300m:	3:08.15 31.74	400m:	4:10.82 31.00	
3.	Marczuk Szymon SO		99	Unia O wicim				4:15.25	574
	50m:	29.20 29.20	150m:	1:34.11 32.76	250m:	2:37.95 31.61	350m:	3:43.20 32.61	
	100m:	1:01.35 32.15	200m:	2:06.34 32.23	300m:	3:10.59 32.64	400m:	4:15.25 32.05	
4.	Mazur Dominik SO		99	Unia O wicim				4:20.25	542
	50m:	29.95 29.95	150m:	1:36.07 33.10	250m:	2:42.13 33.25	350m:	3:48.43 33.24	
	100m:	1:02.97 33.02	200m:	2:08.88 32.81	300m:	3:15.19 33.06	400m:	4:20.25 31.82	
5.	Kolanowski Wiktor		99	SMS Galicja Kraków				4:20.46	541
	50m:	30.09 30.09	150m:	1:37.20 34.17	250m:	2:44.21 32.29	350m:	3:50.69 33.46	
	100m:	1:03.03 32.94	200m:	2:11.92 34.72	300m:	3:17.23 33.02	400m:	4:20.46 29.77	
6.	Sionkowski Arkadiusz		00	Kmity Zabierzów				4:23.36	523
	50m:	29.79 29.79	150m:	1:35.62 32.43	250m:	2:42.22 33.71	350m:	3:50.37 34.13	
	100m:	1:03.19 33.40	200m:	2:08.51 32.89	300m:	3:16.24 34.02	400m:	4:23.36 32.99	
7.	Ostrowski Dominik SO		99	Unia O wicim				4:23.72	521
	50m:	29.44 29.44	150m:	1:34.64 32.78	250m:	2:41.30 33.96	350m:	3:50.47 34.60	
	100m:	1:01.86 32.42	200m:	2:07.34 32.70	300m:	3:15.87 34.57	400m:	4:23.72 33.25	
8.	Stoszek Szymon		99	Aligator Gorzyce				4:25.68	509
	50m:	29.46 29.46	150m:		250m:	2:44.54 33.99	350m:	3:52.60 34.27	
	100m:	1:02.05 32.59	200m:	2:10.55	300m:	3:18.33 33.79	400m:	4:25.68 33.08	
9.	Michalczyk Andrzej SO		00	Unia O wicim				4:26.22	506
	50m:	29.30 29.30	150m:	1:35.74 33.73	250m:	2:44.05 34.20	350m:	3:52.46 34.26	
	100m:	1:02.01 32.71	200m:	2:09.85 34.11	300m:	3:18.20 34.15	400m:	4:26.22 33.76	
10.	Pi tek Michał		99	Korona Kraków				4:26.43	505
	50m:	31.15 31.15	150m:	1:38.48 34.06	250m:	2:46.38 33.87	350m:	3:54.48 34.18	
	100m:	1:04.42 33.27	200m:	2:12.51 34.03	300m:	3:20.30 33.92	400m:	4:26.43 31.95	
11.	Gwó d Jan SO		99	Unia O wicim				4:26.50	505
	50m:		150m:		250m:		350m:	3:54.37	
	100m:		200m:	2:12.79	300m:		400m:	4:26.50 32.13	
12.	Opolka Kacper SO		00	Unia O wicim				4:27.49	499
	50m:	30.64 30.64	150m:	1:38.88 34.42	250m:	2:47.80 34.52	350m:	3:55.75 33.84	
	100m:	1:04.46 33.82	200m:	2:13.28 34.40	300m:	3:21.91 34.11	400m:	4:27.49 31.74	
13.	Badan Dawid SO		99	Unia O wicim				4:28.13	496
	50m:	31.08 31.08	150m:	1:39.31 34.69	250m:	2:46.55 32.81	350m:	3:55.78 34.27	
	100m:	1:04.62 33.54	200m:	2:13.74 34.43	300m:	3:21.51 34.96	400m:	4:28.13 32.35	
14.	Zbro ek Radosław		99	SMS Galicja Kraków				4:29.40	489
	50m:	31.21 31.21	150m:	1:39.20 34.44	250m:	2:47.87 34.39	350m:	3:56.67 34.35	
	100m:	1:04.76 33.55	200m:	2:13.48 34.28	300m:	3:22.32 34.45	400m:	4:29.40 32.73	
15.	Mayerberg Kacper SO		00	Unia O wicim				4:29.71	487
	50m:	31.89 31.89	150m:	1:40.02 34.36	250m:	2:48.88 34.18	350m:	3:57.00 33.64	
	100m:	1:05.66 33.77	200m:	2:14.70 34.68	300m:	3:23.36 34.48	400m:	4:29.71 32.71	

Konkurencja 5, Chłopców, 400m dowolny, 15 - 16 lat

Pozycja					Rok ur.					Czas	Pkt.	
16.	Kowalski Karol				00	Unia Busko Zdrój				4:31.00	480	
	50m:	30.98	30.98	150m:	1:39.97	34.89	250m:	2:48.18	33.63	350m:	3:57.65	34.81
	100m:	1:05.08	34.10	200m:	2:14.55	34.58	300m:	3:22.84	34.66	400m:	4:31.00	33.35
17.	Plutecki Dawid				00	SMS Galicja Kraków				4:32.58	472	
	50m:	30.09	30.09	150m:	1:37.07	34.03	250m:	2:46.71	34.97	350m:	3:58.44	35.79
	100m:	1:03.04	32.95	200m:	2:11.74	34.67	300m:	3:22.65	35.94	400m:	4:32.58	34.14
18.	Bartnikiewicz Jan				00	Pi tka Chorzów				4:40.83	431	
	50m:	30.89	30.89	150m:	1:40.22	35.44	250m:	2:52.06	36.17	350m:	4:05.23	37.27
	100m:	1:04.78	33.89	200m:	2:15.89	35.67	300m:	3:27.96	35.90	400m:	4:40.83	35.60
19.	Górny Mikołaj				99	NKP Bielsko Biała				4:58.09	360	
	50m:	31.45	31.45	150m:	1:44.93	37.45	250m:	3:03.43	38.67	350m:	4:21.49	39.16
	100m:	1:07.48	36.03	200m:	2:24.76	39.83	300m:	3:42.33	38.90	400m:	4:58.09	36.60

14 lat

1.	Kowalczyk Michał				01	Gilus Gilowice				4:25.94	508	
	50m:	30.10	30.10	150m:	1:38.03	34.27	250m:	2:46.20	34.27	350m:	3:53.76	33.63
	100m:	1:03.76	33.66	200m:	2:11.93	33.90	300m:	3:20.13	33.93	400m:	4:25.94	32.18
2.	Goraj Marcin				01	SMS Galicja Kraków				4:29.08	490	
	50m:	29.35	29.35	150m:	1:38.51	34.91	250m:	2:49.07	35.43	350m:	3:57.29	34.11
	100m:	1:03.60	34.25	200m:	2:13.64	35.13	300m:	3:23.18	34.11	400m:	4:29.08	31.79
3.	Twardowski Piotr				01	SMS Galicja Kraków				4:35.09	459	
	50m:	31.33	31.33	150m:			250m:	2:50.31	34.92	350m:	4:00.65	35.29
	100m:	1:05.66	34.33	200m:	2:15.39		300m:	3:25.36	35.05	400m:	4:35.09	34.44
4.	Michalski Wojciech				01	Gilus Gilowice				4:39.53	437	
	50m:	32.34	32.34	150m:	1:43.68	36.31	250m:	2:55.28	35.50	350m:	4:06.28	35.41
	100m:	1:07.37	35.03	200m:	2:19.78	36.10	300m:	3:30.87	35.59	400m:	4:39.53	33.25
5.	Sosna Tomasz				01	TKKF Szczygłowice Knurów				4:39.69	437	
	50m:	30.40	30.40	150m:	1:40.56	35.71	250m:	2:52.47	36.26	350m:	4:05.73	36.79
	100m:	1:04.85	34.45	200m:	2:16.21	35.65	300m:	3:28.94	36.47	400m:	4:39.69	33.96
6.	Major Daniel SO				01	Unia O wi cim				4:47.85	400	
	50m:	32.53	32.53	150m:			250m:			350m:		
	100m:	1:07.88	35.35	200m:	2:21.27		300m:	3:35.89		400m:	4:47.85	
7.	Wo niak Łukasz				01	SMS Galicja Kraków				4:50.10	391	
	50m:	32.70	32.70	150m:	1:46.91		250m:	3:02.85	38.55	350m:	4:15.90	35.62
	100m:			200m:	2:24.30	37.39	300m:	3:40.28	37.43	400m:	4:50.10	34.20
8.	Raczkowski Krzysztof				01	Korona Kraków				4:54.87	372	
	50m:	33.03	33.03	150m:	1:49.58	38.61	250m:	3:06.09	38.18	350m:	4:20.44	37.05
	100m:	1:10.97	37.94	200m:	2:27.91	38.33	300m:	3:43.39	37.30	400m:	4:54.87	34.43
9.	Orzechowski Michał SO				01	Unia O wi cim				4:58.56	359	
	50m:	33.69	33.69	150m:	1:48.15	37.55	250m:	3:04.92	38.53	350m:	4:21.47	38.22
	100m:	1:10.60	36.91	200m:	2:26.39	38.24	300m:	3:43.25	38.33	400m:	4:58.56	37.09
10.	Kalmuk Kasjan				01	MMKS K dzierzyn Ko le				5:38.03	247	
	50m:	36.40	36.40	150m:	2:00.32	43.19	250m:	3:29.46	45.17	350m:	4:57.78	44.77
	100m:	1:17.13	40.73	200m:	2:44.29	43.97	300m:	4:13.01	43.55	400m:	5:38.03	40.25
11.	Dutkiewicz Mikołaj				01	Siemacha ASP Kraków				5:43.06	236	
	50m:	36.77	36.77	150m:	2:03.76	44.76	250m:	3:31.94	44.31	350m:	5:01.26	44.48
	100m:	1:19.00	42.23	200m:	2:47.63	43.87	300m:	4:16.78	44.84	400m:	5:43.06	41.80