



Zimowe Mistrzostwa Polski Juniorów 16-letnich
O wi cim, 13/ - 15/3/2015



Konkurencja 11
13/3/2015 - 11:34

Dziewcz t, 400m zmienny

16 lat
Wyniki Eliminacje

Rekord Polski 16lat 4:42.49 Jedrzejczak Otylia POL ??? 1/12/1999
Minimum IE Baku 4:49.38

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
1.	Piechota Paulina		99	UKS 190 Łód				4:57.61	673 A
	50m:	31.49 31.49	150m:	1:45.66 37.99	250m:	3:04.55 41.98	350m:	4:23.06 35.66	
	100m:	1:07.67 36.18	200m:	2:22.57 36.91	300m:	3:47.40 42.85	400m:	4:57.61 34.55	
2.	Janiszewska Dominika SWwa		99	Polonia Warszawa				4:58.67	666 A
	50m:	32.00 32.00	150m:	1:48.16 40.12	250m:	3:08.05 41.10	350m:	4:24.81 34.40	
	100m:	1:08.04 36.04	200m:	2:26.95 38.79	300m:	3:50.41 42.36	400m:	4:58.67 33.86	
3.	Leszczy ska Klaudia Julia SO		99	Unia O wi cim				5:00.77	652 A
	50m:	32.47 32.47	150m:	1:48.37 38.57	250m:	3:09.11 42.64	350m:	4:27.21 35.08	
	100m:	1:09.80 37.33	200m:	2:26.47 38.10	300m:	3:52.13 43.02	400m:	5:00.77 33.56	
4.	Adamczyk Julia		99	Lublinianka Lublin				5:02.01	644 A
	50m:	31.89 31.89	150m:	1:45.79 37.35	250m:	3:05.86 43.05	350m:	4:25.79 36.50	
	100m:	1:08.44 36.55	200m:	2:22.81 37.02	300m:	3:49.29 43.43	400m:	5:02.01 36.22	
5.	Paj k Liliana SO		99	Unia O wi cim				5:04.90	626 A
	50m:	32.10 32.10	150m:	1:47.25 38.52	250m:	3:07.46 43.08	350m:	4:29.04 36.98	
	100m:	1:08.73 36.63	200m:	2:24.38 37.13	300m:	3:52.06 44.60	400m:	5:04.90 35.86	
6.	Trafas Kornelia		99	Warta Pozna				5:05.32	623 A
	50m:	31.85 31.85	150m:	1:49.31 39.73	250m:	3:11.60 43.43	350m:	4:32.59 36.84	
	100m:	1:09.58 37.73	200m:	2:28.17 38.86	300m:	3:55.75 44.15	400m:	5:05.32 32.73	
7.	Filipek Jagoda		99	I sk Wrocław				5:08.69	603 A
	50m:	32.24 32.24	150m:	1:49.70 40.62	250m:	3:13.29 44.05	350m:	4:35.32 36.97	
	100m:	1:09.08 36.84	200m:	2:29.24 39.54	300m:	3:58.35 45.06	400m:	5:08.69 33.37	
8.	Prochownik Olimpia SO		99	Unia O wi cim				5:09.97	595 A
	50m:	33.18 33.18	150m:	1:52.05 41.18	250m:	3:12.95 41.31	350m:	4:33.42 38.02	
	100m:	1:10.87 37.69	200m:	2:31.64 39.59	300m:	3:55.40 42.45	400m:	5:09.97 36.55	
9.	Nowak Marta SO		99	MMKS K dzierzyn Ko le				5:10.91	590 B
	50m:	32.86 32.86	150m:	1:50.72 39.84	250m:	3:12.33 42.03	350m:	4:34.28 38.39	
	100m:	1:10.88 38.02	200m:	2:30.30 39.58	300m:	3:55.89 43.56	400m:	5:10.91 36.63	
10.	Bieli ska Karolina		99	Słowianka Gorzów Wlkp.				5:16.72	558 B
	50m:	32.71 32.71	150m:	1:52.97 42.46	250m:	3:17.77 42.49	350m:	4:40.45 37.87	
	100m:	1:10.51 37.80	200m:	2:35.28 42.31	300m:	4:02.58 44.81	400m:	5:16.72 36.27	
11.	Smoła Monika		99	Delfin Toru				5:21.08	536 B
	50m:	33.34 33.34	150m:	1:53.97 42.60	250m:	3:21.58 45.92	350m:	4:45.38 36.59	
	100m:	1:11.37 38.03	200m:	2:35.66 41.69	300m:	4:08.79 47.21	400m:	5:21.08 35.70	
12.	Sikora Adrianna SK		99	SMS Galicja Kraków				5:25.21	516 B
	50m:	34.72 34.72	150m:	1:55.16 40.63	250m:	3:22.68 47.41	350m:	4:48.62 38.01	
	100m:	1:14.53 39.81	200m:	2:35.27 40.11	300m:	4:10.61 47.93	400m:	5:25.21 36.59	
13.	Chamera Weronika SO		99	Motyl MOSiR St. Wola				5:29.51	496 B
	50m:	34.42 34.42	150m:	1:59.33 43.26	250m:	3:25.80 44.65	350m:	4:52.29 40.35	
	100m:	1:16.07 41.65	200m:	2:41.15 41.82	300m:	4:11.94 46.14	400m:	5:29.51 37.22	
14.	R czka Marika		99	Pirania Targówek Warszawa				5:36.52	465 B
	50m:	35.88 35.88	150m:	2:02.37 45.30	250m:	3:33.54 47.32	350m:	4:59.44 38.42	
	100m:	1:17.07 41.19	200m:	2:46.22 43.85	300m:	4:21.02 47.48	400m:	5:36.52 37.08	
15.	Fuks Gabriela		99	Gilus Gilowice				5:38.85	456 B
	50m:	34.94 34.94	150m:	1:59.93 42.90	250m:	3:31.07 47.69	350m:	5:00.15 39.75	
	100m:	1:17.03 42.09	200m:	2:43.38 43.45	300m:	4:20.40 49.33	400m:	5:38.85 38.70	
16.	Zdunek Klaudia		99	Polonez Wyszaków				5:45.36	430 B
	50m:	33.75 33.75	150m:	1:58.25 43.20	250m:	3:31.98 50.45	350m:	5:05.61 42.07	
	100m:	1:15.05 41.30	200m:	2:41.53 43.28	300m:	4:23.54 51.56	400m:	5:45.36 39.75	