



Zimowe Mistrzostwa Polski Juniorów 16-letnich
O wi cim, 13/ - 15/3/2015



Konkurencja 11
13/3/2015 - 18:41

Dziewcz t, 400m zmienny

16 lat
Wyniki Finał

Rekord Polski 16lat 4:42.49 Jedrzejczak Otylia POL ??? 1/12/1999
Minimum IE Baku 4:49.38

Punkty: FINA 2014

Pozycja	Rok ur.	Czas	Pkt.
Finał A			
1. Piechota Paulina	99 UKS 190 Łód	4:46.38	755
<i>Minimum IE Baku</i>			
50m: 30.60 30.60	150m: 1:41.24 36.15	250m: 2:57.98 40.88	350m: 4:13.77 34.15
100m: 1:05.09 34.49	200m: 2:17.10 35.86	300m: 3:39.62 41.64	400m: 4:46.38 32.61
2. Adamczyk Julia	99 Lublinianka Lublin	4:51.59	715
50m: 31.29 31.29	150m: 1:43.82 36.95	250m: 3:01.64 41.36	350m: 4:18.50 33.44
100m: 1:06.87 35.58	200m: 2:20.28 36.46	300m: 3:45.06 43.42	400m: 4:51.59 33.09
3. Janiszewska Dominika SWwa	99 Polonia Warszawa	4:57.61	673
50m: 31.06 31.06	150m: 1:45.80 39.03	250m: 3:04.81 41.07	350m: 4:22.00 35.02
100m: 1:06.77 35.71	200m: 2:23.74 37.94	300m: 3:46.98 42.17	400m: 4:57.61 35.61
4. Paj k Liliana SO	99 Unia O wi cim	5:00.72	652
50m: 32.34 32.34	150m: 1:46.87 38.21	250m: 3:07.32 42.99	350m: 4:26.38 35.35
100m: 1:08.66 36.32	200m: 2:24.33 37.46	300m: 3:51.03 43.71	400m: 5:00.72 34.34
5. Trafas Kornelia	99 Warta Pozna	5:04.21	630
50m: 32.37 32.37	150m: 1:50.62 40.08	250m: 3:13.31 43.60	350m: 4:32.77 35.81
100m: 1:10.54 38.17	200m: 2:29.71 39.09	300m: 3:56.96 43.65	400m: 5:04.21 31.44
6. Prochownik Olimpia SO	99 Unia O wi cim	5:05.73	621
50m: 32.75 32.75	150m: 1:50.26 40.35	250m: 3:10.18 40.61	350m: 4:29.59 37.84
100m: 1:09.91 37.16	200m: 2:29.57 39.31	300m: 3:51.75 41.57	400m: 5:05.73 36.14
7. Leszczy ska Klaudia Julia SO	99 Unia O wi cim	5:08.32	605
50m: 31.90 31.90	150m: 1:48.45 39.47	250m: 3:11.83 44.34	350m: 4:32.69 36.68
100m: 1:08.98 37.08	200m: 2:27.49 39.04	300m: 3:56.01 44.18	400m: 5:08.32 35.63
8. Filipek Jagoda	99 I sk Wrocław	5:12.32	582
50m: 31.61 31.61	150m: 1:48.82 40.55	250m: 3:12.66 44.44	350m: 4:35.66 37.94
100m: 1:08.27 36.66	200m: 2:28.22 39.40	300m: 3:57.72 45.06	400m: 5:12.32 36.66
Finał B			
9. Nowak Marta SO	99 MMKS K dzierzyn Ko le	5:11.89	585
50m: 33.05 33.05	150m: 1:50.45 39.66	250m: 3:12.97 43.14	350m: 4:35.52 38.43
100m: 1:10.79 37.74	200m: 2:29.83 39.38	300m: 3:57.09 44.12	400m: 5:11.89 36.37
10. Bieli ska Karolina	99 Słowianka Gorzów Wlkp.	5:15.13	567
50m: 32.04 32.04	150m: 1:50.83 41.70	250m: 3:16.90 42.93	350m: 4:39.84 37.69
100m: 1:09.13 37.09	200m: 2:33.97 43.14	300m: 4:02.15 45.25	400m: 5:15.13 35.29
11. Smoła Monika	99 Delfin Toru	5:16.74	558
50m: 32.40 32.40	150m: 1:51.85 41.99	250m: 3:19.19 46.34	350m: 4:41.97 35.77
100m: 1:09.86 37.46	200m: 2:32.85 41.00	300m: 4:06.20 47.01	400m: 5:16.74 34.77
12. Zdunek Klaudia	99 Polonez Wyszaków	5:27.60	504
50m: 34.21 34.21	150m: 1:58.19 42.96	250m: 3:25.01 45.21	350m: 4:51.31 39.03
100m: 1:15.23 41.02	200m: 2:39.80 41.61	300m: 4:12.28 47.27	400m: 5:27.60 36.29
13. Chamera Weronika SO	99 Motyl MOSiR St. Wola	5:27.61	504
50m: 34.36 34.36	150m: 1:59.95 43.42	250m: 3:26.45 43.91	350m: 4:52.32 40.39
100m: 1:16.53 42.17	200m: 2:42.54 42.59	300m: 4:11.93 45.48	400m: 5:27.61 35.29
14. R czka Marika	99 Pirania Targówek Warszawa	5:33.53	478
50m: 34.87 34.87	150m: 2:01.51 45.53	250m: 3:32.46 47.00	350m: 4:57.91 37.39
100m: 1:15.98 41.11	200m: 2:45.46 43.95	300m: 4:20.52 48.06	400m: 5:33.53 35.62
15. Sikora Adrianna SK	99 SMS Galicja Kraków	5:33.82	477
50m: 37.02 37.02	150m: 2:00.39 42.65	250m: 3:32.90 50.18	350m: 4:58.51 38.01
100m: 1:17.74 40.72	200m: 2:42.72 42.33	300m: 4:20.50 47.60	400m: 5:33.82 35.31