



Zimowe Mistrzostwa Polski Juniorów 16-letnich  
O wi cim, 13/ - 15/3/2015



Konkurencja 19  
14/3/2015 - 9:42

Dziewcz t, 400m dowolny

16 lat  
Wyniki Eliminacje

Rekord Polski 16lat 4:08.04 Kilija ska Donata 00612 Poznan 17/12/2011  
Minimum IE Baku 4:15.67

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
1.	Szatanek Julia		99	MKP Szczecin				<b>4:24.20</b>	699 A
	50m:	30.09 30.09	150m:	1:35.87 33.11	250m:		350m:	3:51.75 33.82	
	100m:	1:02.76 32.67	200m:	2:44.08 1:08.21	300m:	3:17.93	400m:	4:24.20 32.45	
2.	Roman Magdalena SWwa		99	Polonia Warszawa				<b>4:25.16</b>	691 A
	50m:	29.97 29.97	150m:	1:36.29 33.56	250m:	2:44.17 33.86	350m:	3:51.84 34.10	
	100m:	1:02.73 32.76	200m:	2:10.31 34.02	300m:	3:17.74 33.57	400m:	4:25.16 33.32	
3.	Piechota Paulina		99	UKS 190 Łód				<b>4:26.61</b>	680 A
	50m:	30.90 30.90	150m:	1:37.67 33.36	250m:	2:44.98 33.85	350m:	3:52.96 33.88	
	100m:	1:04.31 33.41	200m:	2:11.13 33.46	300m:	3:19.08 34.10	400m:	4:26.61 33.65	
4.	Lichwa Dominika SO		99	Unia O wi cim				<b>4:28.22</b>	668 A
	50m:	31.21 31.21	150m:	1:38.87 33.89	250m:	2:47.13	350m:	3:55.27 34.09	
	100m:	1:04.98 33.77	200m:		300m:	3:21.18 34.05	400m:	4:28.22 32.95	
5.	Król Oliwia		99	Trójka Łód				<b>4:30.57</b>	651 A
	50m:	31.79 31.79	150m:	1:39.98 34.06	250m:	2:48.05 34.06	350m:	3:56.44 34.35	
	100m:	1:05.92 34.13	200m:	2:13.99 34.01	300m:	3:22.09 34.04	400m:	4:30.57 34.13	
6.	Janiszewska Dominika SWwa		99	Polonia Warszawa				<b>4:31.27</b>	646 A
	50m:	31.14 31.14	150m:	1:39.36 34.80	250m:	2:48.15 33.40	350m:	3:58.36 35.46	
	100m:	1:04.56 33.42	200m:	2:14.75 35.39	300m:	3:22.90 34.75	400m:	4:31.27 32.91	
7.	Leszczy ska Klaudia Julia SO		99	Unia O wi cim				<b>4:31.76</b>	642 A
	50m:	30.82 30.82	150m:	1:39.25 34.35	250m:	2:48.77 34.72	350m:	3:57.75 34.61	
	100m:	1:04.90 34.08	200m:	2:14.05 34.80	300m:	3:23.14 34.37	400m:	4:31.76 34.01	
8.	Zrobek Natalia		99	Jedynka Łód				<b>4:32.20</b>	639 A
	50m:	31.23 31.23	150m:	1:40.37 35.03	250m:	2:49.27 34.07	350m:	3:59.28 34.88	
	100m:	1:05.34 34.11	200m:	2:15.20 34.83	300m:	3:24.40 35.13	400m:	4:32.20 32.92	
9.	liwowska Katarzyna SO		99	Unia O wi cim				<b>4:32.45</b>	637 B
	50m:	31.03 31.03	150m:	1:39.91 34.70	250m:	2:49.74 34.75	350m:	3:58.94 34.51	
	100m:	1:05.21 34.18	200m:	2:14.99 35.08	300m:	3:24.43 34.69	400m:	4:32.45 33.51	
10.	Suchcicka Zuzanna		99	MOSiR Sopot				<b>4:33.12</b>	633 B
	50m:	31.30 31.30	150m:	1:40.10 34.65	250m:	2:49.95 34.88	350m:	3:59.72 34.82	
	100m:	1:05.45 34.15	200m:	2:15.07 34.97	300m:	3:24.90 34.95	400m:	4:33.12 33.40	
11.	wi der Patrycja		99	Park Wodny Tarn. Góry				<b>4:35.95</b>	613 B
	50m:	31.85 31.85	150m:	1:40.95	250m:	2:50.66 34.86	350m:		
	100m:		200m:	2:15.80 34.85	300m:	3:26.19 35.53	400m:	4:35.95	
12.	Wałek Julia		99	I sk Wrocław				<b>4:37.84</b>	601 B
	50m:	31.99 31.99	150m:	1:41.36 34.92	250m:	2:51.74 35.21	350m:	4:02.71 35.46	
	100m:	1:06.44 34.45	200m:	2:16.53 35.17	300m:	3:27.25 35.51	400m:	4:37.84 35.13	
13.	Rzo ca Patrycja		99	I sk Wrocław				<b>4:38.08</b>	599 B
	50m:	31.69 31.69	150m:	1:41.54 35.42	250m:	2:52.23 35.04	350m:	4:03.61 35.46	
	100m:	1:06.12 34.43	200m:	2:17.19 35.65	300m:	3:28.15 35.92	400m:	4:38.08 34.47	
14.	wi tek Zuzanna SR		99	Unia Racibórz				<b>4:39.71</b>	589 B
	50m:	31.80 31.80	150m:	1:41.53 35.27	250m:	2:53.07 35.86	350m:	4:05.18 36.12	
	100m:	1:06.26 34.46	200m:	2:17.21 35.68	300m:	3:29.06 35.99	400m:	4:39.71 34.53	
15.	Góralczyk Anna SO		99	Unia O wi cim				<b>4:39.77</b>	589 B
	50m:	31.46 31.46	150m:	1:41.76 35.34	250m:	2:53.27 35.72	350m:	4:05.37 35.92	
	100m:	1:06.42 34.96	200m:	2:17.55 35.79	300m:	3:29.45 36.18	400m:	4:39.77 34.40	
16.	Leo czuk Sara		99	UKS G - 8 Bielany				<b>4:39.87</b>	588 B
	50m:	31.47 31.47	150m:	1:40.24 34.75	250m:	2:51.29 35.87	350m:	4:04.38 36.63	
	100m:	1:05.49 34.02	200m:	2:15.42 35.18	300m:	3:27.75 36.46	400m:	4:39.87 35.49	



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Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 16 lat

Pozycja				Rok ur.					Czas	Pkt.	
17.	Zadumi ska Weronika			99	Polonia Warszawa				<b>4:41.59</b>	577	R
	50m: 31.59	31.59	150m: 1:41.84	35.79	250m: 2:53.97	36.01	350m: 4:06.71	36.31			
	100m: 1:06.05	34.46	200m: 2:17.96	36.12	300m: 3:30.40	36.43	400m: 4:41.59	34.88			
18.	Kładoczna Julia			99	oliborz Warszawa				<b>4:42.51</b>	572	R
	50m: 32.00	32.00	150m: 1:41.72	35.15	250m: 2:54.09	36.58	350m: 4:07.23	36.52			
	100m: 1:06.57	34.57	200m: 2:17.51	35.79	300m: 3:30.71	36.62	400m: 4:42.51	35.28			
19.	Tymofejewicz Natalia SO			99	Motyl MOSiR St. Wola				<b>4:42.97</b>	569	
	50m: 33.16	33.16	150m: 1:44.71	35.95	250m: 2:56.21	35.48	350m: 4:08.29	36.13			
	100m: 1:08.76	35.60	200m: 2:20.73	36.02	300m: 3:32.16	35.95	400m: 4:42.97	34.68			
20.	Rzepczy ska Patrycja SO			99	Unia O wi cim				<b>4:43.36</b>	566	
	50m: 32.14	32.14	150m: 1:43.31	36.05	250m: 2:55.77	36.42	350m: 4:08.98	36.77			
	100m: 1:07.26	35.12	200m: 2:19.35	36.04	300m: 3:32.21	36.44	400m: 4:43.36	34.38			
21.	Kantorska Daria			99	UKS G - 8 Bielany				<b>4:44.54</b>	559	
	50m: 32.43	32.43	150m: 1:42.46	35.49	250m: 2:54.73	36.31	350m: 4:08.71	37.24			
	100m: 1:06.97	34.54	200m: 2:18.42	35.96	300m: 3:31.47	36.74	400m: 4:44.54	35.83			
22.	Janecka Zuzanna			99	MOS D browa Grn.				<b>4:44.76</b>	558	
	50m: 31.16	31.16	150m: 1:41.67	35.80	250m: 2:54.81	36.91	350m: 4:08.41	36.85			
	100m: 1:05.87	34.71	200m: 2:17.90	36.23	300m: 3:31.56	36.75	400m: 4:44.76	36.35			
23.	Smoła Monika			99	Delfin Toru				<b>4:45.80</b>	552	
	50m: 31.44	31.44	150m: 1:43.96	36.80	250m: 2:57.26	37.01	350m: 4:10.64	36.66			
	100m: 1:07.16	35.72	200m: 2:20.25	36.29	300m: 3:33.98	36.72	400m: 4:45.80	35.16			
24.	Rybi ska Marcelina			99	I sk Wrocław				<b>4:46.74</b>	547	
	50m: 33.93	33.93	150m: 1:47.04	36.77	250m: 3:00.01	36.32	350m: 4:12.15	36.01			
	100m: 1:10.27	36.34	200m: 2:23.69	36.65	300m: 3:36.14	36.13	400m: 4:46.74	34.59			
25.	Bieli ska Karolina			99	Słowianka Gorzów Wlkp.				<b>4:47.18</b>	544	
	50m: 32.13	32.13	150m: 1:43.12	36.14	250m: 2:56.46	37.14	350m: 4:11.14	37.16			
	100m: 1:06.98	34.85	200m: 2:19.32	36.20	300m: 3:33.98	37.52	400m: 4:47.18	36.04			
26.	Bazyłko Joanna			99	Jagiellonka Warszawa				<b>4:48.25</b>	538	
	50m: 32.37	32.37	150m: 1:44.82	36.66	250m: 2:58.35	36.60	350m: 4:12.63	36.81			
	100m: 1:08.16	35.79	200m: 2:21.75	36.93	300m: 3:35.82	37.47	400m: 4:48.25	35.62			
27.	ukowska Natalia			99	Glosator Kraków				<b>4:48.42</b>	537	
	50m: 32.60	32.60	150m: 1:45.33	36.74	250m: 2:58.60	36.62	350m: 4:12.56	37.10			
	100m: 1:08.59	35.99	200m: 2:21.98	36.65	300m: 3:35.46	36.86	400m: 4:48.42	35.86			
28.	Filipkowska Dominika			99	Ro Pisz				<b>4:49.87</b>	529	
	50m: 31.88	31.88	150m: 1:40.64	34.88	250m: 2:53.57	36.92	350m: 4:10.84	39.04			
	100m: 1:05.76	33.88	200m: 2:16.65	36.01	300m: 3:31.80	38.23	400m: 4:49.87	39.03			
29.	Kosowska Karolina			99	Meduza Paj czno				<b>4:50.12</b>	528	
	50m: 33.98	33.98	150m: 1:47.85	37.41	250m: 3:01.73	36.95	350m: 4:14.57	36.37			
	100m: 1:10.44	36.46	200m: 2:24.78	36.93	300m: 3:38.20	36.47	400m: 4:50.12	35.55			
30.	Brembor Patrycja			99	AZS AWF Katowice				<b>4:50.98</b>	523	
	50m: 32.63	32.63	150m: 1:45.77	36.94	250m: 3:00.70	37.74	350m: 4:14.93	37.09			
	100m: 1:08.83	36.20	200m: 2:22.96	37.19	300m: 3:37.84	37.14	400m: 4:50.98	36.05			
31.	Lipiarska Zofia			99	Kmita Zabierzów				<b>4:53.16</b>	511	
	50m: 32.48	32.48	150m: 1:45.50	37.20	250m: 3:01.45	37.96	350m: 4:16.56	37.23			
	100m: 1:08.30	35.82	200m: 2:23.49	37.99	300m: 3:39.33	37.88	400m: 4:53.16	36.60			
32.	Petters Klaudia			99	Oxpress Bolesławiec				<b>4:54.94</b>	502	
	50m: 32.74	32.74	150m: 1:45.57	36.95	250m: 3:01.18	38.00	350m: 4:17.44	38.28			
	100m: 1:08.62	35.88	200m: 2:23.18	37.61	300m: 3:39.16	37.98	400m: 4:54.94	37.50			
33.	Jaworska Aleksandra			99	Słowianka Gorzów Wlkp.				<b>4:55.33</b>	500	
	50m: 33.86	33.86	150m: 1:48.64	37.51	250m: 3:03.12	37.35	350m:				
	100m: 1:11.13	37.27	200m: 2:25.77	37.13	300m: 3:41.51	38.39	400m: 4:55.33				



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Pozycja				Rok ur.					Czas	Pkt.
34.	Pyrlík Paulina SO			99	Unia O wi cim				<b>4:56.02</b>	497
	50m: 33.41	33.41	150m: 1:46.45	37.07	250m: 3:01.64	37.65	350m: 4:19.30	38.72		
	100m: 1:09.38	35.97	200m: 2:23.99	37.54	300m: 3:40.58	38.94	400m: 4:56.02	36.72		
35.	Noworzyn Wiktoria			99	MOS D browa Grn.				<b>4:59.05</b>	482
	50m: 33.46	33.46	150m: 1:47.58	37.55	250m: 3:04.21	38.54	350m: 4:21.80	39.02		
	100m: 1:10.03	36.57	200m: 2:25.67	38.09	300m: 3:42.78	38.57	400m: 4:59.05	37.25		
36.	Skudlík Magdalena			99	Manta Kochłowice Ruda I.				<b>5:02.12</b>	467
	50m: 33.02	33.02	150m: 1:45.56	36.88	250m: 3:02.67	39.13	350m: 4:22.66	40.31		
	100m: 1:08.68	35.66	200m: 2:23.54	37.98	300m: 3:42.35	39.68	400m: 5:02.12	39.46		
37.	Musztáfaga Maja			99	MKP Szczecin				<b>5:02.70</b>	465
	50m: 33.47	33.47	150m: 1:47.95	37.57	250m: 3:04.48	38.13	350m: 4:23.66	39.28		
	100m: 1:10.38	36.91	200m: 2:26.35	38.40	300m: 3:44.38	39.90	400m: 5:02.70	39.04		
38.	Pili ska Adrianna			99	KSZO Ostrowiec w.				<b>5:07.86</b>	442
	50m: 33.04	33.04	150m: 1:49.38	38.98	250m: 3:08.90	40.11	350m: 4:29.50	40.24		
	100m: 1:10.40	37.36	200m: 2:28.79	39.41	300m: 3:49.26	40.36	400m: 5:07.86	38.36		
39.	Szewczyk Dominika			99	Ruch Grudzi dz				<b>5:15.50</b>	410
	50m: 34.75	34.75	150m: 1:53.26	39.84	250m: 3:14.33	41.09	350m: 4:35.53	40.92		
	100m: 1:13.42	38.67	200m: 2:33.24	39.98	300m: 3:54.61	40.28	400m: 5:15.50	39.97		
40.	Kaniuczak Sylwia			99	Sokół Rzeszów				<b>5:23.20</b>	382
	50m: 32.46	32.46	150m: 1:51.83	41.67	250m:	350m: 4:42.36				
	100m: 1:10.16	37.70	200m:		300m:	400m: 5:23.20	40.84			