



Zimowe Mistrzostwa Polski Juniorów 16-letnich  
O wi c im, 13/ - 15/3/2015



Event 19  
14/3/2015 - 9:42

Girls, 400m Freestyle

16 years  
Results Prelim

Rekord Polski 16lat 4:08.04 Kilija ska Donata 00612 Poznan 17/12/2011  
Minimum IE Baku 4:15.67

Points: FINA 2014

Rank	YB			Time			Pts	
1.	Szatanek Julia	99	Bogdan			<b>4:24.20</b>	699	A
	50m: 30.09 30.09	150m: 1:35.87 33.11	250m: 350m:	3:51.75 33.82				
	100m: 1:02.76 32.67	200m: 2:44.08 1:08.21	300m: 3:17.93	400m: 4:24.20 32.45				
2.	Roman Magdalena SWwa	99	Polonia Warszawa			<b>4:25.16</b>	691	A
	50m: 29.97 29.97	150m: 1:36.29 33.56	250m: 2:44.17 33.86	350m: 3:51.84 34.10				
	100m: 1:02.73 32.76	200m: 2:10.31 34.02	300m: 3:17.74 33.57	400m: 4:25.16 33.32				
3.	Piechota Paulina	99	UKS 190 Lodz			<b>4:26.61</b>	680	A
	50m: 30.90 30.90	150m: 1:37.67 33.36	250m: 2:44.98 33.85	350m: 3:52.96 33.88				
	100m: 1:04.31 33.41	200m: 2:11.13 33.46	300m: 3:19.08 34.10	400m: 4:26.61 33.65				
4.	Lichwa Dominika SO	99	Unia Oswiecim			<b>4:28.22</b>	668	A
	50m: 31.21 31.21	150m: 1:38.87 33.89	250m: 2:47.13	350m: 3:55.27 34.09				
	100m: 1:04.98 33.77	200m:	300m: 3:21.18 34.05	400m: 4:28.22 32.95				
5.	Krol Oliwia	99	Trojka Lodz			<b>4:30.57</b>	651	A
	50m: 31.79 31.79	150m: 1:39.98 34.06	250m: 2:48.05 34.06	350m: 3:56.44 34.35				
	100m: 1:05.92 34.13	200m: 2:13.99 34.01	300m: 3:22.09 34.04	400m: 4:30.57 34.13				
6.	Janiszewska Dominika SWwa	99	Polonia Warszawa			<b>4:31.27</b>	646	A
	50m: 31.14 31.14	150m: 1:39.36 34.80	250m: 2:48.15 33.40	350m: 3:58.36 35.46				
	100m: 1:04.56 33.42	200m: 2:14.75 35.39	300m: 3:22.90 34.75	400m: 4:31.27 32.91				
7.	Leszczynska Klaudia Julia SO	99	Unia Oswiecim			<b>4:31.76</b>	642	A
	50m: 30.82 30.82	150m: 1:39.25 34.35	250m: 2:48.77 34.72	350m: 3:57.75 34.61				
	100m: 1:04.90 34.08	200m: 2:14.05 34.80	300m: 3:23.14 34.37	400m: 4:31.76 34.01				
8.	Zrobek Natalia	99	Jedynka Lodz			<b>4:32.20</b>	639	A
	50m: 31.23 31.23	150m: 1:40.37 35.03	250m: 2:49.27 34.07	350m: 3:59.28 34.88				
	100m: 1:05.34 34.11	200m: 2:15.20 34.83	300m: 3:24.40 35.13	400m: 4:32.20 32.92				
9.	Sliwowska Katarzyna SO	99	Unia Oswiecim			<b>4:32.45</b>	637	B
	50m: 31.03 31.03	150m: 1:39.91 34.70	250m: 2:49.74 34.75	350m: 3:58.94 34.51				
	100m: 1:05.21 34.18	200m: 2:14.99 35.08	300m: 3:24.43 34.69	400m: 4:32.45 33.51				
10.	Suchcicka Zuzanna	99	MOSiR Sopot			<b>4:33.12</b>	633	B
	50m: 31.30 31.30	150m: 1:40.10 34.65	250m: 2:49.95 34.88	350m: 3:59.72 34.82				
	100m: 1:05.45 34.15	200m: 2:15.07 34.97	300m: 3:24.90 34.95	400m: 4:33.12 33.40				
11.	Swiader Patrycja	99	Park Wodny Tarn. Gory			<b>4:35.95</b>	613	B
	50m: 31.85 31.85	150m: 1:40.95	250m: 2:50.66 34.86	350m:				
	100m:	200m: 2:15.80 34.85	300m: 3:26.19 35.53	400m: 4:35.95				
12.	Walek Julia	99	Slask Wroclaw			<b>4:37.84</b>	601	B
	50m: 31.99 31.99	150m: 1:41.36 34.92	250m: 2:51.74 35.21	350m: 4:02.71 35.46				
	100m: 1:06.44 34.45	200m: 2:16.53 35.17	300m: 3:27.25 35.51	400m: 4:37.84 35.13				
13.	Rzonca Patrycja	99	Slask Wroclaw			<b>4:38.08</b>	599	B
	50m: 31.69 31.69	150m: 1:41.54 35.42	250m: 2:52.23 35.04	350m: 4:03.61 35.46				
	100m: 1:06.12 34.43	200m: 2:17.19 35.65	300m: 3:28.15 35.92	400m: 4:38.08 34.47				
14.	Swiatek Zuzanna SR	99	Unia Raciborz			<b>4:39.71</b>	589	B
	50m: 31.80 31.80	150m: 1:41.53 35.27	250m: 2:53.07 35.86	350m: 4:05.18 36.12				
	100m: 1:06.26 34.46	200m: 2:17.21 35.68	300m: 3:29.06 35.99	400m: 4:39.71 34.53				
15.	Goralczyk Anna SO	99	Unia Oswiecim			<b>4:39.77</b>	589	B
	50m: 31.46 31.46	150m: 1:41.76 35.34	250m: 2:53.27 35.72	350m: 4:05.37 35.92				
	100m: 1:06.42 34.96	200m: 2:17.55 35.79	300m: 3:29.45 36.18	400m: 4:39.77 34.40				
16.	Leonczuk Sara	99	UKS G - 8 Bielany			<b>4:39.87</b>	588	B
	50m: 31.47 31.47	150m: 1:40.24 34.75	250m: 2:51.29 35.87	350m: 4:04.38 36.63				
	100m: 1:05.49 34.02	200m: 2:15.42 35.18	300m: 3:27.75 36.46	400m: 4:39.87 35.49				



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Rank					YB					Time	Pts	
17.	Zaduminska Weronika				99	Polonia Warszawa				<b>4:41.59</b>	577 R	
	50m:	31.59	31.59	150m:	1:41.84	35.79	250m:	2:53.97	36.01	350m:	4:06.71	36.31
	100m:	1:06.05	34.46	200m:	2:17.96	36.12	300m:	3:30.40	36.43	400m:	4:41.59	34.88
18.	Kladoczna Julia				99	Zoliborz Warszawa				<b>4:42.51</b>	572 R	
	50m:	32.00	32.00	150m:	1:41.72	35.15	250m:	2:54.09	36.58	350m:	4:07.23	36.52
	100m:	1:06.57	34.57	200m:	2:17.51	35.79	300m:	3:30.71	36.62	400m:	4:42.51	35.28
19.	Tymofejewicz Natalia SO				99	Motyl MOSiR St. Wola				<b>4:42.97</b>	569	
	50m:	33.16	33.16	150m:	1:44.71	35.95	250m:	2:56.21	35.48	350m:	4:08.29	36.13
	100m:	1:08.76	35.60	200m:	2:20.73	36.02	300m:	3:32.16	35.95	400m:	4:42.97	34.68
20.	Rzepczynska Patrycja SO				99	Unia Oswiecim				<b>4:43.36</b>	566	
	50m:	32.14	32.14	150m:	1:43.31	36.05	250m:	2:55.77	36.42	350m:	4:08.98	36.77
	100m:	1:07.26	35.12	200m:	2:19.35	36.04	300m:	3:32.21	36.44	400m:	4:43.36	34.38
21.	Kantorska Daria				99	UKS G - 8 Bielany				<b>4:44.54</b>	559	
	50m:	32.43	32.43	150m:	1:42.46	35.49	250m:	2:54.73	36.31	350m:	4:08.71	37.24
	100m:	1:06.97	34.54	200m:	2:18.42	35.96	300m:	3:31.47	36.74	400m:	4:44.54	35.83
22.	Janecka Zuzanna				99	MOS Dabrowa Grn.				<b>4:44.76</b>	558	
	50m:	31.16	31.16	150m:	1:41.67	35.80	250m:	2:54.81	36.91	350m:	4:08.41	36.85
	100m:	1:05.87	34.71	200m:	2:17.90	36.23	300m:	3:31.56	36.75	400m:	4:44.76	36.35
23.	Smola Monika				99	Delfin Torun				<b>4:45.80</b>	552	
	50m:	31.44	31.44	150m:	1:43.96	36.80	250m:	2:57.26	37.01	350m:	4:10.64	36.66
	100m:	1:07.16	35.72	200m:	2:20.25	36.29	300m:	3:33.98	36.72	400m:	4:45.80	35.16
24.	Rybinska Marcelina				99	Slask Wroclaw				<b>4:46.74</b>	547	
	50m:	33.93	33.93	150m:	1:47.04	36.77	250m:	3:00.01	36.32	350m:	4:12.15	36.01
	100m:	1:10.27	36.34	200m:	2:23.69	36.65	300m:	3:36.14	36.13	400m:	4:46.74	34.59
25.	Bielinska Karolina				99	Slowianka Gorzow Wlkp.				<b>4:47.18</b>	544	
	50m:	32.13	32.13	150m:	1:43.12	36.14	250m:	2:56.46	37.14	350m:	4:11.14	37.16
	100m:	1:06.98	34.85	200m:	2:19.32	36.20	300m:	3:33.98	37.52	400m:	4:47.18	36.04
26.	Bazyliko Joanna				99	Jagiellonka Warszawa				<b>4:48.25</b>	538	
	50m:	32.37	32.37	150m:	1:44.82	36.66	250m:	2:58.35	36.60	350m:	4:12.63	36.81
	100m:	1:08.16	35.79	200m:	2:21.75	36.93	300m:	3:35.82	37.47	400m:	4:48.25	35.62
27.	Zukowska Natalia				99	Glosator Krakow				<b>4:48.42</b>	537	
	50m:	32.60	32.60	150m:	1:45.33	36.74	250m:	2:58.60	36.62	350m:	4:12.56	37.10
	100m:	1:08.59	35.99	200m:	2:21.98	36.65	300m:	3:35.46	36.86	400m:	4:48.42	35.86
28.	Filipkowska Dominika				99	Ros Pisz				<b>4:49.87</b>	529	
	50m:	31.88	31.88	150m:	1:40.64	34.88	250m:	2:53.57	36.92	350m:	4:10.84	39.04
	100m:	1:05.76	33.88	200m:	2:16.65	36.01	300m:	3:31.80	38.23	400m:	4:49.87	39.03
29.	Kosowska Karolina				99	Meduza Pajeczno				<b>4:50.12</b>	528	
	50m:	33.98	33.98	150m:	1:47.85	37.41	250m:	3:01.73	36.95	350m:	4:14.57	36.37
	100m:	1:10.44	36.46	200m:	2:24.78	36.93	300m:	3:38.20	36.47	400m:	4:50.12	35.55
30.	Brembor Patrycja				99	AZS AWF Katowice				<b>4:50.98</b>	523	
	50m:	32.63	32.63	150m:	1:45.77	36.94	250m:	3:00.70	37.74	350m:	4:14.93	37.09
	100m:	1:08.83	36.20	200m:	2:22.96	37.19	300m:	3:37.84	37.14	400m:	4:50.98	36.05
31.	Lipiarska Zofia				99	Kmity Zabierzow				<b>4:53.16</b>	511	
	50m:	32.48	32.48	150m:	1:45.50	37.20	250m:	3:01.45	37.96	350m:	4:16.56	37.23
	100m:	1:08.30	35.82	200m:	2:23.49	37.99	300m:	3:39.33	37.88	400m:	4:53.16	36.60
32.	Petters Klaudia				99	Oxpress Boleslawiec				<b>4:54.94</b>	502	
	50m:	32.74	32.74	150m:	1:45.57	36.95	250m:	3:01.18	38.00	350m:	4:17.44	38.28
	100m:	1:08.62	35.88	200m:	2:23.18	37.61	300m:	3:39.16	37.98	400m:	4:54.94	37.50
33.	Jaworska Aleksandra				99	Slowianka Gorzow Wlkp.				<b>4:55.33</b>	500	
	50m:	33.86	33.86	150m:	1:48.64	37.51	250m:	3:03.12	37.35	350m:		
	100m:	1:11.13	37.27	200m:	2:25.77	37.13	300m:	3:41.51	38.39	400m:	4:55.33	



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Rank			YB					Time	Pts
34.	Pyrlík Paulina SO		99	Unia Oswiecim				<b>4:56.02</b>	497
	50m: 33.41	33.41	150m: 1:46.45	37.07	250m: 3:01.64	37.65	350m: 4:19.30	38.72	
	100m: 1:09.38	35.97	200m: 2:23.99	37.54	300m: 3:40.58	38.94	400m: 4:56.02	36.72	
35.	Noworzyn Wiktoria		99	MOS Dabrowa Grn.				<b>4:59.05</b>	482
	50m: 33.46	33.46	150m: 1:47.58	37.55	250m: 3:04.21	38.54	350m: 4:21.80	39.02	
	100m: 1:10.03	36.57	200m: 2:25.67	38.09	300m: 3:42.78	38.57	400m: 4:59.05	37.25	
36.	Skudlik Magdalena		99	Manta Kochlowice Ruda Sl.				<b>5:02.12</b>	467
	50m: 33.02	33.02	150m: 1:45.56	36.88	250m: 3:02.67	39.13	350m: 4:22.66	40.31	
	100m: 1:08.68	35.66	200m: 2:23.54	37.98	300m: 3:42.35	39.68	400m: 5:02.12	39.46	
37.	Musztafaga Maja		99	Bogdan				<b>5:02.70</b>	465
	50m: 33.47	33.47	150m: 1:47.95	37.57	250m: 3:04.48	38.13	350m: 4:23.66	39.28	
	100m: 1:10.38	36.91	200m: 2:26.35	38.40	300m: 3:44.38	39.90	400m: 5:02.70	39.04	
38.	Pilinska Adrianna		99	KSZO Ostrowiec Sw.				<b>5:07.86</b>	442
	50m: 33.04	33.04	150m: 1:49.38	38.98	250m: 3:08.90	40.11	350m: 4:29.50	40.24	
	100m: 1:10.40	37.36	200m: 2:28.79	39.41	300m: 3:49.26	40.36	400m: 5:07.86	38.36	
39.	Szewczyk Dominika		99	Ruch Grudziadz				<b>5:15.50</b>	410
	50m: 34.75	34.75	150m: 1:53.26	39.84	250m: 3:14.33	41.09	350m: 4:35.53	40.92	
	100m: 1:13.42	38.67	200m: 2:33.24	39.98	300m: 3:54.61	40.28	400m: 5:15.50	39.97	
40.	Kaniuczak Sylwia		99	Sokol Rzeszow				<b>5:23.20</b>	382
	50m: 32.46	32.46	150m: 1:51.83	41.67	250m:		350m: 4:42.36		
	100m: 1:10.16	37.70	200m:		300m:		400m: 5:23.20	40.84	