

Konkurencja 4
17/4/2015 - 17:35

M czyzn, 400m zmienny

12 lat i starsi
Wyniki

Punkty: FINA 2014

Pozycja				Rok ur.				Czas	Pkt.
16 - 24 lat									
1.	Szczepaniak Paweł			99	SMS Galicja Kraków			4:42.44	579
	50m:	29.19	29.19	150m:	1:39.58	36.79	250m:	2:55.81	39.85
	100m:	1:02.79	33.60	200m:	2:15.96	36.38	300m:	3:37.31	41.50
							350m:	4:11.25	33.94
							400m:	4:42.44	31.19
14 - 15 lat									
1.	Ma ka Filip			00	UKS 190 Łódź			4:42.53	579
	50m:	31.02	31.02	150m:	1:41.44	35.62	250m:	2:57.11	40.22
	100m:	1:05.82	34.80	200m:	2:16.89	35.45	300m:	3:37.04	39.93
							350m:	4:10.97	33.93
							400m:	4:42.53	31.56
2.	Goraj Marcin			01	SMS Galicja Kraków			4:46.53	555
	50m:	28.89	28.89	150m:	1:37.12	34.90	250m:	2:54.66	41.88
	100m:	1:02.22	33.33	200m:	2:12.78	35.66	300m:	3:38.18	43.52
							350m:	4:12.26	34.08
							400m:	4:46.53	34.27
3.	Fiks Krzysztof			00	UKS 190 Łódź			4:53.01	519
	50m:	30.09	30.09	150m:			250m:	3:02.40	42.60
	100m:	1:04.75	34.66	200m:	2:19.80		300m:	3:46.56	44.16
							350m:	4:21.72	35.16
							400m:	4:53.01	31.29
4.	Włodarczyk Bruno			00	Wisła Kraków			4:55.92	504
	50m:	31.21	31.21	150m:	1:43.06	36.40	250m:	3:02.35	42.01
	100m:	1:06.66	35.45	200m:	2:20.34	37.28	300m:	3:45.96	43.61
							350m:	4:21.86	35.90
							400m:	4:55.92	34.06
5.	Jaworski Szymon			01	Salmo ory			4:59.76	484
	50m:	30.67	30.67	150m:	1:46.30	38.52	250m:	3:07.00	42.58
	100m:	1:07.78	37.11	200m:	2:24.42	38.12	300m:	3:51.16	44.16
							350m:	4:25.92	34.76
							400m:	4:59.76	33.84
6.	Dubas Mateusz			01	Pi tka Chorzów			5:07.28	450
	50m:	33.42	33.42	150m:	1:54.01	42.04	250m:	3:13.57	40.01
	100m:	1:11.97	38.55	200m:	2:33.56	39.55	300m:	3:54.92	41.35
							350m:	4:32.73	37.81
							400m:	5:07.28	34.55
7.	Cie la Oskar			01	Pi tka Chorzów			5:08.48	444
	50m:	31.92	31.92	150m:	1:50.77	41.45	250m:	3:14.90	43.35
	100m:	1:09.32	37.40	200m:	2:31.55	40.78	300m:	3:59.46	44.56
							350m:	4:35.14	35.68
							400m:	5:08.48	33.34
8.	D browski Daniel			00	UKP Ruda l ska			5:11.52	432
	50m:	32.90	32.90	150m:	1:52.48	40.88	250m:	3:14.74	42.77
	100m:	1:11.60	38.70	200m:	2:31.97	39.49	300m:	3:58.85	44.11
							350m:	4:36.47	37.62
							400m:	5:11.52	35.05
9.	Bator Kacper			00	Wisła Kraków			5:15.77	414
	50m:	33.53	33.53	150m:	1:53.54	40.33	250m:	3:17.80	44.86
	100m:	1:13.21	39.68	200m:	2:32.94	39.40	300m:	4:03.80	46.00
							350m:	4:41.24	37.44
							400m:	5:15.77	34.53
10.	Respondek Remigiusz			01	Pi tka Chorzów			5:18.53	404
	50m:	34.02	34.02	150m:	1:55.54	41.42	250m:	3:20.46	44.97
	100m:	1:14.12	40.10	200m:	2:35.49	39.95	300m:	4:06.94	46.48
							350m:	4:43.43	36.49
							400m:	5:18.53	35.10
11.	Sumara Konrad			00	Wisła Kraków			5:19.19	401
	50m:	33.94	33.94	150m:	1:53.87	39.94	250m:	3:20.65	47.39
	100m:	1:13.93	39.99	200m:	2:33.26	39.39	300m:	4:07.94	47.29
							350m:	4:44.23	36.29
							400m:	5:19.19	34.96
12.	Dutkiewicz Mikołaj			01	Siemacha ASP Kraków			6:12.40	252
	50m:	35.60	35.60	150m:	2:09.36	48.57	250m:	3:51.02	54.81
	100m:	1:20.79	45.19	200m:	2:56.21	46.85	300m:	4:46.75	55.73
							350m:	5:29.56	42.81
							400m:	6:12.40	42.84

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12 - 13 lat

1.	Rajca Wiktor		02	UKS 190 Łód		5:15.61	415	
	50m: 32.72	32.72	150m: 1:50.63	40.44	250m: 3:14.62	44.25	350m: 4:38.79	39.05
	100m: 1:10.19	37.47	200m: 2:30.37	39.74	300m: 3:59.74	45.12	400m: 5:15.61	36.82
2.	Kijek Wiktor		02	Manta Kochłowice Ruda I.		5:28.45	368	
	50m: 33.12	33.12	150m: 1:56.09	42.11	250m: 3:25.08	47.91	350m: 4:52.82	39.80
	100m: 1:13.98	40.86	200m: 2:37.17	41.08	300m: 4:13.02	47.94	400m: 5:28.45	35.63
3.	Krzyszty ski Jan		02	SMS Galicja Kraków		5:39.57	333	
	50m: 38.86	38.86	150m: 2:05.92	42.53	250m: 3:35.13	48.42	350m: 5:02.87	38.93
	100m: 1:23.39	44.53	200m: 2:46.71	40.79	300m: 4:23.94	48.81	400m: 5:39.57	36.70
4.	Mazur Bartosz		02	Siemacha ASP Kraków		5:46.80	313	
	50m: 35.21	35.21	150m: 2:01.56	44.79	250m: 3:34.03	49.38	350m: 5:05.76	40.91
	100m: 1:16.77	41.56	200m: 2:44.65	43.09	300m: 4:24.85	50.82	400m: 5:46.80	41.04
5.	Lewicki Filip		03	SMS Galicja Kraków		5:51.31	301	
	50m: 38.80	38.80	150m: 2:12.25	45.85	250m: 3:44.31	48.41	350m: 5:13.09	39.36
	100m: 1:26.40	47.60	200m: 2:55.90	43.65	300m: 4:33.73	49.42	400m: 5:51.31	38.22
6.	Pniak Bartosz		02	SMS Galicja Kraków		5:56.16	289	
	50m: 39.70	39.70	150m: 2:14.00	46.34	250m: 3:47.43	49.04	350m: 5:17.35	40.54
	100m: 1:27.66	47.96	200m: 2:58.39	44.39	300m: 4:36.81	49.38	400m: 5:56.16	38.81
7.	Kubsik Stanisław		03	Wisła Kraków		6:27.15	225	
	50m: 41.53	41.53	150m: 2:20.85	51.62	250m: 4:08.86	57.25	350m: 5:47.41	43.69
	100m: 1:29.23	47.70	200m: 3:11.61	50.76	300m: 5:03.72	54.86	400m: 6:27.15	39.74
DYSKW.	Zdziebło Piotr		02	Salmo ory		5:39.70		
	<i>G4 - Wykonanie wi cej ni jednego poci gni cia ramieniem (lub obydwoma ramionami jednocze nie) po obróceniu si</i>							
	50m: 34.95	34.95	150m: 2:01.27	42.42	250m: 3:33.88	49.37	350m: 5:01.83	39.17
	100m: 1:18.85	43.90	200m: 2:44.51	43.24	300m: 4:22.66	48.78	400m: 5:39.70	37.87