



Grand Prix Puchar Polski
Kraków, 24/ - 25/10/2015



Event 24
24/10/2015 - 21:08

Men, 400m Freestyle

14 years and older
Results

Points: FINA 2015

Rank	YB				Time				Pts	RT
1.	Wojdak Wojciech SO 96 Unia Oswiecim				3:45.84				830	+0,71
	50m: 26.11	26.11	150m: 1:23.23	28.65	250m: 2:20.35	28.63	350m: 3:17.77	28.66		
	100m: 54.58	28.47	200m: 1:51.72	28.49	300m: 2:49.11	28.76	400m: 3:45.84	28.07		
2.	Klich Kacper 94 Slask Wroclaw				3:47.24				814	+0,70
	50m: 26.38	26.38	150m: 1:23.71	28.72	250m: 2:20.95	28.53	350m: 3:18.76	29.01		
	100m: 54.99	28.61	200m: 1:52.42	28.71	300m: 2:49.75	28.80	400m: 3:47.24	28.48		
3.	Zaborowski Filip 94 MKP Szczecin				3:51.40				771	+0,71
	50m: 27.15	27.15	150m: 1:25.04	29.08	250m: 2:23.39	29.18	350m: 3:22.41	29.55		
	100m: 55.96	28.81	200m: 1:54.21	29.17	300m: 2:52.86	29.47	400m: 3:51.40	28.99		
4.	Stepien Konrad 96 AZS AWF Warszawa				3:53.93				746	+0,76
	50m: 26.88	26.88	150m: 1:25.77	29.69	250m: 2:26.12	29.85	350m: 3:25.35	28.91		
	100m: 56.08	29.20	200m: 1:56.27	30.50	300m: 2:56.44	30.32	400m: 3:53.93	28.58		
5.	Kaczmarek Marcin 94 AZS AWF Warszawa				3:53.98				746	+0,72
	50m: 27.08	27.08	150m: 1:26.18	29.69	250m: 2:25.44	29.75	350m: 3:25.12	29.89		
	100m: 56.49	29.41	200m: 1:55.69	29.51	300m: 2:55.23	29.79	400m: 3:53.98	28.86		
6.	Pielowski Krzysztof 91 Kormoran Olsztyn				3:54.05				745	+0,68
	50m: 27.39	27.39	150m: 1:26.49	29.75	250m: 2:25.69	29.51	350m: 3:25.29	29.69		
	100m: 56.74	29.35	200m: 1:56.18	29.69	300m: 2:55.60	29.91	400m: 3:54.05	28.76		
7.	Zbutowicz Karol SOL 98 Kormoran Olsztyn				3:55.66				730	+0,71
	50m: 27.24	27.24	150m: 1:27.58	30.36	250m: 2:27.58	29.84	350m: 3:27.02	29.58		
	100m: 57.22	29.98	200m: 1:57.74	30.16	300m: 2:57.44	29.86	400m: 3:55.66	28.64		
	Zoniuk Maciej 94 Slask Wroclaw				3:55.66				730	+0,78
	50m: 27.90	27.90	150m: 1:27.32	29.82	250m: 2:27.24	30.00	350m: 3:26.73	29.66		
	100m: 57.50	29.60	200m: 1:57.24	29.92	300m: 2:57.07	29.83	400m: 3:55.66	28.93		
9.	Lasek Bartlomiej 94 AZS Lodz				3:55.73				729	+0,74
	50m: 26.40	26.40	150m: 1:25.22	29.54	250m: 2:24.97	29.92	350m: 3:26.13	30.74		
	100m: 55.68	29.28	200m: 1:55.05	29.83	300m: 2:55.39	30.42	400m: 3:55.73	29.60		
10.	Dubiel Adam 93 AZS AWF Warszawa				3:55.80				729	+0,71
	50m: 26.92	26.92	150m: 1:26.13	29.57	250m: 2:26.19	30.00	350m: 3:26.41	29.99		
	100m: 56.56	29.64	200m: 1:56.19	30.06	300m: 2:56.42	30.23	400m: 3:55.80	29.39		
11.	Arndt Mateusz 98 Delfin Gdynia				3:56.13				726	+0,74
	50m: 27.01	27.01	150m: 1:26.96	30.32	250m: 2:28.18	30.61	350m: 3:27.40	29.48		
	100m: 56.64	29.63	200m: 1:57.57	30.61	300m: 2:57.92	29.74	400m: 3:56.13	28.73		
12.	Kubkowski Bartlomiej 95 Kormoran Olsztyn				3:56.30				724	+0,79
	50m: 27.80	27.80	150m: 1:27.75	30.06	250m: 2:27.93	29.97	350m: 3:27.67	29.69		
	100m: 57.69	29.89	200m: 1:57.96	30.21	300m: 2:57.98	30.05	400m: 3:56.30	28.63		
13.	Uscilko Michal 95 Juvenia Bialystok				3:56.96				718	+0,82
	50m: 27.22	27.22	150m: 1:27.73	30.54	250m: 2:28.76	30.28	350m: 3:28.29	29.40		
	100m: 57.19	29.97	200m: 1:58.48	30.75	300m: 2:58.89	30.13	400m: 3:56.96	28.67		
14.	Kaluzynski Antoni 99 Warszawianka Warszawa				3:57.24				716	+0,81
	50m: 26.90	26.90	150m: 1:26.17	29.92	250m: 2:26.33	30.08	350m: 3:27.48	30.49		
	100m: 56.25	29.35	200m: 1:56.25	30.08	300m: 2:56.99	30.66	400m: 3:57.24	29.76		
15.	Jura Maciej 96 Slask Wroclaw				3:58.01				709	+0,75
	50m: 27.16	27.16	150m: 1:26.41	29.59	250m: 2:27.21	30.55	350m: 3:28.68	30.75		
	100m: 56.82	29.66	200m: 1:56.66	30.25	300m: 2:57.93	30.72	400m: 3:58.01	29.33		
16.	Staniszewski Adam SSz 97 MKP Szczecin				3:58.08				708	+0,69
	50m: 27.78	27.78	150m: 1:27.89	30.25	250m: 2:28.04	30.12	350m: 3:28.57	30.33		
	100m: 57.64	29.86	200m: 1:57.92	30.03	300m: 2:58.24	30.20	400m: 3:58.08	29.51		
17.	Mlynarczyk Karol 00 G-8 Bielany Warszawa				3:58.89				701	+0,67
	50m: 27.29	27.29	150m: 1:28.18	30.81	250m: 2:29.26	30.26	350m: 3:30.21	30.26		
	100m: 57.37	30.08	200m: 1:59.00	30.82	300m: 2:59.95	30.69	400m: 3:58.89	28.68		



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Event 24, Men, 400m Freestyle, 14 years and older

Rank					YB					Time	Pts	RT
18.	Szwedzki Dawid				94	Slask Wroclaw				4:00.10	690	+0,71
	50m:	27.17	27.17	150m:	1:27.07	30.19	250m:	2:28.32	30.68	350m:	3:29.89	30.97
	100m:	56.88	29.71	200m:	1:57.64	30.57	300m:	2:58.92	30.60	400m:	4:00.10	30.21
19.	Opalski Marcin				93	Warszawianka Warszawa				4:00.15	690	+0,67
	50m:	26.94	26.94	150m:	1:26.75	30.29	250m:	2:27.98	30.67	350m:	3:30.24	31.02
	100m:	56.46	29.52	200m:	1:57.31	30.56	300m:	2:59.22	31.24	400m:	4:00.15	29.91
20.	Jaszczak Wiktor				97	Slask Wroclaw				4:00.40	688	+0,78
	50m:	27.90	27.90	150m:	1:28.27	30.39	250m:	2:29.65	30.77	350m:	3:30.97	30.45
	100m:	57.88	29.98	200m:	1:58.88	30.61	300m:	3:00.52	30.87	400m:	4:00.40	29.43
21.	Koziejko Bartłomiej				00	Kormoran Olsztyn				4:01.39	679	+0,70
	50m:	28.25	28.25	150m:	1:29.32	30.56	250m:	2:30.81	30.71	350m:	3:31.83	30.23
	100m:	58.76	30.51	200m:	2:00.10	30.78	300m:	3:01.60	30.79	400m:	4:01.39	29.56
22.	Ulatowski Wojciech SOL				98	Unia Oswiecim				4:02.92	667	+0,77
	50m:	28.87	28.87	150m:	1:30.64	30.96	250m:	2:32.12	30.31	350m:	3:33.42	30.49
	100m:	59.68	30.81	200m:	2:01.81	31.17	300m:	3:02.93	30.81	400m:	4:02.92	29.50
23.	Roj Konrad SSZ				98	MKP Szczecin				4:02.96	666	+0,73
	50m:	28.02	28.02	150m:	1:29.72	31.13	250m:	2:31.70	30.94	350m:	3:33.43	30.82
	100m:	58.59	30.57	200m:	2:00.76	31.04	300m:	3:02.61	30.91	400m:	4:02.96	29.53
24.	Kasztelan Mateusz SOL				98	Kormoran Olsztyn				4:03.03	666	+0,76
	50m:	26.98	26.98	150m:	1:26.89	30.14	250m:	2:28.35	30.63	350m:	3:31.62	32.19
	100m:	56.75	29.77	200m:	1:57.72	30.83	300m:	2:59.43	31.08	400m:	4:03.03	31.41
25.	Kaczorowski Jakub				97	Zoliborz Warszawa				4:04.73	652	+0,75
	50m:	28.85	28.85	150m:	1:31.35	31.41	250m:	2:33.12	30.76	350m:	3:34.83	30.77
	100m:	59.94	31.09	200m:	2:02.36	31.01	300m:	3:04.06	30.94	400m:	4:04.73	29.90
26.	Bryła Kamil				99	Lublinianka Lublin				4:04.90	650	+0,72
	50m:	28.11	28.11	150m:	1:30.08	31.27	250m:	2:32.83	31.39	350m:	3:35.50	31.23
	100m:	58.81	30.70	200m:	2:01.44	31.36	300m:	3:04.27	31.44	400m:	4:04.90	29.40
27.	Stanek Adam SO				99	Unia Oswiecim				4:05.51	646	+0,74
	50m:	28.80	28.80	150m:	1:31.64	31.66	250m:	2:33.53	30.57	350m:	3:35.06	30.99
	100m:	59.98	31.18	200m:	2:02.96	31.32	300m:	3:04.07	30.54	400m:	4:05.51	30.45
28.	Bujak Piotr				97	Salos Cortile Kielce				4:05.88	643	+0,74
	50m:	27.92	27.92	150m:	1:30.63	31.80	250m:	2:33.09	31.18	350m:	3:35.69	31.13
	100m:	58.83	30.91	200m:	2:01.91	31.28	300m:	3:04.56	31.47	400m:	4:05.88	30.19
29.	Gosieniecki Juliusz				98	Astromal Akwawit Leszno				4:05.94	642	+0,75
	50m:	27.43	27.43	150m:	1:29.31	31.33	250m:	2:32.49	31.69	350m:	3:35.22	31.56
	100m:	57.98	30.55	200m:	2:00.80	31.49	300m:	3:03.66	31.17	400m:	4:05.94	30.72
30.	Chmielewski Jakub				99	Slask Wroclaw				4:05.95	642	+0,69
	50m:	28.00	28.00	150m:	1:30.16	31.34	250m:	2:33.37	31.70	350m:	3:37.29	31.87
	100m:	58.82	30.82	200m:	2:01.67	31.51	300m:	3:05.42	32.05	400m:	4:05.95	28.66
31.	Olender Karol				96	MKP Gdansk				4:06.42	639	+0,76
	50m:	28.66	28.66	150m:	1:31.19	31.28	250m:	2:33.28	31.01	350m:	3:35.96	31.39
	100m:	59.91	31.25	200m:	2:02.27	31.08	300m:	3:04.57	31.29	400m:	4:06.42	30.46
32.	Malyska Bartosz				99	Skarpa Lublin				4:07.69	629	+0,77
	50m:	28.81	28.81	150m:	1:31.09	30.94	250m:	2:34.09	31.38	350m:	3:37.11	31.30
	100m:	1:00.15	31.34	200m:	2:02.71	31.62	300m:	3:05.81	31.72	400m:	4:07.69	30.58
33.	Debski Dominik				98	MKP Szczecin				4:07.78	628	+0,65
	50m:	28.34	28.34	150m:	1:30.66	31.57	250m:	2:33.92	31.73	350m:	3:37.07	31.67
	100m:	59.09	30.75	200m:	2:02.19	31.53	300m:	3:05.40	31.48	400m:	4:07.78	30.71
34.	Popis Emil				98	MKP Szczecin				4:07.96	627	+0,71
	50m:	28.83	28.83	150m:	1:31.40	31.47	250m:	2:34.67	31.71	350m:	3:37.84	31.52
	100m:	59.93	31.10	200m:	2:02.96	31.56	300m:	3:06.32	31.65	400m:	4:07.96	30.12



Grand Prix Puchar Polski
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Event 24, Men, 400m Freestyle, 14 years and older

Rank					YB					Time	Pts	RT
35.	Skierka Jakub				98	Trops Kartuzy				4:08.53	622	+0,66
	50m:	28.51	28.51	150m:	1:31.72	31.62	250m:	2:34.84	31.41	350m:	3:38.29	31.79
	100m:	1:00.10	31.59	200m:	2:03.43	31.71	300m:	3:06.50	31.66	400m:	4:08.53	30.24
36.	Kalkowski Dawid				00	Sambor Tczew				4:08.58	622	+0,71
	50m:	28.47	28.47	150m:	1:30.61	31.12	250m:	2:33.78	31.65	350m:	3:38.49	32.37
	100m:	59.49	31.02	200m:	2:02.13	31.52	300m:	3:06.12	32.34	400m:	4:08.58	30.09
37.	Zuchowicz Jan				98	Zoliborz Warszawa				4:08.63	622	+0,71
	50m:	28.38	28.38	150m:	1:30.63	31.06	250m:	2:33.13	30.81	350m:	3:37.26	32.49
	100m:	59.57	31.19	200m:	2:02.32	31.69	300m:	3:04.77	31.64	400m:	4:08.63	31.37
38.	Bruzdziak Maciej SOL				98	Kormoran Olsztyn				4:09.45	616	+0,73
	50m:	28.33	28.33	150m:	1:31.44	31.76	250m:	2:35.07	31.66	350m:	3:39.00	31.94
	100m:	59.68	31.35	200m:	2:03.41	31.97	300m:	3:07.06	31.99	400m:	4:09.45	30.45
39.	Pawelek Pawel SWwa				99	Polonia Warszawa				4:11.20	603	+0,82
	50m:	28.22	28.22	150m:	1:31.53	31.70	250m:	2:35.64	32.04	350m:	3:40.07	32.33
	100m:	59.83	31.61	200m:	2:03.60	32.07	300m:	3:07.74	32.10	400m:	4:11.20	31.13
40.	Komosa Maciej SWwa				99	Pirania Targowek Warszawa				4:11.27	602	+0,66
	50m:	29.21	29.21	150m:	1:34.48	31.91	250m:	2:37.93	30.94	350m:	3:40.84	31.18
	100m:	1:02.57	33.36	200m:	2:06.99	32.51	300m:	3:09.66	31.73	400m:	4:11.27	30.43
41.	Macner Michal SOL				99	Park Wodny Tarn. Gory				4:11.94	597	+0,68
	50m:	28.82	28.82	150m:	1:31.11	31.24	250m:	2:34.09	31.46	350m:	3:38.81	32.63
	100m:	59.87	31.05	200m:	2:02.63	31.52	300m:	3:06.18	32.09	400m:	4:11.94	33.13
42.	Zwolinski Marcin				97	CSIR MOS Dabrowa Grn.				4:12.54	593	+0,72
	50m:	28.28	28.28	150m:	1:29.77	31.02	250m:	2:31.97	30.86	350m:	3:35.26	31.69
	100m:	58.75	30.47	200m:	2:01.11	31.34	300m:	3:03.57	31.60	400m:	4:12.54	37.28
43.	Zybura Kornel				95	Bobry Debica				4:12.59	593	+0,77
	50m:	28.25	28.25	150m:	1:32.07	32.38	250m:	2:36.43	31.97	350m:	3:40.78	32.17
	100m:	59.69	31.44	200m:	2:04.46	32.39	300m:	3:08.61	32.18	400m:	4:12.59	31.81
44.	Arentewicz Jacek				97	Shark Rudna				4:12.66	592	+0,73
	50m:	28.02	28.02	150m:	1:30.60	31.66	250m:	2:34.85	32.15	350m:	3:40.55	33.00
	100m:	58.94	30.92	200m:	2:02.70	32.10	300m:	3:07.55	32.70	400m:	4:12.66	32.11
45.	Sliwka Jakub				99	G-8 Bielany Warszawa				4:13.44	587	+0,67
	50m:	28.25	28.25	150m:	1:31.98	32.36	250m:	2:37.14	32.48	350m:	3:42.71	32.86
	100m:	59.62	31.37	200m:	2:04.66	32.68	300m:	3:09.85	32.71	400m:	4:13.44	30.73
46.	Taradys Jakub SZG				00	Korner Zielona Gora				4:13.90	584	+0,71
	50m:	28.44	28.44	150m:	1:32.78	32.23	250m:	2:37.98	32.81	350m:	3:43.05	32.30
	100m:	1:00.55	32.11	200m:	2:05.17	32.39	300m:	3:10.75	32.77	400m:	4:13.90	30.85
47.	Stawaruk Michal				99	Jedynka Lodz				4:14.08	582	+0,82
	50m:	28.06	28.06	150m:	1:31.49	32.11	250m:	2:36.86	32.80	350m:	3:42.33	32.29
	100m:	59.38	31.32	200m:	2:04.06	32.57	300m:	3:10.04	33.18	400m:	4:14.08	31.75
48.	Dejzenenko Daniel SWwa				00	Polonia Warszawa				4:14.49	580	+0,60
	50m:	28.13	28.13	150m:	1:32.42	32.45	250m:	2:37.23	32.24	350m:	3:42.89	32.99
	100m:	59.97	31.84	200m:	2:04.99	32.57	300m:	3:09.90	32.67	400m:	4:14.49	31.60
49.	Czerniak Konrad				98	Skarpa Lublin				4:14.55	579	+0,78
	50m:	28.78	28.78	150m:	1:33.84	32.90	250m:	2:38.82	32.11	350m:	3:43.52	32.46
	100m:	1:00.94	32.16	200m:	2:06.71	32.87	300m:	3:11.06	32.24	400m:	4:14.55	31.03
50.	Sawicki Bartosz				00	Gornik Radlin				4:14.82	577	+0,75
	50m:	27.95	27.95	150m:	1:32.07	32.48	250m:	2:37.37	32.66	350m:	3:43.28	32.88
	100m:	59.59	31.64	200m:	2:04.71	32.64	300m:	3:10.40	33.03	400m:	4:14.82	31.54
51.	Zaborowski Pawel				98	Jedynka Lodz				4:15.78	571	+0,71
	50m:	28.11	28.11	150m:	1:32.13	32.35	250m:	2:37.97	32.85	350m:	3:43.94	33.10
	100m:	59.78	31.67	200m:	2:05.12	32.99	300m:	3:10.84	32.87	400m:	4:15.78	31.84



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Rank					YB					Time	Pts	RT
52.	Kuczak Adam SZG				00	Korner Zielona Gora				4:15.80	571	+0,77
	50m: 29.79	29.79	150m: 1:33.92	32.14	250m: 2:38.09	31.51	350m: 3:43.70	32.65				
	100m: 1:01.78	31.99	200m: 2:06.58	32.66	300m: 3:11.05	32.96	400m: 4:15.80	32.10				
53.	Fiks Krzysztof				00	UKS 190 Lodz				4:15.84	571	+0,70
	50m: 29.78	29.78	150m: 1:35.21	32.79	250m: 2:40.84	32.65	350m: 3:45.92	32.57				
	100m: 1:02.42	32.64	200m: 2:08.19	32.98	300m: 3:13.35	32.51	400m: 4:15.84	29.92				
	Karolkiewicz Jakub				99	Delfin Tarnobrzeg				4:15.84	571	+0,76
	50m: 28.06	28.06	150m: 1:31.84	32.32	250m: 2:38.09	33.12	350m: 3:43.95	32.74				
	100m: 59.52	31.46	200m: 2:04.97	33.13	300m: 3:11.21	33.12	400m: 4:15.84	31.89				
55.	Sumara Beniamin				99	CSIR MOS Dabrowa Grn.				4:16.18	568	+0,80
	50m: 29.01	29.01	150m: 1:32.11	31.91	250m: 2:36.46	32.25	350m: 3:42.50	33.04				
	100m: 1:00.20	31.19	200m: 2:04.21	32.10	300m: 3:09.46	33.00	400m: 4:16.18	33.68				
56.	Piwowski Konrad SOL				98	Kormoran Olsztyn				4:17.04	563	+0,64
	50m: 28.16	28.16	150m: 1:34.30		250m:		350m: 3:44.56	32.61				
	100m:		200m: 2:07.16	32.86	300m: 3:11.95		400m: 4:17.04	32.48				
57.	Kopczynski Dawid				99	Korner Zielona Gora				4:17.65	559	+0,68
	50m: 28.92	28.92	150m: 1:33.72	32.79	250m: 2:39.70	33.07	350m: 3:45.60	33.12				
	100m: 1:00.93	32.01	200m: 2:06.63	32.91	300m: 3:12.48	32.78	400m: 4:17.65	32.05				
58.	Gryz Dawid				99	MKP Szczecin				4:19.54	546	+0,69
	50m: 28.80	28.80	150m: 1:32.90	32.54	250m: 2:39.42	33.33	350m: 3:46.77	33.46				
	100m: 1:00.36	31.56	200m: 2:06.09	33.19	300m: 3:13.31	33.89	400m: 4:19.54	32.77				
59.	Gier Oliwer SOL				99	Kormoran Olsztyn				4:19.62	546	+0,72
	50m: 29.06	29.06	150m: 1:33.78	32.35	250m: 2:40.50	33.07	350m: 3:47.60	33.78				
	100m: 1:01.43	32.37	200m: 2:07.43	33.65	300m: 3:13.82	33.32	400m: 4:19.62	32.02				
60.	Wozniak Maciej				00	UKS 190 Lodz				4:19.65	546	+0,84
	50m: 29.50	29.50	150m: 1:35.80	33.41	250m: 2:42.60	32.54	350m: 3:49.72	33.09				
	100m: 1:02.39	32.89	200m: 2:10.06	34.26	300m: 3:16.63	34.03	400m: 4:19.65	29.93				
61.	Kolanowski Wiktor SK				99	SMS Galicja Krakow				4:19.73	545	+0,63
	50m: 30.07	30.07	150m: 1:35.46	32.78	250m: 2:41.52	33.22	350m: 3:47.44	32.87				
	100m: 1:02.68	32.61	200m: 2:08.30	32.84	300m: 3:14.57	33.05	400m: 4:19.73	32.29				
62.	Kaminiarz Cezary				99	Astromal Akwawit Leszno				4:20.03	543	+0,76
	50m: 30.00	30.00	150m: 1:36.15	33.09	250m: 2:42.45	32.87	350m: 3:48.19	32.31				
	100m: 1:03.06	33.06	200m: 2:09.58	33.43	300m: 3:15.88	33.43	400m: 4:20.03	31.84				
63.	Kruk Tomasz				98	Astromal Akwawit Leszno				4:20.09	543	+0,73
	50m: 29.25	29.25	150m: 1:34.05	32.78	250m: 2:40.70	33.24	350m: 3:47.42	33.18				
	100m: 1:01.27	32.02	200m: 2:07.46	33.41	300m: 3:14.24	33.54	400m: 4:20.09	32.67				
64.	Chwastek Dominik				00	CSIR MOS Dabrowa Grn.				4:20.40	541	+0,94
	50m: 30.32	30.32	150m: 1:36.52	33.07	250m: 2:43.40	33.33	350m: 3:49.84	32.73				
	100m: 1:03.45	33.13	200m: 2:10.07	33.55	300m: 3:17.11	33.71	400m: 4:20.40	30.56				
65.	Manka Filip				00	UKS 190 Lodz				4:20.89	538	+0,73
	50m: 29.17	29.17	150m: 1:35.57	33.59	250m: 2:42.21	32.38	350m: 3:49.31	33.18				
	100m: 1:01.98	32.81	200m: 2:09.83	34.26	300m: 3:16.13	33.92	400m: 4:20.89	31.58				
66.	Krzyszowski Kajetan				01	GIM 92 Ursynow Warszawa				4:21.70	533	+0,70
	50m: 29.29	29.29	150m: 1:35.62	33.43	250m:		350m: 3:49.57	33.43				
	100m: 1:02.19	32.90	200m: 2:08.88	33.26	300m: 3:16.14		400m: 4:21.70	32.13				
67.	Wilejto Igor				01	Sambor Tczew				4:21.77	533	+0,69
	50m: 29.86	29.86	150m: 1:36.66	33.76	250m: 2:43.26	33.31	350m: 3:50.10	33.18				
	100m: 1:02.90	33.04	200m: 2:09.95	33.29	300m: 3:16.92	33.66	400m: 4:21.77	31.67				
68.	Napieraj Jan SOL				98	Pirania Targowek Warszawa				4:21.98	531	+0,72
	50m: 29.31	29.31	150m: 1:34.69	33.13	250m: 2:41.94	33.60	350m: 3:49.25	33.72				
	100m: 1:01.56	32.25	200m: 2:08.34	33.65	300m: 3:15.53	33.59	400m: 4:21.98	32.73				



Grand Prix Puchar Polski
Kraków, 24/ - 25/10/2015



Event 24, Men, 400m Freestyle, 14 years and older

Rank					YB					Time	Pts	RT
69.	Mazur Dominik SO				99	Unia Oswiecim				4:22.47	528	+0,78
	50m:	29.93	29.93	150m:	1:36.47	33.41	250m:	2:43.54	33.48	350m:	3:50.28	33.41
	100m:	1:03.06	33.13	200m:	2:10.06	33.59	300m:	3:16.87	33.33	400m:	4:22.47	32.19
70.	Barczyk Norbert				00	SMS Galicja Krakow				4:22.65	527	+0,93
	50m:	28.68	28.68	150m:	1:33.27	32.99	250m:	2:40.73	33.71	350m:	3:50.20	34.78
	100m:	1:00.28	31.60	200m:	2:07.02	33.75	300m:	3:15.42	34.69	400m:	4:22.65	32.45
71.	Staniszewski Jakub				00	CSIR MOS Dabrowa Grn.				4:23.26	524	+0,81
	50m:	29.13	29.13	150m:	1:35.27	33.39	250m:	2:43.17	34.09	350m:	3:50.81	33.65
	100m:	1:01.88	32.75	200m:	2:09.08	33.81	300m:	3:17.16	33.99	400m:	4:23.26	32.45
72.	Wozniak Kamil				00	Fregata Kolbuszowa				4:24.26	518	+0,79
	50m:	29.52	29.52	150m:	1:35.36	32.99	250m:	2:43.04	33.77	350m:	3:51.32	33.74
	100m:	1:02.37	32.85	200m:	2:09.27	33.91	300m:	3:17.58	34.54	400m:	4:24.26	32.94
73.	Kolodziej Bartlomiej				99	MKP Szczecin				4:24.85	514	+0,89
	50m:	29.92	29.92	150m:	1:35.70	33.37	250m:	2:43.59	34.15	350m:	3:51.74	34.04
	100m:	1:02.33	32.41	200m:	2:09.44	33.74	300m:	3:17.70	34.11	400m:	4:24.85	33.11
74.	Chromik Szymon				99	CSIR MOS Dabrowa Grn.				4:24.94	514	+0,72
	50m:	30.08	30.08	150m:	1:36.43	33.56	250m:	2:44.79	34.34	350m:	3:53.20	34.16
	100m:	1:02.87	32.79	200m:	2:10.45	34.02	300m:	3:19.04	34.25	400m:	4:24.94	31.74
75.	Chalat Stanislaw				99	Skarpa Lublin				4:25.04	513	+0,67
	50m:	30.10	30.10	150m:	1:37.10	34.11	250m:	2:44.80	33.76	350m:	3:52.14	33.36
	100m:	1:02.99	32.89	200m:	2:11.04	33.94	300m:	3:18.78	33.98	400m:	4:25.04	32.90
76.	Zbrozek Radoslaw				99	SMS Galicja Krakow				4:25.47	511	+0,76
	50m:	30.47	30.47	150m:	1:37.79	33.94	250m:	2:45.14	33.59	350m:	3:53.76	34.21
	100m:	1:03.85	33.38	200m:	2:11.55	33.76	300m:	3:19.55	34.41	400m:	4:25.47	31.71
77.	Twardowski Piotr				01	SMS Galicja Krakow				4:25.50	510	+0,70
	50m:	30.45	30.45	150m:	1:37.80	33.91	250m:	2:45.03	33.54	350m:	3:52.66	33.64
	100m:	1:03.89	33.44	200m:	2:11.49	33.69	300m:	3:19.02	33.99	400m:	4:25.50	32.84
78.	Trzesiec Daniel				00	CSIR MOS Dabrowa Grn.				4:26.21	506	+0,78
	50m:	29.81	29.81	150m:	1:36.19	33.62	250m:	2:43.79	33.79	350m:	3:51.67	34.24
	100m:	1:02.57	32.76	200m:	2:10.00	33.81	300m:	3:17.43	33.64	400m:	4:26.21	34.54
79.	Kowalczyk Michal				01	Gilus Gilowice				4:27.46	499	+0,61
	50m:	29.66	29.66	150m:	1:36.91	33.74	250m:	2:45.77	34.66	350m:	3:54.45	34.26
	100m:	1:03.17	33.51	200m:	2:11.11	34.20	300m:	3:20.19	34.42	400m:	4:27.46	33.01
80.	Kalisz Jakub				00	Polonia Warszawa				4:27.76	498	+0,69
	50m:	29.35	29.35	150m:	1:36.95	34.18	250m:	2:46.00	34.41	350m:	3:54.96	34.50
	100m:	1:02.77	33.42	200m:	2:11.59	34.64	300m:	3:20.46	34.46	400m:	4:27.76	32.80
81.	Rytter Igor				01	Slask Wroclaw				4:27.92	497	+0,77
	50m:	30.44	30.44	150m:	1:37.38	33.81	250m:	2:45.66	34.10	350m:	3:54.36	34.43
	100m:	1:03.57	33.13	200m:	2:11.56	34.18	300m:	3:19.93	34.27	400m:	4:27.92	33.56
82.	Wojcik Pawel				01	SMS Galicja Krakow				4:28.29	495	+0,70
	50m:	30.04	30.04	150m:	1:37.64	34.21	250m:	2:46.54	34.77	350m:	3:55.06	34.27
	100m:	1:03.43	33.39	200m:	2:11.77	34.13	300m:	3:20.79	34.25	400m:	4:28.29	33.23
83.	Klaput Bartosz				00	SMS Galicja Krakow				4:28.36	494	+0,73
	50m:	29.04	29.04	150m:	1:38.05	34.85	250m:	2:46.91	33.82	350m:	3:56.12	34.27
	100m:	1:03.20	34.16	200m:	2:13.09	35.04	300m:	3:21.85	34.94	400m:	4:28.36	32.24
84.	Kaminski Piotr				99	Iskra Konin				4:28.85	492	+0,67
	50m:	28.89	28.89	150m:	1:34.70	33.70	250m:	2:44.43	35.04	350m:	3:55.69	35.70
	100m:	1:01.00	32.11	200m:	2:09.39	34.69	300m:	3:19.99	35.56	400m:	4:28.85	33.16
85.	Zaremba Jakub				01	Slask Wroclaw				4:30.18	484	+0,70
	50m:	30.87	30.87	150m:	1:38.81	34.38	250m:	2:47.38	34.07	350m:	3:56.61	34.49
	100m:	1:04.43	33.56	200m:	2:13.31	34.50	300m:	3:22.12	34.74	400m:	4:30.18	33.57



Grand Prix Puchar Polski
Kraków, 24/ - 25/10/2015



Event 24, Men, 400m Freestyle, 14 years and older

Rank					YB					Time	Pts	RT
86.	Russek Filip				94	Zoliborz Warszawa				4:30.87	481	+0,81
	50m: 29.92	29.92	150m: 1:37.22	34.13	250m: 2:47.25	35.02	350m: 3:56.71	34.76				
	100m: 1:03.09	33.17	200m: 2:12.23	35.01	300m: 3:21.95	34.70	400m: 4:30.87	34.16				
87.	Wojciech Michalski				01	Gilus Gilowice				4:31.59	477	+0,60
	50m: 30.53	30.53	150m: 1:39.45	34.89	250m: 2:49.11	34.98	350m: 3:58.89	35.16				
	100m: 1:04.56	34.03	200m: 2:14.13	34.68	300m: 3:23.73	34.62	400m: 4:31.59	32.70				
88.	Leszega Szymon				01	Delfin Gdynia				4:33.31	468	+0,83
	50m: 29.75	29.75	150m: 1:38.70	34.76	250m: 2:48.94	34.85	350m: 3:59.17	35.09				
	100m: 1:03.94	34.19	200m: 2:14.09	35.39	300m: 3:24.08	35.14	400m: 4:33.31	34.14				
89.	Jochymek Oskar				01	Slask Wroclaw				4:34.01	464	+0,65
	50m: 30.91	30.91	150m: 1:39.57	34.68	250m: 2:49.22	34.88	350m: 4:00.57	36.12				
	100m: 1:04.89	33.98	200m: 2:14.34	34.77	300m: 3:24.45	35.23	400m: 4:34.01	33.44				
90.	Piotrowski Patryk				99	Olimpijczyk Suwalki				4:35.24	458	+0,74
	50m: 28.10	28.10	150m: 1:34.59	34.05	250m: 2:45.01	35.04	350m: 3:55.33	35.19				
	100m: 1:00.54	32.44	200m: 2:09.97	35.38	300m: 3:20.14	35.13	400m: 4:35.24	39.91				
91.	Augustyn Aleksander				00	Fregata Kolbuszowa				4:37.19	448	+0,73
	50m: 31.39	31.39	150m: 1:40.50	34.86	250m: 2:51.25	35.33	350m: 4:02.76	35.78				
	100m: 1:05.64	34.25	200m: 2:15.92	35.42	300m: 3:26.98	35.73	400m: 4:37.19	34.43				
92.	Paszko Mikołaj				01	SMS Galicja Krakow				4:39.44	438	+0,67
	50m:		150m: 1:41.24	35.36	250m: 2:52.54	35.82	350m: 4:04.69	36.09				
	100m: 1:05.88		200m: 2:16.72	35.48	300m: 3:28.60	36.06	400m: 4:39.44	34.75				
93.	Latusek Szymon				00	Gilus Gilowice				4:39.48	438	+0,69
	50m: 30.83	30.83	150m: 1:40.31	35.12	250m: 2:51.64	35.92	350m: 4:03.88	35.94				
	100m: 1:05.19	34.36	200m: 2:15.72	35.41	300m: 3:27.94	36.30	400m: 4:39.48	35.60				
94.	Brodowski Bartosz				00	Nawa Skierniewice				4:41.46	428	+0,80
	50m: 31.65	31.65	150m: 1:40.72	34.85	250m: 2:52.37	35.84	350m: 4:05.07	36.42				
	100m: 1:05.87	34.22	200m: 2:16.53	35.81	300m: 3:28.65	36.28	400m: 4:41.46	36.39				
95.	Janecki Mateusz				01	Palac Młodzieży Katowice				4:46.51	406	+0,73
	50m: 31.58	31.58	150m: 1:44.33	37.04	250m: 2:58.75	37.47	350m: 4:12.67	36.78				
	100m: 1:07.29	35.71	200m: 2:21.28	36.95	300m: 3:35.89	37.14	400m: 4:46.51	33.84				