



Grand Prix Puchar Polski  
Kraków, 24/ - 25/10/2015



Event 2  
24/10/2015 - 9:24

Men, 400m Medley

14 years and older  
Results

Points: FINA 2015

Rank					YB					Time	Pts	RT
1.	Szwedzki Dawid				94	Slask Wroclaw				<b>4:17.95</b>	760	+0,72
	50m:	27.98	27.98	150m:	1:33.20	33.58	250m:	2:41.22	35.80	350m:	3:48.88	30.85
	100m:	59.62	31.64	200m:	2:05.42	32.22	300m:	3:18.03	36.81	400m:	4:17.95	29.07
2.	Zbutowicz Karol SOL				98	Kormoran Olsztyn				<b>4:17.97</b>	760	+0,67
	50m:	28.57	28.57	150m:	1:34.70	33.48	250m:	2:42.67	35.70	350m:	3:49.40	30.58
	100m:	1:01.22	32.65	200m:	2:06.97	32.27	300m:	3:18.82	36.15	400m:	4:17.97	28.57
3.	Kubkowski Bartłomiej				95	Kormoran Olsztyn				<b>4:21.68</b>	728	+0,79
	50m:	28.69	28.69	150m:	1:35.16	34.28	250m:	2:44.36	36.18	350m:	3:51.88	30.60
	100m:	1:00.88	32.19	200m:	2:08.18	33.02	300m:	3:21.28	36.92	400m:	4:21.68	29.80
4.	Dubiel Adam				93	AZS AWF Warszawa				<b>4:22.07</b>	725	+0,71
	50m:	27.71	27.71	150m:	1:33.28	33.10	250m:	2:43.46	37.79	350m:	3:52.51	30.54
	100m:	1:00.18	32.47	200m:	2:05.67	32.39	300m:	3:21.97	38.51	400m:	4:22.07	29.56
5.	Kaczmarski Marcin				94	AZS AWF Warszawa				<b>4:25.06</b>	701	+0,73
	50m:	27.47	27.47	150m:	1:32.62	33.45	250m:	2:45.07	39.86	350m:	3:56.49	31.20
	100m:	59.17	31.70	200m:	2:05.21	32.59	300m:	3:25.29	40.22	400m:	4:25.06	28.57
6.	Sobczyk Maciej				95	AZS AGH Krakow				<b>4:25.68</b>	696	+0,67
	50m:	29.31	29.31	150m:	1:36.81	34.43	250m:	2:46.74	36.31	350m:	3:55.92	31.61
	100m:	1:02.38	33.07	200m:	2:10.43	33.62	300m:	3:24.31	37.57	400m:	4:25.68	29.76
7.	Chmielewski Jakub				99	Slask Wroclaw				<b>4:25.98</b>	694	+0,68
	50m:	28.83	28.83	150m:	1:35.65	33.99	250m:	2:47.65	38.83	350m:	3:57.31	30.54
	100m:	1:01.66	32.83	200m:	2:08.82	33.17	300m:	3:26.77	39.12	400m:	4:25.98	28.67
8.	Paluszkiewicz Dawid				97	MKP Gdansk				<b>4:31.22</b>	654	+0,75
	50m:	29.06	29.06	150m:	1:36.60	34.42	250m:	2:48.37	38.84	350m:	4:00.03	32.55
	100m:	1:02.18	33.12	200m:	2:09.53	32.93	300m:	3:27.48	39.11	400m:	4:31.22	31.19
9.	Dobrzynski Tomasz				98	G-8 Bielany Warszawa				<b>4:31.57</b>	652	+0,69
	50m:	29.61	29.61	150m:	1:38.51	35.39	250m:	2:51.43	37.84	350m:	4:01.51	31.54
	100m:	1:03.12	33.51	200m:	2:13.59	35.08	300m:	3:29.97	38.54	400m:	4:31.57	30.06
10.	Pietrzak Dawid SSz				97	MKP Szczecin				<b>4:31.93</b>	649	+0,74
	50m:	28.24	28.24	150m:	1:35.55	34.18	250m:	2:48.77	39.31	350m:	4:00.99	32.77
	100m:	1:01.37	33.13	200m:	2:09.46	33.91	300m:	3:28.22	39.45	400m:	4:31.93	30.94
11.	Gasior Patryk				94	AZS AWF Warszawa				<b>4:32.38</b>	646	+0,74
	50m:	28.59	28.59	150m:	1:36.33	35.06	250m:	2:49.44	38.21	350m:	4:01.80	33.17
	100m:	1:01.27	32.68	200m:	2:11.23	34.90	300m:	3:28.63	39.19	400m:	4:32.38	30.58
12.	Arentewicz Jacek				97	Shark Rudna				<b>4:32.71</b>	643	+0,72
	50m:	28.61	28.61	150m:	1:39.61	37.65	250m:	2:51.37	35.52	350m:	4:00.57	33.22
	100m:	1:01.96	33.35	200m:	2:15.85	36.24	300m:	3:27.35	35.98	400m:	4:32.71	32.14
13.	Stepien Konrad				96	AZS AWF Warszawa				<b>4:33.23</b>	640	+0,72
	50m:	28.19	28.19	150m:	1:36.31	35.37	250m:	2:49.23	37.62	350m:	4:01.76	32.93
	100m:	1:00.94	32.75	200m:	2:11.61	35.30	300m:	3:28.83	39.60	400m:	4:33.23	31.47
14.	Ulatowski Wojciech SOL				98	Unia Oswiecim				<b>4:33.79</b>	636	+0,77
	50m:	29.42	29.42	150m:	1:37.90	35.27	250m:	2:51.47	39.37	350m:	4:02.78	31.68
	100m:	1:02.63	33.21	200m:	2:12.10	34.20	300m:	3:31.10	39.63	400m:	4:33.79	31.01
15.	Adamczyk Patryk SSz				97	MKP Szczecin				<b>4:35.61</b>	623	+0,73
	50m:	28.85	28.85	150m:	1:38.61	36.11	250m:	2:54.55	39.98	350m:	4:06.39	31.47
	100m:	1:02.50	33.65	200m:	2:14.57	35.96	300m:	3:34.92	40.37	400m:	4:35.61	29.22
16.	Lechowicz Filip SO				97	Korona Krakow				<b>4:35.84</b>	622	+0,77
	50m:	29.92	29.92	150m:	1:40.40	35.17	250m:	2:53.74	38.78	350m:	4:05.45	32.35
	100m:	1:05.23	35.31	200m:	2:14.96	34.56	300m:	3:33.10	39.36	400m:	4:35.84	30.39
	Ciezkowski Dominik				96	Jordan Krakow				<b>4:35.84</b>	622	+0,69
	50m:	27.55	27.55	150m:	1:36.15	36.14	250m:	2:52.79	41.30	350m:	4:05.48	32.19
	100m:	1:00.01	32.46	200m:	2:11.49	35.34	300m:	3:33.29	40.50	400m:	4:35.84	30.36



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Event 2, Men, 400m Medley, 14 years and older

Rank					YB					Time	Pts	RT
18.	Bartosz Baczkowski				97	Polonia Warszawa				<b>4:35.88</b>	622	+0,84
	50m:	30.00	30.00	150m:	1:37.54	34.10	250m:	2:50.42	38.66	350m:	4:03.66	33.60
	100m:	1:03.44	33.44	200m:	2:11.76	34.22	300m:	3:30.06	39.64	400m:	4:35.88	32.22
19.	Bodzioch Andrzej SSz				98	MKP Szczecin				<b>4:36.54</b>	617	+0,70
	50m:	29.14	29.14	150m:	1:37.23	34.34	250m:	2:51.46	39.82	350m:	4:04.97	33.11
	100m:	1:02.89	33.75	200m:	2:11.64	34.41	300m:	3:31.86	40.40	400m:	4:36.54	31.57
20.	Kempa Mikolaj SO				99	MMKS Kedzierzyn Kozle				<b>4:37.30</b>	612	+0,78
	50m:	29.58	29.58	150m:	1:38.66	35.87	250m:	2:54.32	39.72	350m:	4:07.04	33.08
	100m:	1:02.79	33.21	200m:	2:14.60	35.94	300m:	3:33.96	39.64	400m:	4:37.30	30.26
21.	Kaczorowski Jakub				97	Zoliborz Warszawa				<b>4:38.07</b>	607	+0,76
	50m:	29.81	29.81	150m:	1:42.28	37.08	250m:	2:56.91	39.20	350m:	4:08.51	31.60
	100m:	1:05.20	35.39	200m:	2:17.71	35.43	300m:	3:36.91	40.00	400m:	4:38.07	29.56
22.	Kubot Szymon SZG				97	Warta Poznan				<b>4:38.29</b>	606	+0,74
	50m:	28.91	28.91	150m:	1:38.69	36.49	250m:	2:53.40	39.02	350m:	4:06.33	33.11
	100m:	1:02.20	33.29	200m:	2:14.38	35.69	300m:	3:33.22	39.82	400m:	4:38.29	31.96
23.	Gawron Oskar				99	Slask Wroclaw				<b>4:38.79</b>	602	+0,82
	50m:	29.32	29.32	150m:	1:40.53	37.33	250m:	2:54.87	38.52	350m:	4:07.39	33.69
	100m:	1:03.20	33.88	200m:	2:16.35	35.82	300m:	3:33.70	38.83	400m:	4:38.79	31.40
24.	Hojda Bartlomiej SO				98	Unia Oswiecim				<b>4:39.28</b>	599	+0,81
	50m:	29.51	29.51	150m:	1:39.01	35.31	250m:	2:53.87	39.96	350m:	4:07.57	32.74
	100m:	1:03.70	34.19	200m:	2:13.91	34.90	300m:	3:34.83	40.96	400m:	4:39.28	31.71
25.	Manka Filip				00	UKS 190 Lodz				<b>4:40.33</b>	592	+0,72
	50m:	30.33	30.33	150m:	1:39.23	34.71	250m:	2:54.54	40.44	350m:	4:07.95	32.89
	100m:	1:04.52	34.19	200m:	2:14.10	34.87	300m:	3:35.06	40.52	400m:	4:40.33	32.38
26.	Bryla Kamil				99	Lublinianka Lublin				<b>4:42.48</b>	579	+0,68
	50m:	29.51	29.51	150m:	1:39.22	35.83	250m:	2:55.79	41.38	350m:	4:10.64	32.52
	100m:	1:03.39	33.88	200m:	2:14.41	35.19	300m:	3:38.12	42.33	400m:	4:42.48	31.84
27.	Jarosz Dawid				99	Wodnik Konskie				<b>4:43.12</b>	575	+0,78
	50m:	29.81	29.81	150m:	1:40.99	36.49	250m:	2:58.08	40.62	350m:	4:11.61	32.96
	100m:	1:04.50	34.69	200m:	2:17.46	36.47	300m:	3:38.65	40.57	400m:	4:43.12	31.51
28.	Lapot Radoslaw SR				99	MOS Katowice				<b>4:44.96</b>	564	+0,83
	50m:	30.17	30.17	150m:	1:42.06	36.76	250m:	2:58.95	40.86	350m:	4:13.16	32.96
	100m:	1:05.30	35.13	200m:	2:18.09	36.03	300m:	3:40.20	41.25	400m:	4:44.96	31.80
29.	Morawski Krzysztof				94	AZS AWF Warszawa				<b>4:44.99</b>	564	+0,74
	50m:	29.36	29.36	150m:	1:38.20	34.62	250m:	2:52.09	40.08	350m:	4:10.37	35.91
	100m:	1:03.58	34.22	200m:	2:12.01	33.81	300m:	3:34.46	42.37	400m:	4:44.99	34.62
30.	Butkiewicz Cezary				00	G-8 Bielany Warszawa				<b>4:45.06</b>	563	+0,72
	50m:	29.38	29.38	150m:	1:40.21	37.36	250m:	2:58.03	40.91	350m:	4:13.18	33.55
	100m:	1:02.85	33.47	200m:	2:17.12	36.91	300m:	3:39.63	41.60	400m:	4:45.06	31.88
31.	Karkut Kamil				96	AZS AGH Krakow				<b>4:45.24</b>	562	+0,74
	50m:	29.39	29.39	150m:	1:39.22	35.65	250m:	2:55.75	40.82	350m:	4:11.99	34.72
	100m:	1:03.57	34.18	200m:	2:14.93	35.71	300m:	3:37.27	41.52	400m:	4:45.24	33.25
32.	Macner Michal SOL				99	Park Wodny Tarn. Gory				<b>4:45.34</b>	562	+0,68
	50m:	30.29	30.29	150m:	1:42.66	36.81	250m:	2:58.89	40.07	350m:	4:13.28	33.32
	100m:	1:05.85	35.56	200m:	2:18.82	36.16	300m:	3:39.96	41.07	400m:	4:45.34	32.06
33.	Wolaneck Szymon				96	AZS Lodz				<b>4:45.80</b>	559	+0,69
	50m:	29.32	29.32	150m:	1:42.27	38.26	250m:	2:59.99	39.96	350m:	4:14.47	33.60
	100m:	1:04.01	34.69	200m:	2:20.03	37.76	300m:	3:40.87	40.88	400m:	4:45.80	31.33
34.	Kadrow Konrad				97	Delfin Tarnobrzeg				<b>4:46.11</b>	557	+0,77
	50m:	29.58	29.58	150m:	1:42.16	38.46	250m:	2:59.18	39.57	350m:	4:13.54	34.90
	100m:	1:03.70	34.12	200m:	2:19.61	37.45	300m:	3:38.64	39.46	400m:	4:46.11	32.57



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Event 2, Men, 400m Medley, 14 years and older

Rank					YB					Time	Pts	RT
35.	Lawnik Jakub				99	Slask Wroclaw				<b>4:47.36</b>	550	+0,68
	50m: 28.83	28.83	150m: 1:41.09	37.92	250m: 3:00.14	42.42	350m: 4:15.48	33.38				
	100m: 1:03.17	34.34	200m: 2:17.72	36.63	300m: 3:42.10	41.96	400m: 4:47.36	31.88				
36.	Wozniak Maciej				00	UKS 190 Lodz				<b>4:50.11</b>	534	+0,77
	50m: 29.98	29.98	150m: 1:41.80	36.79	250m: 3:01.14	43.32	350m: 4:18.23	34.01				
	100m: 1:05.01	35.03	200m: 2:17.82	36.02	300m: 3:44.22	43.08	400m: 4:50.11	31.88				
37.	Elgalal Sami				01	UKS SP 149 Lodz				<b>4:50.70</b>	531	+0,72
	50m: 30.18	30.18	150m: 1:42.74	36.33	250m: 3:01.97	42.62	350m: 4:18.54	33.90				
	100m: 1:06.41	36.23	200m: 2:19.35	36.61	300m: 3:44.64	42.67	400m: 4:50.70	32.16				
38.	Drozd Tymoteusz SO				99	Unia Oswiecim				<b>4:51.59</b>	526	+0,75
	50m: 30.20	30.20	150m: 1:42.91	37.74	250m: 3:00.97	40.77	350m: 4:17.88	35.28				
	100m: 1:05.17	34.97	200m: 2:20.20	37.29	300m: 3:42.60	41.63	400m: 4:51.59	33.71				
39.	Chromik Mateusz SO				00	Unia Oswiecim				<b>4:52.17</b>	523	+0,75
	50m: 30.81	30.81	150m: 1:44.34	36.97	250m: 3:03.10	42.74	350m: 4:19.37	33.85				
	100m: 1:07.37	36.56	200m: 2:20.36	36.02	300m: 3:45.52	42.42	400m: 4:52.17	32.80				
40.	Walczysko Jakub				00	CSIR MOS Dabrowa Grn.				<b>4:54.50</b>	511	+0,67
	50m: 31.11	31.11	150m: 1:44.05	37.00	250m: 3:02.81	41.55	350m: 4:19.70	34.92				
	100m: 1:07.05	35.94	200m: 2:21.26	37.21	300m: 3:44.78	41.97	400m: 4:54.50	34.80				
41.	Napieraj Jan SOL				98	Pirania Targowek Warszawa				<b>4:54.72</b>	510	+0,68
	50m: 29.59	29.59	150m: 1:41.72	37.26	250m: 3:01.14	43.27	350m: 4:21.55	35.38				
	100m: 1:04.46	34.87	200m: 2:17.87	36.15	300m: 3:46.17	45.03	400m: 4:54.72	33.17				
42.	Piatek Michal				99	Korona Krakow				<b>4:54.81</b>	509	+0,77
	50m: 31.81	31.81	150m: 1:46.16	38.43	250m: 3:04.75	41.87	350m: 4:22.10	34.38				
	100m: 1:07.73	35.92	200m: 2:22.88	36.72	300m: 3:47.72	42.97	400m: 4:54.81	32.71				
43.	Wilejto Igor				01	Sambor Tczew				<b>4:57.35</b>	496	+0,64
	50m: 32.09	32.09	150m: 1:47.24	38.24	250m: 3:08.11	43.55	350m: 4:25.56	33.15				
	100m: 1:09.00	36.91	200m: 2:24.56	37.32	300m: 3:52.41	44.30	400m: 4:57.35	31.79				
44.	Zbrozek Radoslaw				99	SMS Galicja Krakow				<b>4:58.22</b>	492	+0,77
	50m: 31.19	31.19	150m: 1:47.39	39.58	250m: 3:07.77	42.84	350m: 4:25.77	34.43				
	100m: 1:07.81	36.62	200m: 2:24.93	37.54	300m: 3:51.34	43.57	400m: 4:58.22	32.45				
45.	Proszynski Igor				99	Fala Krasnik				<b>4:59.96</b>	483	+0,82
	50m: 32.12	32.12	150m: 1:48.35	39.61	250m: 3:08.84	42.70	350m: 4:26.34	34.54				
	100m: 1:08.74	36.62	200m: 2:26.14	37.79	300m: 3:51.80	42.96	400m: 4:59.96	33.62				
46.	Koput Kamil SWwa				00	Polonia Warszawa				<b>5:00.85</b>	479	+0,74
	50m: 30.08	30.08	150m: 1:44.40	37.57	250m: 3:06.09	45.44	350m: 4:26.25	34.86				
	100m: 1:06.83	36.75	200m: 2:20.65	36.25	300m: 3:51.39	45.30	400m: 5:00.85	34.60				
47.	Wozniak Kamil				00	Fregata Kolbuszowa				<b>5:05.18</b>	459	+0,77
	50m: 30.82	30.82	150m: 1:48.54	40.41	250m: 3:11.29	43.82	350m: 4:31.13	35.84				
	100m: 1:08.13	37.31	200m: 2:27.47	38.93	300m: 3:55.29	44.00	400m: 5:05.18	34.05				
48.	Zaremba Jakub				01	Slask Wroclaw				<b>5:06.01</b>	455	+0,81
	50m: 31.77	31.77	150m: 1:47.14	39.43	250m: 3:09.61	43.71	350m: 4:31.58	35.99				
	100m: 1:07.71	35.94	200m: 2:25.90	38.76	300m: 3:55.59	45.98	400m: 5:06.01	34.43				
49.	Guzy Marcel				01	Vega Dobrodzien				<b>5:07.40</b>	449	+0,86
	50m: 33.26	33.26	150m: 1:51.71	39.87	250m: 3:13.66	42.02	350m: 4:32.70	35.73				
	100m: 1:11.84	38.58	200m: 2:31.64	39.93	300m: 3:56.97	43.31	400m: 5:07.40	34.70				
50.	Wojcik Pawel				01	SMS Galicja Krakow				<b>5:08.41</b>	445	+0,71
	50m: 31.83	31.83	150m: 1:49.35	39.42	250m: 3:11.76	44.25	350m: 4:33.67	35.91				
	100m: 1:09.93	38.10	200m: 2:27.51	38.16	300m: 3:57.76	46.00	400m: 5:08.41	34.74				
51.	Paszko Mikolaj				01	SMS Galicja Krakow				<b>5:08.99</b>	442	+0,67
	50m: 30.48	30.48	150m: 1:47.39	40.97	250m: 3:12.39	44.84	350m: 4:34.39	36.58				
	100m: 1:06.42	35.94	200m: 2:27.55	40.16	300m: 3:57.81	45.42	400m: 5:08.99	34.60				



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Rank				YB						Time	Pts	RT	
52.	Augustyn Aleksander			00	Fregata Kolbuszowa					<b>5:15.75</b>	414	+0,77	
	50m:	32.70	32.70	150m:	1:50.67	40.99	250m:	3:17.76	46.94	350m:	4:40.99	36.25	
	100m:	1:09.68	36.98	200m:	2:30.82	40.15	300m:	4:04.74	46.98	400m:	5:15.75	34.76	
53.	Zubik Stanislaw			01	Polonia Warszawa					<b>5:19.22</b>	401	+0,68	
	50m:	30.31	30.31	150m:	1:48.10	42.10	250m:	3:16.36	48.44	350m:	4:42.40	36.93	
	100m:	1:06.00	35.69	200m:	2:27.92	39.82	300m:	4:05.47	49.11	400m:	5:19.22	36.82	
DNF	Latusek Szymon			00	Gilus Gilowice								+0,76
	50m:	32.18	32.18	150m:			250m:			350m:			
	100m:			200m:			300m:			400m:			