



Konkurencja 3
22/4/2016 - 17:16

Kobiet, 400m zmienny

12 lat i starsi
Wyniki

Punkty: FINA 2015

Pozycja	Rok ur.	Czas	Pkt.
16 - 24 lat			
1. Sroczy ska Paula	98	5:42.63	436
50m: 37.50 37.50	150m: 2:05.67 43.86	250m: 3:35.93 47.50	350m: 5:03.82 39.40
100m: 1:21.81 44.31	200m: 2:48.43 42.76	300m: 4:24.42 48.49	400m: 5:42.63 38.81
2. Podle ny Emilia	00	5:50.97	405
50m: 36.50 36.50	150m: 2:06.88 46.15	250m: 3:38.76 48.01	350m: 5:10.51 42.19
100m: 1:20.73 44.23	200m: 2:50.75 43.87	300m: 4:28.32 49.56	400m: 5:50.97 40.46
14 - 15 lat			
1. Kossakowska Dominika	01	4:59.55	652
50m: 30.68 30.68	150m: 1:45.08 38.30	250m: 3:06.88 43.96	350m: 4:26.26 34.70
100m: 1:06.78 36.10	200m: 2:22.92 37.84	300m: 3:51.56 44.68	400m: 4:59.55 33.29
2. Czornik Julia	01	5:17.21	549
50m: 33.80 33.80	150m: 1:52.58 39.79	250m: 3:17.36 45.70	350m: 4:42.11 38.01
100m: 1:12.79 38.99	200m: 2:31.66 39.08	300m: 4:04.10 46.74	400m: 5:17.21 35.10
3. Król Wiktoria	02	5:18.23	544
50m: 34.12 34.12	150m: 1:53.17 39.93	250m: 3:19.97 45.91	350m: 4:42.26 36.27
100m: 1:13.24 39.12	200m: 2:34.06 40.89	300m: 4:05.99 46.02	400m: 5:18.23 35.97
4. Hojoł Agata	01	5:20.00	535
50m: 33.38 33.38	150m: 1:52.05 41.72	250m: 3:18.74 45.42	350m: 4:44.67 37.92
100m: 1:10.33 36.95	200m: 2:33.32 41.27	300m: 4:06.75 48.01	400m: 5:20.00 35.33
5. Mucha Karolina	01	5:27.18	501
50m: 34.95 34.95	150m: 1:56.67 41.32	250m: 3:25.51 48.36	350m: 4:50.79
100m: 1:15.35 40.40	200m: 2:37.15 40.48	300m: 4:06.75 48.01	400m: 5:27.18 36.39
6. Rzadek Natalia	01	5:28.05	497
50m: 33.51 33.51	150m: 1:53.80 42.19	250m: 3:24.02 49.08	350m: 4:52.45 38.82
100m: 1:11.61 38.10	200m: 2:34.94 41.14	300m: 4:13.63 49.61	400m: 5:28.05 35.60
7. Pogorzelska Laura	01	5:29.64	489
50m: 35.24 35.24	150m: 1:56.42 40.00	250m: 3:22.58 47.38	350m: 4:52.30 39.59
100m: 1:16.42 41.18	200m: 2:35.20 38.78	300m: 4:12.71 50.13	400m: 5:29.64 37.34
8. Rolnicka Oliwia	01	5:36.21	461
50m: 34.80 34.80	150m: 2:00.94 43.41	250m: 3:30.08 45.17	350m: 4:57.87 41.22
100m: 1:17.53 42.73	200m: 2:44.91 43.97	300m: 4:16.65 46.57	400m: 5:36.21 38.34
9. Cie lar Zuzanna	01	5:37.66	455
50m: 36.89 36.89	150m: 2:03.44 42.38	250m: 3:33.57 49.15	350m: 5:01.67 38.41
100m: 1:21.06 44.17	200m: 2:44.42 40.98	300m: 4:23.26 49.69	400m: 5:37.66 35.99
10. Björkén Julia	01	5:40.96	442
50m: 35.45 35.45	150m: 2:02.28 45.24	250m: 3:35.29 46.72	350m: 5:02.46 39.66
100m: 1:17.04 41.59	200m: 2:48.57 46.29	300m: 4:22.80 47.51	400m: 5:40.96 38.50
11. Mirowska Zuzanna	02	5:43.79	431
50m: 35.41 35.41	150m: 2:01.39 44.65	250m: 3:35.11 50.36	350m: 5:05.29 39.86
100m: 1:16.74 41.33	200m: 2:44.75 43.36	300m: 4:25.43 50.32	400m: 5:43.79 38.50
12. Glejzer Marcelina	02	5:44.61	428
50m: 36.81 36.81	150m: 2:06.30 46.36	250m: 3:38.01 46.35	350m: 5:06.02 40.79
100m: 1:19.94 43.13	200m: 2:51.66 45.36	300m: 4:25.23 47.22	400m: 5:44.61 38.59
13. Proce Marta	02	5:44.71	428
50m: 37.28 37.28	150m: 2:03.76 41.54	250m: 3:37.05 51.46	350m: 5:08.64 39.39
100m: 1:22.22 44.94	200m: 2:45.59 41.83	300m: 4:29.25 52.20	400m: 5:44.71 36.07



Konkurencja 3, Dziewcz t, 400m zmienny, 14 - 15 lat

Pozycja				Rok ur.					Czas	Pkt.	
14.	Grylewicz Zuzanna			02	Rekin	wiebodzice			5:45.92	423	
	50m:	35.16	35.16	150m:		250m:	3:35.07	48.02	350m:	5:06.97	41.67
	100m:	1:18.88	43.72	200m:	2:47.05	300m:	4:25.30	50.23	400m:	5:45.92	38.95

12 - 13 lat

1.	Knop Aleksandra			03	UKS 190 Łód				5:02.30	635		
	50m:	32.38	32.38	150m:	1:46.27	36.95	250m:	3:07.40	44.41	350m:	4:28.22	34.40
	100m:	1:09.32	36.94	200m:	2:22.99	36.72	300m:	3:53.82	46.42	400m:	5:02.30	34.08
2.	Peng Elin			03	Väsby Simsällskap				5:18.78	541		
	50m:	32.23	32.23	150m:	1:52.29	42.04	250m:	3:20.63	45.04	350m:	4:43.44	36.67
	100m:	1:10.25	38.02	200m:	2:35.59	43.30	300m:	4:06.77	46.14	400m:	5:18.78	35.34
3.	Dach Wiktoria			03	Siemacha ASP Kraków				5:19.89	536		
	50m:	32.62	32.62	150m:	1:54.51	42.49	250m:	3:19.25	43.08	350m:	4:42.45	37.80
	100m:	1:12.02	39.40	200m:	2:36.17	41.66	300m:	4:04.65	45.40	400m:	5:19.89	37.44
4.	Malina Amelia			03	Górnik Sosnowiec				5:21.60	527		
	50m:	33.32	33.32	150m:	1:53.43	41.04	250m:	3:19.71	46.19	350m:	4:44.68	37.92
	100m:	1:12.39	39.07	200m:	2:33.52	40.09	300m:	4:06.76	47.05	400m:	5:21.60	36.92
5.	Wojtkowiak Alicja			03	Park Wodny Tarn. Góry				5:33.53	472		
	50m:	34.20	34.20	150m:	2:03.47	47.46	250m:	3:31.05	44.02	350m:	4:56.61	40.28
	100m:	1:16.01	41.81	200m:	2:47.03	43.56	300m:	4:16.33	45.28	400m:	5:33.53	36.92
6.	Klimczyk Emilia			03	SMS Galicja Kraków				5:46.78	420		
	50m:	36.57	36.57	150m:	2:05.73	45.02	250m:	3:37.16	48.22	350m:	5:07.52	41.53
	100m:	1:20.71	44.14	200m:	2:48.94	43.21	300m:	4:25.99	48.83	400m:	5:46.78	39.26
7.	Kuczera Wiktoria			04	Górnik Sosnowiec				5:49.29	411		
	50m:	36.68	36.68	150m:			250m:	3:41.42	52.77	350m:	5:12.39	39.03
	100m:	1:20.07	43.39	200m:	2:48.65		300m:	4:33.36	51.94	400m:	5:49.29	36.90
8.	Kosiec Małgorzata			03	Ondraszek Bielsko Biała				5:51.10	405		
	50m:	35.82	35.82	150m:	2:03.40	44.69	250m:	3:38.67	51.37	350m:	5:11.10	40.84
	100m:	1:18.71	42.89	200m:	2:47.30	43.90	300m:	4:30.26	51.59	400m:	5:51.10	40.00
9.	Schab Zuzanna			03	Wisła Kraków				5:53.15	398		
	50m:	35.56	35.56	150m:	2:04.42	46.21	250m:	3:39.26	48.64	350m:	5:13.19	43.99
	100m:	1:18.21	42.65	200m:	2:50.62	46.20	300m:	4:29.20	49.94	400m:	5:53.15	39.96
10.	Rokita Hanna			03	Park Wodny Tarn. Góry				6:01.17	372		
	50m:	40.79	40.79	150m:	2:17.46	46.39	250m:	3:48.26	45.52	350m:	5:19.27	44.76
	100m:	1:31.07	50.28	200m:	3:02.74	45.28	300m:	4:34.51	46.25	400m:	6:01.17	41.90