



Grand Prix Polski
Kraków, 22 - 23/10/2016



Event 13
22/10/2016 - 19:11

Women, 400m Medley

14 years and older
Results

Points: FINA 2016

Rank	YB				Time				Pts
1.	Adamczyk Julia SL	99	AZS UMCS Lublin					4:48.01	731
	50m: 31.10 31.10	150m: 1:42.95 36.78	250m: 3:00.09 41.12	350m: 4:14.99 33.86					
	100m: 1:06.17 35.07	200m: 2:18.97 36.02	300m: 3:41.13 41.04	400m: 4:48.01 33.02					
2.	Bartovicova Barbara	98	STU Trnava					4:52.65	696
	50m: 31.24 31.24	150m: 1:44.69 37.54	250m: 3:03.05 41.38	350m: 4:20.12 34.61					
	100m: 1:07.15 35.91	200m: 2:21.67 36.98	300m: 3:45.51 42.46	400m: 4:52.65 32.53					
3.	Halicka Lidia SWR	01	Slask Wroclaw					4:54.15	686
	50m: 31.96 31.96	150m: 1:46.16 37.82	250m: 3:04.50 41.87	350m: 4:20.84 34.92					
	100m: 1:08.34 36.38	200m: 2:22.63 36.47	300m: 3:45.92 41.42	400m: 4:54.15 33.31					
4.	Dzwonnik Zuzanna	00	AZS UL PL Lodz					4:55.42	677
	50m: 32.44 32.44	150m: 1:47.05 37.38	250m: 3:05.56 41.31	350m: 4:22.20 34.67					
	100m: 1:09.67 37.23	200m: 2:24.25 37.20	300m: 3:47.53 41.97	400m: 4:55.42 33.22					
5.	Wisniewska Oliwia	01	CSiR MOS Dabrowa Grn.					5:01.53	637
	50m: 33.03 33.03	150m: 1:47.83 36.78	250m: 3:07.63 44.38	350m: 4:27.60 35.30					
	100m: 1:11.05 38.02	200m: 2:23.25 35.42	300m: 3:52.30 44.67	400m: 5:01.53 33.93					
6.	Mendyk Adrianna	98	Wodnik Radom					5:03.45	625
	50m: 32.42 32.42	150m: 1:48.79 39.09	250m: 3:11.35 43.75	350m: 4:29.88 34.92					
	100m: 1:09.70 37.28	200m: 2:27.60 38.81	300m: 3:54.96 43.61	400m: 5:03.45 33.57					
7.	Piskorz Aleksandra	01	Wodnik Siemianowice Sl.					5:03.46	625
	50m: 32.95 32.95	150m: 1:50.17 38.45	250m: 3:09.57 41.06	350m: 4:27.88 36.40					
	100m: 1:11.72 38.77	200m: 2:28.51 38.34	300m: 3:51.48 41.91	400m: 5:03.46 35.58					
8.	Drabikova Sona	99	Aquasport Levice					5:03.79	623
	50m: 33.46 33.46	150m: 1:51.63 39.56	250m: 3:12.66 41.86	350m: 4:30.18 35.44					
	100m: 1:12.07 38.61	200m: 2:30.80 39.17	300m: 3:54.74 42.08	400m: 5:03.79 33.61					
9.	Zareba-Paradowska Julia	02	BUKS Warszawa					5:05.57	612
	50m: 34.28 34.28	150m: 1:49.48 37.82	250m: 3:10.78 43.28	350m: 4:30.29 36.00					
	100m: 1:11.66 37.38	200m: 2:27.50 38.02	300m: 3:54.29 43.51	400m: 5:05.57 35.28					
10.	Wegrzynowska Aleksandra	01	Slask Wroclaw					5:06.16	608
	50m: 32.72 32.72	150m: 1:49.15 39.03	250m: 3:13.04 44.83	350m: 4:32.72 34.71					
	100m: 1:10.12 37.40	200m: 2:28.21 39.06	300m: 3:58.01 44.97	400m: 5:06.16 33.44					
11.	Litwin Andrea	01	UKS SMS Galicja Krakow					5:06.66	605
	50m: 32.66 32.66	150m: 1:50.73 40.25	250m: 3:13.87 43.73	350m: 4:33.56 34.93					
	100m: 1:10.48 37.82	200m: 2:30.14 39.41	300m: 3:58.63 44.76	400m: 5:06.66 33.10					
12.	Skorupa Monika	99	Vega Dobrodzien					5:07.23	602
	50m: 32.10 32.10	150m: 1:47.63 38.13	250m: 3:09.69 44.64	350m: 4:31.70 36.93					
	100m: 1:09.50 37.40	200m: 2:25.05 37.42	300m: 3:54.77 45.08	400m: 5:07.23 35.53					
13.	Wett Oliwia	01	Kormoran Olsztyn					5:08.25	596
	50m: 33.44 33.44	150m: 1:51.77 39.81	250m: 3:14.08 43.78	350m: 4:33.41 36.20					
	100m: 1:11.96 38.52	200m: 2:30.30 38.53	300m: 3:57.21 43.13	400m: 5:08.25 34.84					
14.	Stepinska Natalia	01	Korona Krakow					5:10.28	584
	50m: 34.84 34.84	150m: 1:55.57 40.20	250m: 3:18.47 44.15	350m: 4:37.27 34.57					
	100m: 1:15.37 40.53	200m: 2:34.32 38.75	300m: 4:02.70 44.23	400m: 5:10.28 33.01					
15.	Zmuda Weronika SL	00	AZS UMCS Lublin					5:11.24	579
	50m: 33.38 33.38	150m: 1:53.59 41.77	250m: 3:17.72 42.90	350m: 4:37.15 35.41					
	100m: 1:11.82 38.44	200m: 2:34.82 41.23	300m: 4:01.74 44.02	400m: 5:11.24 34.09					
16.	Jaszczuk Ewa SOL	02	Kormoran Olsztyn					5:11.68	576
	50m: 32.35 32.35	150m: 1:49.53 40.41	250m: 3:15.32 45.65	350m: 4:36.90 36.06					
	100m: 1:09.12 36.77	200m: 2:29.67 40.14	300m: 4:00.84 45.52	400m: 5:11.68 34.78					
17.	Krypa Marta	02	Manta Warszawa Wlochy					5:12.29	573
	50m: 33.64 33.64	150m: 1:52.31 40.03	250m: 3:16.56 44.29	350m: 4:37.40 35.58					
	100m: 1:12.28 38.64	200m: 2:32.27 39.96	300m: 4:01.82 45.26	400m: 5:12.29 34.89					



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Rank					YB					Time	Pts	
18.	Ostrowska Kamila				01	CSiR MOS Dabrowa Grn.				5:12.45	572	
	50m:	33.23	33.23	150m:	1:51.16	39.87	250m:	3:15.35	44.30	350m:	4:36.49	36.92
	100m:	1:11.29	38.06	200m:	2:31.05	39.89	300m:	3:59.57	44.22	400m:	5:12.45	35.96
19.	Bura Dominika				01	CSiR MOS Dabrowa Grn.				5:12.48	572	
	50m:	33.27	33.27	150m:	1:52.93	41.41	250m:	3:17.42	44.43	350m:	4:38.59	37.17
	100m:	1:11.52	38.25	200m:	2:32.99	40.06	300m:	4:01.42	44.00	400m:	5:12.48	33.89
20.	Garula Wiktoria				02	CSiR MOS Dabrowa Grn.				5:14.37	562	
	50m:	32.97	32.97	150m:	1:52.35	40.91	250m:	3:17.90	46.63	350m:	4:40.35	36.32
	100m:	1:11.44	38.47	200m:	2:31.27	38.92	300m:	4:04.03	46.13	400m:	5:14.37	34.02
21.	Wikiel Zaklina				00	AZS UWM Olsztyn				5:14.76	560	
	50m:	33.59	33.59	150m:	1:52.00	41.05	250m:	3:16.42	43.97	350m:	4:38.16	37.44
	100m:	1:10.95	37.36	200m:	2:32.45	40.45	300m:	4:00.72	44.30	400m:	5:14.76	36.60
22.	Nowak Zuzanna SO				02	Unia Oswiecim				5:14.85	559	
	50m:	33.57	33.57	150m:	1:53.69	40.22	250m:	3:18.44	44.99	350m:	4:40.72	35.97
	100m:	1:13.47	39.90	200m:	2:33.45	39.76	300m:	4:04.75	46.31	400m:	5:14.85	34.13
23.	Jezowska Kamila				00	CSiR MOS Dabrowa Grn.				5:16.17	552	
	50m:	34.02	34.02	150m:	1:52.28	38.92	250m:	3:17.16	46.30	350m:	4:40.44	37.34
	100m:	1:13.36	39.34	200m:	2:30.86	38.58	300m:	4:03.10	45.94	400m:	5:16.17	35.73
24.	Wojciechowska Maria				00	GOS Raszyn				5:16.37	551	
	50m:	35.04	35.04	150m:	1:55.44	39.52	250m:	3:20.62	45.58	350m:	4:41.85	35.00
	100m:	1:15.92	40.88	200m:	2:35.04	39.60	300m:	4:06.85	46.23	400m:	5:16.37	34.52
25.	Krosta Emilia				02	Wodnik Siemianowice Sl.				5:18.30	541	
	50m:	33.57	33.57	150m:	1:56.91	42.68	250m:	3:21.45	43.45	350m:	4:43.32	37.38
	100m:	1:14.23	40.66	200m:	2:38.00	41.09	300m:	4:05.94	44.49	400m:	5:18.30	34.98
26.	Pluta Emilia				02	Aligator Gorzyce				5:18.82	538	
	50m:	35.24	35.24	150m:	1:57.48	41.70	250m:	3:22.91	44.32	350m:	4:44.10	36.04
	100m:	1:15.78	40.54	200m:	2:38.59	41.11	300m:	4:08.06	45.15	400m:	5:18.82	34.72
27.	Rajca Olivia				02	UKS 190 Lodz				5:19.05	537	
	50m:	34.54	34.54	150m:	1:56.87	42.22	250m:	3:22.10	44.97	350m:	4:43.82	36.86
	100m:	1:14.65	40.11	200m:	2:37.13	40.26	300m:	4:06.96	44.86	400m:	5:19.05	35.23
28.	Kruszewska Kaja				00	Juvenia Bialystok				5:21.93	523	
	50m:	34.30	34.30	150m:	1:57.29	42.93	250m:	3:24.57	45.16	350m:	4:47.42	36.96
	100m:	1:14.36	40.06	200m:	2:39.41	42.12	300m:	4:10.46	45.89	400m:	5:21.93	34.51
29.	Bylinska Agnieszka SG				02	Zabianka Gdansk				5:22.97	518	
	50m:	34.17	34.17	150m:	1:55.04	41.39	250m:	3:21.88	46.35	350m:	4:46.14	37.82
	100m:	1:13.65	39.48	200m:	2:35.53	40.49	300m:	4:08.32	46.44	400m:	5:22.97	36.83
30.	Borejszo Paula				00	MKP Szczecin				5:23.76	514	
	50m:	32.71	32.71	150m:	1:53.02	41.81	250m:	3:20.74	46.36	350m:	4:47.60	38.86
	100m:	1:11.21	38.50	200m:	2:34.38	41.36	300m:	4:08.74	48.00	400m:	5:23.76	36.16
31.	Prochownik Martyna SO				02	Unia Oswiecim				5:26.39	502	
	50m:	34.56	34.56	150m:	1:56.16	41.24	250m:	3:26.76	49.31	350m:	4:51.20	36.40
	100m:	1:14.92	40.36	200m:	2:37.45	41.29	300m:	4:14.80	48.04	400m:	5:26.39	35.19
32.	Kapcinska Maja SO				02	Unia Oswiecim				5:28.16	494	
	50m:	34.85	34.85	150m:	1:56.59	41.85	250m:	3:25.25	48.12	350m:	4:52.29	37.99
	100m:	1:14.74	39.89	200m:	2:37.13	40.54	300m:	4:14.30	49.05	400m:	5:28.16	35.87
33.	Nocon Dominika				02	Manta Kochlowice Ruda Sl.				5:28.39	493	
	50m:	34.65	34.65	150m:	1:56.49	40.85	250m:	3:24.41	47.42	350m:	4:50.48	38.38
	100m:	1:15.64	40.99	200m:	2:36.99	40.50	300m:	4:12.10	47.69	400m:	5:28.39	37.91
34.	Hojol Agata				01	UKS SMS Galicja Krakow				5:33.25	471	
	50m:	34.11	34.11	150m:	1:55.92	42.86	250m:	3:26.03	48.15	350m:	4:55.48	40.54
	100m:	1:13.06	38.95	200m:	2:37.88	41.96	300m:	4:14.94	48.91	400m:	5:33.25	37.77



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Rank							YB							Time	Pts
35.	Kralova Natalia						02	KP Aquacity Poprad						5:36.77	457
	50m:	35.32	35.32	150m:	2:01.10	43.51	250m:	3:33.38	50.03	350m:	5:00.78	38.39			
	100m:	1:17.59	42.27	200m:	2:43.35	42.25	300m:	4:22.39	49.01	400m:	5:36.77	35.99			
36.	Bidnik Karolina						02	GIM 92 Ursynow W-wa						5:39.20	447
	50m:	34.39	34.39	150m:	2:00.96	44.31	250m:	3:31.80	48.18	350m:	5:00.55	39.78			
	100m:	1:16.65	42.26	200m:	2:43.62	42.66	300m:	4:20.77	48.97	400m:	5:39.20	38.65			