

XII RYCERZ KMITA CUP NATIONAL SWIMMING COMPETITION

ORGANIZERS:



SPONSORSHIP:



Project realized
With the financial help of Zabierzów
Township

Honorary Host Jacek
Krupa
the speaker of the Lesser-
Poland voivodeship house of
representatives

Lesser Poland Regional
Swimming Association

MAIN SPONSOR:



XII Rycerz Kmita Cup - National Swimming Competition

1. **DATES:** April 21-23 2017 (Friday-Sunday)
2. **PLACE:** Sports and Recreation Centre in Zabierzów, Kolejowa Street 15a, 32-080 Zabierzów
3. **TECHNICAL INFORMATION:** 25m Pool, 6 lanes, water temperature 27°C **Timekeeping:** electronic
4. **HOSTS:**
 - Student Swimming Club KMITA Zabierzów
 - Sports and Recreation Centre in Zabierzów
 - SMS SwimArt Myślenice
 - RAK-Swimsport Swimming School
5. **HONORARY HOSTS:**
 - Town Head of Zabierzów Township Elżbieta Burtan
 - Jacek Krupa – the speaker of Małopolska Voivodeship House of Representatives
 - The Lesser-Poland Regional Swimming Association
6. **SPONSORS:**
 - Dziennik Polski
 - TVP 3 Kraków
 - news.megatiming.pl
 - JURA – magazine of the Jurajski Office of Commerce
 - Goniec Zabierzowski (local newspaper)
 - Zabierzów Internet TV
7. **COMPETITION HEAD: Artur Czerwiec**
8. **RULES OF PARTICIPATION:**
 - Each participant can start in a maximum of five individual events, and no more than two times in the block, relay, or the 'Rycerza Kmita Memorial'
 - Category I participants (ages 10-11) will only start in 50m final eliminations
 - 400m freestyle, 400m medley, 800m freestyle, and 1500m freestyle will be held in timed elimination heats in the following age groups: 12-13yo, 14-15yo, 16-24yo, and 25+yo (Masters)
 - The organizers have limited the number of elimination heats for the following distances:
 - 400m men's and women's freestyle max. 5 heats
 - 400m men's and women's medley max. 5 heats
 - In the 800m 1 500m men's and women's freestyle the organizer reserves the right to limit the number of elimination heats in the event of too many entrance requests
 - The little and big 'Rycerza Kmita Memorial' will be held in the 200m and 100m butterfly stroke in elimination heats and finals.

9. AGE CATEGORIES:

Category	I	II	III	IV	
Year of Birth	2007-2006	2005-2004	2003-2002	2001 and before	Masters
Age	10 – 11 yers	12 – 13 yers	14 - 15 yers	16 and older	25 and older
	The big 'Rycerz Kmita Memorial' will be held in the following categories 14-older (cat. III and up)				tylko: 400 dow, 400 zm, 800 dow i 1500 dow
	The little ' Rycerz Kmita Memorial' will be held in the following categories 13-younger (cat. I and II)				

10. MEET ENTRIES:

- Entries for the competition must be sent to zawody@swimart.pl by the 10th of April 2017 at 2200. Late entries will not be accepted.
- Entries must include: full name, date of birth (DD/MM/YYYY), club name, license number, event, and the best time achieved in the last 12 months (www.swimrankings.net)
- Entries in electronic form made with SPLASH editor (available to download at: www.pucharkmity.pl www.swimart.pl)
- Entries not done in this format or incorrectly filled in will be sent back for correction
- Verification of receipt of entry will be available at: www.pucharkmity.pl www.swimart.pl
- After publication of the entries and entry lists there will be no possibility of correction of entries other than drop out requests. Drop out requests will be possible up to the 15th of April 2017 at 20:00. The entry fee will be deducted after this deadline.
- **The organizers reserve the right to limit the number of participants to 400 people due to limitations of the venue and for the safety of the participants. Entry requests will be accepted according to the time the entry is received (date, hour). The swimming club will receive information regarding the status of the entry via email.**

11. FINANCIAL CONDITIONS:

- The event organizers will bear the organizational costs of the meet
- The participants will attend on their own costs
- Entry Fee:
 - payment in the form of electronic bank transfer of 60zł for every participant regardless of number of events started) by 15/14/2017. Participants who do not pay by this date will be taken off the starting lists
 - **Bank Transfer Details:** Uczniowski Klub Pływacki Kmita Zabierzów, 32-080 Zabierzów, ul. Kolejowa 15a Account number: 20 8591 0007 0030 0158 3403 0002.
 - No entry fee refunds
 - The team coaches or directors are responsible for presenting a confirmation of transfer document to the event organizers
 - **No cash payment day of the event**

12. TECHNICAL GUIDELINES:

- Competition is held according to FINA and PZP guidelines
- Heat participation will be decided according to ranking
- In cases of errors in giving competitors personal details which could result in not being able to correctly identify the competitor in the European Rankings will be seeded NT
- 50 and 100m races will be held in elimination style with a final
- 200, 400, 800, and 1500m races will be judged in heats according to time
- The big and little 'Rycerz Kmita Memorial' will be held in a system of elimination heats and a final
- The results will be announced after the end of the events according to age category

13. Live results will be available on: www.pucharkmity.pl or www.megatiming.pl

14. Find us on Facebook:www.facebook.com/PucharRycerzaKmity

15. Live video feed will be available on: www.pucharkmity.pl

16. MEET SCHEDULE:

BLOCK I – Friday 21st of April 2017 – TIMED HEATS

WARMUP – at 14³⁰			RACES – at 15³⁰			
L.p.	RACE	W / M	AGE GROUP			
1-2	400m st. freestyle	W / M	12 – 13	14 – 15	16 – 24	25 masters
3-4	400m st. medley	W / M	12 – 13	14 – 15	16 – 24	25 masters
5	800m st. freestyle	W	12 – 13	14 – 15	16 – 24	25 masters
6	800m st. freestyle	M	12 – 13			
7	1 500m st. freestyle	M		14 – 15	16 – 24	25 masters

BLOCK II – Saturday 22nd of April 2017 – ELIMINATIONS

WARM UP – at 8⁰⁰ For participants swimming 100 and 200m butterfly stroke, 50m freestyle, and 100m medley			RACES – at 8³⁰			
L.p.	RACE	W / M	AGE GROUP			
8-9	100m st. butterfly Little "RYCERZ KMITA MEMORIAL"	W / M	13 and younger ELIMINATIONS			
10-11	200m st. butterfly "RYCERZ KMITA MEMORIAL"	W / M	14 and older ELIMINATIONS			
12-13	50m st. freestyle	W / M	10 – 11	12 – 13	14 – 15	16 and up
14-15	100m st. medley	W / M		12 – 13	14 – 15	16 and up
30 min	Warm-up for participants in the 200m backstroke, 50m breaststroke, and 200m freestyle					
16-17	200m st. back (slower timed heats)	W / M		12 – 13	14 – 15	16 and up
18-19	50m st. breaststroke	W / M	10 – 11	12 – 13	14 – 15	16 and up
20-21	200 m st. freestyle (slower timed heats)	W / M		12 – 13	14 – 15	16 and up

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BLOCK III – Saturday 22nd of April 2017 – FINALS

WARM UP – at 15:15			RACES – at 16⁰⁰				
L.p.	RACE	W / M	AGE GROUP				
F 12-13	50m st. freestyle FINALS	W / M	10 – 11	12 – 13	14 – 15	16 and up	
F 14-15	100m st. medley FINALS	W/ M		12 – 13	14 – 15	16 and up	
16-17	200m st. back Fastest heat	W / M		12 – 13	14 – 15	16 and up	
F 18-19	50m st. breaststroke FINALS	W / M	10 – 11	12 – 13	14 – 15	16 and up	
20-21	200 m st. freestyle Fastest heat	W / M		12 – 13	14 – 15	16 and up	

BLOCK IV – Sunday 23rd of April 2017 – ELIMINATIONS

WARM UP – at 8:30			RACES – at 9⁰⁰			
For participants swimming in 50m butterfly and 200m classic style						
L.p.	RACES	W / M	AGE GROUP			
22-23	50m st. butterfly	W / M	10 – 11	12 – 13	14 – 15	16 and up
24-25	200m st. breaststroke Timed Heats	W / M		12 – 13	14 – 15	16 and up
30 min	Warm up for participants swimming in 50m backstroke and 100m freestyle					
26-27	50 m st. back	W / M	10 – 11	12 – 13	14 – 15	16 and up
28-29	100m st. freestyle	W / M		12 – 13	14 – 15	16 and up

BLOK V – niedziela 23 kwietnia 2017 –FINAŁY

WARM UP – at 14³⁰			RACES – at 15¹⁵				
L.p.	RACES	W / M	AGE GROUP				
F 8-9	100m st. butterfly Little 'RYCERZ KMITA MEMORIAL'	W / M	13 and yanger FINALS				
F 10-11	200m st. butterfly "RYCERZ KMITA MEMORIAL"	W / M	14 and older FINALS				
F22-23	50m st. butterfly FINALS	W / M	10 – 11	12 – 13	14 – 15	16 and up	
24-25	200m st. breaststroke Fastest heat	W / M	12 – 13 14 – 15 16 and up				
F26-27	50m st. back FINALS	W / M	10 – 11	12 – 13	14 – 15	16 and up	
F28-29	100m st. freestyle FINALS	W / M	12 – 13 14 – 15 16 and up				
30	RELAY 7 x 50m st. freestyle	MIX	Relay team must consist of 3 participants (men or women) and their coach				

17. WARM UP RULES

- Lane 6 is a one-way lane for swimming and diving
- Diving from any other lane will result in elimination from the competition
- Warm up lanes will be decided based on the number of entering participants in each age group

18. PRIZES:

- Start up package for every participant
- Medals for I-III place in each individual category in each age group
- Prizes from the sponsor 'ARENA' for I-III place in each individual category in each age group (with the exception of the big and little 'Rycerza Kmita Memorial)
- A trophy and cash prize for I-III place in the men's and women's big and little 'Rycerz Kmita Memorial
- A cash prize for beating the big 'Rycerz Kmita Memorial' women's record (2:12,57 Paulina Sikora 25.04.2010) and men's record (1:57,95- Michał Poprawa 24.04.2016)
- A prize for beating the little 'Rycerz Kmita Memorial' women's record (1:06,37-Karolina Zygo 19.04.2015) and men's record (1:03,64- Nikodem Sobek 19.04.2015)
- Trophies for the three best relay teams sponsored by the Sports and Recreation Centre in Zabierzow
- A prize for the best participant in the 11 and under age group sponsored by SMS SwimArt (calculated by summing the FINA points from 4 race starts)
- In case of a tie the winner is decided by the highest score in one of the categories.
- A sweet prize for the winning relay team sponsored by UKP Kmita Zabierzow
- A prize for the coach with the highest scoring team according to the final scores
- Special Prizes- high quality electronic devices , the winners (one woman one man) will be chosen by raffle on Sunday (you must be present on Sunday during the drawing to claim the prize)
- The more sponsors that we get before the event, the more prizes there will be. You can check the updated prizes on - www.pucharkmity.pl
- You MUST be present at the time of handing out awards and prizes in order to receive them. If you are not present at that time the prize will be given to the next participant

19. OTHER ORGANIZATIONAL POINTS:

- Participants MUST have a valid licence to compete and an updated physical from a qualified physician

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in order to participate in the events. Coaches or team managers are responsible for presenting these documents

- Coaches and team managers are responsible for the behaviour and discipline of their teams
- The team manager is responsible for getting the participant accepted to start in races
- The medal ceremonies will take place directly after the conclusion of the final heats
- The organizers of the event reserve the right to make all changes in the scheduling of races
- The right to interpret the information herein is reserved solely to the organizers of the event.
- The head of the competition will make decisions in any instance not above aforementioned
- By entering your team in the competition, you agree to the rules and regulations in this document

20. ROOM AND BOARD:

- There will be no housing accommodations provided
- There will be no boarding accommodations provided
- There will be a macaroni grill bar on the premises good weather provided

21. INFORMATION:

- The competition office is in the OSR Zabierzow In-door Swimming Pool building on Kolejowa st. 15a open Friday 21st of April until the end of the competition
- Information about possible room and board on -www.pucharkmity.pl
- Confirmation of entry forms, list of competitors, and starting lists will be available on - www.pucharkmity.pl or www.swimart.pl
- Starting lists and live results will be available on - www.pucharkmity.pl www.megatiming.pl
- Live Video transmission will be available on - www.pucharkmity.pl
- There will be space and furniture from the 'relax area' and live video from the races in the gymnasium during the events

22. CONTACT INFORMATION:

- financial matters: Krystian Frankiewicz- tel. 512094489, email: krystian.swimmer@poczta.fm (For clubs which will need an invoice please send all invoice details by email)
- organizational matters: Artur Czerwiec tel. 509 536 643, email: info@pucharkmity.pl
- entries: Artur Żak tel. 501 689 458, email: zawody@swimart.pl
- room and boarding matters : Damian Wentrych tel. 512120445 email: damianwentrych@gmail.com

23. The organizers reserve the right to use the participants image for promotional materials related to the event.