



Liga Szkół Mistrzostwa Sportowego Runda I  
O wi cim, 1 - 2/12/2017



Konkurencja 12  
1/12/2017 - 19:30

Chłopców, 400m zmienny

18 lat i młodszy  
Wyniki

Punkty: FINA 2017

Pozycja	Rok ur.	Czas	Pkt.	Dru .
1. Ciasto Sebastian SO	99 SMS O wi cim	<b>4:18.85</b>	753	35,00
50m: 29.01 29.01	150m: 1:34.18 32.63	250m: 2:42.66 35.66	350m: 3:49.41 30.11	
100m: 1:01.55 32.54	200m: 2:07.00 32.82	300m: 3:19.30 36.64	400m: 4:18.85 29.44	
2. Chmielewski Jakub SWR	99 SMS Wrocław	<b>4:19.57</b>	746	33,00
50m: 27.61 27.61	150m: 1:32.63 33.44	250m: 2:41.59 36.90	350m: 3:49.26 30.56	
100m: 59.19 31.58	200m: 2:04.69 32.06	300m: 3:18.70 37.11	400m: 4:19.57 30.31	
3. Kempa Mikołaj SO	99 SMS O wi cim	<b>4:23.80</b>	711	32,00
50m: 28.03 28.03	150m: 1:34.40 34.28	250m: 2:45.42 37.13	350m: 3:54.47 31.42	
100m: 1:00.12 32.09	200m: 2:08.29 33.89	300m: 3:23.05 37.63	400m: 4:23.80 29.33	
4. Oller Krzysztof SL	00 SMS Lublin	<b>4:24.48</b>	705	31,00
50m: 27.98 27.98	150m: 1:33.78 34.24	250m: 2:46.11 38.96	350m: 3:55.21 30.65	
100m: 59.54 31.56	200m: 2:07.15 33.37	300m: 3:24.56 38.45	400m: 4:24.48 29.27	
5. Sacha Kamil SWR	01 SMS Wrocław	<b>4:25.60</b>	697	30,00
50m: 28.34 28.34	150m: 1:35.51 34.58	250m: 2:47.10 37.43	350m: 3:56.20 30.80	
100m: 1:00.93 32.59	200m: 2:09.67 34.16	300m: 3:25.40 38.30	400m: 4:25.60 29.40	
6. Dubas Mateusz SO	01 SMS O wi cim	<b>4:25.97</b>	694	-
50m: 28.05 28.05	150m: 1:35.34 34.93	250m: 2:46.48 36.05	350m: 3:54.99 31.32	
100m: 1:00.41 32.36	200m: 2:10.43 35.09	300m: 3:23.67 37.19	400m: 4:25.97 30.98	
7. Koziejko Bartłomiej SOL	00 SMS Olsztyn	<b>4:26.80</b>	687	29,00
50m: 28.44 28.44	150m: 1:35.51 34.40	250m: 2:47.77 38.10	350m: 3:56.10 29.94	
100m: 1:01.11 32.67	200m: 2:09.67 34.16	300m: 3:26.16 38.39	400m: 4:26.80 30.70	
8. Gotszling Dawid	01 SMS Zielona Góra	<b>4:27.67</b>	681	28,00
50m: 26.96 26.96	150m: 1:33.01 33.98	250m: 2:45.87 39.78	350m: 3:56.75 31.06	
100m: 59.03 32.07	200m: 2:06.09 33.08	300m: 3:25.69 39.82	400m: 4:27.67 30.92	
9. Łopot Radosław SR	99 SMS Racibórz	<b>4:28.65</b>	673	27,00
50m: 28.53 28.53	150m: 1:36.10 34.54	250m: 2:49.02 39.06	350m: 3:59.31 30.72	
100m: 1:01.56 33.03	200m: 2:09.96 33.86	300m: 3:28.59 39.57	400m: 4:28.65 29.34	
10. Kłosi ski Alan	00 SMS Łódź	<b>4:30.81</b>	657	26,00
50m: 28.19 28.19	150m: 1:37.19 35.90	250m: 2:49.38 37.11	350m: 3:58.81 32.41	
100m: 1:01.29 33.10	200m: 2:12.27 35.08	300m: 3:26.40 37.02	400m: 4:30.81 32.00	
11. Sucha ski Przemysław SO	01 SMS O wi cim	<b>4:31.40</b>	653	-
50m: 28.58 28.58	150m: 1:36.33 34.21	250m: 2:48.25 39.34	350m: 4:00.41 32.30	
100m: 1:02.12 33.54	200m: 2:08.91 32.58	300m: 3:28.11 39.86	400m: 4:31.40 30.99	
12. Winiatowski Patryk SB	99 SMS Bydgoszcz	<b>4:31.57</b>	652	25,00
50m: 27.70 27.70	150m: 1:34.32 34.65	250m: 2:47.56 38.75	350m: 4:00.60 33.01	
100m: 59.67 31.97	200m: 2:08.81 34.49	300m: 3:27.59 40.03	400m: 4:31.57 30.97	
13. Zaremba Jakub	01 SMS Warszawa Bielany	<b>4:31.71</b>	651	24,00
50m: 28.44 28.44	150m: 1:36.52 35.51	250m: 2:49.75 38.21	350m: 4:01.18 31.99	
100m: 1:01.01 32.57	200m: 2:11.54 35.02	300m: 3:29.19 39.44	400m: 4:31.71 30.53	
14. Mayerberg Kacper SO	00 SMS O wi cim	<b>4:33.40</b>	639	-
50m: 27.57 27.57	150m: 1:36.20 36.48	250m: 2:50.84 39.42	350m: 4:02.60 31.57	
100m: 59.72 32.15	200m: 2:11.42 35.22	300m: 3:31.03 40.19	400m: 4:33.40 30.80	
15. Barusi ski Kordian	01 SMS Warszawa Bielany	<b>4:33.71</b>	636	23,00
50m: 27.79 27.79	150m: 1:33.66 33.77	250m: 2:46.99 38.69	350m: 4:01.33 34.23	
100m: 59.89 32.10	200m: 2:08.30 34.64	300m: 3:27.10 40.11	400m: 4:33.71 32.38	
16. Kielczewski Amadeusz	00 SMS Szczecin	<b>4:34.06</b>	634	22,00
50m: 27.08 27.08	150m: 1:33.74 34.36	250m: 2:50.00 41.82	350m: 4:04.35 32.16	
100m: 59.38 32.30	200m: 2:08.18 34.44	300m: 3:32.19 42.19	400m: 4:34.06 29.71	
17. Kuczak Adam SWR	00 SMS Wrocław	<b>4:35.85</b>	622	-
50m: 30.10 30.10	150m: 1:38.95 34.77	250m: 2:52.43 39.79	350m: 4:04.55 31.45	
100m: 1:04.18 34.08	200m: 2:12.64 33.69	300m: 3:33.10 40.67	400m: 4:35.85 31.30	



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Pozycja	Rok ur.	Czas	Pkt.	Dru .
18. Cukanow Michał	99 SMS Aleksandrów Ł.	<b>4:36.24</b>	619	21,00
50m: 28.24 28.24	150m: 1:36.80 35.85	250m: 2:53.42 41.44	350m: 4:06.13 32.05	
100m: 1:00.95 32.71	200m: 2:11.98 35.18	300m: 3:34.08 40.66	400m: 4:36.24 30.11	
19. Wawrzy czak Alan SL	99 SMS Lublin	<b>4:37.56</b>	610	20,00
50m: 28.84 28.84	150m: 1:37.63 35.91	250m: 2:52.71 39.83	350m: 4:06.10 33.05	
100m: 1:01.72 32.88	200m: 2:12.88 35.25	300m: 3:33.05 40.34	400m: 4:37.56 31.46	
20. Walczysko Jakub SL	00 SMS Lublin	<b>4:38.91</b>	601	-
50m: 29.43 29.43	150m: 1:38.89 35.32	250m: 2:54.01 39.64	350m: 4:06.94 32.42	
100m: 1:03.57 34.14	200m: 2:14.37 35.48	300m: 3:34.52 40.51	400m: 4:38.91 31.97	
21. Błaszczak Kacper	00 SMS Aleksandrów Ł.	<b>4:40.71</b>	590	19,00
50m: 29.68 29.68	150m: 1:41.26 37.88	250m: 2:58.59 40.16	350m: 4:10.84 32.79	
100m: 1:03.38 33.70	200m: 2:18.43 37.17	300m: 3:38.05 39.46	400m: 4:40.71 29.87	
22. Grzybowski Artur	01 SMS Szczecin	<b>4:40.79</b>	589	18,00
50m: 29.51 29.51	150m: 1:39.32 35.91	250m: 2:54.77 39.97	350m: 4:09.77 33.17	
100m: 1:03.41 33.90	200m: 2:14.80 35.48	300m: 3:36.60 41.83	400m: 4:40.79 31.02	
23. Synowiec Mikołaj	02 SMS Kraków	<b>4:40.95</b>	588	17,00
50m: 27.93 27.93	150m: 1:37.70 36.33	250m: 2:53.75 39.86	350m: 4:08.68 34.05	
100m: 1:01.37 33.44	200m: 2:13.89 36.19	300m: 3:34.63 40.88	400m: 4:40.95 32.27	
24. Celi ski Jakub SK	02 SMS Kraków	<b>4:40.99</b>	588	16,00
50m: 27.10 27.10	150m: 1:36.61 37.15	250m: 2:52.86 39.22	350m: 4:08.55 35.18	
100m: 59.46 32.36	200m: 2:13.64 37.03	300m: 3:33.37 40.51	400m: 4:40.99 32.44	
25. Muc Filip SO	01 SMS O wi cim	<b>4:41.44</b>	585	-
50m: 29.74 29.74	150m: 1:40.85 36.19	250m: 2:56.16 39.82	350m: 4:09.82 33.18	
100m: 1:04.66 34.92	200m: 2:16.34 35.49	300m: 3:36.64 40.48	400m: 4:41.44 31.62	
26. Jarosz Dawid	99 SMS Warszawa	<b>4:41.95</b>	582	15,00
50m: 28.40 28.40	150m: 1:36.57 35.43	250m: 2:53.00 41.10	350m: 4:09.16 34.08	
100m: 1:01.14 32.74	200m: 2:11.90 35.33	300m: 3:35.08 42.08	400m: 4:41.95 32.79	
27. Szczygieł David SO	02 SMS O wi cim	<b>4:42.23</b>	580	-
50m: 30.56 30.56	150m: 1:40.06 35.31	250m: 2:55.31 40.10	350m: 4:10.02 33.71	
100m: 1:04.75 34.19	200m: 2:15.21 35.15	300m: 3:36.31 41.00	400m: 4:42.23 32.21	
28. Bachlaj Dorian SR	99 SMS Racibórz	<b>4:43.66</b>	572	14,00
50m: 31.48 31.48	150m: 1:47.28 38.30	250m: 3:01.26 37.13	350m: 4:12.10 32.69	
100m: 1:08.98 37.50	200m: 2:24.13 36.85	300m: 3:39.41 38.15	400m: 4:43.66 31.56	
29. Woronko Kszysztof SOL	02 SMS Olsztyn	<b>4:43.77</b>	571	13,00
50m: 29.26 29.26	150m: 1:39.18 35.50	250m: 2:55.16 40.32	350m: 4:10.95 33.83	
100m: 1:03.68 34.42	200m: 2:14.84 35.66	300m: 3:37.12 41.96	400m: 4:43.77 32.82	
30. Dobrindt Mikołaj	03 SMS Bydgoszcz	<b>4:44.52</b>	567	12,00
50m: 28.83 28.83	150m: 1:38.97 36.44	250m: 2:54.54 38.92	350m: 4:10.72 34.78	
100m: 1:02.53 33.70	200m: 2:15.62 36.65	300m: 3:35.94 41.40	400m: 4:44.52 33.80	
31. Szczepanowski Jakub	02 SMS Gorzów Wlkp.	<b>4:47.33</b>	550	11,00
50m: 29.97 29.97	150m: 1:43.52 38.70	250m: 3:00.76 39.50	350m: 4:15.44 33.91	
100m: 1:04.82 34.85	200m: 2:21.26 37.74	300m: 3:41.53 40.77	400m: 4:47.33 31.89	
32. Krupa Mateusz SO	03 SMS O wi cim	<b>4:48.31</b>	544	-
50m: 31.01 31.01	150m: 1:44.53 38.69	250m: 3:02.05 39.71	350m: 4:16.33 34.21	
100m: 1:05.84 34.83	200m: 2:22.34 37.81	300m: 3:42.12 40.07	400m: 4:48.31 31.98	
33. Mencil Miłosz SR	02 SMS Racibórz	<b>4:50.04</b>	535	-
50m: 30.39 30.39	150m: 1:44.88 38.53	250m: 3:03.24 41.42	350m: 4:18.37 33.37	
100m: 1:06.35 35.96	200m: 2:21.82 36.94	300m: 3:45.00 41.76	400m: 4:50.04 31.67	
34. Bugała Krzysztof	01 SMS Szczecin	<b>4:50.45</b>	533	-
50m: 29.31 29.31	150m: 1:41.32 38.43	250m: 3:02.04 43.59	350m: 4:19.09 32.88	
100m: 1:02.89 33.58	200m: 2:18.45 37.13	300m: 3:46.21 44.17	400m: 4:50.45 31.36	



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Pozycja	Rok ur.	Czas	Pkt.	Dru .
35. Solarzski Antoni	01 SMS Pozna	<b>4:50.81</b>	531	10,00
50m: 30.30 30.30	150m: 1:43.01 37.95	250m: 2:59.65 39.66	350m: 4:16.53 35.68	
100m: 1:05.06 34.76	200m: 2:19.99 36.98	300m: 3:40.85 41.20	400m: 4:50.81 34.28	
36. Knyszy ski Maciej	02 SMS Łód	<b>4:51.81</b>	525	9,00
50m: 31.16 31.16	150m: 1:45.09 39.04	250m: 3:06.17 42.37	350m: 4:21.32 32.68	
100m: 1:06.05 34.89	200m: 2:23.80 38.71	300m: 3:48.64 42.47	400m: 4:51.81 30.49	
37. Lewandowski Jakub SO	02 SMS O wi cim	<b>4:51.84</b>	525	-
50m: 30.78 30.78	150m: 1:44.69 38.31	250m: 3:05.09 42.92	350m: 4:20.81 32.50	
100m: 1:06.38 35.60	200m: 2:22.17 37.48	300m: 3:48.31 43.22	400m: 4:51.84 31.03	
38. Wilk Jakub SOc	02 SMS Ostrowiec w.	<b>4:51.96</b>	524	8,00
50m: 31.24 31.24	150m: 1:44.50 37.21	250m: 3:03.73 43.47	350m: 4:21.37 33.11	
100m: 1:07.29 36.05	200m: 2:20.26 35.76	300m: 3:48.26 44.53	400m: 4:51.96 30.59	
39. Olek Jakub	01 SMS Gorzów Wlkp.	<b>4:52.07</b>	524	7,00
50m: 29.53 29.53	150m: 1:43.30 38.77	250m: 3:02.47 40.69	350m: 4:18.41 34.71	
100m: 1:04.53 35.00	200m: 2:21.78 38.48	300m: 3:43.70 41.23	400m: 4:52.07 33.66	
40. Szała ny Bartosz SO	00 SMS O wi cim	<b>4:52.18</b>	523	-
50m: 29.50 29.50	150m: 1:43.70 38.85	250m: 3:03.16 41.99	350m: 4:19.47 34.39	
100m: 1:04.85 35.35	200m: 2:21.17 37.47	300m: 3:45.08 41.92	400m: 4:52.18 32.71	
41. Sowa Łukasz	03 SMS Kraków	<b>4:52.44</b>	522	-
50m: 29.80 29.80	150m: 1:43.32 37.89	250m: 3:02.04 41.24	350m: 4:18.71 34.41	
100m: 1:05.43 35.63	200m: 2:20.80 37.48	300m: 3:44.30 42.26	400m: 4:52.44 33.73	
42. Grzemski Kamil SP	01 SMS Pozna	<b>4:56.59</b>	500	6,00
50m: 31.74 31.74	150m: 1:47.17 38.44	250m: 3:06.90 43.40	350m: 4:23.88 33.67	
100m: 1:08.73 36.99	200m: 2:23.50 36.33	300m: 3:50.21 43.31	400m: 4:56.59 32.71	
43. J drszczyk Kacper	02 SMS Kraków	<b>4:56.83</b>	499	-
50m: 30.07 30.07	150m: 1:45.01 39.89	250m: 3:05.02 41.40	350m: 4:23.93 37.08	
100m: 1:05.12 35.05	200m: 2:23.62 38.61	300m: 3:46.85 41.83	400m: 4:56.83 32.90	
44. Płatek Maciej SO	02 SMS O wi cim	<b>4:57.86</b>	494	-
50m: 32.13 32.13	150m: 1:47.55 38.13	250m: 3:07.18 41.80	350m: 4:24.77 34.64	
100m: 1:09.42 37.29	200m: 2:25.38 37.83	300m: 3:50.13 42.95	400m: 4:57.86 33.09	
45. Szydłowski Erwin SO	03 SMS O wi cim	<b>4:58.01</b>	493	-
50m: 31.41 31.41	150m: 1:47.80 40.31	250m: 3:07.70 40.83	350m: 4:24.01 35.29	
100m: 1:07.49 36.08	200m: 2:26.87 39.07	300m: 3:48.72 41.02	400m: 4:58.01 34.00	
46. Dubiel Kornel	01 SMS Gda sk	<b>4:59.99</b>	483	5,00
50m: 30.49 30.49	150m: 1:44.95 37.13	250m: 3:03.10 41.57	350m: 4:23.95 36.00	
100m: 1:07.82 37.33	200m: 2:21.53 36.58	300m: 3:47.95 44.85	400m: 4:59.99 36.04	
47. urawski Marcel	01 SMS Gda sk	<b>5:00.60</b>	480	4,00
50m: 31.55 31.55	150m: 1:47.38 37.88	250m: 3:07.32 42.02	350m: 4:25.40 35.52	
100m: 1:09.50 37.95	200m: 2:25.30 37.92	300m: 3:49.88 42.56	400m: 5:00.60 35.20	
48. Kesler Marcin SOc	02 SMS Ostrowiec w.	<b>5:02.07</b>	473	3,00
50m: 31.99 31.99	150m: 1:47.94 38.77	250m: 3:09.56 43.47	350m: 4:28.87 36.13	
100m: 1:09.17 37.18	200m: 2:26.09 38.15	300m: 3:52.74 43.18	400m: 5:02.07 33.20	
49. Kapala Szymon SOL	03 SMS Olsztyn	<b>5:02.58</b>	471	-
50m: 32.31 32.31	150m: 1:49.01 39.32	250m: 3:09.51 42.78	350m: 4:28.80 35.59	
100m: 1:09.69 37.38	200m: 2:26.73 37.72	300m: 3:53.21 43.70	400m: 5:02.58 33.78	
50. Czajka Marcel	02 SMS Warszawa	<b>5:07.46</b>	449	2,00
50m: 30.96 30.96	150m: 1:49.53 40.58	250m: 3:12.09 43.03	350m: 4:31.73 35.85	
100m: 1:08.95 37.99	200m: 2:29.06 39.53	300m: 3:55.88 43.79	400m: 5:07.46 35.73	
51. Malinowski Paweł	02 SMS Gorzów Wlkp.	<b>5:15.68</b>	415	-
50m: 30.78 30.78	150m: 1:49.99 42.39	250m: 3:17.51 46.04	350m: 4:41.21 37.24	
100m: 1:07.60 36.82	200m: 2:31.47 41.48	300m: 4:03.97 46.46	400m: 5:15.68 34.47	



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Pozycja	Rok ur.	Czas	Pkt.	Dru .							
DYSKW. Doroba Michał SWR	02 SMS Wrocław	<b>4:40.66</b>		-							
<i>K14 - Praca nóg w płaszczy nie pionowej w dół (z wyj tkiem jednego ruchu po starcie i nawrocie) (Czas: 19:43)</i>											
50m:	30.17	30.17	150m:	1:41.22	36.79	250m:	2:57.02	39.59	350m:	4:10.17	32.89
100m:	1:04.43	34.26	200m:	2:17.43	36.21	300m:	3:37.28	40.26	400m:	4:40.66	30.49
DYSKW. Kami ski Dawid	01 SMS Szczecin	<b>5:08.47</b>		-							
<i>K14 - Praca nóg w płaszczy nie pionowej w dół (z wyj tkiem jednego ruchu po starcie i nawrocie) (Czas: 19:57)</i>											
50m:	31.01	31.01	150m:	1:46.84	39.70	250m:	3:10.94	44.94	350m:	4:32.78	36.06
100m:	1:07.14	36.13	200m:	2:26.00	39.16	300m:	3:56.72	45.78	400m:	5:08.47	35.69