



Arena Grand Prix Puchar Polski
O wi cim, 27 - 28/10/2018



Konkurencja 24
28/10/2018 - 8:30

Kobiet, 400m zmienny

14 lat i starsi
Wyniki

Punkty: FINA 2018

Pozycja	Rok ur.	Czas	Pkt.
1. ukowska Paula	93 AZS AWF Katowice	4:48.21	725
50m: 31.94 31.94	150m: 1:46.19 38.30	250m: 3:02.58 40.31	350m: 4:16.89 33.45
100m: 1:07.89 35.95	200m: 2:22.27 36.08	300m: 3:43.44 40.86	400m: 4:48.21 31.32
2. Wilczewska Aleksandra	02 Olimpia Lublin	4:55.01	676
50m: 32.43 32.43	150m: 1:46.53 37.27	250m: 3:04.00 40.99	350m: 4:21.36 35.35
100m: 1:09.26 36.83	200m: 2:23.01 36.48	300m: 3:46.01 42.01	400m: 4:55.01 33.65
3. Banaczowska Aleksandra	02 KSZO Ostrowiec w.	5:00.62	639
50m: 33.75 33.75	150m: 1:52.97 39.96	250m: 3:11.81 40.35	350m: 4:28.17 36.25
100m: 1:13.01 39.26	200m: 2:31.46 38.49	300m: 3:51.92 40.11	400m: 5:00.62 32.45
4. Prochownik Martyna	02 AZS UMCS Lublin	5:02.09	629
50m: 31.58 31.58	150m: 1:46.69 38.06	250m: 3:08.52 44.12	350m: 4:28.10 35.55
100m: 1:08.63 37.05	200m: 2:24.40 37.71	300m: 3:52.55 44.03	400m: 5:02.09 33.99
5. Mo d an Milena	03 Shark Rudna	5:02.95	624
50m: 33.18 33.18	150m: 1:49.96 38.56	250m: 3:11.46 43.26	350m: 4:29.43 34.47
100m: 1:11.40 38.22	200m: 2:28.20 38.24	300m: 3:54.96 43.50	400m: 5:02.95 33.52
6. Mikołajczyk Maja	04 UKS SP-149 Łódź	5:06.27	604
50m: 32.54 32.54	150m: 1:49.58 39.76	250m: 3:12.65 43.69	350m: 4:31.66 34.89
100m: 1:09.82 37.28	200m: 2:28.96 39.38	300m: 3:56.77 44.12	400m: 5:06.27 34.61
7. Bociek Wiktoria	04 Górnik Sosnowiec	5:06.29	604
50m: 32.93 32.93	150m: 1:50.62 40.46	250m: 3:13.60 43.92	350m: 4:33.57 35.18
100m: 1:10.16 37.23	200m: 2:29.68 39.06	300m: 3:58.39 44.79	400m: 5:06.29 32.72
8. Maciejewska Beata	03 UKS SP-149 Łódź	5:06.97	600
50m: 34.28 34.28	150m: 1:52.49 38.22	250m: 3:14.58 43.63	350m: 4:33.13 35.09
100m: 1:14.27 39.99	200m: 2:30.95 38.46	300m: 3:58.04 43.46	400m: 5:06.97 33.84
9. Wardzi ska Martyna	98 AZS AWF Warszawa	5:07.61	596
50m: 33.21 33.21	150m: 1:52.24 41.42	250m: 3:16.58 43.72	350m: 4:34.89 33.95
100m: 1:10.82 37.61	200m: 2:32.86 40.62	300m: 4:00.94 44.36	400m: 5:07.61 32.72
10. Biernat Oliwia	03 Aquatica Pawłowice	5:08.04	593
50m: 31.04 31.04	150m: 1:48.14 40.24	250m: 3:10.60 43.40	350m: 4:32.29 37.82
100m: 1:07.90 36.86	200m: 2:27.20 39.06	300m: 3:54.47 43.87	400m: 5:08.04 35.75
11. Nowak Maja	03 AZS AWF Warszawa	5:08.94	588
50m: 32.31 32.31	150m: 1:48.79 38.11	250m: 3:12.94 46.51	350m: 4:34.48 35.69
100m: 1:10.68 38.37	200m: 2:26.43 37.64	300m: 3:58.79 45.85	400m: 5:08.94 34.46
12. Cioch-Gradzik Wiktoria	03 Manta Kochłowice Ruda l.	5:09.01	588
50m: 34.18 34.18	150m: 1:52.74 40.58	250m: 3:16.62 44.30	350m: 4:35.82 34.40
100m: 1:12.16 37.98	200m: 2:32.32 39.58	300m: 4:01.42 44.80	400m: 5:09.01 33.19
13. Piesko Martyna	03 Olimpijczyk 23 Lublin	5:09.83	583
50m: 32.58 32.58	150m: 1:49.11 37.50	250m: 3:11.32 44.82	350m: 4:34.00 37.48
100m: 1:11.61 39.03	200m: 2:26.50 37.39	300m: 3:56.52 45.20	400m: 5:09.83 35.83
14. Rutkowska Agnieszka	01 Skalar Słupsk	5:10.61	579
50m: 34.03 34.03	150m: 1:55.27 41.97	250m: 3:17.77 41.68	350m: 4:36.18 36.08
100m: 1:13.30 39.27	200m: 2:36.09 40.82	300m: 4:00.10 42.33	400m: 5:10.61 34.43
15. Gawron Paula	04 CSTiR Strzy ów	5:10.92	577
50m: 32.27 32.27	150m: 1:51.02 39.71	250m: 3:14.51 43.86	350m: 4:36.21 36.69
100m: 1:11.31 39.04	200m: 2:30.65 39.63	300m: 3:59.52 45.01	400m: 5:10.92 34.71
16. Krosta Emilia	02 Wodnik Siemianowice l.	5:11.60	573
50m: 33.59 33.59	150m: 1:52.43 40.70	250m: 3:17.48 44.03	350m: 4:37.94 36.20
100m: 1:11.73 38.14	200m: 2:33.45 41.02	300m: 4:01.74 44.26	400m: 5:11.60 33.66





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O wi cim, 27 - 28/10/2018



Konkurencja 24, Kobiet, 400m zmienny, 14 lat i starsi

Pozycja	Rok ur.	Czas	Pkt.
17. Łysakowska Julia	01 AZS UMCS Lublin	5:13.10	565
50m: 33.46 33.46	150m: 1:51.79 40.12	250m: 3:15.53 46.47	350m: 4:38.62 36.43
100m: 1:11.67 38.21	200m: 2:29.06 37.27	300m: 4:02.19 46.66	400m: 5:13.10 34.48
18. Ko cielniak Aleksandra	02 Shark Rudna	5:13.27	564
50m: 34.96 34.96	150m: 1:53.86 39.61	250m: 3:16.87 45.89	350m: 4:39.07 36.49
100m: 1:14.25 39.29	200m: 2:30.98 37.12	300m: 4:02.58 45.71	400m: 5:13.27 34.20
19. Kosi ska Dominika	01 AZS AWF Katowice	5:13.73	562
50m: 32.87 32.87	150m: 1:49.09 38.67	250m: 3:12.45 47.23	350m: 4:37.89 37.56
100m: 1:10.42 37.55	200m: 2:25.22 36.13	300m: 4:00.33 47.88	400m: 5:13.73 35.84
20. Maciaszczyk Weronika	04 UKS SP-149 Łód	5:14.14	560
50m: 34.22 34.22	150m: 1:53.16 40.11	250m: 3:17.26 44.91	350m: 4:38.91 36.22
100m: 1:13.05 38.83	200m: 2:32.35 39.19	300m: 4:02.69 45.43	400m: 5:14.14 35.23
21. G sior Oliwia	03 Shark Rudna	5:14.42	558
50m: 35.38 35.38	150m: 1:56.80 38.44	250m: 3:20.16 44.94	350m: 4:40.43 34.22
100m: 1:18.36 42.98	200m: 2:35.22 38.42	300m: 4:06.21 46.05	400m: 5:14.42 33.99
22. Sobolewska Magdalena	04 Manta Kochłowice Ruda l.	5:16.04	550
50m: 33.64 33.64	150m: 1:53.50 41.05	250m: 3:19.50 45.98	350m: 4:41.41 35.55
100m: 1:12.45 38.81	200m: 2:33.52 40.02	300m: 4:05.86 46.36	400m: 5:16.04 34.63
23. Kapci ska Maja	02 Unia O wi cim	5:16.54	547
50m: 33.97 33.97	150m: 1:52.27 39.99	250m: 3:17.35 45.96	350m: 4:40.55 37.33
100m: 1:12.28 38.31	200m: 2:31.39 39.12	300m: 4:03.22 45.87	400m: 5:16.54 35.99
24. Gazda Małgorzata	04 Olimpijczyk 23 Lublin	5:18.25	538
50m: 34.44 34.44	150m: 1:55.40 40.73	250m: 3:19.61 44.94	350m: 4:42.44 38.31
100m: 1:14.67 40.23	200m: 2:34.67 39.27	300m: 4:04.13 44.52	400m: 5:18.25 35.81
25. Bednarek Aleksandra	98 UKS SP-149 Łód	5:18.39	537
50m: 34.39 34.39	150m: 1:53.76 40.12	250m: 3:18.42 45.03	350m: 4:41.78 37.90
100m: 1:13.64 39.25	200m: 2:33.39 39.63	300m: 4:03.88 45.46	400m: 5:18.39 36.61
26. Malarz Maja	04 Victoria Kozy	5:18.93	535
50m: 33.57 33.57	150m: 1:52.71 40.85	250m: 3:18.67 44.59	350m: 4:42.51 38.12
100m: 1:11.86 38.29	200m: 2:34.08 41.37	300m: 4:04.39 45.72	400m: 5:18.93 36.42
27. Rokita Hanna	03 Park Wodny Tarn. Góry	5:21.44	522
50m: 34.61 34.61	150m: 1:57.16 43.04	250m: 3:22.76 44.13	350m: 4:45.81 37.96
100m: 1:14.12 39.51	200m: 2:38.63 41.47	300m: 4:07.85 45.09	400m: 5:21.44 35.63
28. Kaczorowska Alicja	04 G-8 Bielany Warszawa	5:21.89	520
50m: 34.12 34.12	150m: 1:56.66 42.15	250m: 3:22.02 44.22	350m: 4:47.20 37.94
100m: 1:14.51 40.39	200m: 2:37.80 41.14	300m: 4:09.26 47.24	400m: 5:21.89 34.69
29. elazny Kinga	04 Korona Kraków	5:25.64	502
50m: 36.41 36.41	150m: 2:00.86 41.34	250m: 3:26.97 45.54	350m: 4:49.17 36.81
100m: 1:19.52 43.11	200m: 2:41.43 40.57	300m: 4:12.36 45.39	400m: 5:25.64 36.47
30. Kuropatwa Weronika	01 abianka Gda sk	5:30.28	481
50m: 36.16 36.16	150m: 1:59.97 41.08	250m: 3:27.22 46.26	350m: 4:52.91 38.64
100m: 1:18.89 42.73	200m: 2:40.96 40.99	300m: 4:14.27 47.05	400m: 5:30.28 37.37
31. Witek Oliwia	04 UKS SP-149 Łód	5:33.71	467
50m: 36.45 36.45	150m: 2:02.04 43.18	250m: 3:30.55 46.92	350m: 4:57.82 39.11
100m: 1:18.86 42.41	200m: 2:43.63 41.59	300m: 4:18.71 48.16	400m: 5:33.71 35.89
32. Topp Zofia	03 G-8 Bielany Warszawa	5:36.95	453
50m: 33.90 33.90	150m: 1:57.65 43.39	250m: 3:30.69 50.43	350m: 4:59.74 38.05
100m: 1:14.26 40.36	200m: 2:40.26 42.61	300m: 4:21.69 51.00	400m: 5:36.95 37.21
33. W sik Julia	03 Unia O wi cim	5:37.88	450
50m: 34.97 34.97	150m: 2:01.79 45.01	250m: 3:32.58 47.54	350m: 5:00.84 39.53
100m: 1:16.78 41.81	200m: 2:45.04 43.25	300m: 4:21.31 48.73	400m: 5:37.88 37.04

