



Letnie Mistrzostwa Polski Juniorów 15 lat
O wi cim, 5 - 7/7/2019



Konkurencja 19
6/7/2019 - 9:59

Dziewcz t, 400m dowolny

15 lat
Wyniki Eliminacje

Rekord Polski 15 lat 4:16.14 Knop Aleksandra POL Łód 26/5/2018

Punkty: FINA 2019

Pozycja			Rok ur.					Czas	Pkt.
1.	Tarasiewicz Klaudia		04	Polonia Warszawa				4:33.87	643 A
	50m:	30.48 30.48	150m:	1:39.66 34.92	250m:	2:49.73 34.37	350m:	3:59.92 34.87	
	100m:	1:04.74 34.26	200m:	2:15.36 35.70	300m:	3:25.05 35.32	400m:	4:33.87 33.95	
2.	Gu Wiktoria		04	Delfin Piotrków Tryb.				4:34.22	641 A
	50m:	30.95 30.95	150m:	1:40.40 34.93	250m:	2:50.43 35.13	350m:	4:00.28 34.53	
	100m:	1:05.47 34.52	200m:	2:15.30 34.90	300m:	3:25.75 35.32	400m:	4:34.22 33.94	
3.	Bociek Wiktoria		04	Górnik Sosnowiec				4:34.71	637 A
	50m:	31.38 31.38	150m:	1:40.40 34.56	250m:	2:50.80 35.11	350m:	4:01.07 35.12	
	100m:	1:05.84 34.46	200m:	2:15.69 35.29	300m:	3:25.95 35.15	400m:	4:34.71 33.64	
4.	Wrzesi ska Wiktoria		04	UKS 190 Łód				4:39.32	606 A
	50m:	32.13 32.13	150m:	1:42.19 35.28	250m:	2:53.07 35.73	350m:	4:04.03 35.69	
	100m:	1:06.91 34.78	200m:	2:17.34 35.15	300m:	3:28.34 35.27	400m:	4:39.32 35.29	
5.	Mro ek Weronika		04	MKP Kołobrzeg				4:39.75	603 A
	50m:	31.42 31.42	150m:	1:41.09 35.23	250m:	2:52.26 35.64	350m:	4:04.89 36.27	
	100m:	1:05.86 34.44	200m:	2:16.62 35.53	300m:	3:28.62 36.36	400m:	4:39.75 34.86	
6.	Fira Weronika		04	Salmo ory				4:44.87	571 A
	50m:	31.92 31.92	150m:	1:43.57 36.66	250m:	2:55.99 35.84	350m:	4:09.17 36.00	
	100m:	1:06.91 34.99	200m:	2:20.15 36.58	300m:	3:33.17 37.18	400m:	4:44.87 35.70	
7.	Krupi ska Lila		04	Kormoran Olsztyn				4:45.36	568 A
	50m:	33.06 33.06	150m:	1:44.89 36.27	250m:	2:58.18 36.56	350m:	4:11.10 36.06	
	100m:	1:08.62 35.56	200m:	2:21.62 36.73	300m:	3:35.04 36.86	400m:	4:45.36 34.26	
8.	Miernik Wiktoria		04	Unia O wi cim				4:46.61	561 A
	50m:	32.48 32.48	150m:	1:44.44 36.40	250m:	2:57.81 36.71	350m:	4:11.78 36.83	
	100m:	1:08.04 35.56	200m:	2:21.10 36.66	300m:	3:34.95 37.14	400m:	4:46.61 34.83	
9.	Malino Julia		04	Orka Zamo				4:46.93	559 B
	50m:	31.89 31.89	150m:	1:42.89 36.18	250m:	2:57.04 37.17	350m:	4:11.10 37.06	
	100m:	1:06.71 34.82	200m:	2:19.87 36.98	300m:	3:34.04 37.00	400m:	4:46.93 35.83	
10.	Konopka Weronika		04	Sikret Gliwice				4:47.83	554 B
	50m:	31.87 31.87	150m:	1:45.13 37.21	250m:	2:59.97 37.48	350m:	4:13.60 36.34	
	100m:	1:07.92 36.05	200m:	2:22.49 37.36	300m:	3:37.26 37.29	400m:	4:47.83 34.23	
11.	Wiktorowicz Patrycja		04	SMS Victoria Racibórz				4:48.04	553 B
	50m:	32.43 32.43	150m:	1:45.61 36.95	250m:	2:59.92 37.06	350m:	4:14.06 36.65	
	100m:	1:08.66 36.23	200m:	2:22.86 37.25	300m:	3:37.41 37.49	400m:	4:48.04 33.98	
12.	Biernacka Maja		04	Jedynka Łód				4:48.13	552 B
	50m:	32.41 32.41	150m:	1:44.81 36.69	250m:	2:58.78 37.04	350m:	4:12.96 36.86	
	100m:	1:08.12 35.71	200m:	2:21.74 36.93	300m:	3:36.10 37.32	400m:	4:48.13 35.17	
13.	Brach Oliwia		04	BOSiR Brzesko				4:48.52	550 B
	50m:	32.62 32.62	150m:	1:44.81 36.60	250m:	2:59.03 37.26	350m:	4:13.48 37.46	
	100m:	1:08.21 35.59	200m:	2:21.77 36.96	300m:	3:36.02 36.99	400m:	4:48.52 35.04	
14.	Siwko Natalia		04	Olimpia Lublin				4:49.70	543 B
	50m:	32.49 32.49	150m:	1:45.56 36.90	250m:	3:00.12 36.90	350m:	4:14.37 36.68	
	100m:	1:08.66 36.17	200m:	2:23.22 37.66	300m:	3:37.69 37.57	400m:	4:49.70 35.33	
15.	Potemka Justyna		04	Jedynka Łód				4:51.23	535 B
	50m:	33.45 33.45	150m:	1:46.37 36.82	250m:	3:00.05 36.92	350m:	4:14.73 37.42	
	100m:	1:09.55 36.10	200m:	2:23.13 36.76	300m:	3:37.31 37.26	400m:	4:51.23 36.50	
16.	Januszko Patrycja		04	IKS Konstancin				4:51.24	535 B
	50m:	32.26 32.26	150m:	1:45.51 36.89	250m:	3:00.23 37.23	350m:	4:15.25 37.49	
	100m:	1:08.62 36.36	200m:	2:23.00 37.49	300m:	3:37.76 37.53	400m:	4:51.24 35.99	

Obsługa zawodów: SMS SwimArt My lenice

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7/7/2019 18:53 - Strona 1





Letnie Mistrzostwa Polski Juniorów 15 lat
O wicim, 5 - 7/7/2019



Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 15 lat

Pozycja	Rok ur.	Czas	Pkt.
17. ak Amelia	04 Unia O wicim	4:51.38	534 R
50m: 32.89 32.89	150m: 1:45.87 36.89	250m: 3:00.22 37.26	350m: 4:14.92 37.50
100m: 1:08.98 36.09	200m: 2:22.96 37.09	300m: 3:37.42 37.20	400m: 4:51.38 36.46
18. Witek Oliwia	04 Jedynka Łód	4:54.39	518 R
50m: 32.83 32.83	150m: 1:46.23 36.84	250m: 3:01.55 37.44	350m: 4:17.29 37.53
100m: 1:09.39 36.56	200m: 2:24.11 37.88	300m: 3:39.76 38.21	400m: 4:54.39 37.10
19. Hrapkowicz Klaudia	04 Unia O wicim	4:54.52	517
50m: 33.27 33.27	150m: 1:47.53 36.99	250m: 3:03.03 37.29	350m: 4:18.64 37.54
100m: 1:10.54 37.27	200m: 2:25.74 38.21	300m: 3:41.10 38.07	400m: 4:54.52 35.88
20. Raczy ska Wiktoria	04 AZS Łód	4:54.56	517
50m: 33.10 33.10	150m: 1:47.44 37.37	250m: 3:02.63 37.57	350m: 4:18.17 37.88
100m: 1:10.07 36.97	200m: 2:25.06 37.62	300m: 3:40.29 37.66	400m: 4:54.56 36.39
21. Wuszter Iga	04 MZOS Płock	4:55.57	512
50m: 33.66 33.66	150m: 1:47.65 37.61	250m: 3:02.93 37.40	350m: 4:18.75 38.34
100m: 1:10.04 36.38	200m: 2:25.53 37.88	300m: 3:40.41 37.48	400m: 4:55.57 36.82
22. Sikora Balbina	04 Sikret Gliwice	4:55.66	511
50m: 33.00 33.00	150m: 1:46.68 37.37	250m: 3:02.74 37.99	350m: 4:19.26 38.28
100m: 1:09.31 36.31	200m: 2:24.75 38.07	300m: 3:40.98 38.24	400m: 4:55.66 36.40
23. Borys Zofia	04 G-8 Bielany Warszawa	4:56.98	504
50m: 33.00 33.00	150m: 1:46.78 37.13	250m: 3:02.86 37.95	350m: 4:19.84 38.50
100m: 1:09.65 36.65	200m: 2:24.91 38.13	300m: 3:41.34 38.48	400m: 4:56.98 37.14
24. Rogowicz Zuzanna	04 Omega Sokółka	4:57.41	502
50m: 33.26 33.26	150m: 1:47.97 37.81	250m: 3:03.38 37.45	350m: 4:20.43 38.06
100m: 1:10.16 36.90	200m: 2:25.93 37.96	300m: 3:42.37 38.99	400m: 4:57.41 36.98
25. Kowacka Aleksandra	04 UKS SP-149 Łód	4:57.77	500
50m: 32.59 32.59	150m: 1:46.24 37.52	250m: 3:01.01 37.51	350m: 4:20.31 42.00
100m: 1:08.72 36.13	200m: 2:23.50 37.26	300m: 3:38.31 37.30	400m: 4:57.77 37.46
26. Grzymała Zuzanna	04 Salmo ory	4:57.79	500
50m: 33.12 33.12	150m: 1:47.48 37.60	250m: 3:03.82 38.22	350m: 4:20.63 38.24
100m: 1:09.88 36.76	200m: 2:25.60 38.12	300m: 3:42.39 38.57	400m: 4:57.79 37.16
27. Figas Alicja	04 MKP Szczecin	4:59.63	491
50m: 33.86 33.86	150m: 1:48.12 37.23	250m: 3:04.16 37.87	350m: 4:21.33 38.81
100m: 1:10.89 37.03	200m: 2:26.29 38.17	300m: 3:42.52 38.36	400m: 4:59.63 38.30
28. Sysio Zuzanna	04 Wodnik Łask	5:00.29	488
50m: 32.76 32.76	150m: 1:46.92 37.68	250m: 3:05.03 39.22	350m: 4:22.88 38.78
100m: 1:09.24 36.48	200m: 2:25.81 38.89	300m: 3:44.10 39.07	400m: 5:00.29 37.41
29. Mleko Karolina	04 Fala Niepołomice	5:04.27	469
50m: 34.59 34.59	150m: 1:51.63 38.98	250m: 3:10.05 39.04	350m: 4:27.94 38.78
100m: 1:12.65 38.06	200m: 2:31.01 39.38	300m: 3:49.16 39.11	400m: 5:04.27 36.33
30. Kieraga Patrycja	04 Olimpia Lublin	5:06.70	458
50m: 33.42 33.42	150m: 1:48.35 38.15	250m: 3:07.09 39.54	350m: 4:27.71 40.39
100m: 1:10.20 36.78	200m: 2:27.55 39.20	300m: 3:47.32 40.23	400m: 5:06.70 38.99
31. Kubczyk Gabriela	04 Włókniarz 1925 Kalisz	5:07.58	454
50m: 34.58 34.58	150m: 1:52.23 39.26	250m: 3:11.35 39.59	350m: 4:30.38 39.10
100m: 1:12.97 38.39	200m: 2:31.76 39.53	300m: 3:51.28 39.93	400m: 5:07.58 37.20
32. Gazda Małgorzata	04 Olimpijczyk 23 Lublin	5:08.48	450
50m: 32.75 32.75	150m: 1:50.28 39.54	250m: 3:09.08 40.10	350m: 4:29.39 40.19
100m: 1:10.74 37.99	200m: 2:28.98 38.70	300m: 3:49.20 40.12	400m: 5:08.48 39.09
33. Ka mierowska Nina	04 oliborz Warszawa	5:09.27	446
50m: 34.49 34.49	150m: 1:53.02 39.31	250m: 3:11.70 39.05	350m: 4:31.62 39.93
100m: 1:13.71 39.22	200m: 2:32.65 39.63	300m: 3:51.69 39.99	400m: 5:09.27 37.65





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O wi cim, 5 - 7/7/2019



Konkurencja 19, Dziewcz t, 400m dowolny, Eliminacje, 15 lat

Pozycja				Rok ur.					Czas	Pkt.		
34.	Mikrut Nina			04	Nowy Klub Pływacki Bielsko B.				5:10.17	443		
	50m:	35.01	35.01	150m:	1:53.40	40.25	250m:	3:14.66	40.92	350m:	4:33.87	39.65
	100m:	1:13.15	38.14	200m:	2:33.74	40.34	300m:	3:54.22	39.56	400m:	5:10.17	36.30
35.	Kowalska Julia			04	Unia O wi cim				5:10.72	440		
	50m:	34.64	34.64	150m:	1:53.78	40.55	250m:	3:13.60	40.07	350m:	4:32.40	40.36
	100m:	1:13.23	38.59	200m:	2:33.53	39.75	300m:	3:52.04	38.44	400m:	5:10.72	38.32
36.	Zi ba Emilia			04	Pi tka Chorzów				5:11.36	438		
	50m:	34.67	34.67	150m:	1:52.94	39.47	250m:	3:12.26	38.95	350m:	4:32.60	39.43
	100m:	1:13.47	38.80	200m:	2:33.31	40.37	300m:	3:53.17	40.91	400m:	5:11.36	38.76
37.	Wróblewska Klaudia			04	Orka Zamo				5:11.65	436		
	50m:	34.36	34.36	150m:	1:50.86	38.77	250m:	3:11.08	40.46	350m:	4:32.67	40.93
	100m:	1:12.09	37.73	200m:	2:30.62	39.76	300m:	3:51.74	40.66	400m:	5:11.65	38.98
38.	Mitula Magdalena			04	Olimpia Lublin				5:22.79	393		
	50m:	35.67	35.67	150m:	1:56.19	40.92	250m:	3:19.37	41.80	350m:	4:42.82	41.24
	100m:	1:15.27	39.60	200m:	2:37.57	41.38	300m:	4:01.58	42.21	400m:	5:22.79	39.97
39.	D browska Pola			04	UKS 307 Warszawa				5:28.67	372		
	50m:	36.18	36.18	150m:	1:57.84	41.52	250m:	3:22.19	42.33	350m:	4:47.38	42.33
	100m:	1:16.32	40.14	200m:	2:39.86	42.02	300m:	4:05.05	42.86	400m:	5:28.67	41.29
40.	Bro yna Alicja			04	IKS Konstancin				5:37.54	343		
	50m:	36.49	36.49	150m:	2:00.94	43.13	250m:	3:28.56	44.24	350m:	4:55.31	44.04
	100m:	1:17.81	41.32	200m:	2:44.32	43.38	300m:	4:11.27	42.71	400m:	5:37.54	42.23

