



Arena Grand Prix Puchar Polski
O wi cim, 26 - 27/10/2019



Konkurencja 34
27/10/2019 - 10:30

M czyzn, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.					Czas	Pkt.
1.	Daszkiewicz Michał		03	Unia O wi cim				3:51.00	775
	50m:	26.77 26.77	150m:	1:24.79 29.11	250m:	2:23.52 29.54	350m:	3:22.49 29.28	
	100m:	55.68 28.91	200m:	1:53.98 29.19	300m:	2:53.21 29.69	400m:	3:51.00 28.51	
2.	Koziejko Bartłomiej		00	AZS UWM Olsztyn				3:51.12	774
	50m:	27.41 27.41	150m:	1:27.18 29.86	250m:	2:25.75 29.07	350m:	3:23.74 28.84	
	100m:	57.32 29.91	200m:	1:56.68 29.50	300m:	2:54.90 29.15	400m:	3:51.12 27.38	
3.	Werner Paweł		93	Juvenia Wrocław				3:53.00	755
	50m:	26.42 26.42	150m:	1:25.58 29.94	250m:	2:25.00 29.57	350m:	3:24.51 29.43	
	100m:	55.64 29.22	200m:	1:55.43 29.85	300m:	2:55.08 30.08	400m:	3:53.00 28.49	
4.	Malec Mikołaj		01	Trójka Łódź				3:53.87	747
	50m:	27.42 27.42	150m:	1:26.39 29.81	250m:	2:26.16 29.64	350m:	3:25.85 29.62	
	100m:	56.58 29.16	200m:	1:56.52 30.13	300m:	2:56.23 30.07	400m:	3:53.87 28.02	
5.	Kiszczak Jakub		00	I sk Wrocław				3:57.18	716
	50m:	27.47 27.47	150m:	1:28.07 30.25	250m:	2:28.15 29.74	350m:	3:28.19 29.92	
	100m:	57.82 30.35	200m:	1:58.41 30.34	300m:	2:58.27 30.12	400m:	3:57.18 28.99	
6.	Wysoczy ski Mateusz		93	AZS AGH Kraków				3:58.46	705
	50m:	26.49 26.49	150m:	1:27.44 30.75	250m:	2:29.10 30.83	350m:	3:29.20 30.03	
	100m:	56.69 30.20	200m:	1:58.27 30.83	300m:	2:59.17 30.07	400m:	3:58.46 29.26	
7.	Jackowski Tomasz		02	I sk Wrocław				3:58.69	703
	50m:	27.35 27.35	150m:	1:27.41 30.15	250m:	2:27.56 29.86	350m:	3:28.69 30.83	
	100m:	57.26 29.91	200m:	1:57.70 30.29	300m:	2:57.86 30.30	400m:	3:58.69 30.00	
8.	Jó ków Cezary		01	I sk Wrocław				4:00.16	690
	50m:	28.26 28.26	150m:	1:29.23 30.54	250m:	2:30.09 30.25	350m:	3:31.00 30.67	
	100m:	58.69 30.43	200m:	1:59.84 30.61	300m:	3:00.33 30.24	400m:	4:00.16 29.16	
9.	Jaworski Szymon		01	I sk Wrocław				4:01.06	682
	50m:	27.14 27.14	150m:	1:28.37 30.85	250m:	2:29.81 30.62	350m:	3:31.19 30.98	
	100m:	57.52 30.38	200m:	1:59.19 30.82	300m:	3:00.21 30.40	400m:	4:01.06 29.87	
10.	Ja kiewicz Adrian		02	G-8 Bielany Warszawa				4:01.65	677
	50m:	27.45 27.45	150m:	1:29.34 31.40	250m:	2:30.98 29.72	350m:	3:32.03 30.76	
	100m:	57.94 30.49	200m:	2:01.26 31.92	300m:	3:01.27 30.29	400m:	4:01.65 29.62	
11.	Grzegorzczak Wiktor		02	UKS MOS Ełk				4:01.72	677
	50m:	27.84 27.84	150m:	1:28.71 30.73	250m:	2:30.80 31.05	350m:	3:32.10 30.62	
	100m:	57.98 30.14	200m:	1:59.75 31.04	300m:	3:01.48 30.68	400m:	4:01.72 29.62	
12.	Bryła Kamil		99	AZS UMCS Lublin				4:01.86	675
	50m:	28.26 28.26	150m:	1:29.77 30.75	250m:	2:31.55 30.87	350m:	3:33.71 30.94	
	100m:	59.02 30.76	200m:	2:00.68 30.91	300m:	3:02.77 31.22	400m:	4:01.86 28.15	
	Sucha ski Przemysław		01	Unia O wi cim				4:01.86	675
	50m:	27.13 27.13	150m:	1:27.92 30.38	250m:	2:29.47 30.83	350m:	3:31.63 31.01	
	100m:	57.54 30.41	200m:	1:58.64 30.72	300m:	3:00.62 31.15	400m:	4:01.86 30.23	
14.	Wi zik Jan		03	Unia O wi cim				4:01.91	675
	50m:	27.29 27.29	150m:	1:28.26 30.93	250m:	2:30.07 30.75	350m:	3:32.37 31.13	
	100m:	57.33 30.04	200m:	1:59.32 31.06	300m:	3:01.24 31.17	400m:	4:01.91 29.54	
15.	Zieli ski Konrad		03	UKS 190 Łódź				4:01.96	675
	50m:	28.68 28.68	150m:	1:30.42 31.05	250m:	2:32.47 31.04	350m:	3:33.76 30.08	
	100m:	59.37 30.69	200m:	2:01.43 31.01	300m:	3:03.68 31.21	400m:	4:01.96 28.20	
16.	Szczerba Adam		02	AZS UMCS Lublin				4:02.75	668
	50m:	27.17 27.17	150m:	1:28.08 30.35	250m:	2:28.91 30.75	350m:	3:31.62 31.56	
	100m:	57.73 30.56	200m:	1:58.16 30.08	300m:	3:00.06 31.15	400m:	4:02.75 31.13	





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Pozycja	Rok ur.				Czas	Pkt.
17. Mencil Miłosz	02	I sk Wrocław		4:03.02	666	
50m: 27.80 27.80	150m: 1:29.31 31.06	250m: 2:31.28 30.51	350m: 3:33.69 31.04			
100m: 58.25 30.45	200m: 2:00.77 31.46	300m: 3:02.65 31.37	400m: 4:03.02 29.33			
18. D browski Patryk	00	I sk Wrocław		4:03.35	663	
50m: 27.83 27.83	150m: 1:28.91 30.72	250m: 2:31.03 31.24	350m: 3:33.68 31.58			
100m: 58.19 30.36	200m: 1:59.79 30.88	300m: 3:02.10 31.07	400m: 4:03.35 29.67			
19. Goraj Marcin	01	SMS Galicja Kraków		4:03.58	661	
50m: 27.78 27.78	150m: 1:30.37 31.63	250m: 2:33.19 31.15	350m: 3:35.07 30.63			
100m: 58.74 30.96	200m: 2:02.04 31.67	300m: 3:04.44 31.25	400m: 4:03.58 28.51			
20. Ciasto Sebastian	99	AZS AWF Katowice		4:04.11	657	
50m: 27.82 27.82	150m: 1:28.73 30.81	250m: 2:31.28 31.12	350m: 3:34.49 31.51			
100m: 57.92 30.10	200m: 2:00.16 31.43	300m: 3:02.98 31.70	400m: 4:04.11 29.62			
21. Trylski Wiktor	03	Tri-Team Rumia		4:04.48	654	
50m: 28.93 28.93	150m: 1:30.84 30.95	250m: 2:33.13 31.02	350m: 3:34.80 30.60			
100m: 59.89 30.96	200m: 2:02.11 31.27	300m: 3:04.20 31.07	400m: 4:04.48 29.68			
22. Małycka Bartosz	99	AZS UMCS Lublin		4:04.73	652	
50m: 27.89 27.89	150m: 1:29.71 31.03	250m: 2:31.95 30.85	350m: 3:34.25 30.96			
100m: 58.68 30.79	200m: 2:01.10 31.39	300m: 3:03.29 31.34	400m: 4:04.73 30.48			
23. Szarpak Marcin	01	AZS AWF Katowice		4:05.34	647	
50m: 27.60 27.60	150m: 1:28.65 31.24	250m: 2:31.16 31.06	350m: 3:34.52 31.43			
100m: 57.41 29.81	200m: 2:00.10 31.45	300m: 3:03.09 31.93	400m: 4:05.34 30.82			
24. Kuczak Adam	00	AZS AWF Katowice		4:05.60	645	
50m: 27.92 27.92	150m: 1:30.04 31.24	250m: 2:32.64 31.14	350m: 3:35.45 31.31			
100m: 58.80 30.88	200m: 2:01.50 31.46	300m: 3:04.14 31.50	400m: 4:05.60 30.15			
25. Dołowy Grzegorz	02	Muszelka Warszawa		4:06.05	641	
50m: 28.86 28.86	150m: 1:30.55 31.10	250m: 2:33.04 31.19	350m: 3:35.66 31.20			
100m: 59.45 30.59	200m: 2:01.85 31.30	300m: 3:04.46 31.42	400m: 4:06.05 30.39			
26. Urba ski Michał	01	Delfin Gdynia		4:06.44	638	
50m: 28.41 28.41	150m: 1:29.53 30.91	250m: 2:31.37 30.63	350m: 3:34.70 31.71			
100m: 58.62 30.21	200m: 2:00.74 31.21	300m: 3:02.99 31.62	400m: 4:06.44 31.74			
27. Olczak Kacper	04	Trójka Łód		4:06.68	637	
50m: 28.32 28.32	150m: 1:31.53 32.03	250m: 2:34.14 31.29	350m: 3:37.32 31.39			
100m: 59.50 31.18	200m: 2:02.85 31.32	300m: 3:05.93 31.79	400m: 4:06.68 29.36			
28. Sobieszuk Kacper	02	AZS UMCS Lublin		4:07.16	633	
50m: 27.60 27.60	150m: 1:30.35 31.57	250m: 2:33.86 31.74	350m: 3:37.20 31.33			
100m: 58.78 31.18	200m: 2:02.12 31.77	300m: 3:05.87 32.01	400m: 4:07.16 29.96			
29. Gawron Oliwier	03	I sk Wrocław		4:07.41	631	
50m: 28.38 28.38	150m: 1:31.86 32.02	250m: 2:35.90 31.78	350m: 3:38.07 30.61			
100m: 59.84 31.46	200m: 2:04.12 32.26	300m: 3:07.46 31.56	400m: 4:07.41 29.34			
30. Chmielewski Krzysztof	04	Muszelka Warszawa		4:07.43	631	
50m: 27.79 27.79	150m: 1:29.50 31.18	250m: 2:32.43 31.47	350m: 3:36.51 32.22			
100m: 58.32 30.53	200m: 2:00.96 31.46	300m: 3:04.29 31.86	400m: 4:07.43 30.92			
31. Doroba Michał	02	I sk Wrocław		4:08.03	626	
50m: 28.77 28.77	150m: 1:31.96 31.97	250m: 2:35.68 31.63	350m: 3:38.41 30.74			
100m: 59.99 31.22	200m: 2:04.05 32.09	300m: 3:07.67 31.99	400m: 4:08.03 29.62			
32. Jaworski Norbert	98	AZS UMCS Lublin		4:08.64	622	
50m: 28.85 28.85	150m: 1:31.14 31.51	250m: 2:34.80 31.80	350m: 3:38.05 31.45			
100m: 59.63 30.78	200m: 2:03.00 31.86	300m: 3:06.60 31.80	400m: 4:08.64 30.59			
33. Siekaczy ski Artur	02	Fala Kra nik		4:08.87	620	
50m: 28.20 28.20	150m: 1:31.96 31.96	250m: 2:35.86 31.91	350m: 3:39.60 31.75			
100m: 1:00.00 31.80	200m: 2:03.95 31.99	300m: 3:07.85 31.99	400m: 4:08.87 29.27			





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Pozycja					Rok ur.					Czas	Pkt.	
34.	Blachura Oskar				02	Unia O wi cim				4:09.08	618	
	50m:	28.94	28.94	150m:	1:32.86	32.18	250m:	2:35.81	31.11	350m:	3:38.93	31.33
	100m:	1:00.68	31.74	200m:	2:04.70	31.84	300m:	3:07.60	31.79	400m:	4:09.08	30.15
35.	Chmielewski Michał				04	Muszelka Warszawa				4:09.30	617	
	50m:	28.36	28.36	150m:	1:31.58	31.91	250m:	2:34.94	31.61	350m:	3:37.93	31.24
	100m:	59.67	31.31	200m:	2:03.33	31.75	300m:	3:06.69	31.75	400m:	4:09.30	31.37
36.	Walter Jakub				04	Unia O wi cim				4:09.38	616	
	50m:	28.72	28.72	150m:	1:32.40	32.18	250m:	2:36.59	32.14	350m:	3:40.43	31.69
	100m:	1:00.22	31.50	200m:	2:04.45	32.05	300m:	3:08.74	32.15	400m:	4:09.38	28.95
37.	Płoszka Kacper				05	Jedynka Łód				4:09.40	616	
	50m:	28.28	28.28	150m:	1:29.73	31.12	250m:	2:33.41	32.05	350m:	3:38.21	32.42
	100m:	58.61	30.33	200m:	2:01.36	31.63	300m:	3:05.79	32.38	400m:	4:09.40	31.19
38.	Barusi ski Kordian				01	G-8 Bielany Warszawa				4:09.74	613	
	50m:	27.66	27.66	150m:	1:29.47	30.97	250m:	2:33.19	31.83	350m:	3:37.98	32.49
	100m:	58.50	30.84	200m:	2:01.36	31.89	300m:	3:05.49	32.30	400m:	4:09.74	31.76
39.	Krzykała Emil				01	Avia widnik				4:10.22	610	
	50m:	27.70	27.70	150m:	1:30.34	31.50	250m:	2:34.09	31.84	350m:	3:38.54	32.61
	100m:	58.84	31.14	200m:	2:02.25	31.91	300m:	3:05.93	31.84	400m:	4:10.22	31.68
40.	Lech Filip				01	AZS UMCS Lublin				4:10.35	609	
	50m:	28.16	28.16	150m:	1:31.26	31.62	250m:	2:33.68	31.31	350m:	3:33.43	29.10
	100m:	59.64	31.48	200m:	2:02.37	31.11	300m:	3:04.33	30.65	400m:	4:10.35	36.92
41.	Boche Tomasz				99	AZS UMCS Lublin				4:10.40	609	
	50m:	28.41	28.41	150m:	1:33.35	32.53	250m:	2:37.18	31.38	350m:	3:40.13	31.04
	100m:	1:00.82	32.41	200m:	2:05.80	32.45	300m:	3:09.09	31.91	400m:	4:10.40	30.27
42.	Janiczuk Patryk				02	Lider Chełm				4:10.41	608	
	50m:	28.02	28.02	150m:	1:31.43	31.77	250m:	2:34.95	31.62	350m:	3:38.62	31.77
	100m:	59.66	31.64	200m:	2:03.33	31.90	300m:	3:06.85	31.90	400m:	4:10.41	31.79
43.	Sławacki Wojciech				05	Wodnik Krasnystaw				4:10.60	607	
	50m:	28.50	28.50	150m:	1:31.37	31.65	250m:	2:35.03	32.03	350m:	3:39.20	32.08
	100m:	59.72	31.22	200m:	2:03.00	31.63	300m:	3:07.12	32.09	400m:	4:10.60	31.40
44.	Zacharzy ski Norbert				03	Wodnik Krasnystaw				4:10.73	606	
	50m:	28.44	28.44	150m:	1:31.97	32.18	250m:	2:36.15	32.15	350m:	3:40.09	32.02
	100m:	59.79	31.35	200m:	2:04.00	32.03	300m:	3:08.07	31.92	400m:	4:10.73	30.64
45.	Czerwi ski Łukasz				01	G-8 Bielany Warszawa				4:11.12	603	
	50m:	27.58	27.58	150m:	1:29.85	31.52	250m:	2:33.59	31.93	350m:	3:38.99	32.98
	100m:	58.33	30.75	200m:	2:01.66	31.81	300m:	3:06.01	32.42	400m:	4:11.12	32.13
46.	Karpi ski Jakub				03	G-8 Bielany Warszawa				4:11.15	603	
	50m:	28.34	28.34	150m:	1:31.91	31.97	250m:	2:35.58	31.81	350m:	3:40.36	32.30
	100m:	59.94	31.60	200m:	2:03.77	31.86	300m:	3:08.06	32.48	400m:	4:11.15	30.79
47.	Krukowski Maciej				99	AZS AWF Katowice				4:11.33	602	
	50m:	28.78	28.78	150m:	1:31.64	31.60	250m:	2:34.55	31.38	350m:	3:39.19	32.49
	100m:	1:00.04	31.26	200m:	2:03.17	31.53	300m:	3:06.70	32.15	400m:	4:11.33	32.14
48.	Sieprawski Roch				03	G-8 Bielany Warszawa				4:11.78	599	
	50m:	28.96	28.96	150m:	1:31.70	31.42	250m:	2:35.29	32.12	350m:	3:40.21	32.97
	100m:	1:00.28	31.32	200m:	2:03.17	31.47	300m:	3:07.24	31.95	400m:	4:11.78	31.57
49.	Zdybel Adam				05	Delfin Gdynia				4:12.25	595	
	50m:	27.53	27.53	150m:	1:31.05	32.33	250m:	2:36.78	32.81	350m:	3:42.08	32.57
	100m:	58.72	31.19	200m:	2:03.97	32.92	300m:	3:09.51	32.73	400m:	4:12.25	30.17
50.	Szwedzki Jakub				00	Trójka Łód				4:12.78	591	
	50m:	29.17	29.17	150m:	1:33.63	32.74	250m:	2:38.22	32.31	350m:	3:42.61	31.94
	100m:	1:00.89	31.72	200m:	2:05.91	32.28	300m:	3:10.67	32.45	400m:	4:12.78	30.17





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Pozycja			Rok ur.				Czas		Pkt.
51.	Le niak Maksymilian	04	UKS 190 Łód					4:12.81	591
	50m: 28.36	28.36	150m: 1:32.19	32.35	250m: 2:37.36	32.72	350m: 3:41.66	32.14	
	100m: 59.84	31.48	200m: 2:04.64	32.45	300m: 3:09.52	32.16	400m: 4:12.81	31.15	
52.	Zaremba Adam	05	I sk Wrocław					4:13.01	590
	50m: 29.11	29.11	150m: 1:33.04	32.31	250m: 2:37.78	31.94	350m: 3:42.16	31.79	
	100m: 1:00.73	31.62	200m: 2:05.84	32.80	300m: 3:10.37	32.59	400m: 4:13.01	30.85	
53.	Danikiewicz Dawid	03	Unia O wi cim					4:13.03	590
	50m: 28.65	28.65	150m: 1:32.44	32.25	250m: 2:36.63	31.88	350m: 3:41.02	32.12	
	100m: 1:00.19	31.54	200m: 2:04.75	32.31	300m: 3:08.90	32.27	400m: 4:13.03	32.01	
54.	Stachurski Jerzy	04	I sk Wrocław					4:13.24	588
	50m: 28.57	28.57	150m: 1:32.63	32.26	250m: 2:38.27	32.77	350m: 3:41.67	31.64	
	100m: 1:00.37	31.80	200m: 2:05.50	32.87	300m: 3:10.03	31.76	400m: 4:13.24	31.57	
55.	Rodkiewicz Radosław	03	Muszelka Warszawa					4:13.27	588
	50m: 29.21	29.21	150m: 1:33.15	32.18	250m: 2:37.28	31.72	350m: 3:40.94	32.04	
	100m: 1:00.97	31.76	200m: 2:05.56	32.41	300m: 3:08.90	31.62	400m: 4:13.27	32.33	
56.	Juda Dominik	04	Unia O wi cim					4:13.31	588
	50m: 29.88	29.88	150m: 1:34.21	32.38	250m: 2:38.49	31.95	350m: 3:43.10	32.22	
	100m: 1:01.83	31.95	200m: 2:06.54	32.33	300m: 3:10.88	32.39	400m: 4:13.31	30.21	
57.	Nowak Jan	02	AZS UMCS Lublin					4:13.40	587
	50m: 29.07	29.07	150m: 1:32.47	32.06	250m: 2:37.05	32.21	350m: 3:42.33	32.66	
	100m: 1:00.41	31.34	200m: 2:04.84	32.37	300m: 3:09.67	32.62	400m: 4:13.40	31.07	
58.	Kowolik Alex	04	Unia O wi cim					4:13.61	586
	50m: 28.79	28.79	150m: 1:32.39	31.99	250m: 2:36.94	32.42	350m: 3:41.34	32.35	
	100m: 1:00.40	31.61	200m: 2:04.52	32.13	300m: 3:08.99	32.05	400m: 4:13.61	32.27	
59.	Płatek Maciej	02	Unia O wi cim					4:13.77	585
	50m: 28.96	28.96	150m: 1:33.17	32.31	250m: 2:37.94	32.40	350m: 3:42.65	32.23	
	100m: 1:00.86	31.90	200m: 2:05.54	32.37	300m: 3:10.42	32.48	400m: 4:13.77	31.12	
60.	Tomaszowski Michał	03	Wodnik Siemianowice l.					4:14.16	582
	50m: 28.31	28.31	150m: 1:32.56	32.26	250m: 2:37.68	32.52	350m: 3:42.63	32.42	
	100m: 1:00.30	31.99	200m: 2:05.16	32.60	300m: 3:10.21	32.53	400m: 4:14.16	31.53	
61.	Zaremba Jakub	01	G-8 Bielany Warszawa					4:14.47	580
	50m: 28.42	28.42	150m: 1:31.91	31.96	250m: 2:36.93	32.64	350m: 3:41.94	32.67	
	100m: 59.95	31.53	200m: 2:04.29	32.38	300m: 3:09.27	32.34	400m: 4:14.47	32.53	
62.	Dudkiewicz Kacper	02	Polonia Warszawa					4:15.70	571
	50m: 27.84	27.84	150m: 1:29.92	31.66	250m: 2:35.47	33.07	350m: 3:42.93	34.06	
	100m: 58.26	30.42	200m: 2:02.40	32.48	300m: 3:08.87	33.40	400m: 4:15.70	32.77	
63.	Adamczyk Jan	03	AZS UMCS Lublin					4:16.25	568
	50m: 29.55	29.55	150m: 1:34.69	32.85	250m: 2:40.18	32.95	350m: 3:45.20	32.20	
	100m: 1:01.84	32.29	200m: 2:07.23	32.54	300m: 3:13.00	32.82	400m: 4:16.25	31.05	
64.	Mról Adam	03	AZS UMCS Lublin					4:17.10	562
	50m: 28.09	28.09	150m: 1:33.38	32.95	250m: 2:39.23	32.74	350m: 3:44.88	32.64	
	100m: 1:00.43	32.34	200m: 2:06.49	33.11	300m: 3:12.24	33.01	400m: 4:17.10	32.22	
65.	Para Mikołaj	03	Unia O wi cim					4:18.02	556
	50m: 28.88	28.88	150m: 1:32.81	32.07	250m: 2:38.09	32.63	350m: 3:44.65	33.49	
	100m: 1:00.74	31.86	200m: 2:05.46	32.65	300m: 3:11.16	33.07	400m: 4:18.02	33.37	
66.	Szymczykowski Jakub	03	UKS MOS Opole					4:18.14	555
	50m: 30.11	30.11	150m: 1:35.61	32.89	250m: 2:42.22	33.35	350m: 3:47.39	32.52	
	100m: 1:02.72	32.61	200m: 2:08.87	33.26	300m: 3:14.87	32.65	400m: 4:18.14	30.75	
67.	Klimczak Kacper	04	Jedynka Łód					4:18.15	555
	50m: 29.20	29.20	150m: 1:35.05	33.28	250m: 2:41.24	32.80	350m: 3:46.68	32.44	
	100m: 1:01.77	32.57	200m: 2:08.44	33.39	300m: 3:14.24	33.00	400m: 4:18.15	31.47	





Arena Grand Prix Puchar Polski
O wi cim, 26 - 27/10/2019



Konkurencja 34, M czyzn, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.			Czas	Pkt.	
68.	Leszega Szymon		01	Delfin Gdynia		4:18.20	555	
	50m: 27.31	27.31	150m: 1:30.61	32.31	250m: 2:36.12	32.82	350m: 3:44.77	34.65
	100m: 58.30	30.99	200m: 2:03.30	32.69	300m: 3:10.12	34.00	400m: 4:18.20	33.43
69.	Popiołek Dawid		02	AZS UMCS Lublin		4:18.23	555	
	50m: 28.98	28.98	150m: 1:34.04	32.94	250m: 2:40.17	32.84	350m: 3:45.90	32.65
	100m: 1:01.10	32.12	200m: 2:07.33	33.29	300m: 3:13.25	33.08	400m: 4:18.23	32.33
70.	Czerniak Konrad		98	AZS UMCS Lublin		4:18.34	554	
	50m: 29.37	29.37	150m: 1:35.16	33.20	250m: 2:39.77	31.08	350m: 3:46.51	33.12
	100m: 1:01.96	32.59	200m: 2:08.69	33.53	300m: 3:13.39	33.62	400m: 4:18.34	31.83
71.	Majewski Maksym		04	Unia O wi cim		4:20.13	543	
	50m: 28.51	28.51	150m: 1:34.08	33.13	250m: 2:41.19	33.87	350m: 3:45.69	32.46
	100m: 1:00.95	32.44	200m: 2:07.32	33.24	300m: 3:13.23	32.04	400m: 4:20.13	34.44
72.	Ogorzałek Alan		03	I sk Wrocław		4:20.19	542	
	50m: 28.36	28.36	150m: 1:32.64	32.84	250m: 2:39.25	33.41	350m: 3:46.91	33.92
	100m: 59.80	31.44	200m: 2:05.84	33.20	300m: 3:12.99	33.74	400m: 4:20.19	33.28
73.	Kramarczyk Jakub		01	Unia O wi cim		4:20.42	541	
	50m: 29.16	29.16	150m: 1:35.20	33.31	250m: 2:41.37	33.13	350m: 3:47.81	33.14
	100m: 1:01.89	32.73	200m: 2:08.24	33.04	300m: 3:14.67	33.30	400m: 4:20.42	32.61
74.	Skalski Konrad		04	Unia O wi cim		4:20.63	540	
	50m: 29.41	29.41	150m: 1:34.28	32.62	250m: 2:40.16	33.00	350m: 3:47.73	33.59
	100m: 1:01.66	32.25	200m: 2:07.16	32.88	300m: 3:14.14	33.98	400m: 4:20.63	32.90
75.	Piekaru Dawid		02	Avia widnik		4:22.80	526	
	50m: 30.27	30.27	150m: 1:36.40	33.06	250m: 2:42.91	33.12	350m: 3:50.13	33.56
	100m: 1:03.34	33.07	200m: 2:09.79	33.39	300m: 3:16.57	33.66	400m: 4:22.80	32.67
76.	Borzemek Hubert		02	Warszawianka Wodny Park W-wa		4:22.91	526	
	50m: 29.49	29.49	150m: 1:34.46	32.76	250m: 2:41.09	33.55	350m: 3:49.32	34.13
	100m: 1:01.70	32.21	200m: 2:07.54	33.08	300m: 3:15.19	34.10	400m: 4:22.91	33.59
77.	Zwadło Piotr		02	SMS Victoria Racibórz		4:23.68	521	
	50m: 28.92	28.92	150m: 1:34.41	33.60	250m: 2:42.47	34.20	350m: 3:50.68	34.37
	100m: 1:00.81	31.89	200m: 2:08.27	33.86	300m: 3:16.31	33.84	400m: 4:23.68	33.00
78.	Guzy Marcel		01	Vega Dobrodzie		4:23.82	520	
	50m: 30.17	30.17	150m: 1:36.95	33.63	250m: 2:44.28	33.21	350m: 3:50.39	33.23
	100m: 1:03.32	33.15	200m: 2:11.07	34.12	300m: 3:17.16	32.88	400m: 4:23.82	33.43
79.	Fałek Szymon		05	G-8 Bielany Warszawa		4:24.93	514	
	50m: 29.99	29.99	150m: 1:38.25	34.29	250m: 2:45.80	33.69	350m: 3:52.84	33.07
	100m: 1:03.96	33.97	200m: 2:12.11	33.86	300m: 3:19.77	33.97	400m: 4:24.93	32.09
80.	Szwiec Jakub		03	UKS MOS Opole		4:26.75	503	
	50m: 31.01	31.01	150m: 1:38.43	33.58	250m: 2:45.80	33.63	350m: 3:53.71	33.93
	100m: 1:04.85	33.84	200m: 2:12.17	33.74	300m: 3:19.78	33.98	400m: 4:26.75	33.04
81.	Wo niak Piotr		05	Kormoran Olsztyn		4:26.77	503	
	50m: 30.82	30.82	150m: 1:39.18	34.32	250m: 2:47.71	34.26	350m: 3:55.19	33.41
	100m: 1:04.86	34.04	200m: 2:13.45	34.27	300m: 3:21.78	34.07	400m: 4:26.77	31.58
82.	Tyrka Igor		05	Kormoran Olsztyn		4:27.29	500	
	50m: 31.43	31.43	150m: 1:40.20	34.24	250m: 2:48.38	34.00	350m: 3:55.80	33.41
	100m: 1:05.96	34.53	200m: 2:14.38	34.18	300m: 3:22.39	34.01	400m: 4:27.29	31.49
83.	Nowacki Jacek		05	Kormoran Olsztyn		4:29.26	489	
	50m: 31.00	31.00	150m: 1:39.58	34.48	250m: 2:49.44	35.19	350m: 3:57.35	33.47
	100m: 1:05.10	34.10	200m: 2:14.25	34.67	300m: 3:23.88	34.44	400m: 4:29.26	31.91
84.	Adamczyk Maksymilian		03	I sk Wrocław		4:29.38	489	
	50m: 28.88	28.88	150m: 1:35.49	34.18	250m: 2:45.16	34.74	350m: 3:55.85	35.57
	100m: 1:01.31	32.43	200m: 2:10.42	34.93	300m: 3:20.28	35.12	400m: 4:29.38	33.53





Arena Grand Prix Puchar Polski
O wi cim, 26 - 27/10/2019



Konkurencja 34, M czyn, 400m dowolny, 14 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.
85.	Lewtak Szymon			04	AZS UMCS Lublin				4:31.45	478
	50m: 30.80	30.80	150m: 1:38.91	34.36	250m: 2:48.20	34.46	350m: 3:57.50	34.59		
	100m: 1:04.55	33.75	200m: 2:13.74	34.83	300m: 3:22.91	34.71	400m: 4:31.45	33.95		
86.	Jarczewski Franciszek			05	UKS 190 Łódź				4:32.15	474
	50m: 31.03	31.03	150m: 1:39.38	34.62	250m: 2:49.19	34.81	350m: 3:58.31	34.37		
	100m: 1:04.76	33.73	200m: 2:14.38	35.00	300m: 3:23.94	34.75	400m: 4:32.15	33.84		
87.	Ryszka Kacper			04	Unia O wi cim				4:32.80	470
	50m: 30.40	30.40	150m: 1:38.97	34.87	250m: 2:49.19	35.00	350m: 3:59.54	35.61		
	100m: 1:04.10	33.70	200m: 2:14.19	35.22	300m: 3:23.93	34.74	400m: 4:32.80	33.26		
88.	Kubiniec Mikołaj			04	AZS UMCS Lublin				4:34.09	464
	50m: 30.37	30.37	150m: 1:38.92	34.76	250m: 2:49.00	35.10	350m: 3:59.16	35.11		
	100m: 1:04.16	33.79	200m: 2:13.90	34.98	300m: 3:24.05	35.05	400m: 4:34.09	34.93		
89.	Marszałek Stanisław			04	Unia O wi cim				4:34.62	461
	50m: 29.32	29.32	150m: 1:37.48	34.56	250m: 2:49.02	36.46	350m: 4:01.26	36.51		
	100m: 1:02.92	33.60	200m: 2:12.56	35.08	300m: 3:24.75	35.73	400m: 4:34.62	33.36		
90.	Krysiak Kacper			04	Trójka Łódź				4:36.53	452
	50m: 31.90	31.90	150m: 1:41.97	35.39	250m: 2:53.02	35.41	350m: 4:02.93	34.82		
	100m: 1:06.58	34.68	200m: 2:17.61	35.64	300m: 3:28.11	35.09	400m: 4:36.53	33.60		
91.	Stanek Jakub			05	SMS Galicja Kraków				4:37.41	447
	50m: 31.59	31.59	150m: 1:40.44	34.63	250m: 2:51.67	35.51	350m: 4:02.45	35.11		
	100m: 1:05.81	34.22	200m: 2:16.16	35.72	300m: 3:27.34	35.67	400m: 4:37.41	34.96		
92.	Ptaszy ski Stanisław			05	Unia O wi cim				4:39.04	440
	50m: 31.86	31.86	150m: 1:42.80	35.34	250m: 2:54.01	35.55	350m: 4:04.93	35.05		
	100m: 1:07.46	35.60	200m: 2:18.46	35.66	300m: 3:29.88	35.87	400m: 4:39.04	34.11		
93.	Kurdelski Filip			04	Warszawianka Wodny Park W-wa				4:47.04	404
	50m: 32.28	32.28	150m: 1:44.09	36.60	250m: 2:56.71	36.77	350m: 4:10.63	36.98		
	100m: 1:07.49	35.21	200m: 2:19.94	35.85	300m: 3:33.65	36.94	400m: 4:47.04	36.41		
94.	Kapała Szymon			03	Kormoran Olsztyn				4:49.40	394
	50m: 31.59	31.59	150m: 1:45.38	37.16	250m: 3:00.13	37.00	350m: 4:13.59	36.61		
	100m: 1:08.22	36.63	200m: 2:23.13	37.75	300m: 3:36.98	36.85	400m: 4:49.40	35.81		
95.	Wiekiera Dawid			02	Wodnik 29 Tychy				4:53.14	379
	50m: 33.47	33.47	150m: 1:50.77	38.71	250m: 3:05.17	36.54	350m: 4:17.70	36.13		
	100m: 1:12.06	38.59	200m: 2:28.63	37.86	300m: 3:41.57	36.40	400m: 4:53.14	35.44		
96.	Konieczny Mateusz			05	Nika Sport Team Kraków				4:54.90	372
	50m: 31.92	31.92	150m: 1:47.05	39.02	250m: 3:03.46	38.09	350m: 4:20.03	37.74		
	100m: 1:08.03	36.11	200m: 2:25.37	38.32	300m: 3:42.29	38.83	400m: 4:54.90	34.87		
97.	Kochanowicz Karol			05	Unia O wi cim				5:02.21	346
	50m: 34.29	34.29	150m: 1:51.66	39.12	250m: 3:09.75	38.77	350m: 4:26.47	37.82		
	100m: 1:12.54	38.25	200m: 2:30.98	39.32	300m: 3:48.65	38.90	400m: 5:02.21	35.74		

