

Event 33
 16/11/2019 - 20:29

Men, 400m Medley

K
 Results

Rank	YB		Time									
1.	Rusinowicz Andrzej		44	Niezrzeszony Pila				10:14.48				
	50m:	1:08.00	1:08.00	150m:	3:53.79	1:20.02	250m:	6:38.09	1:23.32	350m:	9:09.27	1:08.63
	100m:	2:33.77	1:25.77	200m:	5:14.77	1:20.98	300m:	8:00.64	1:22.55	400m:	10:14.48	1:05.21
2.	Bugla Rudolf		40	Ak. Aktywn. Seniora Rydułtowy				11:10.55				
	50m:	1:23.20	1:23.20	150m:	4:27.03	1:22.64	250m:	7:16.11	1:25.53	350m:	9:52.48	1:14.49
	100m:	3:04.39	1:41.19	200m:	5:50.58	1:23.55	300m:	8:37.99	1:21.88	400m:	11:10.55	1:18.07

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J
 Results

Rank	YB		Time									
1.	Rozalski Jozef		45	MOSiR Ostrowiec Sw.				8:15.18				
	50m:	55.34	55.34	150m:	3:09.80	1:06.76	250m:	5:21.77	1:05.50	350m:	7:22.41	54.87
	100m:	2:03.04	1:07.70	200m:	4:16.27	1:06.47	300m:	6:27.54	1:05.77	400m:	8:15.18	52.77
2.	Guoga Antanas		48	Torpedos Marijampole				8:23.95				
	50m:	1:01.10	1:01.10	150m:	3:16.85	1:05.73	250m:	5:29.88	1:06.93	350m:	7:30.62	53.28
	100m:	2:11.12	1:10.02	200m:	4:22.95	1:06.10	300m:	6:37.34	1:07.46	400m:	8:23.95	53.33
3.	Daszynski Andrzej		48	Enegetyk Zgorzelec				9:18.55				
	50m:	1:08.17	1:08.17	150m:	3:36.18	1:09.92	250m:	6:00.55	1:18.68	350m:	8:15.79	59.19
	100m:	2:26.26	1:18.09	200m:	4:41.87	1:05.69	300m:	7:16.60	1:16.05	400m:	9:18.55	1:02.76
4.	Plonka Janusz		48	Niezrzeszony Gdynia				10:33.56				
	50m:	1:10.97	1:10.97	150m:	4:00.62	1:27.04	250m:	6:48.17	1:24.28	350m:	9:23.60	1:13.36
	100m:	2:33.58	1:22.61	200m:	5:23.89	1:23.27	300m:	8:10.24	1:22.07	400m:	10:33.56	1:09.96
5.	Bantkowski Jan		49	Multisport Team Torun				10:58.34				
	50m:	1:19.71	1:19.71	150m:	4:20.13		250m:	7:20.99	1:31.21	350m:	9:51.21	1:01.56
	100m:			200m:	5:49.78	1:29.65	300m:	8:49.65	1:28.66	400m:	10:58.34	1:07.13
DNF	Mleczek Andrzej		47	Korona Masters Krakow								

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I
 Results

Rank	YB		Time									
1.	Nowak Michal		52	Warsaw Masters Team				7:04.53				
	50m:	49.56	49.56	150m:			250m:	4:37.37	54.42	350m:	6:20.71	48.96
	100m:	1:47.51	57.95	200m:	3:42.95		300m:	5:31.75	54.38	400m:	7:04.53	43.82
2.	Ciecior Jerzy		53	Ak. Aktywn. Seniora Rydułtowy				7:35.79				
	50m:	50.39	50.39	150m:	2:49.58	57.13	250m:	4:53.88	1:07.42	350m:	6:48.38	49.51
	100m:	1:52.45	1:02.06	200m:	3:46.46	56.88	300m:	5:58.87	1:04.99	400m:	7:35.79	47.41
3.	Dubinski Bogdan		53	Legia Warszawa				7:41.99				
	50m:	52.54	52.54	150m:	2:54.78	58.53	250m:	5:02.81	1:12.56	350m:	6:58.21	48.92
	100m:	1:56.25	1:03.71	200m:	3:50.25	55.47	300m:	6:09.29	1:06.48	400m:	7:41.99	43.78

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H
 Results

Rank			YB					Time				
1.	Valtr Vaclav		56	Masters Usti nad Labem				6:34.79				
	50m:	44.56	44.56	150m:	2:23.27	48.59	250m:	4:09.75	56.55	350m:	5:51.39	45.29
	100m:	1:34.68	50.12	200m:	3:13.20	49.93	300m:	5:06.10	56.35	400m:	6:34.79	43.40
2.	Pietraszewski Zbigniew		55	Olimpia Poznan				6:42.55				
	50m:	48.87	48.87	150m:	2:33.00	48.34	250m:	4:16.95	55.34	350m:	5:58.95	46.18
	100m:	1:44.66	55.79	200m:	3:21.61	48.61	300m:	5:12.77	55.82	400m:	6:42.55	43.60
3.	Piechula Adolf		57	AZS PWSZ Raciborz				6:52.97				
	50m:	46.97	46.97	150m:	2:34.86	54.28	250m:	4:23.18	56.42	350m:	6:06.90	47.91
	100m:	1:40.58	53.61	200m:	3:26.76	51.90	300m:	5:18.99	55.81	400m:	6:52.97	46.07
4.	Sypniewski Andrzej		57	Masters Zgierz				7:03.64				
	50m:	46.17	46.17	150m:	2:37.23	54.38	250m:	4:29.38	57.58	350m:	6:15.90	49.32
	100m:	1:42.85	56.68	200m:	3:31.80	54.57	300m:	5:26.58	57.20	400m:	7:03.64	47.74
5.	Wiatr Włodzimierz		57	Warta Masters Poznan				8:00.04				
	50m:	55.69	55.69	150m:	3:04.04	1:03.32	250m:	5:12.92	1:04.47	350m:	7:08.99	52.70
	100m:	2:00.72	1:05.03	200m:	4:08.45	1:04.41	300m:	6:16.29	1:03.37	400m:	8:00.04	51.05
6.	Blasiak Janusz		55	Masters Zgierz				9:39.93				
	50m:	1:10.41	1:10.41	150m:	3:57.19	1:14.11	250m:	6:28.72	1:21.06	350m:	8:46.35	55.36
	100m:	2:43.08	1:32.67	200m:	5:07.66	1:10.47	300m:	7:50.99	1:22.27	400m:	9:39.93	53.58

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G
 Results

Rank			YB					Time				
1.	Warchol Wojciech		61	Niezrzeszony Gdansk				5:56.69				
	50m:	37.36	37.36	150m:	2:06.52	47.20	250m:	3:44.62	51.45	350m:	5:16.80	40.65
	100m:	1:19.32	41.96	200m:	2:53.17	46.65	300m:	4:36.15	51.53	400m:	5:56.69	39.89
2.	Kapalczynski Krzysztof		64	Start Poznan				6:05.86				
	50m:	38.36	38.36	150m:	2:12.21	47.86	250m:	3:50.48	52.47	350m:		
	100m:	1:24.35	45.99	200m:	2:58.01	45.80	300m:	4:42.35	51.87	400m:	6:05.86	
3.	Kozlikowski Marek		61	Aquasfera Masters Olsztyn				6:28.43				
	50m:	43.40	43.40	150m:	2:30.21	55.19	250m:	4:14.81	51.70	350m:	5:48.82	42.07
	100m:	1:35.02	51.62	200m:	3:23.11	52.90	300m:	5:06.75	51.94	400m:	6:28.43	39.61
4.	Thiem Jacek		63	Warta Masters Poznan				7:30.91				
	50m:	48.50	48.50	150m:	2:47.61	1:03.72	250m:	4:50.79	1:02.63	350m:	6:44.87	50.27
	100m:	1:43.89	55.39	200m:	3:48.16	1:00.55	300m:	5:54.60	1:03.81	400m:	7:30.91	46.04
5.	Maciejczak Andrzej		60	Trojka Pulawy				8:11.48				
	50m:	51.17	51.17	150m:	3:09.11	1:12.72	250m:	5:29.26	1:06.79	350m:	7:23.72	47.68
	100m:	1:56.39	1:05.22	200m:	4:22.47	1:13.36	300m:	6:36.04	1:06.78	400m:	8:11.48	47.76

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Event 33 Men, 400m Medley F
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Rank			YB					Time
1.	Skodny Pavol		69	SPK Kupele Piestany				5:38.43
	50m:	34.11 34.11	150m:	2:01.04 43.32	250m:	3:31.98 48.75	350m:	5:01.34 39.76
	100m:	1:17.72 43.61	200m:	2:43.23 42.19	300m:	4:21.58 49.60	400m:	5:38.43 37.09
2.	Staszkiwicz Radoslaw		68	Stashky Team Bydgoszcz				6:01.43
	50m:	34.32 34.32	150m:	2:04.38 49.02	250m:	3:45.38 53.42	350m:	5:21.33 42.34
	100m:	1:15.36 41.04	200m:	2:51.96 47.58	300m:	4:38.99 53.61	400m:	6:01.43 40.10
3.	Mowinski Grzegorz		69	Aquasfera Masters Olsztyn				6:27.83
	50m:	40.11 40.11	150m:	2:23.28 54.30	250m:	4:11.30 55.08	350m:	5:47.60 42.67
	100m:	1:28.98 48.87	200m:	3:16.22 52.94	300m:	5:04.93 53.63	400m:	6:27.83 40.23
4.	Otlík Marian		66	Ak. Aktywn. Seniora Rydułtowy				7:13.38
	50m:	43.96 43.96	150m:	2:35.88 1:01.58	250m:	4:36.92 58.57	350m:	6:27.30 47.36
	100m:	1:34.30 50.34	200m:	3:38.35 1:02.47	300m:	5:39.94 1:03.02	400m:	7:13.38 46.08
5.	Twarowski Andrzej		65	Masters Białystok				7:21.45
	50m:	47.77 47.77	150m:	2:37.73 52.97	250m:	4:34.36 1:03.83	350m:	6:31.70 52.12
	100m:	1:44.76 56.99	200m:	3:30.53 52.80	300m:	5:39.58 1:05.22	400m:	7:21.45 49.75
6.	Krzekotowski Piotr		66	Masters Wrocław				8:29.34
	50m:	58.82 58.82	150m:	3:25.69 1:17.31	250m:	5:40.67 1:02.45	350m:	7:37.71 54.52
	100m:	2:08.38 1:09.56	200m:	4:38.22 1:12.53	300m:	6:43.19 1:02.52	400m:	8:29.34 51.63

Event 33 Men, 400m Medley E
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Rank			YB					Time
1.	Gregorowicz Pawel		74	Aquasfera Masters Olsztyn				5:09.01
	50m:	32.20 32.20	150m:	1:52.11 42.52	250m:	3:17.32 44.11	350m:	4:37.02 35.86
	100m:	1:09.59 37.39	200m:	2:33.21 41.10	300m:	4:01.16 43.84	400m:	5:09.01 31.99
2.	Darowski Piotr		71	Delfin Masters Tarnobrzeg				5:11.15
	50m:	32.56 32.56	150m:	1:51.60 41.44	250m:	3:15.17 42.00	350m:	4:34.98 36.77
	100m:	1:10.16 37.60	200m:	2:33.17 41.57	300m:	3:58.21 43.04	400m:	5:11.15 36.17
3.	Sip Jiri		73	Plavecky klub Zabreh				5:22.02
	50m:	33.81 33.81	150m:		250m:	3:24.51 46.94	350m:	4:47.58 36.65
	100m:	1:14.19 40.38	200m:	2:37.57	300m:	4:10.93 46.42	400m:	5:22.02 34.44
4.	Miroslav Abel		73	Aquatics Nitra				5:34.28
	50m:	33.56 33.56	150m:	1:54.13 41.57	250m:	3:23.33 47.46	350m:	4:53.30 41.59
	100m:	1:12.56 39.00	200m:	2:35.87 41.74	300m:	4:11.71 48.38	400m:	5:34.28 40.98

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Men, 400m Medley

D
 Results

Rank			YB					Time		
1.	Kaczmarek Stanislaw		79	LC Gorzow Wilkp.				5:11.89		
	50m:	32.00 32.00	150m:	1:50.77 41.97	250m:	3:16.43 44.66	350m:	4:37.68 36.45		
	100m:	1:08.80 36.80	200m:	2:31.77 41.00	300m:	4:01.23 44.80	400m:	5:11.89 34.21		
2.	Olejniczak Sergiusz		78	Masters Zgierz				5:27.14		
	50m:	36.44 36.44	150m:	1:59.88 40.46	250m:	3:24.86 44.88	350m:	4:49.90 38.64		
	100m:	1:19.42 42.98	200m:	2:39.98 40.10	300m:	4:11.26 46.40	400m:	5:27.14 37.24		
3.	Konopacki Piotr		78	Aquasfera Masters Olsztyn				5:31.25		
	50m:	35.55 35.55	150m:	2:02.68 44.53	250m:	3:33.28 47.66	350m:	4:56.87 36.25		
	100m:	1:18.15 42.60	200m:	2:45.62 42.94	300m:	4:20.62 47.34	400m:	5:31.25 34.38		
4.	Gogacz Sebastian		76	Trojka Pulawy				5:36.71		
	50m:	34.19 34.19	150m:	1:57.96 45.45	250m:	3:28.54 45.62	350m:	4:56.58 40.25		
	100m:	1:12.51 38.32	200m:	2:42.92 44.96	300m:	4:16.33 47.79	400m:	5:36.71 40.13		
5.	Milewski Hubert		77	Barracuda Bialystok				6:13.28		
	50m:	38.50 38.50	150m:	2:16.57 50.73	250m:	3:54.00 48.17	350m:	5:31.61 48.07		
	100m:	1:25.84 47.34	200m:	3:05.83 49.26	300m:	4:43.54 49.54	400m:	6:13.28 41.67		
6.	Parysek Slawomir		77	Start Poznan				6:16.02		
	50m:	39.66 39.66	150m:		250m:	3:57.37 55.38	350m:			
	100m:	1:26.14 46.48	200m:	3:01.99	300m:	4:53.09 55.72	400m:	6:16.02		
7.	Sabadasz Tomasz		75	Nabajji Team Decathlon				6:40.69		
	50m:	42.19 42.19	150m:	2:28.07 54.16	250m:	4:14.61 54.89	350m:	5:56.50 46.52		
	100m:	1:33.91 51.72	200m:	3:19.72 51.65	300m:	5:09.98 55.37	400m:	6:40.69 44.19		

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C
 Results

Rank			YB					Time		
1.	Brozyna Marek		80	Multisport Team Torun				5:47.34		
	50m:	35.99 35.99	150m:	2:01.57 43.29	250m:	3:33.59 50.75	350m:	5:06.78 42.62		
	100m:	1:18.28 42.29	200m:	2:42.84 41.27	300m:	4:24.16 50.57	400m:	5:47.34 40.56		
2.	Kaczmarek Michal		82	Start Poznan				6:22.59		
	50m:	43.06 43.06	150m:	2:23.99 52.27	250m:	4:05.16 51.65	350m:	5:41.70 45.86		
	100m:	1:31.72 48.66	200m:	3:13.51 49.52	300m:	4:55.84 50.68	400m:	6:22.59 40.89		
3.	Karczmarczyk Jakub		80	Masters Lodz				7:12.12		
	50m:	39.00 39.00	150m:	2:27.61 57.59	250m:	4:27.64 1:03.80	350m:	6:23.36 50.89		
	100m:	1:30.02 51.02	200m:	3:23.84 56.23	300m:	5:32.47 1:04.83	400m:	7:12.12 48.76		

Event 33, Men, 400m Medley

Event 33 Men, 400m Medley B
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Rank			YB							Time		
1.	Lindner Szymon		88	RMKS Rybnik						5:01.48		
	50m:	31.15	31.15	150m:	1:48.43	40.41	250m:	3:11.69	43.44	350m:	4:28.62	34.11
	100m:	1:08.02	36.87	200m:	2:28.25	39.82	300m:	3:54.51	42.82	400m:	5:01.48	32.86
2.	Kluczyk Szymon		87	MKP Szczecin						5:33.36		
	50m:	33.85	33.85	150m:	1:58.13	43.66	250m:	3:29.47	48.05	350m:	4:56.27	37.85
	100m:	1:14.47	40.62	200m:	2:41.42	43.29	300m:	4:18.42	48.95	400m:	5:33.36	37.09

Event 33 Men, 400m Medley A
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Rank			YB							Time		
1.	Gasior Patryk		94	Lochte Swimming Academy W-wa						4:36.83		
	50m:	29.10	29.10	150m:	1:39.39	36.32	250m:	2:54.40	39.05	350m:	4:06.04	32.90
	100m:	1:03.07	33.97	200m:	2:15.35	35.96	300m:	3:33.14	38.74	400m:	4:36.83	30.79
2.	Palmi-Kukielko Mieszko		93	Aquasfera Masters Olsztyn						4:39.29		
	50m:	28.94	28.94	150m:	1:40.13	37.15	250m:	2:56.13	39.40	350m:	4:08.28	32.37
	100m:	1:02.98	34.04	200m:	2:16.73	36.60	300m:	3:35.91	39.78	400m:	4:39.29	31.01
3.	Bednarczyk Pawel		94	Nabaiji Team Decathlon						5:14.49		
	50m:	30.74	30.74	150m:	1:46.51	40.55	250m:	3:11.93	44.56	350m:	4:36.86	39.42
	100m:	1:05.96	35.22	200m:	2:27.37	40.86	300m:	3:57.44	45.51	400m:	5:14.49	37.63
4.	Klupa Michal		90	Masters Wisla Krakow						5:16.60		
	50m:	31.62	31.62	150m:	1:48.85	38.70	250m:	3:15.44	46.80	350m:	4:40.57	36.56
	100m:	1:10.15	38.53	200m:	2:28.64	39.79	300m:	4:04.01	48.57	400m:	5:16.60	36.03