

Puchar Wszec stronno ci Stylowej
O wi cim, 10/10/2020

Konkurencja 11
10/10/2020 - 16:54

Kobiet, 400m zmienny

16 lat i starsi
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.					Czas	Pkt.		
1.	Famulok Zuzanna		03	Unia O wi cim				4:43.93	758		
	50m:	30.23 30.23	150m:	1:41.65	37.46	250m:	2:58.84	40.50	350m:	4:12.49	33.31
	100m:	1:04.19 33.96	200m:	2:18.34	36.69	300m:	3:39.18	40.34	400m:	4:43.93	31.44
2.	Kossakowska Dominika		01	AZS AWF Katowice				4:54.43	680		
	50m:	30.29 30.29	150m:	1:42.99	38.68	250m:	3:05.17	43.60	350m:	4:22.20	33.05
	100m:	1:04.31 34.02	200m:	2:21.57	38.58	300m:	3:49.15	43.98	400m:	4:54.43	32.23
3.	Nowak Zuzanna		02	Unia O wi cim				4:59.13	648		
	50m:	30.87 30.87	150m:	1:45.48	39.11	250m:	3:06.97	43.65	350m:	4:25.31	34.92
	100m:	1:06.37 35.50	200m:	2:23.32	37.84	300m:	3:50.39	43.42	400m:	4:59.13	33.82
4.	Klimek Marta		03	Unia O wi cim				4:59.23	648		
	50m:	32.94 32.94	150m:	1:49.52	38.64	250m:	3:12.20	44.99	350m:	4:28.81	32.43
	100m:	1:10.88 37.94	200m:	2:27.21	37.69	300m:	3:56.38	44.18	400m:	4:59.23	30.42
5.	Lala Nadia		04	Unia O wi cim				5:06.86	600		
	50m:	32.33 32.33	150m:	1:49.11	39.33	250m:	3:12.59	44.65	350m:	4:33.13	35.77
	100m:	1:09.78 37.45	200m:	2:27.94	38.83	300m:	3:57.36	44.77	400m:	5:06.86	33.73
6.	Gawron Paula		04	Galicja Kraków				5:07.82	595		
	50m:	31.80 31.80	150m:	1:48.99	39.49	250m:	3:11.62	43.39	350m:	4:32.49	36.48
	100m:	1:09.50 37.70	200m:	2:28.23	39.24	300m:	3:56.01	44.39	400m:	5:07.82	35.33
7.	Cerlich Oliwia		02	Ikar Mielec				5:11.67	573		
	50m:	32.58 32.58	150m:	1:49.58	40.23	250m:	3:12.78	44.06	350m:	4:35.52	37.00
	100m:	1:09.35 36.77	200m:	2:28.72	39.14	300m:	3:58.52	45.74	400m:	5:11.67	36.15
8.	ak Amelia		04	Unia O wi cim				5:12.30	570		
	50m:	33.77 33.77	150m:	1:54.37	41.24	250m:	3:18.26	44.19	350m:	4:37.37	35.03
	100m:	1:13.13 39.36	200m:	2:34.07	39.70	300m:	4:02.34	44.08	400m:	5:12.30	34.93
9.	Marczak Marta		04	AZS AWF Katowice				5:12.80	567		
	50m:	33.32 33.32	150m:	1:52.58	42.20	250m:	3:17.94	45.31	350m:	4:39.43	36.61
	100m:	1:10.38 37.06	200m:	2:32.63	40.05	300m:	4:02.82	44.88	400m:	5:12.80	33.37
10.	Budzi ska Paulina		03	MMKS K dzierzyn-Ko le				5:15.49	552		
	50m:	34.89 34.89	150m:	1:56.17	40.78	250m:	3:18.44	42.75	350m:	4:38.94	37.62
	100m:	1:15.39 40.50	200m:	2:35.69	39.52	300m:	4:01.32	42.88	400m:	5:15.49	36.55
11.	Wilczek Renata		04	Unia O wi cim				5:15.64	552		
	50m:	34.21 34.21	150m:	1:56.18	43.21	250m:	3:20.40	42.14	350m:	4:40.01	36.74
	100m:	1:12.97 38.76	200m:	2:38.26	42.08	300m:	4:03.27	42.87	400m:	5:15.64	35.63
12.	Pawłowska Julia		02	Unia O wi cim				5:15.90	550		
	50m:	34.13 34.13	150m:	1:55.07	42.11	250m:	3:20.01	43.72	350m:	4:40.18	36.77
	100m:	1:12.96 38.83	200m:	2:36.29	41.22	300m:	4:03.41	43.40	400m:	5:15.90	35.72
13.	Malarz Maja		04	Victoria Kozy				5:17.96	540		
	50m:	32.92 32.92	150m:	1:52.02	41.12	250m:	3:18.40	45.54	350m:	4:41.32	36.39
	100m:	1:10.90 37.98	200m:	2:32.86	40.84	300m:	4:04.93	46.53	400m:	5:17.96	36.64
14.	Malec Wiktoria		03	Ikar Mielec				5:19.93	530		
	50m:	33.63 33.63	150m:	1:52.31	39.13	250m:	3:17.72	47.26	350m:	4:43.66	37.47
	100m:	1:13.18 39.55	200m:	2:30.46	38.15	300m:	4:06.19	48.47	400m:	5:19.93	36.27
15.	Horova Oksana		02	Galicja Kraków				5:19.95	530		
	50m:	34.92 34.92	150m:	1:57.32	41.03	250m:	3:25.15	46.91	350m:	4:46.40	35.99
	100m:	1:16.29 41.37	200m:	2:38.24	40.92	300m:	4:10.41	45.26	400m:	5:19.95	33.55
16.	Rokita Hanna		03	Galicja Kraków				5:19.97	529		
	50m:	33.01 33.01	150m:	1:54.17	43.00	250m:	3:19.65	43.51	350m:	4:43.06	38.98
	100m:	1:11.17 38.16	200m:	2:36.14	41.97	300m:	4:04.08	44.43	400m:	5:19.97	36.91
17.	Ptaszy ska Weronika		03	Unia O wi cim				5:20.03	529		
	50m:	33.70 33.70	150m:	1:55.04	43.01	250m:	3:23.16	45.50	350m:	4:45.28	36.49
	100m:	1:12.03 38.33	200m:	2:37.66	42.62	300m:	4:08.79	45.63	400m:	5:20.03	34.75

Puchar Wszechstronno ci Stylowej
O wi cim, 10/10/2020

Konkurencja 11, Kobiet, 400m zmienny, 16 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
18.	Dyduch Martyna		04	Unia O wi cim				5:21.49	522
	50m:	35.74 35.74	150m:	1:58.43 41.42	250m:	3:24.96 45.77	350m:	4:47.58 36.63	
	100m:	1:17.01 41.27	200m:	2:39.19 40.76	300m:	4:10.95 45.99	400m:	5:21.49 33.91	
19.	Widurska Kinga		02	Galicja Kraków				5:21.81	520
	50m:	32.39 32.39	150m:	1:53.00 42.31	250m:	3:21.33 47.02	350m:	4:45.88 37.50	
	100m:	1:10.69 38.30	200m:	2:34.31 41.31	300m:	4:08.38 47.05	400m:	5:21.81 35.93	
20.	Miernik Wiktoria		04	Unia O wi cim				5:23.54	512
	50m:	32.67 32.67	150m:	1:53.02 42.53	250m:	3:23.45 49.89	350m:	4:48.94 35.22	
	100m:	1:10.49 37.82	200m:	2:33.56 40.54	300m:	4:13.72 50.27	400m:	5:23.54 34.60	
21.	Fic Bo ena		04	Unia O wi cim				5:25.02	505
	50m:	34.27 34.27	150m:	1:56.37 42.72	250m:	3:23.77 45.71	350m:	4:48.11 38.40	
	100m:	1:13.65 39.38	200m:	2:38.06 41.69	300m:	4:09.71 45.94	400m:	5:25.02 36.91	
22.	Dembowska Weronika		03	Unia O wi cim				5:26.17	500
	50m:	34.47 34.47	150m:	1:56.40 41.85	250m:	3:26.06 49.57	350m:	4:51.19 36.06	
	100m:	1:14.55 40.08	200m:	2:36.49 40.09	300m:	4:15.13 49.07	400m:	5:26.17 34.98	
23.	Szkurat Martyna		03	Unia O wi cim				5:28.47	489
	50m:	32.29 32.29	150m:	1:54.40 43.53	250m:	3:25.20 47.88	350m:	4:51.76 37.87	
	100m:	1:10.87 38.58	200m:	2:37.32 42.92	300m:	4:13.89 48.69	400m:	5:28.47 36.71	
24.	Blachura Julia		02	Unia O wi cim				5:29.81	483
	50m:	35.12 35.12	150m:	1:55.04 40.62	250m:	3:24.02 48.88	350m:	4:52.02 39.09	
	100m:	1:14.42 39.30	200m:	2:35.14 40.10	300m:	4:12.93 48.91	400m:	5:29.81 37.79	
25.	Sobu Julia		04	Unia O wi cim				5:32.10	474
	50m:	34.57 34.57	150m:	1:56.48 42.45	250m:	3:28.83 50.89	350m:	4:57.19 38.19	
	100m:	1:14.03 39.46	200m:	2:37.94 41.46	300m:	4:19.00 50.17	400m:	5:32.10 34.91	
26.	Zi ba Emilia		04	AZS AWF Katowice				5:32.61	471
	50m:	35.09 35.09	150m:	1:58.75 42.03	250m:	3:30.08 49.80	350m:	4:57.41 36.88	
	100m:	1:16.72 41.63	200m:	2:40.28 41.53	300m:	4:20.53 50.45	400m:	5:32.61 35.20	
27.	Kowalska Julia		04	Unia O wi cim				5:43.77	427
	50m:	36.37 36.37	150m:	2:04.27 44.68	250m:	3:37.09 50.16	350m:	5:07.66 39.96	
	100m:	1:19.59 43.22	200m:	2:46.93 42.66	300m:	4:27.70 50.61	400m:	5:43.77 36.11	
28.	Nowak Laura		04	Korona Kraków				5:54.51	389
	50m:	37.66 37.66	150m:	2:08.34 45.29	250m:	3:44.09 52.32	350m:	5:16.55 39.38	
	100m:	1:23.05 45.39	200m:	2:51.77 43.43	300m:	4:37.17 53.08	400m:	5:54.51 37.96	

Konkurencja 11
10/10/2020 - 16:54

Dziewcz t, 400m zmienny

14 - 15 lat
Wyniki

Punkty: FINA 2019

Pozycja			Rok ur.					Czas	Pkt.
1.	Miłek Alicja		06	Solne Miasto Wieliczka				4:58.59	652
	50m:	31.18 31.18	150m:	1:42.14 36.81	250m:	3:03.42 45.16	350m:	4:24.88 34.92	
	100m:	1:05.33 34.15	200m:	2:18.26 36.12	300m:	3:49.96 46.54	400m:	4:58.59 33.71	
2.	Lubi ska Alicja		05	Unia O wi cim				5:01.44	633
	50m:	31.07 31.07	150m:	1:45.45 38.66	250m:	3:05.87 42.86	350m:	4:26.06 36.50	
	100m:	1:06.79 35.72	200m:	2:23.01 37.56	300m:	3:49.56 43.69	400m:	5:01.44 35.38	
3.	Smurzy ska Julia		06	Galicja Kraków				5:04.83	612
	50m:	31.70 31.70	150m:	1:46.38 37.84	250m:	3:08.32 44.85	350m:	4:29.45 37.03	
	100m:	1:08.54 36.84	200m:	2:23.47 37.09	300m:	3:52.42 44.10	400m:	5:04.83 35.38	
4.	Juda Aleksandra		06	Unia O wi cim				5:10.58	579
	50m:	32.35 32.35	150m:	1:50.70 41.41	250m:	3:13.56 43.12	350m:	4:34.93 37.32	
	100m:	1:09.29 36.94	200m:	2:30.44 39.74	300m:	3:57.61 44.05	400m:	5:10.58 35.65	
5.	Gorczyca Gabriela		06	Solne Miasto Wieliczka				5:11.88	572
	50m:	31.87 31.87	150m:	1:48.80 40.20	250m:	3:15.61 47.79	350m:	4:38.28 34.74	
	100m:	1:08.60 36.73	200m:	2:27.82 39.02	300m:	4:03.54 47.93	400m:	5:11.88 33.60	

Puchar Wszec stronno ci Stylowej
O wi cim, 10/10/2020

Konkurencja 11, Dziewcz t, 400m zmienny, 14 - 15 lat

Pozycja			Rok ur.					Czas	Pkt.
6.	Wrona Ewa		06	Jasie Sucha Besk.				5:12.18	570
	50m:	33.61 33.61	150m:	1:54.72 41.23	250m:	3:16.61 41.85	350m:	4:36.90 37.37	
	100m:	1:13.49 39.88	200m:	2:34.76 40.04	300m:	3:59.53 42.92	400m:	5:12.18 35.28	
7.	Cicha Aleksandra		05	Galicja Kraków				5:12.99	566
	50m:	34.33 34.33	150m:	1:51.78 38.66	250m:	3:16.66 46.66	350m:	4:39.21 36.05	
	100m:	1:13.12 38.79	200m:	2:30.00 38.22	300m:	4:03.16 46.50	400m:	5:12.99 33.78	
8.	Jarosz Helena		06	Omega Olkusz				5:18.72	536
	50m:	32.72 32.72	150m:	1:53.64 41.11	250m:	3:17.80 43.57	350m:	4:42.28 39.41	
	100m:	1:12.53 39.81	200m:	2:34.23 40.59	300m:	4:02.87 45.07	400m:	5:18.72 36.44	
9.	Dadej Julia		05	BOSiR Brzesko				5:19.22	533
	50m:	33.65 33.65	150m:	1:54.72 41.81	250m:	3:22.47 47.20	350m:	4:45.16 34.81	
	100m:	1:12.91 39.26	200m:	2:35.27 40.55	300m:	4:10.35 47.88	400m:	5:19.22 34.06	
10.	Wi cek Weronika		05	Victoria Kozy				5:20.83	525
	50m:	34.29 34.29	150m:	1:54.52 41.16	250m:	3:18.40 43.57	350m:	4:43.23 40.57	
	100m:	1:13.36 39.07	200m:	2:34.83 40.31	300m:	4:02.66 44.26	400m:	5:20.83 37.60	
11.	Jakubik Julia		05	Unia O wi cim				5:26.87	497
	50m:	34.22 34.22	150m:	1:57.54 41.66	250m:	3:24.74 47.14	350m:	4:50.87 37.88	
	100m:	1:15.88 41.66	200m:	2:37.60 40.06	300m:	4:12.99 48.25	400m:	5:26.87 36.00	
12.	Kusion Judyta		06	Unia O wi cim				5:30.86	479
	50m:	35.13 35.13	150m:	2:00.63 43.44	250m:	3:31.23 49.48	350m:	4:56.51 36.42	
	100m:	1:17.19 42.06	200m:	2:41.75 41.12	300m:	4:20.09 48.86	400m:	5:30.86 34.35	
13.	Volkert Julia		05	Unia O wi cim				5:33.15	469
	50m:	34.90 34.90	150m:	1:59.45 43.10	250m:	3:31.79 49.83	350m:	4:57.53 36.24	
	100m:	1:16.35 41.45	200m:	2:41.96 42.51	300m:	4:21.29 49.50	400m:	5:33.15 35.62	
14.	Trojanowska Julia		06	STP Nowy S cz				5:34.29	464
	50m:	35.40 35.40	150m:	2:00.40 42.64	250m:	3:31.20 48.21	350m:	4:57.84 39.01	
	100m:	1:17.76 42.36	200m:	2:42.99 42.59	300m:	4:18.83 47.63	400m:	5:34.29 36.45	
15.	Janik Julia		06	Omega Olkusz				5:35.64	459
	50m:	33.41 33.41	150m:	1:54.51 41.05	250m:	3:25.42 51.07	350m:	4:56.89 39.53	
	100m:	1:13.46 40.05	200m:	2:34.35 39.84	300m:	4:17.36 51.94	400m:	5:35.64 38.75	
16.	Tchórzewska Sabina		05	Galicja Kraków				5:35.93	457
	50m:	34.67 34.67	150m:	1:56.74 41.30	250m:	3:27.30 50.31	350m:	4:58.38 39.72	
	100m:	1:15.44 40.77	200m:	2:36.99 40.25	300m:	4:18.66 51.36	400m:	5:35.93 37.55	
17.	Janik Anna		05	Unia O wi cim				5:37.49	451
	50m:	35.75 35.75	150m:	2:00.32 41.89	250m:	3:30.27 49.34	350m:	4:59.92 39.65	
	100m:	1:18.43 42.68	200m:	2:40.93 40.61	300m:	4:20.27 50.00	400m:	5:37.49 37.57	
18.	Zieli ska Zuzanna		06	Ikar Mielec				5:39.14	445
	50m:	36.78 36.78	150m:	2:02.58 43.97	250m:	3:32.66 47.48	350m:	5:01.16 40.24	
	100m:	1:18.61 41.83	200m:	2:45.18 42.60	300m:	4:20.92 48.26	400m:	5:39.14 37.98	
19.	Trojnacka Oliwia		05	Ikar Mielec				5:40.56	439
	50m:	34.07 34.07	150m:	1:58.61 44.09	250m:	3:34.45 52.37	350m:	5:04.22 37.53	
	100m:	1:14.52 40.45	200m:	2:42.08 43.47	300m:	4:26.69 52.24	400m:	5:40.56 36.34	
20.	Miklos Julia		05	Juvenia Wrocław				5:40.80	438
	50m:	35.30 35.30	150m:	2:00.34 44.40	250m:	3:33.79 50.02	350m:	5:04.02 39.10	
	100m:	1:15.94 40.64	200m:	2:43.77 43.43	300m:	4:24.92 51.13	400m:	5:40.80 36.78	
21.	Kaszuba Maja		06	Omega Olkusz				5:41.00	437
	50m:	34.94 34.94	150m:	2:02.63 44.35	250m:	3:35.62 49.36	350m:	5:04.15 39.60	
	100m:	1:18.28 43.34	200m:	2:46.26 43.63	300m:	4:24.55 48.93	400m:	5:41.00 36.85	
22.	Kryza Maja		05	Unia O wi cim				5:44.27	425
	50m:	37.52 37.52	150m:	2:07.62 45.20	250m:	3:40.58 48.26	350m:	5:07.18 39.33	
	100m:	1:22.42 44.90	200m:	2:52.32 44.70	300m:	4:27.85 47.27	400m:	5:44.27 37.09	
23.	Pancerz Oliwia		06	Unia O wi cim				5:45.51	420
	50m:	36.20 36.20	150m:	2:02.42 44.68	250m:	3:36.66 49.93	350m:	5:07.14 39.88	
	100m:	1:17.74 41.54	200m:	2:46.73 44.31	300m:	4:27.26 50.60	400m:	5:45.51 38.37	

Puchar Wszechstronno ci Stylowej
O wi cim, 10/10/2020

Konkurencja 11, Dziewcz t, 400m zmienny, 14 - 15 lat

Pozycja			Rok ur.					Czas	Pkt.		
24.	Permus Aleksandra		06	Solne Miasto Wieliczka				5:45.94	419		
	50m:	35.97 35.97	150m:	2:03.20	42.29	250m:	3:37.52	51.87	350m:	5:07.84	38.18
	100m:	1:20.91 44.94	200m:	2:45.65	42.45	300m:	4:29.66	52.14	400m:	5:45.94	38.10
25.	Tomsia Oliwia		06	Omega Olkusz				5:46.94	415		
	50m:	36.96 36.96	150m:	2:09.62	45.81	250m:	3:43.00	49.88	350m:	5:10.61	38.57
	100m:	1:23.81 46.85	200m:	2:53.12	43.50	300m:	4:32.04	49.04	400m:	5:46.94	36.33
26.	Wa ko Faustyna		06	Omega Olkusz				5:54.08	391		
	50m:	36.23 36.23	150m:	2:08.84	45.66	250m:	3:42.94	49.47	350m:	5:15.03	40.91
	100m:	1:23.18 46.95	200m:	2:53.47	44.63	300m:	4:34.12	51.18	400m:	5:54.08	39.05
27.	Łata Weronika		06	Korona Kraków				5:56.04	384		
	50m:	38.40 38.40	150m:	2:09.02	44.28	250m:	3:44.90	53.10	350m:	5:19.37	40.89
	100m:	1:24.74 46.34	200m:	2:51.80	42.78	300m:	4:38.48	53.58	400m:	5:56.04	36.67
28.	Góra Amelia		06	STP Nowy S cz				6:05.68	355		
	50m:	37.82 37.82	150m:	2:12.49	46.77	250m:	3:51.53	53.08	350m:	5:25.40	41.69
	100m:	1:25.72 47.90	200m:	2:58.45	45.96	300m:	4:43.71	52.18	400m:	6:05.68	40.28
29.	Kl czar Natalia		06	Unia O wi cim				6:15.74	327		
	50m:	42.03 42.03	150m:	2:19.58	49.19	250m:	4:03.17	56.39	350m:	5:38.35	40.04
	100m:	1:30.39 48.36	200m:	3:06.78	47.20	300m:	4:58.31	55.14	400m:	6:15.74	37.39
30.	W sik Martyna		06	Unia O wi cim				6:15.86	326		
	50m:	38.97 38.97	150m:			250m:	3:56.60	49.89	350m:	5:33.12	45.63
	100m:	1:27.59 48.62	200m:	3:06.71		300m:	4:47.49	50.89	400m:	6:15.86	42.74
DYSKW.	Miodo ska Wiktoria		06	Unia O wi cim							
	<i>M8 - Pływak wykonał ruchy nóg jak do stylu klasycznego - stopy zwrócone na zewn trz (nie dotyczy pływania Masters). (Czas: 17:16)</i>										