



Liga Szkół Mistrzostwa Sportowego Runda I
O wi cim, 16 - 17/12/2021



Konkurencja 19
17/12/2021 - 9:25

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2021

Pozycja	Rok ur.	Czas	Pkt.	Dru .
1. Tarasiewicz Klaudia	04 SMS Szczecin	4:15.33	768	29,00
50m: 30.06 30.06	150m: 1:34.02 32.18	250m: 2:39.67 32.79	350m: 3:45.32 32.75	
100m: 1:01.84 31.78	200m: 2:06.88 32.86	300m: 3:12.57 32.90	400m: 4:15.33 30.01	
2. Klimek Marta	03 SMS O wi cim	4:17.72	747	27,00
50m: 30.52 30.52	150m: 1:36.01 33.03	250m: 2:41.57 32.56	350m: 3:46.25 31.70	
100m: 1:02.98 32.46	200m: 2:09.01 33.00	300m: 3:14.55 32.98	400m: 4:17.72 31.47	
3. Kowalska Klara	05 SMS Lublin	4:20.78	721	26,00
50m: 29.85 29.85	150m: 1:35.98 33.28	250m: 2:42.13 32.78	350m: 3:47.87 33.23	
100m: 1:02.70 32.85	200m: 2:09.35 33.37	300m: 3:14.64 32.51	400m: 4:20.78 32.91	
4. Kawka Nina	03 SMS Warszawa Bielany	4:23.45	700	25,00
50m: 30.30 30.30	150m: 1:37.36 33.46	250m: 2:44.35 33.44	350m: 3:51.15 33.27	
100m: 1:03.90 33.60	200m: 2:10.91 33.55	300m: 3:17.88 33.53	400m: 4:23.45 32.30	
5. Kraszewska Martyna	05 SMS Olsztyn	4:24.14	694	24,00
50m: 30.68 30.68	150m: 1:38.13 33.91	250m: 2:45.84 33.73	350m: 3:52.52 33.25	
100m: 1:04.22 33.54	200m: 2:12.11 33.98	300m: 3:19.27 33.43	400m: 4:24.14 31.62	
6. Siwko Natalia	04 SMS Lublin	4:25.81	681	23,00
50m: 30.21 30.21	150m: 1:37.00 33.70	250m: 2:44.92 34.03	350m: 3:53.51 34.32	
100m: 1:03.30 33.09	200m: 2:10.89 33.89	300m: 3:19.19 34.27	400m: 4:25.81 32.30	
7. Figas Alicja	04 SMS Szczecin	4:26.00	680	22,00
50m: 30.61 30.61	150m: 1:37.26 33.54	250m: 2:45.00 33.86	350m: 3:53.22 33.91	
100m: 1:03.72 33.11	200m: 2:11.14 33.88	300m: 3:19.31 34.31	400m: 4:26.00 32.78	
8. Walczak Barbara	06 SMS Warszawa Bielany	4:26.01	679	21,00
50m: 30.19 30.19	150m: 1:37.25 34.00	250m: 2:45.26 33.86	350m: 3:53.53 34.13	
100m: 1:03.25 33.06	200m: 2:11.40 34.15	300m: 3:19.40 34.14	400m: 4:26.01 32.48	
9. Lechowska Magdalena	06 SMS Wrocław	4:28.43	661	20,00
50m: 30.56 30.56	150m: 1:37.66 33.75	250m: 2:46.04 34.21	350m: 3:55.71 34.55	
100m: 1:03.91 33.35	200m: 2:11.83 34.17	300m: 3:21.16 35.12	400m: 4:28.43 32.72	
10. Wilk Anna	06 SMS O wi cim	4:28.48	661	19,00
50m: 30.23 30.23	150m: 1:38.00 34.19	250m: 2:46.24 33.59	350m: 3:55.13 34.24	
100m: 1:03.81 33.58	200m: 2:12.65 34.65	300m: 3:20.89 34.65	400m: 4:28.48 33.35	
11. Molenda Dominika	03 SMS Gda sk	4:28.78	659	18,00
50m: 31.41 31.41	150m: 1:39.80 34.44	250m: 2:48.80 34.40	350m: 3:56.97 34.14	
100m: 1:05.36 33.95	200m: 2:14.40 34.60	300m: 3:22.83 34.03	400m: 4:28.78 31.81	
12. Malarz Maja	04 SMS Kraków	4:28.90	658	17,00
50m: 30.72 30.72	150m: 1:38.12 34.05	250m: 2:47.37 34.44	350m: 3:56.87 34.60	
100m: 1:04.07 33.35	200m: 2:12.93 34.81	300m: 3:22.27 34.90	400m: 4:28.90 32.03	
13. Rudomina Agnieszka	06 SMS Gda sk	4:29.05	657	16,00
50m: 30.72 30.72	150m: 1:38.59 34.04	250m: 2:47.63 34.47	350m: 3:56.52 34.33	
100m: 1:04.55 33.83	200m: 2:13.16 34.57	300m: 3:22.19 34.56	400m: 4:29.05 32.53	
14. Gorczyca Gabriela	06 SMS Kraków	4:29.16	656	15,00
50m: 31.28 31.28	150m: 1:39.36 34.32	250m: 2:47.93 34.19	350m: 3:56.18 34.06	
100m: 1:05.04 33.76	200m: 2:13.74 34.38	300m: 3:22.12 34.19	400m: 4:29.16 32.98	
15. Domoradzka Aleksandra	03 SMS Lublin	4:29.27	655	-
50m: 30.75 30.75	150m: 1:39.08 34.20	250m: 2:48.78 34.83	350m: 3:56.54 33.82	
100m: 1:04.88 34.13	200m: 2:13.95 34.87	300m: 3:22.72 33.94	400m: 4:29.27 32.73	
16. Gancarz Julia	03 SMS Wrocław	4:29.40	654	14,00
50m: 30.94 30.94	150m: 1:38.29 33.89	250m: 2:46.37 34.12	350m: 3:55.60 34.60	
100m: 1:04.40 33.46	200m: 2:12.25 33.96	300m: 3:21.00 34.63	400m: 4:29.40 33.80	





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O wi cim, 16 - 17/12/2021



Konkurencja 19, Kobiet, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.	Dru .
17.	Zmierczak Natalia		03	SMS Olsztyn				4:31.00	643	13,00
	50m:	30.04 30.04	150m:	1:37.49 33.94	250m:	2:46.11 34.20	350m:	3:56.34 35.33		
	100m:	1:03.55 33.51	200m:	2:11.91 34.42	300m:	3:21.01 34.90	400m:	4:31.00 34.66		
18.	Lala Nadia		04	SMS O wi cim				4:31.01	643	-
	50m:	30.02 30.02	150m:	1:38.08 34.40	250m:	2:47.58 34.60	350m:	3:58.02 35.20		
	100m:	1:03.68 33.66	200m:	2:12.98 34.90	300m:	3:22.82 35.24	400m:	4:31.01 32.99		
19.	Wiktorowicz Patrycja		04	SMS Racibórz				4:31.38	640	12,00
	50m:	30.80 30.80	150m:	1:38.69 34.56	250m:	2:48.40 34.81	350m:	3:58.24 34.95		
	100m:	1:04.13 33.33	200m:	2:13.59 34.90	300m:	3:23.29 34.89	400m:	4:31.38 33.14		
20.	Górska Zofia		05	SMS Warszawa Konwiktorska				4:32.29	634	11,00
	50m:	30.34 30.34	150m:	1:38.60 34.61	250m:	2:48.37 34.99	350m:	3:58.57 34.95		
	100m:	1:03.99 33.65	200m:	2:13.38 34.78	300m:	3:23.62 35.25	400m:	4:32.29 33.72		
21.	Wygnał Maja		03	SMS Racibórz				4:32.52	632	10,00
	50m:	30.16 30.16	150m:	1:38.53 34.80	250m:	2:48.77 35.24	350m:	3:58.83 34.86		
	100m:	1:03.73 33.57	200m:	2:13.53 35.00	300m:	3:23.97 35.20	400m:	4:32.52 33.69		
22.	Bocian Roksana		04	SMS O wi cim				4:33.48	625	-
	50m:	30.81 30.81	150m:	1:39.16 34.46	250m:	2:48.80 34.88	350m:	3:59.30 35.34		
	100m:	1:04.70 33.89	200m:	2:13.92 34.76	300m:	3:23.96 35.16	400m:	4:33.48 34.18		
23.	Szredzi ska Gabriela		04	SMS Warszawa Konwiktorska				4:33.69	624	9,00
	50m:	30.44 30.44	150m:	1:39.46 35.18	250m:	2:50.07 35.09	350m:	4:00.13 34.90		
	100m:	1:04.28 33.84	200m:	2:14.98 35.52	300m:	3:25.23 35.16	400m:	4:33.69 33.56		
24.	Kowalska Zuzanna		05	SMS Lublin				4:34.78	616	-
	50m:	30.85 30.85	150m:	1:38.67 34.29	250m:	2:48.42 35.12	350m:	3:59.41 35.73		
	100m:	1:04.38 33.53	200m:	2:13.30 34.63	300m:	3:23.68 35.26	400m:	4:34.78 35.37		
25.	Dadej Julia		05	SMS Kraków				4:35.77	610	-
	50m:	32.25 32.25	150m:	1:42.63 35.40	250m:	2:52.96 34.76	350m:	4:02.15 34.80		
	100m:	1:07.23 34.98	200m:	2:18.20 35.57	300m:	3:27.35 34.39	400m:	4:35.77 33.62		
26.	Mazur Zuzanna		05	SMS Gorzów Wlkp.				4:37.83	596	8,00
	50m:	31.74 31.74	150m:	1:42.10 35.58	250m:	2:53.12 35.53	350m:	4:03.57 35.21		
	100m:	1:06.52 34.78	200m:	2:17.59 35.49	300m:	3:28.36 35.24	400m:	4:37.83 34.26		
27.	Kowalczyk Katarzyna		05	SMS Szczecin				4:38.65	591	-
	50m:	32.32 32.32	150m:	1:42.47 35.26	250m:	2:53.32 35.48	350m:	4:04.31 35.56		
	100m:	1:07.21 34.89	200m:	2:17.84 35.37	300m:	3:28.75 35.43	400m:	4:38.65 34.34		
28.	Zi ba Anastazja		05	SMS Bydgoszcz				4:38.76	590	7,00
	50m:	30.59 30.59	150m:	1:41.06 35.84	250m:	2:52.47 35.42	350m:	4:03.93 35.75		
	100m:	1:05.22 34.63	200m:	2:17.05 35.99	300m:	3:28.18 35.71	400m:	4:38.76 34.83		
29.	Tuszy ska Matylda		05	SMS Wrocław				4:46.28	545	-
	50m:	33.11 33.11	150m:	1:45.86 36.66	250m:	2:58.45 35.99	350m:	4:11.49 36.50		
	100m:	1:09.20 36.09	200m:	2:22.46 36.60	300m:	3:34.99 36.54	400m:	4:46.28 34.79		
30.	Jaworska Wiktoria		05	SMS Bydgoszcz				4:46.82	542	6,00
	50m:	31.46 31.46	150m:	1:42.11 35.95	250m:	2:55.66 37.05	350m:	4:10.38 37.35		
	100m:	1:06.16 34.70	200m:	2:18.61 36.50	300m:	3:33.03 37.37	400m:	4:46.82 36.44		
31.	Klimiuk Zuzanna		05	SMS Gorzów Wlkp.				4:47.97	535	5,00
	50m:	32.17 32.17	150m:	1:43.56 36.02	250m:	2:56.83 36.62	350m:	4:11.43 37.26		
	100m:	1:07.54 35.37	200m:	2:20.21 36.65	300m:	3:34.17 37.34	400m:	4:47.97 36.54		
32.	Szafra ska Malwina		06	SMS Ostrowiec				4:52.56	511	4,00
	50m:	33.20 33.20	150m:	1:47.06 37.42	250m:	3:01.50 37.17	350m:	4:17.33 37.94		
	100m:	1:09.64 36.44	200m:	2:24.33 37.27	300m:	3:39.39 37.89	400m:	4:52.56 35.23		
33.	Celi ska Małgorzata		06	SMS Ostrowiec				4:55.76	494	3,00
	50m:	32.17 32.17	150m:	1:45.47 37.17	250m:	3:00.31 37.60	350m:	4:19.09 39.45		
	100m:	1:08.30 36.13	200m:	2:22.71 37.24	300m:	3:39.64 39.33	400m:	4:55.76 36.67		





Liga Szkół Mistrzostwa Sportowego Runda I
O wi cim, 16 - 17/12/2021



Konkurencja 19, Kobiety, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.	Dru .		
34.	Siejak Patrycja		05	SMS Olsztyn				4:56.98	488	-		
	50m:	32.50	32.50	150m:	1:47.46	37.80	250m:	3:03.60	37.99	350m:	4:20.43	38.89
	100m:	1:09.66	37.16	200m:	2:25.61	38.15	300m:	3:41.54	37.94	400m:	4:56.98	36.55
35.	Kulczy ska Adriana		06	SMS Bydgoszcz				5:04.08	455	-		
	50m:	32.31	32.31	150m:	1:48.48	38.69	250m:	3:07.10	39.58	350m:	4:26.66	39.53
	100m:	1:09.79	37.48	200m:	2:27.52	39.04	300m:	3:47.13	40.03	400m:	5:04.08	37.42
36.	Libuszewska Julia		05	SMS Bydgoszcz				5:12.27	420	-		
	50m:	34.31	34.31	150m:	1:50.92	39.13	250m:	3:11.06	40.28	350m:	4:32.37	40.70
	100m:	1:11.79	37.48	200m:	2:30.78	39.86	300m:	3:51.67	40.61	400m:	5:12.27	39.90
PK	Jakubik Julia		05	SMS O wi cim				4:45.92	547	-		
	50m:	31.68	31.68	150m:	1:42.75	36.11	250m:	2:55.92	36.73	350m:	4:10.38	37.36
	100m:	1:06.64	34.96	200m:	2:19.19	36.44	300m:	3:33.02	37.10	400m:	4:45.92	35.54
PK	Kowalska Julia		04	SMS O wi cim				4:52.75	510	-		
	50m:	32.36	32.36	150m:	1:43.98	36.52	250m:	2:59.47	37.94	350m:	4:15.50	37.80
	100m:	1:07.46	35.10	200m:	2:21.53	37.55	300m:	3:37.70	38.23	400m:	4:52.75	37.25

