



Liga Szkół Mistrzostwa Sportowego Runda I
O wi cim, 15 - 16/12/2022



Konkurencja 12
15/12/2022 - 17:59

M czyzn, 400m zmienny

14 lat i starsi
Wyniki

Punkty: FINA 2022

Pozycja			Rok ur.					Czas	Pkt.	Dru .		
1.	Piela Michał		04	SMS O wi cim				4:22.01	719	29,00		
	50m:	27.79	27.79	150m:	1:33.86	34.11	250m:	2:42.34	35.89	350m:	3:50.58	31.78
	100m:	59.75	31.96	200m:	2:06.45	32.59	300m:	3:18.80	36.46	400m:	4:22.01	31.43
2.	Popiel Mikołaj		06	SMS Lublin				4:22.69	714	27,00		
	50m:	27.56	27.56	150m:	1:34.00	34.70	250m:	2:43.96	37.19	350m:	3:53.29	30.93
	100m:	59.30	31.74	200m:	2:06.77	32.77	300m:	3:22.36	38.40	400m:	4:22.69	29.40
3.	Kosi ski Filip		04	SMS Warszawa Bielany				4:25.36	692	26,00		
	50m:	26.67	26.67	150m:	1:30.95	32.49	250m:	2:42.04	39.20	350m:	3:54.94	32.77
	100m:	58.46	31.79	200m:	2:02.84	31.89	300m:	3:22.17	40.13	400m:	4:25.36	30.42
4.	Kowolik Alex		04	SMS O wi cim				4:26.22	686	25,00		
	50m:	27.71	27.71	150m:	1:35.08	35.57	250m:	2:47.69	38.64	350m:	3:57.21	30.27
	100m:	59.51	31.80	200m:	2:09.05	33.97	300m:	3:26.94	39.25	400m:	4:26.22	29.01
5.	Staszak Wiktor		04	SMS Wrocław				4:27.74	674	24,00		
	50m:	28.66	28.66	150m:	1:35.97	34.95	250m:	2:47.88	38.04	350m:	3:58.20	31.66
	100m:	1:01.02	32.36	200m:	2:09.84	33.87	300m:	3:26.54	38.66	400m:	4:27.74	29.54
6.	Kapała Bartosz		06	SMS Olsztyn				4:29.68	660	23,00		
	50m:	29.80	29.80	150m:	1:37.58	33.70	250m:	2:49.96	38.83	350m:	3:59.84	30.26
	100m:	1:03.88	34.08	200m:	2:11.13	33.55	300m:	3:29.58	39.62	400m:	4:29.68	29.84
7.	Olewniczak Maciej		05	SMS Warszawa Konwiktorska				4:31.44	647	22,00		
	50m:	28.27	28.27	150m:	1:38.74	37.26	250m:	2:53.10	37.65	350m:	4:01.90	30.73
	100m:	1:01.48	33.21	200m:	2:15.45	36.71	300m:	3:31.17	38.07	400m:	4:31.44	29.54
8.	Dzierkacz Igor		05	SMS Warszawa Bielany				4:32.63	638	21,00		
	50m:	28.59	28.59	150m:	1:36.73	35.85	250m:	2:51.53	39.03	350m:	4:03.10	31.94
	100m:	1:00.88	32.29	200m:	2:12.50	35.77	300m:	3:31.16	39.63	400m:	4:32.63	29.53
9.	Kobus Tymoteusz		05	SMS Gda sk				4:32.98	636	20,00		
	50m:	28.15	28.15	150m:	1:37.81	37.04	250m:	2:52.39	38.07	350m:	4:02.19	31.83
	100m:	1:00.77	32.62	200m:	2:14.32	36.51	300m:	3:30.36	37.97	400m:	4:32.98	30.79
10.	Sroka Bła ej		05	SMS Gda sk				4:33.12	635	19,00		
	50m:	27.73	27.73	150m:	1:33.92	32.92	250m:	2:44.45	38.13	350m:	3:59.30	34.17
	100m:	1:01.00	33.27	200m:	2:06.32	32.40	300m:	3:25.13	40.68	400m:	4:33.12	33.82
11.	Bryg Bartosz		04	SMS Kraków				4:34.73	624	18,00		
	50m:	27.53	27.53	150m:	1:38.26	38.34	250m:	2:51.55	36.01	350m:	4:02.34	33.49
	100m:	59.92	32.39	200m:	2:15.54	37.28	300m:	3:28.85	37.30	400m:	4:34.73	32.39
12.	Wi niewski Wiktor		07	SMS O wi cim				4:37.09	608	-		
	50m:	28.67	28.67	150m:	1:38.81	36.65	250m:	2:54.65	38.47	350m:	4:06.12	32.33
	100m:	1:02.16	33.49	200m:	2:16.18	37.37	300m:	3:33.79	39.14	400m:	4:37.09	30.97
13.	Nowacki Bła ej		05	SMS Lublin				4:37.35	606	17,00		
	50m:	28.05	28.05	150m:	1:37.82	36.96	250m:	2:52.46	38.06	350m:	4:04.63	31.78
	100m:	1:00.86	32.81	200m:	2:14.40	36.58	300m:	3:32.85	40.39	400m:	4:37.35	32.72
14.	Porwik Kacper		06	SMS O wi cim				4:38.92	596	-		
	50m:	29.25	29.25	150m:	1:38.83	35.87	250m:	2:53.14	38.47	350m:	4:06.12	34.02
	100m:	1:02.96	33.71	200m:	2:14.67	35.84	300m:	3:32.10	38.96	400m:	4:38.92	32.80
15.	Pi tka Hubert		04	SMS Szczecin				4:39.30	594	16,00		
	50m:	29.05	29.05	150m:	1:39.89	37.68	250m:	2:56.57	40.23	350m:	4:08.75	32.58
	100m:	1:02.21	33.16	200m:	2:16.34	36.45	300m:	3:36.17	39.60	400m:	4:39.30	30.55
16.	Lis Jan		04	SMS Ostrowiec w.				4:40.09	589	15,00		
	50m:	28.05	28.05	150m:	1:40.00	38.50	250m:	2:55.72	37.96	350m:	4:08.19	32.97
	100m:	1:01.50	33.45	200m:	2:17.76	37.76	300m:	3:35.22	39.50	400m:	4:40.09	31.90

Obsługa zawodów: SMS SwimArt My lenice

www.swimart.pl

e-mail: zawody@swimart.pl

Splash Meet Manager, 11.75236

Registered to SMS SwimArt My lenice

22/12/2022 20:06 - Strona 1



Ministerstwo
Sportu i Turystyki



VARIO POOL
THE REAL DEPTH INVESTMENT





Liga Szkół Mistrzostwa Sportowego Runda I
O wi cim, 15 - 16/12/2022



Konkurencja 12, M czyn, 400m zmienny, 14 lat i starsi

Pozycja	Rok ur.	Czas	Pkt.	Dru .
17. R yski Michał	06 SMS Olsztyn	4:40.21	588	14,00
50m: 29.00 29.00	150m: 1:39.51 36.46	250m: 2:55.01 39.13	350m: 4:07.82 32.62	
100m: 1:03.05 34.05	200m: 2:15.88 36.37	300m: 3:35.20 40.19	400m: 4:40.21 32.39	
18. Gnaczy ski Michał	07 SMS Szczecin	4:40.73	585	13,00
50m: 29.48 29.48	150m: 1:41.43 37.57	250m: 2:58.57 40.01	350m: 4:10.96 31.01	
100m: 1:03.86 34.38	200m: 2:18.56 37.13	300m: 3:39.95 41.38	400m: 4:40.73 29.77	
19. Sobiechowski Kajetan	06 SMS Zielona Góra	4:42.09	576	12,00
50m: 28.57 28.57	150m: 1:38.23 36.07	250m: 2:54.63 40.47	350m: 4:09.88 32.85	
100m: 1:02.16 33.59	200m: 2:14.16 35.93	300m: 3:37.03 42.40	400m: 4:42.09 32.21	
20. Gohla Kamil	05 SMS Racibórz	4:44.05	564	11,00
50m: 29.72 29.72	150m: 1:43.43 38.45	250m: 3:00.97 39.42	350m: 4:12.98 32.62	
100m: 1:04.98 35.26	200m: 2:21.55 38.12	300m: 3:40.36 39.39	400m: 4:44.05 31.07	
21. Chabowski Nathaniel	06 SMS Gda sk	4:45.08	558	-
50m: 29.02 29.02	150m: 1:38.74 35.05	250m: 2:54.95 41.63	350m: 4:12.61 33.50	
100m: 1:03.69 34.67	200m: 2:13.32 34.58	300m: 3:39.11 44.16	400m: 4:45.08 32.47	
22. Szyma ski Igor	05 SMS Bydgoszcz	4:45.59	555	10,00
50m: 29.85 29.85	150m: 1:43.34 38.57	250m: 2:58.99 37.42	350m: 4:11.06 34.33	
100m: 1:04.77 34.92	200m: 2:21.57 38.23	300m: 3:36.73 37.74	400m: 4:45.59 34.53	
23. aczek Hubert	08 SMS Lublin	4:47.71	543	-
50m: 28.53 28.53	150m: 1:40.31 36.87	250m: 2:58.97 42.33	350m: 4:15.04 33.35	
100m: 1:03.44 34.91	200m: 2:16.64 36.33	300m: 3:41.69 42.72	400m: 4:47.71 32.67	
24. Kunicki Maksymilian	07 SMS Racibórz	4:48.75	537	9,00
50m: 30.56 30.56	150m: 1:43.99 38.55	250m: 3:00.41 39.07	350m: 4:15.42 34.60	
100m: 1:05.44 34.88	200m: 2:21.34 37.35	300m: 3:40.82 40.41	400m: 4:48.75 33.33	
25. Litewski Mikołaj	04 SMS Warszawa Konwiktorska	4:48.81	537	8,00
50m: 29.35 29.35	150m: 1:39.99 36.87	250m: 2:57.53 39.86	350m: 4:14.50 35.80	
100m: 1:03.12 33.77	200m: 2:17.67 37.68	300m: 3:38.70 41.17	400m: 4:48.81 34.31	
26. Szarek Jan	06 SMS Wrocław	4:49.35	534	7,00
50m: 30.01 30.01	150m: 1:44.70 39.41	250m: 3:03.58 39.44	350m: 4:18.12 33.43	
100m: 1:05.29 35.28	200m: 2:24.14 39.44	300m: 3:44.69 41.11	400m: 4:49.35 31.23	
27. Dyda Artur	08 SMS Kraków	4:59.51	481	6,00
50m: 30.67 30.67	150m: 1:45.24 38.34	250m: 3:07.29 45.06	350m: 4:27.26 34.78	
100m: 1:06.90 36.23	200m: 2:22.23 36.99	300m: 3:52.48 45.19	400m: 4:59.51 32.25	
28. Wielgosz Borys	07 SMS Bydgoszcz	5:06.21	450	5,00
50m: 31.26 31.26	150m: 1:49.57 40.95	250m: 3:14.27 45.38	350m: 4:33.11 36.02	
100m: 1:08.62 37.36	200m: 2:28.89 39.32	300m: 3:57.09 42.82	400m: 5:06.21 33.10	
29. nieguła Wojciech	06 SMS Gorzów Wielkopolski	5:07.00	447	4,00
50m: 32.18 32.18	150m: 1:53.55 42.63	250m: 3:16.23 40.94	350m: 4:33.24 35.93	
100m: 1:10.92 38.74	200m: 2:35.29 41.74	300m: 3:57.31 41.08	400m: 5:07.00 33.76	
30. Kara Oskar	05 SMS Ostrowiec w.	5:13.15	421	3,00
50m: 30.84 30.84	150m: 1:46.51 39.13	250m: 3:11.19 46.03	350m: 4:35.55 37.38	
100m: 1:07.38 36.54	200m: 2:25.16 38.65	300m: 3:58.17 46.98	400m: 5:13.15 37.60	
PK Str k Krystian	08 SMS O wi cim	4:52.97	514	-
50m: 30.51 30.51	150m: 1:43.79 37.09	250m: 3:02.68 41.89	350m: 4:20.54 34.20	
100m: 1:06.70 36.19	200m: 2:20.79 37.00	300m: 3:46.34 43.66	400m: 4:52.97 32.43	

