



Liga Szkół Mistrzostwa Sportowego Runda I
O wi cim, 15 - 16/12/2022



Konkurencja 20
16/12/2022 - 9:50

M czyzn, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2022

Pozycja	Rok ur.	Czas	Pkt.	Dru .
1. Hebel Maciej	05 SMS Lublin	3:53.28	753	29,00
50m: 26.89 26.89	150m: 1:26.04 29.70	250m: 2:25.95 29.97	350m: 3:25.01 29.25	
100m: 56.34 29.45	200m: 1:55.98 29.94	300m: 2:55.76 29.81	400m: 3:53.28 28.27	
2. Rynkiewicz Jakub	05 SMS Lublin	3:53.42	751	27,00
50m: 26.74 26.74	150m: 1:25.69 29.70	250m: 2:25.62 30.09	350m: 3:26.03 30.22	
100m: 55.99 29.25	200m: 1:55.53 29.84	300m: 2:55.81 30.19	400m: 3:53.42 27.39	
3. Kosi ski Filip	04 SMS Warszawa Bielany	3:55.81	729	26,00
50m: 26.15 26.15	150m: 1:25.20 29.94	250m: 2:25.47 30.07	350m: 3:26.27 30.21	
100m: 55.26 29.11	200m: 1:55.40 30.20	300m: 2:56.06 30.59	400m: 3:55.81 29.54	
4. Radkiewicz Kajetan	05 SMS Ostrowiec w.	3:58.13	708	25,00
50m: 27.18 27.18	150m: 1:27.89 30.56	250m: 2:28.49 30.07	350m: 3:28.70 30.06	
100m: 57.33 30.15	200m: 1:58.42 30.53	300m: 2:58.64 30.15	400m: 3:58.13 29.43	
5. Kapala Bartosz	06 SMS Olsztyn	3:58.83	701	24,00
50m: 27.47 27.47	150m: 1:28.00 30.69	250m: 2:28.60 30.35	350m: 3:29.39 30.36	
100m: 57.31 29.84	200m: 1:58.25 30.25	300m: 2:59.03 30.43	400m: 3:58.83 29.44	
6. Zaremba Adam	05 SMS Wrocław	3:58.86	701	23,00
50m: 26.57 26.57	150m: 1:25.82 30.00	250m: 2:27.63 30.60	350m: 3:29.85 30.26	
100m: 55.82 29.25	200m: 1:57.03 31.21	300m: 2:59.59 31.96	400m: 3:58.86 29.01	
7. Pi tka Hubert	04 SMS Szczecin	3:59.99	691	22,00
50m: 27.83 27.83	150m: 1:28.55 30.74	250m: 2:29.43 30.14	350m: 3:30.45 30.48	
100m: 57.81 29.98	200m: 1:59.29 30.74	300m: 2:59.97 30.54	400m: 3:59.99 29.54	
8. Gnaczy ski Michał	07 SMS Szczecin	4:01.82	676	21,00
50m: 28.07 28.07	150m: 1:30.00 31.27	250m: 2:32.10 30.78	350m: 3:32.79 30.11	
100m: 58.73 30.66	200m: 2:01.32 31.32	300m: 3:02.68 30.58	400m: 4:01.82 29.03	
9. Drabczyk Krystian	04 SMS O wi cim	4:02.65	669	20,00
50m: 27.61 27.61	150m: 1:28.29 30.64	250m: 2:30.08 30.78	350m: 3:32.07 30.97	
100m: 57.65 30.04	200m: 1:59.30 31.01	300m: 3:01.10 31.02	400m: 4:02.65 30.58	
10. Pi tka Miłosz	07 SMS Szczecin	4:03.97	658	-
50m: 28.15 28.15	150m: 1:29.93 31.16	250m: 2:32.44 31.27	350m: 3:34.53 30.76	
100m: 58.77 30.62	200m: 2:01.17 31.24	300m: 3:03.77 31.33	400m: 4:03.97 29.44	
11. Mienicki Rafał	06 SMS Warszawa Bielany	4:04.60	653	19,00
50m: 27.79 27.79	150m: 1:29.40 31.14	250m: 2:31.68 31.03	350m: 3:34.23 31.02	
100m: 58.26 30.47	200m: 2:00.65 31.25	300m: 3:03.21 31.53	400m: 4:04.60 30.37	
12. Go ci ski Jakub	05 SMS Kraków	4:05.56	645	18,00
50m: 28.71 28.71	150m: 1:30.85 31.01	250m: 2:33.91 31.42	350m: 3:36.05 30.34	
100m: 59.84 31.13	200m: 2:02.49 31.64	300m: 3:05.71 31.80	400m: 4:05.56 29.51	
13. Belzyt Maksymilian	05 SMS Gda sk	4:06.24	640	17,00
50m: 28.64 28.64	150m: 1:30.48 31.29	250m: 2:33.40 31.25	350m: 3:36.14 31.28	
100m: 59.19 30.55	200m: 2:02.15 31.67	300m: 3:04.86 31.46	400m: 4:06.24 30.10	
14. Rystwej Maksymilian	06 SMS Warszawa Bielany	4:07.30	632	-
50m: 28.97 28.97	150m: 1:32.01 31.53	250m: 2:34.33 30.95	350m: 3:37.04 31.50	
100m: 1:00.48 31.51	200m: 2:03.38 31.37	300m: 3:05.54 31.21	400m: 4:07.30 30.26	
15. Kowal Maciej	07 SMS Szczecin	4:08.21	625	-
50m: 29.25 29.25	150m: 1:31.67 31.20	250m: 2:34.13 31.23	350m: 3:36.71 31.40	
100m: 1:00.47 31.22	200m: 2:02.90 31.23	300m: 3:05.31 31.18	400m: 4:08.21 31.50	
16. Chabowski Nathaniel	06 SMS Gda sk	4:09.14	618	16,00
50m: 27.73 27.73	150m: 1:30.05 31.52	250m: 2:33.67 31.79	350m: 3:38.05 32.21	
100m: 58.53 30.80	200m: 2:01.88 31.83	300m: 3:05.84 32.17	400m: 4:09.14 31.09	

Obsługa zawodów: SMS SwimArt My lenice

www.swimart.pl

e-mail: zawody@swimart.pl

Splash Meet Manager, 11.75236

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22/12/2022 20:06 - Strona 1



Ministerstwo
Sportu i Turystyki



VARIO POOL
THE REAL DEPTH INVESTMENT





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O wi cim, 15 - 16/12/2022



Konkurencja 20, M czyn, 400m dowolny, 14 lat i starsi

Pozycja	Rok ur.	Czas	Pkt.	Dru .
17. Kowolik Alex	04 SMS O wi cim	4:09.46	615	15,00
50m: 27.03 27.03	150m: 1:27.51 30.65	250m: 2:29.78 31.69	350m: 3:36.29 33.78	
100m: 56.86 29.83	200m: 1:58.09 30.58	300m: 3:02.51 32.73	400m: 4:09.46 33.17	
18. Bie kowski Mateusz	08 SMS Gda sk	4:10.22	610	-
50m: 28.12 28.12	150m: 1:31.38 32.03	250m: 2:35.85 32.43	350m: 3:39.71 31.69	
100m: 59.35 31.23	200m: 2:03.42 32.04	300m: 3:08.02 32.17	400m: 4:10.22 30.51	
19. Kraska Mateusz	07 SMS Kraków	4:10.68	606	14,00
50m: 28.30 28.30	150m: 1:32.14 32.26	250m: 2:37.16 32.72	350m: 3:41.18 31.42	
100m: 59.88 31.58	200m: 2:04.44 32.30	300m: 3:09.76 32.60	400m: 4:10.68 29.50	
20. Kowali ski Adrian	06 SMS Wrocław	4:10.77	606	13,00
50m: 28.93 28.93	150m: 1:32.02 31.97	250m: 2:36.18 32.06	350m: 3:40.37 32.11	
100m: 1:00.05 31.12	200m: 2:04.12 32.10	300m: 3:08.26 32.08	400m: 4:10.77 30.40	
21. Chałat Wojciech	04 SMS Lublin	4:11.00	604	-
50m: 28.85 28.85	150m: 1:32.66 32.18	250m: 2:36.73 31.96	350m: 3:40.37 31.82	
100m: 1:00.48 31.63	200m: 2:04.77 32.11	300m: 3:08.55 31.82	400m: 4:11.00 30.63	
22. Oszczak Norbert	04 SMS Kraków	4:13.18	589	-
50m: 28.90 28.90	150m: 1:32.29 32.00	250m: 2:36.73 32.09	350m: 3:41.50 32.40	
100m: 1:00.29 31.39	200m: 2:04.64 32.35	300m: 3:09.10 32.37	400m: 4:13.18 31.68	
23. Michniewicz Marcel	06 SMS Wrocław	4:14.75	578	-
50m: 28.51 28.51	150m: 1:32.54 32.52	250m: 2:37.71 32.77	350m: 3:42.68 32.49	
100m: 1:00.02 31.51	200m: 2:04.94 32.40	300m: 3:10.19 32.48	400m: 4:14.75 32.07	
24. Wieraszka Bartosz	07 SMS Zielona Góra	4:15.28	574	12,00
50m: 29.48 29.48	150m: 1:33.96 32.43	250m: 2:39.28 32.74	350m: 3:44.52 32.55	
100m: 1:01.53 32.05	200m: 2:06.54 32.58	300m: 3:11.97 32.69	400m: 4:15.28 30.76	
25. Jarek Oskar	06 SMS O wi cim	4:17.74	558	-
50m: 29.56 29.56	150m: 1:35.28 32.96	250m: 2:41.00 32.92	350m: 3:46.75 32.55	
100m: 1:02.32 32.76	200m: 2:08.08 32.80	300m: 3:14.20 33.20	400m: 4:17.74 30.99	
26. Prze dziak Stanisław	06 SMS Warszawa Konwiktorska	4:18.84	551	11,00
50m: 29.16 29.16	150m: 1:34.64 33.14	250m: 2:41.69 33.84	350m: 3:48.17 33.22	
100m: 1:01.50 32.34	200m: 2:07.85 33.21	300m: 3:14.95 33.26	400m: 4:18.84 30.67	
27. Jankowski Antoni	05 SMS Gorzów Wielkopolski	4:19.00	550	10,00
50m: 28.39 28.39	150m: 1:32.38 32.27	250m: 2:40.33 34.57	350m: 3:48.85 33.79	
100m: 1:00.11 31.72	200m: 2:05.76 33.38	300m: 3:15.06 34.73	400m: 4:19.00 30.15	
28. Sokołowski Franciszek	06 SMS Olsztyn	4:19.30	548	9,00
50m: 29.76 29.76	150m: 1:35.47 33.08	250m: 2:41.66 33.07	350m: 3:47.67 32.96	
100m: 1:02.39 32.63	200m: 2:08.59 33.12	300m: 3:14.71 33.05	400m: 4:19.30 31.63	
29. Bekier Wiktor	08 SMS O wi cim	4:21.28	536	-
50m: 29.10 29.10	150m: 1:32.08 31.78	250m: 2:37.64 33.21	350m: 3:47.14 34.86	
100m: 1:00.30 31.20	200m: 2:04.43 32.35	300m: 3:12.28 34.64	400m: 4:21.28 34.14	
30. Zasada Wiktor	06 SMS Bydgoszcz	4:23.33	523	8,00
50m: 28.49 28.49	150m: 1:34.28 33.36	250m: 2:41.62 33.56	350m: 3:50.18 34.45	
100m: 1:00.92 32.43	200m: 2:08.06 33.78	300m: 3:15.73 34.11	400m: 4:23.33 33.15	
31. Le niewski Wiktor	06 SMS Warszawa Konwiktorska	4:26.01	507	7,00
50m: 29.26 29.26	150m: 1:36.07 34.00	250m: 2:43.88 33.68	350m: 3:52.21 34.29	
100m: 1:02.07 32.81	200m: 2:10.20 34.13	300m: 3:17.92 34.04	400m: 4:26.01 33.80	
32. Rozmiarzek Mateusz	06 SMS Gorzów Wielkopolski	4:26.70	504	6,00
50m: 30.09 30.09	150m: 1:38.07 34.33	250m: 2:46.25 34.26	350m: 3:54.28 33.81	
100m: 1:03.74 33.65	200m: 2:11.99 33.92	300m: 3:20.47 34.22	400m: 4:26.70 32.42	
33. Filipiak Mateusz	07 SMS Bydgoszcz	4:27.14	501	5,00
50m: 30.13 30.13	150m: 1:39.76 34.76	250m: 2:48.34 34.45	350m: 3:54.76 33.48	
100m: 1:05.00 34.87	200m: 2:13.89 34.13	300m: 3:21.28 32.94	400m: 4:27.14 32.38	

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Pozycja			Rok ur.					Czas	Pkt.	Dru .		
34.	Polonius Filip		08	SMS Zielona Góra				4:27.28	500	4,00		
	50m:	29.69	29.69	150m:	1:37.66	34.53	250m:	2:46.48	34.32	350m:	3:55.30	34.20
	100m:	1:03.13	33.44	200m:	2:12.16	34.50	300m:	3:21.10	34.62	400m:	4:27.28	31.98
35.	Pawlaczyk Jakub		06	SMS Racibórz				4:28.84	492	3,00		
	50m:	30.15	30.15	150m:	1:37.18	33.78	250m:	2:46.02	34.68	350m:	3:55.34	34.52
	100m:	1:03.40	33.25	200m:	2:11.34	34.16	300m:	3:20.82	34.80	400m:	4:28.84	33.50
36.	Rolnicki Maksymilian		08	SMS Kraków				4:29.64	487	-		
	50m:	30.84	30.84	150m:	1:39.40	34.60	250m:	2:48.47	34.37	350m:	3:57.28	34.63
	100m:	1:04.80	33.96	200m:	2:14.10	34.70	300m:	3:22.65	34.18	400m:	4:29.64	32.36
37.	Nowak Maksym		06	SMS Ostrowiec w.				4:30.26	484	2,00		
	50m:	30.70	30.70	150m:	1:40.21	34.94	250m:	2:49.30	34.42	350m:	3:57.58	33.63
	100m:	1:05.27	34.57	200m:	2:14.88	34.67	300m:	3:23.95	34.65	400m:	4:30.26	32.68
38.	Zera Jan		08	SMS Olsztyn				4:47.36	402	-		
	50m:	31.49	31.49	150m:	1:43.40	36.41	250m:	2:57.81	37.53	350m:	4:11.96	36.79
	100m:	1:06.99	35.50	200m:	2:20.28	36.88	300m:	3:35.17	37.36	400m:	4:47.36	35.40

