



Mistrzostwa Polski Juniorów 17-18 lat  
O wi cim, 18 - 21/7/2023



Konkurencja 15  
19/7/2023 - 18:39

Chłopców, 400m zmienny

17 - 18 lat  
Wyniki Finał

Rekord Polski 18	4:18.40	Matczak Mateusz	00905	Antwerp (BEL)	22/7/2007
Rekord Polski 17	4:20.27	Matczak Mateusz	00905	Palma de Mallorca (ESP)	6/7/2006

Punkty: FINA 2023

Pozycja			Rok ur.					Czas	Pkt.
<b>Finał A</b>									
1.	Lary Jerzy		06	Muszelka Warszawa				<b>4:30.27</b>	734
	50m: 28.70	28.70	150m: 1:36.73	35.95	250m: 2:50.17	38.60	350m: 4:00.43	31.04	
	100m: 1:00.78	32.08	200m: 2:11.57	34.84	300m: 3:29.39	39.22	400m: 4:30.27	29.84	
2.	Kozłowski Igor		05	AZS UMCS Lublin				<b>4:30.34</b>	733
	50m: 28.47	28.47	150m: 1:36.79	35.30	250m: 2:49.43	38.38	350m: 4:00.83	32.46	
	100m: 1:01.49	33.02	200m: 2:11.05	34.26	300m: 3:28.37	38.94	400m: 4:30.34	29.51	
3.	Nowacki Bła ej		05	AZS UMCS Lublin				<b>4:32.71</b>	714
	50m: 27.88	27.88	150m: 1:35.64	36.29	250m: 2:48.14	37.04	350m: 3:59.78	32.50	
	100m: 59.35	31.47	200m: 2:11.10	35.46	300m: 3:27.28	39.14	400m: 4:32.71	32.93	
4.	Kapała Bartosz		06	Kormoran Olsztyn				<b>4:33.40</b>	709
	50m: 28.54	28.54	150m: 1:36.81	35.65	250m: 2:51.48	39.67	350m: 4:03.83	31.84	
	100m: 1:01.16	32.62	200m: 2:11.81	35.00	300m: 3:31.99	40.51	400m: 4:33.40	29.57	
5.	Popiel Mikołaj		06	AZS UMCS Lublin				<b>4:40.81</b>	654
	50m: 27.63	27.63	150m: 1:36.17	36.18	250m: 2:51.74	40.18	350m: 4:07.50	34.38	
	100m: 59.99	32.36	200m: 2:11.56	35.39	300m: 3:33.12	41.38	400m: 4:40.81	33.31	
6.	Porwik Kacper		06	Unia O wi cim				<b>4:44.39</b>	630
	50m: 29.02	29.02	150m: 1:41.43	38.02	250m: 2:58.56	39.88	350m: 4:12.62	33.83	
	100m: 1:03.41	34.39	200m: 2:18.68	37.25	300m: 3:38.79	40.23	400m: 4:44.39	31.77	
7.	Kobus Tymoteusz		05	abianka Gda sk				<b>4:44.60</b>	628
	50m: 28.83	28.83	150m: 1:42.00	40.27	250m: 3:00.55	40.64	350m: 4:14.30	33.19	
	100m: 1:01.73	32.90	200m: 2:19.91	37.91	300m: 3:41.11	40.56	400m: 4:44.60	30.30	
8.	Jarczewski Franciszek		05	UKS 190 Łód				<b>4:46.21</b>	618
	50m: 29.32	29.32	150m: 1:41.35	38.47	250m: 2:59.57	41.57	350m: 4:14.65	33.06	
	100m: 1:02.88	33.56	200m: 2:18.00	36.65	300m: 3:41.59	42.02	400m: 4:46.21	31.56	
<b>Finał B</b>									
9.	Frankowski Miłosz		05	Juvenia Wrocław				<b>4:44.88</b>	627
	50m: 30.66	30.66	150m: 1:44.09	37.95	250m: 3:01.66	39.92	350m: 4:14.16	31.94	
	100m: 1:06.14	35.48	200m: 2:21.74	37.65	300m: 3:42.22	40.56	400m: 4:44.88	30.72	
10.	Burzy ski Oskar		06	MKP Szczecin				<b>4:46.52</b>	616
	50m: 29.53	29.53	150m: 1:42.34	39.15	250m: 2:59.69	40.53	350m: 4:14.38	33.33	
	100m: 1:03.19	33.66	200m: 2:19.16	36.82	300m: 3:41.05	41.36	400m: 4:46.52	32.14	
11.	Gohla Kamil		05	Swim Team MOSiR K dzierzyn-K.				<b>4:50.77</b>	589
	50m: 29.48	29.48	150m: 1:43.46	40.15	250m: 3:03.29	40.86	350m: 4:18.97	34.29	
	100m: 1:03.31	33.83	200m: 2:22.43	38.97	300m: 3:44.68	41.39	400m: 4:50.77	31.80	
12.	Filozof Adam		05	Park Wodny Tarn. Góry				<b>4:52.49</b>	579
	50m: 30.12	30.12	150m: 1:44.11	38.59	250m: 3:03.25	41.89	350m: 4:18.92	33.93	
	100m: 1:05.52	35.40	200m: 2:21.36	37.25	300m: 3:44.99	41.74	400m: 4:52.49	33.57	
13.	Zawadzki Jakub		06	Ruch Grudzi dz				<b>5:00.27</b>	535
	50m: 30.49	30.49	150m: 1:44.78	38.77	250m: 3:06.21	44.42	350m: 4:26.18	35.44	
	100m: 1:06.01	35.52	200m: 2:21.79	37.01	300m: 3:50.74	44.53	400m: 5:00.27	34.09	
14.	Kowalewski Mateusz		06	Jedynka Łód				<b>5:00.45</b>	534
	50m: 30.34	30.34	150m: 1:46.18	40.24	250m: 3:07.34	42.60	350m: 4:26.75	35.74	
	100m: 1:05.94	35.60	200m: 2:24.74	38.56	300m: 3:51.01	43.67	400m: 5:00.45	33.70	

Obsługa zawodów: SMS SwimArt My lenice

www.swimart.pl

e-mail: zawody@swimart.pl

Registered to SMS SwimArt My lenice

21/7/2023 15:18 - Strona 1



Ministerstwo  
Sportu i Turystyki





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Konkurencja 15, Chłopców, 400m zmienny, Finał, 17 - 18 lat

Pozycja				Rok ur.					Czas	Pkt.		
15.	Zaremba Igor			05	Olimpijczyk Kraków				<b>5:05.36</b>	509		
	50m:	31.20	31.20	150m:	1:48.10	41.25	250m:	3:11.87	43.68	350m:	4:30.74	35.20
	100m:	1:06.85	35.65	200m:	2:28.19	40.09	300m:	3:55.54	43.67	400m:	5:05.36	34.62
16.	Urba ski Maciej			06	Warszawianka-Wodny Park W-wa				<b>5:06.16</b>	505		
	50m:	30.63	30.63	150m:	1:47.24	40.99	250m:	3:11.14	44.65	350m:	4:32.43	35.11
	100m:	1:06.25	35.62	200m:	2:26.49	39.25	300m:	3:57.32	46.18	400m:	5:06.16	33.73