



Arena Grand Prix Puchar Polski
O wi cim, 9 - 10/3/2024



Konkurencja 1
9/3/2024 - 11:27

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

Minimum kwalifikacyjne IO Paris 2024 Open: 4:07.90 / Minimum kwalifikacyjne MES Belgrad 2024 Open: 4:13.08

Punkt: FINA 2023

Pozycja	Rok ur.	Czas	Pkt.
1. Tarasiewicz Klaudia	04 MKP Szczecin	4:17.41	774
50m: 30.47 30.47	150m: 1:35.82 32.71	250m: 2:40.75 32.19	350m: 3:46.27 32.98
100m: 1:03.11 32.64	200m: 2:08.56 32.74	300m: 3:13.29 32.54	400m: 4:17.41 31.14
2. Piechota Paulina	99 UKS 190 Łód	4:22.32	731
50m: 31.23 31.23	150m: 1:37.60 33.30	250m: 2:43.49 32.92	350m: 3:50.09 33.27
100m: 1:04.30 33.07	200m: 2:10.57 32.97	300m: 3:16.82 33.33	400m: 4:22.32 32.23
3. Kowalska Klara	05 AZS UMCS Lublin	4:24.08	717
50m: 30.90 30.90	150m: 1:37.60 33.47	250m: 2:44.33 33.27	350m: 3:51.56 33.82
100m: 1:04.13 33.23	200m: 2:11.06 33.46	300m: 3:17.74 33.41	400m: 4:24.08 32.52
4. Piekarska Natalia	06 UKS 190 Łód	4:24.09	717
50m: 30.62 30.62	150m: 1:37.27 33.37	250m: 2:44.23 33.40	350m: 3:51.58 33.55
100m: 1:03.90 33.28	200m: 2:10.83 33.56	300m: 3:18.03 33.80	400m: 4:24.09 32.51
5. Kondrasiuk Zofia	08 MKP Szczecin	4:29.47	675
50m: 31.23 31.23	150m: 1:40.14 34.66	250m: 2:48.43 33.66	350m: 3:56.63 34.01
100m: 1:05.48 34.25	200m: 2:14.77 34.63	300m: 3:22.62 34.19	400m: 4:29.47 32.84
6. Polak Iga	09 Unia O wi cim	4:32.63	651
50m: 31.70 31.70	150m: 1:41.75 35.16	250m: 2:50.98 34.38	350m: 3:59.21 34.05
100m: 1:06.59 34.89	200m: 2:16.60 34.85	300m: 3:25.16 34.18	400m: 4:32.63 33.42
7. Maciak Julia	06 Muszelka Warszawa	4:35.14	634
50m: 31.19 31.19	150m: 1:40.78 34.83	250m: 2:51.32 35.36	350m: 4:00.92 34.60
100m: 1:05.95 34.76	200m: 2:15.96 35.18	300m: 3:26.32 35.00	400m: 4:35.14 34.22
8. Władyczka Amelia	07 WKS I sk	4:35.56	631
50m: 30.71 30.71	150m: 1:38.77 34.08	250m: 2:48.90 34.69	350m: 4:00.41 35.44
100m: 1:04.69 33.98	200m: 2:14.21 35.44	300m: 3:24.97 36.07	400m: 4:35.56 35.15
9. Miłek Alicja	06 Barrakuda Gda sk	4:35.62	630
50m: 30.24 30.24	150m: 1:38.36 34.58	250m: 2:49.15 35.58	350m: 4:00.66 35.77
100m: 1:03.78 33.54	200m: 2:13.57 35.21	300m: 3:24.89 35.74	400m: 4:35.62 34.96
10. Kusion Judyta	06 Unia O wi cim	4:35.63	630
50m: 31.62 31.62	150m: 1:41.55 34.90	250m: 2:51.21 34.27	350m: 4:01.43 34.96
100m: 1:06.65 35.03	200m: 2:16.94 35.39	300m: 3:26.47 35.26	400m: 4:35.63 34.20
11. Jakubczyk Natalia	08 CSiR MOS D browa Grn.	4:35.88	629
50m: 31.98 31.98	150m: 1:41.66 34.83	250m: 2:51.77 35.05	350m: 4:02.71 35.48
100m: 1:06.83 34.85	200m: 2:16.72 35.06	300m: 3:27.23 35.46	400m: 4:35.88 33.17
12. Poppe Marta	07 AZS UMCS Lublin	4:36.12	627
50m: 32.14 32.14	150m: 1:42.04 35.41	250m: 2:52.28 35.23	350m: 4:02.45 35.13
100m: 1:06.63 34.49	200m: 2:17.05 35.01	300m: 3:27.32 35.04	400m: 4:36.12 33.67
13. Mosiakina Sofia	08 Unia O wi cim	4:37.10	620
50m: 31.82 31.82	150m: 1:41.57 35.23	250m: 2:52.44 35.45	350m: 4:03.05 35.21
100m: 1:06.34 34.52	200m: 2:16.99 35.42	300m: 3:27.84 35.40	400m: 4:37.10 34.05
14. Janiszewska Natalia	06 WKS I sk	4:37.11	620
50m: 31.90 31.90	150m: 1:41.87 35.10	250m: 2:52.23 35.19	350m: 4:03.18 35.39
100m: 1:06.77 34.87	200m: 2:17.04 35.17	300m: 3:27.79 35.56	400m: 4:37.11 33.93
15. Łuczak Dominika	02 TP Zielona Góra	4:37.39	618
50m: 32.04 32.04	150m: 1:41.69 34.72	250m: 2:51.79 34.80	350m: 4:02.65 35.33
100m: 1:06.97 34.93	200m: 2:16.99 35.30	300m: 3:27.32 35.53	400m: 4:37.39 34.74





Arena Grand Prix Puchar Polski
O wi cim, 9 - 10/3/2024



Konkurencja 1, Kobiet, 400m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
16.	Małolepsza Weronika		07	MKP Szczecin				4:37.63	617
	50m: 32.73 32.73	150m: 1:42.25 35.22		250m: 2:52.96 35.46	350m: 4:04.22 35.70				
	100m: 1:07.03 34.30	200m: 2:17.50 35.25		300m: 3:28.52 35.56	400m: 4:37.63 33.41				
17.	Łazarz Milena		06	Unia O wi cim				4:38.05	614
	50m: 31.83 31.83	150m: 1:42.36 35.70		250m: 2:53.42 35.17	350m: 4:03.95 34.76				
	100m: 1:06.66 34.83	200m: 2:18.25 35.89		300m: 3:29.19 35.77	400m: 4:38.05 34.10				
18.	Wrzesi ska Wiktoria		04	UKS 190 Łód				4:38.06	614
	50m: 32.42 32.42	150m: 1:42.78 35.38		250m: 2:52.60 34.91	350m: 4:03.13 35.41				
	100m: 1:07.40 34.98	200m: 2:17.69 34.91		300m: 3:27.72 35.12	400m: 4:38.06 34.93				
19.	Rydy ska Maja		07	MKS SP 63 Bydgoszcz				4:40.43	599
	50m: 32.08 32.08	150m: 1:42.51 35.07		250m: 2:53.65 35.81	350m: 4:05.58 35.44				
	100m: 1:07.44 35.36	200m: 2:17.84 35.33		300m: 3:30.14 36.49	400m: 4:40.43 34.85				
20.	R czkowska Maja		07	Jedno 32 Przyszowice				4:41.43	592
	50m: 31.50 31.50	150m: 1:41.65 35.60		250m: 2:52.73 35.57	350m: 4:05.58 36.72				
	100m: 1:06.05 34.55	200m: 2:17.16 35.51		300m: 3:28.86 36.13	400m: 4:41.43 35.85				
21.	Sowa Barbara		07	Unia O wi cim				4:41.46	592
	50m: 32.00 32.00	150m: 1:42.69 35.79		250m: 2:54.20 35.96	350m: 4:06.13 35.91				
	100m: 1:06.90 34.90	200m: 2:18.24 35.55		300m: 3:30.22 36.02	400m: 4:41.46 35.33				
22.	Kuczmar Aleksandra		09	Polonia Warszawa				4:42.38	586
	50m: 31.63 31.63	150m: 1:41.51 35.60		250m: 2:53.26 35.83	350m: 4:06.32 36.62				
	100m: 1:05.91 34.28	200m: 2:17.43 35.92		300m: 3:29.70 36.44	400m: 4:42.38 36.06				
23.	Mazurek Dagmara		09	AZS UMCS Lublin				4:43.25	581
	50m: 32.16 32.16	150m: 1:42.93 35.59		250m: 2:55.30 36.37	350m: 4:08.02 35.95				
	100m: 1:07.34 35.18	200m: 2:18.93 36.00		300m: 3:32.07 36.77	400m: 4:43.25 35.23				
24.	Ferszt Kornelia		08	Górnik Sosnowiec				4:46.33	562
	50m: 32.33 32.33	150m: 1:44.88 37.16		250m: 2:58.92 36.83	350m: 4:11.59 35.76				
	100m: 1:07.72 35.39	200m: 2:22.09 37.21		300m: 3:35.83 36.91	400m: 4:46.33 34.74				
25.	Rajca Matylda		10	Jedno 32 Przyszowice				4:47.55	555
	50m: 31.98 31.98	150m: 1:45.84 37.57		250m: 3:00.32 37.16	350m: 4:13.45 36.25				
	100m: 1:08.27 36.29	200m: 2:23.16 37.32		300m: 3:37.20 36.88	400m: 4:47.55 34.10				
26.	Łakoma Maria		08	SMS Galicja Kraków				4:47.71	554
	50m: 33.33 33.33	150m: 1:45.05 36.38		250m: 2:58.04 36.51	350m: 4:12.11 36.66				
	100m: 1:08.67 35.34	200m: 2:21.53 36.48		300m: 3:35.45 37.41	400m: 4:47.71 35.60				
27.	Zi tek Julia		09	UKP Ruda l ska				4:48.43	550
	50m: 32.46 32.46	150m: 1:45.77 37.20		250m: 3:00.40 37.16	350m: 4:13.68 36.55				
	100m: 1:08.57 36.11	200m: 2:23.24 37.47		300m: 3:37.13 36.73	400m: 4:48.43 34.75				
28.	Bednarek Lena		09	CSiR MOS D browa Grn.				4:48.58	549
	50m: 32.72 32.72	150m: 1:46.11 37.18		250m: 3:00.30 37.09	350m: 4:13.34 36.00				
	100m: 1:08.93 36.21	200m: 2:23.21 37.10		300m: 3:37.34 37.04	400m: 4:48.58 35.24				
29.	Sitkiewicz Jagoda		07	Wodnik Siemianowice l.				4:48.79	548
	50m: 32.63 32.63	150m: 1:46.22 37.23		250m: 3:00.54 37.49	350m: 4:13.42 36.94				
	100m: 1:08.99 36.36	200m: 2:23.05 36.83		300m: 3:36.48 35.94	400m: 4:48.79 35.37				
30.	Volkert Julia		05	Unia O wi cim				4:50.05	541
	50m: 33.53 33.53	150m: 1:46.77 36.80		250m: 2:59.90 36.64	350m: 4:14.13 37.28				
	100m: 1:09.97 36.44	200m: 2:23.26 36.49		300m: 3:36.85 36.95	400m: 4:50.05 35.92				
31.	Oko Anna		09	Jedno 32 Przyszowice				4:50.30	540
	50m: 32.66 32.66	150m: 1:45.63 36.72		250m: 2:59.72 37.04	350m: 4:14.50 37.48				
	100m: 1:08.91 36.25	200m: 2:22.68 37.05		300m: 3:37.02 37.30	400m: 4:50.30 35.80				
32.	Kurysia Anna		07	Unia O wi cim				4:50.31	539
	50m: 32.58 32.58	150m: 1:45.07 36.69		250m: 2:59.20 37.05	350m: 4:14.06 37.50				
	100m: 1:08.38 35.80	200m: 2:22.15 37.08		300m: 3:36.56 37.36	400m: 4:50.31 36.25				

Obsługa zawodów: SMS SwimArt My lenice

www.swimart.pl

e-mail: zawody@swimart.pl



Ministerstwo
Sportu i Turystyki



Registered to SMS SwimArt My lenice

9/3/2024 12:19 - Strona 2



Arena Grand Prix Puchar Polski
O wicim, 9 - 10/3/2024



Konkurencja 1, Kobiet, 400m dowolny, 14 lat i starsi

Pozycja	Rok ur.							Czas	Pkt.
33. Ornowska Zuzanna	08	Polonia Warszawa						4:50.37	539
50m: 32.07	32.07	150m: 1:45.57	37.30	250m: 3:00.61	37.38	350m: 4:14.37	36.65		
100m: 1:08.27	36.20	200m: 2:23.23	37.66	300m: 3:37.72	37.11	400m: 4:50.37	36.00		
34. Emerling Diana	10	Swim Team MOSiR K dzierzyn-K.						4:50.58	538
50m: 32.37	32.37	150m: 1:47.10	37.69	250m: 3:01.45	36.53	350m: 4:15.59	36.76		
100m: 1:09.41	37.04	200m: 2:24.92	37.82	300m: 3:38.83	37.38	400m: 4:50.58	34.99		
35. Jałowiecka Gabriela	08	SMS Galicja Kraków						4:50.72	537
50m: 32.15	32.15	150m: 1:44.79	36.75	250m: 2:58.76	37.15	350m: 4:13.64	37.44		
100m: 1:08.04	35.89	200m: 2:21.61	36.82	300m: 3:36.20	37.44	400m: 4:50.72	37.08		
36. Gaca Izabela	10	Swim Team MOSiR K dzierzyn-K.						4:51.88	531
50m: 33.62	33.62	150m: 1:48.88	37.42	250m: 3:03.36	37.02	350m: 4:17.60	36.95		
100m: 1:11.46	37.84	200m: 2:26.34	37.46	300m: 3:40.65	37.29	400m: 4:51.88	34.28		
37. Szpernalowska Mila	08	CSiR MOS D browa Grn.						4:52.48	528
50m: 34.48	34.48	150m: 1:48.69	37.43	250m: 3:04.15	37.84	350m: 4:18.00	36.73		
100m: 1:11.26	36.78	200m: 2:26.31	37.62	300m: 3:41.27	37.12	400m: 4:52.48	34.48		
38. Długopolska Nikola	09	SMS Galicja Kraków						4:52.78	526
50m: 32.70	32.70	150m: 1:46.05	36.95	250m: 3:01.15	37.80	350m: 4:16.60	37.52		
100m: 1:09.10	36.40	200m: 2:23.35	37.30	300m: 3:39.08	37.93	400m: 4:52.78	36.18		
39. Taraskiewicz Zofia	07	Warszawianka- Wodny Park						4:53.36	523
50m: 32.36	32.36	150m: 1:45.38	36.98	250m: 3:00.77	37.84	350m: 4:16.79	37.79		
100m: 1:08.40	36.04	200m: 2:22.93	37.55	300m: 3:39.00	38.23	400m: 4:53.36	36.57		
40. Trafalska Antonina	08	UKS 190 Łódź						4:53.93	520
50m: 34.17	34.17	150m: 1:50.06	38.08	250m: 3:05.37	36.93	350m: 4:18.84	36.63		
100m: 1:11.98	37.81	200m: 2:28.44	38.38	300m: 3:42.21	36.84	400m: 4:53.93	35.09		
41. Gawlik Jagoda	06	Huragan Sosnowiec						4:55.50	512
50m: 33.69	33.69	150m: 1:47.58	37.44	250m: 3:02.35	37.07	350m: 4:17.56	37.85		
100m: 1:10.14	36.45	200m: 2:25.28	37.70	300m: 3:39.71	37.36	400m: 4:55.50	37.94		
42. Bie u ska Paulina	09	Squatina Ostroł ka						4:56.53	506
50m: 33.14	33.14	150m: 1:48.20	38.04	250m: 3:04.73	38.19	350m: 4:20.55	37.82		
100m: 1:10.16	37.02	200m: 2:26.54	38.34	300m: 3:42.73	38.00	400m: 4:56.53	35.98		
43. Łuczka Natalia	08	CSiR MOS D browa Grn.						4:56.56	506
50m: 32.68	32.68	150m: 1:46.95	38.38	250m: 3:03.97	38.93	350m: 4:21.74	38.44		
100m: 1:08.57	35.89	200m: 2:25.04	38.09	300m: 3:43.30	39.33	400m: 4:56.56	34.82		
44. Kuna Alina	10	Solne Miasto Wieliczka						4:56.60	506
50m: 33.55	33.55	150m: 1:50.05	38.87	250m: 3:04.85	37.05	350m: 4:19.71	36.81		
100m: 1:11.18	37.63	200m: 2:27.80	37.75	300m: 3:42.90	38.05	400m: 4:56.60	36.89		
45. Łukasik Zuzanna	08	CSiR MOS D browa Grn.						4:56.65	506
50m: 34.05	34.05	150m: 1:48.19	37.33	250m: 3:03.87	38.13	350m: 4:19.84	38.12		
100m: 1:10.86	36.81	200m: 2:25.74	37.55	300m: 3:41.72	37.85	400m: 4:56.65	36.81		
46. Połe Oliwia	09	MKS CKS-SMS Szczecin						4:56.82	505
50m: 32.54	32.54	150m: 1:46.96	37.68	250m: 3:04.31	38.72	350m: 4:20.66	37.85		
100m: 1:09.28	36.74	200m: 2:25.59	38.63	300m: 3:42.81	38.50	400m: 4:56.82	36.16		
47. Trafalska Zuzanna	07	UKS 190 Łódź						4:56.90	504
50m: 33.88	33.88	150m: 1:47.54	37.26	250m: 3:02.69	37.20	350m: 4:18.98	38.36		
100m: 1:10.28	36.40	200m: 2:25.49	37.95	300m: 3:40.62	37.93	400m: 4:56.90	37.92		
48. Abdulla Bilal Alshehhi Maha	06	Al Wasl Club						4:58.01	499
50m: 34.13	34.13	150m: 1:49.24	38.06	250m: 3:05.92	38.37	350m: 4:22.33	37.58		
100m: 1:11.18	37.05	200m: 2:27.55	38.31	300m: 3:44.75	38.83	400m: 4:58.01	35.68		
49. Parossa Ewa	09	Juvenia Wrocław						4:58.76	495
50m: 33.24	33.24	150m: 1:48.74	38.32	250m: 3:05.84	38.76	350m: 4:22.55	38.03		
100m: 1:10.42	37.18	200m: 2:27.08	38.34	300m: 3:44.52	38.68	400m: 4:58.76	36.21		

Obsługa zawodów: SMS SwimArt My lenice

www.swimart.pl

e-mail: zawody@swimart.pl



Ministerstwo
Sportu i Turystyki



Registered to SMS SwimArt My lenice

9/3/2024 12:19 - Strona 3



Arena Grand Prix Puchar Polski
O wi cim, 9 - 10/3/2024



Konkurencja 1, Kobiet, 400m dowolny, 14 lat i starsi

Pozycja	Rok ur.				Czas	Pkt.
50. Lipi ska Natalia	10	Ósemka Toru		4:59.65	491	
50m: 33.80 33.80	150m: 1:48.54 38.04	250m: 3:05.11 38.15	350m: 4:21.91 38.29			
100m: 1:10.50 36.70	200m: 2:26.96 38.42	300m: 3:43.62 38.51	400m: 4:59.65 37.74			
51. Bili ska Iga	09	Manta Kochłowice Ruda I.		4:59.85	490	
50m: 33.56 33.56	150m: 1:50.05 38.82	250m: 3:08.04 38.93	350m: 4:24.39 37.85			
100m: 1:11.23 37.67	200m: 2:29.11 39.06	300m: 3:46.54 38.50	400m: 4:59.85 35.46			
52. Michalik Wiktoria	09	Unia O wi cim		5:01.19	483	
50m: 33.82 33.82	150m: 1:49.20 38.56	250m: 3:07.23 39.31	350m: 4:25.19 39.23			
100m: 1:10.64 36.82	200m: 2:27.92 38.72	300m: 3:45.96 38.73	400m: 5:01.19 36.00			
53. Drajer Zuzanna	08	Włókniarz 1925 Kalisz		5:03.42	472	
50m: 33.73 33.73	150m: 1:48.83 37.78	250m: 3:06.89 39.04	350m: 4:25.49 39.37			
100m: 1:11.05 37.32	200m: 2:27.85 39.02	300m: 3:46.12 39.23	400m: 5:03.42 37.93			
54. W grzycka Małgorzata	07	Trójka Łód		5:03.70	471	
50m: 33.21 33.21	150m: 1:48.09 37.71	250m: 3:05.05 38.68	350m: 4:24.47 39.95			
100m: 1:10.38 37.17	200m: 2:26.37 38.28	300m: 3:44.52 39.47	400m: 5:03.70 39.23			
55. Gubała Justyna	09	Solne Miasto Wieliczka		5:04.29	468	
50m: 34.15 34.15	150m: 1:50.56 38.67	250m: 3:08.41 38.25	350m: 4:26.50 38.87			
100m: 1:11.89 37.74	200m: 2:30.16 39.60	300m: 3:47.63 39.22	400m: 5:04.29 37.79			
56. Zabrzaska Kinga	07	Juvenia Wrocław		5:04.51	467	
50m: 33.97 33.97	150m: 1:49.43 38.57	250m: 3:07.74 39.24	350m: 4:26.30 39.27			
100m: 1:10.86 36.89	200m: 2:28.50 39.07	300m: 3:47.03 39.29	400m: 5:04.51 38.21			
57. Choroszy Amelia	08	Juvenia Wrocław		5:05.35	464	
50m: 34.60 34.60	150m: 1:53.54 39.51	250m: 3:11.56 39.02	350m: 4:29.26 39.13			
100m: 1:14.03 39.43	200m: 2:32.54 39.00	300m: 3:50.13 38.57	400m: 5:05.35 36.09			
58. Podpora Marta	06	Polonia Warszawa		5:05.53	463	
50m: 35.83 35.83	150m: 1:51.75 38.11	250m: 3:08.80 38.34	350m: 4:27.05 38.95			
100m: 1:13.64 37.81	200m: 2:30.46 38.71	300m: 3:48.10 39.30	400m: 5:05.53 38.48			
59. Skudlik Michalina	07	Wodnik Siemianowice I.		5:06.88	457	
50m: 34.12 34.12	150m: 1:50.36 38.73	250m: 3:09.25 39.79	350m: 4:28.18 39.64			
100m: 1:11.63 37.51	200m: 2:29.46 39.10	300m: 3:48.54 39.29	400m: 5:06.88 38.70			
60. Dychto Julia	08	Delfin Tarnów		5:07.36	454	
50m: 34.05 34.05	150m: 1:51.34 39.17	250m: 3:10.08 39.26	350m: 4:29.12 39.05			
100m: 1:12.17 38.12	200m: 2:30.82 39.48	300m: 3:50.07 39.99	400m: 5:07.36 38.24			
61. Fitał Karolina	10	UKP Ruda I ska		5:07.64	453	
50m: 33.69 33.69	150m: 1:50.35 38.97	250m: 3:10.44 40.13	350m: 4:29.88 39.28			
100m: 1:11.38 37.69	200m: 2:30.31 39.96	300m: 3:50.60 40.16	400m: 5:07.64 37.76			
62. Cała Anastazja	07	Unia O wi cim		5:08.35	450	
50m: 33.70 33.70	150m: 1:49.06 38.06	250m: 3:08.15 40.23	350m: 4:28.80 40.74			
100m: 1:11.00 37.30	200m: 2:27.92 38.86	300m: 3:48.06 39.91	400m: 5:08.35 39.55			
63. Tabi -Hubka Zofia	08	Sikret Gliwice		5:08.69	449	
50m: 34.58 34.58	150m: 1:51.96 39.22	250m: 3:11.42 39.85	350m: 4:31.43 40.00			
100m: 1:12.74 38.16	200m: 2:31.57 39.61	300m: 3:51.43 40.01	400m: 5:08.69 37.26			
64. Pabisiak Helena	05	Polonia Warszawa		5:09.04	447	
50m: 34.99 34.99	150m: 1:52.35 39.20	250m: 3:10.81 39.03	350m: 4:30.35 39.24			
100m: 1:13.15 38.16	200m: 2:31.78 39.43	300m: 3:51.11 40.30	400m: 5:09.04 38.69			
65. Jankowska Łucja	09	Barrakuda Gda sk		5:09.40	446	
50m: 36.02 36.02	150m: 1:55.21 39.36	250m: 3:14.25 39.34	350m: 4:32.58 38.50			
100m: 1:15.85 39.83	200m: 2:34.91 39.70	300m: 3:54.08 39.83	400m: 5:09.40 36.82			
66. Wawrzuta Kamila	10	Ósemka O wi cim		5:09.56	445	
50m: 34.14 34.14	150m: 1:52.43 39.38	250m: 3:12.74 40.39	350m: 4:33.30 39.91			
100m: 1:13.05 38.91	200m: 2:32.35 39.92	300m: 3:53.39 40.65	400m: 5:09.56 36.26			

Obsługa zawodów: SMS SwimArt My lenice

www.swimart.pl

e-mail: zawody@swimart.pl



Ministerstwo
Sportu i Turystyki



Registered to SMS SwimArt My lenice

9/3/2024 12:19 - Strona 4



Arena Grand Prix Puchar Polski
O wi cim, 9 - 10/3/2024



Konkurencja 1, Kobiet, 400m dowolny, 14 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.		
67.	Wielgus Nela			10	Champion Tomaszów Maz.				5:12.08	434		
	50m:	33.96	33.96	150m:	1:52.82	39.49	250m:	3:14.32	41.60	350m:	4:34.57	39.31
	100m:	1:13.33	39.37	200m:	2:32.72	39.90	300m:	3:55.26	40.94	400m:	5:12.08	37.51
68.	Wojciechowska Zofia			09	MKS CKS-SMS Szczecin				5:14.61	424		
	50m:	34.32	34.32	150m:			250m:	3:12.77	40.73	350m:		
	100m:	1:12.44	38.12	200m:	2:32.04		300m:	3:53.89	41.12	400m:	5:14.61	
69.	Gierach Maja			09	Wodnik Siemianowice I.				5:17.89	411		
	50m:	33.32	33.32	150m:	1:52.64	41.22	250m:	3:15.56	41.87	350m:	4:39.18	42.06
	100m:	1:11.42	38.10	200m:	2:33.69	41.05	300m:	3:57.12	41.56	400m:	5:17.89	38.71
70.	Baszczuk Milena			10	Feniks D bica				5:18.61	408		
	50m:	33.92	33.92	150m:	1:52.51	39.87	250m:	3:14.89	41.01	350m:	4:37.37	41.22
	100m:	1:12.64	38.72	200m:	2:33.88	41.37	300m:	3:56.15	41.26	400m:	5:18.61	41.24
71.	Iwakowska Magdalena			10	Sikret Gliwice				5:21.25	398		
	50m:	35.13	35.13	150m:	1:55.61	41.18	250m:	3:19.82	42.56	350m:	4:43.94	41.76
	100m:	1:14.43	39.30	200m:	2:37.26	41.65	300m:	4:02.18	42.36	400m:	5:21.25	37.31
72.	Karwaj Paulina			10	Aquarius Lesko				5:32.89	358		
	50m:	34.50	34.50	150m:	1:57.24	42.06	250m:	3:24.20	43.86	350m:	4:52.38	43.57
	100m:	1:15.18	40.68	200m:	2:40.34	43.10	300m:	4:08.81	44.61	400m:	5:32.89	40.51

