

ZMOM
O wi cim, 17. - 18.12.2010

Konkurencja 19
2010-12-18 - 9:29

Kobiet, 400m dowolny

13 lat i starsi
Wyniki

Punkty: FINA 2009

Pozycja			Rok ur.					Czas	Pkt.
13 lat									
1.	Bo ek Dominika		97	UNIA O wi cim				4:57.13	516
	50m:	33.30	33.30	150m:	1:48.23	37.82	250m:	3:04.07	37.90
	100m:	1:10.41	37.11	200m:	2:26.17	37.94	300m:	3:42.27	38.20
							350m:	4:20.39	38.12
							400m:	4:57.13	36.74
2.	Olczyk Martyna		97	UNIA O wi cim				4:57.96	511
	50m:	32.90	32.90	150m:	1:47.52	37.56	250m:	3:03.46	38.16
	100m:	1:09.96	37.06	200m:	2:25.30	37.78	300m:	3:42.46	39.00
							350m:	4:21.36	38.90
							400m:	4:57.96	36.60
3.	Orczykowska Wioletta		97	Limanowa-swim				4:59.94	501
	50m:	32.32	32.32	150m:	1:47.81	38.65	250m:	3:05.40	38.59
	100m:	1:09.16	36.84	200m:	2:26.81	39.00	300m:	3:44.53	39.13
							350m:	4:23.06	38.53
							400m:	4:59.94	36.88
4.	Mikołajczyk Marta		97	KORONA SWIM Kielce				5:01.67	493
	50m:	33.62	33.62	150m:	1:48.28	37.78	250m:	3:04.20	38.03
	100m:	1:10.50	36.88	200m:	2:26.17	37.89	300m:	3:43.66	39.46
							350m:	4:22.88	39.22
							400m:	5:01.67	38.79
5.	Dyna Angelika		97	JORDAN Kraków				5:08.21	462
	50m:	33.44	33.44	150m:	1:50.42	38.98	250m:	3:09.59	39.44
	100m:	1:11.44	38.00	200m:	2:30.15	39.73	300m:	3:49.87	40.28
							350m:	4:29.46	39.59
							400m:	5:08.21	38.75
6.	Moskal Karolina		97	JORDAN Kraków				5:08.59	460
	50m:	35.81	35.81	150m:	1:53.91	39.53	250m:		350m:
	100m:	1:14.38	38.57	200m:	3:12.74	1:18.83	300m:	3:52.51	400m:
								4:30.99	38.48
								5:08.59	37.60
7.	Polak Justyna		97	UNIA O wi cim				5:26.77	388
	50m:	37.00	37.00	150m:	2:01.33	42.34	250m:	3:23.64	42.37
	100m:	1:18.99	41.99	200m:	2:41.27	39.94	300m:	4:04.72	41.08
							350m:	4:46.22	41.50
							400m:	5:26.77	40.55
8.	Przywara Dominika		97	KMITA Zabierzów				5:32.32	369
	50m:	36.27	36.27	150m:	2:01.00	43.06	250m:	3:26.85	42.59
	100m:	1:17.94	41.67	200m:	2:44.26	43.26	300m:		400m:
								4:52.20	
								5:32.32	40.12
14 - 15 lat									
1.	Dworaczek Paulina		96	JORDAN Kraków				4:34.37	655
	50m:	31.24	31.24	150m:	1:40.56	34.91	250m:	2:50.34	34.81
	100m:	1:05.65	34.41	200m:	2:15.53	34.97	300m:	3:25.16	34.82
							350m:	4:00.55	35.39
							400m:	4:34.37	33.82
2.	wi kała Olga		96	UNIA O wi cim				4:40.28	614
	50m:	31.70	31.70	150m:	1:41.83	35.30	250m:	2:53.75	36.17
	100m:	1:06.53	34.83	200m:	2:17.58	35.75	300m:	3:29.47	35.72
							350m:	4:05.52	36.05
							400m:	4:40.28	34.76
3.	Lewandowska Paulina		96	UNIA O wi cim				4:44.94	585
	50m:	32.36	32.36	150m:	1:43.05	35.89	250m:	2:56.10	36.57
	100m:	1:07.16	34.80	200m:	2:19.53	36.48	300m:	3:32.80	36.70
							350m:	4:09.40	36.60
							400m:	4:44.94	35.54
4.	Kruk Anna		95	UNIA O wi cim				4:46.24	577
	50m:	31.98	31.98	150m:	1:42.24	35.65	250m:	2:54.91	36.68
	100m:	1:06.59	34.61	200m:	2:18.23	35.99	300m:	3:31.88	36.97
							350m:	4:09.45	37.57
							400m:	4:46.24	36.79
5.	Chmielek Anna		96	JORDAN Kraków				4:49.05	560
	50m:	34.13	34.13	150m:	1:48.62	37.81	250m:	3:03.16	36.66
	100m:	1:10.81	36.68	200m:	2:26.50	37.88	300m:	3:40.20	37.04
							350m:	4:15.71	35.51
							400m:	4:49.05	33.34
6.	Cwynar Michalina		95	BOBRY D bica				5:01.74	492
	50m:	33.94	33.94	150m:	1:50.10	38.42	250m:	3:06.65	38.10
	100m:	1:11.68	37.74	200m:	2:28.55	38.45	300m:	3:45.35	38.70
							350m:	4:24.41	39.06
							400m:	5:01.74	37.33
7.	Kaczmarczyk Dagmara		96	PŁYWAK Bochnia				5:42.89	335
	50m:	36.61	36.61	150m:	2:02.28	43.37	250m:	3:30.40	44.44
	100m:	1:18.91	42.30	200m:	2:45.96	43.68	300m:	4:15.20	44.80
							350m:	4:59.94	44.74
							400m:	5:42.89	42.95

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Konkurencja 19, Kobiet, 400m dowolny

16 lat i starsi

1.	Bajorska Dorota SO	94	UNIA O wi cim	4:27.86	704
	50m: 31.44 31.44	150m: 1:40.15 34.40	250m: 2:48.61 34.01	350m: 3:55.49 32.93	
	100m: 1:05.75 34.31	200m: 2:14.60 34.45	300m: 3:22.56 33.95	400m: 4:27.86 32.37	
2.	Cisowska Aleksandra	89	AZS AGH Kraków	4:29.94	688
	50m: 31.38 31.38	150m: 1:40.08 34.38	250m: 2:48.30 34.07	350m: 3:56.56 34.14	
	100m: 1:05.70 34.32	200m: 2:14.23 34.15	300m: 3:22.42 34.12	400m: 4:29.94 33.38	
3.	Tyrpa Aleksandra	94	CKiS Skawina	4:38.63	625
	50m: 31.91 31.91	150m: 1:41.66 35.03	250m: 2:52.49 35.49	350m: 4:04.04 35.99	
	100m: 1:06.63 34.72	200m: 2:17.00 35.34	300m: 3:28.05 35.56	400m: 4:38.63 34.59	
4.	Zagrodnik Aleksandra	93	UNIA O wi cim	4:49.52	557
	50m: 32.82 32.82	150m: 1:44.53 36.29	250m: 2:58.35 36.91	350m: 4:12.81 37.25	
	100m: 1:08.24 35.42	200m: 2:21.44 36.91	300m: 3:35.56 37.21	400m: 4:49.52 36.71	