

GPMIII
O wi cim, 8-10-2011

Konkurencja 3
2011-10-08 - 9:50

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.	
14 lat										
1.	ORCZYKOWSKA, Wioletta		97	KS Limanowa-Swim				4:46.82	549	
	50m:	31.43 31.43	150m:	1:43.74	36.55	250m:	2:57.80	37.36	350m:	4:11.31 36.63
	100m:	1:07.19 35.76	200m:	2:20.44	36.70	300m:	3:34.68	36.88	400m:	4:46.82 35.51
2.	WLA LAK, Agata		97	REKIN wiebodzice				4:50.07	531	
	50m:	33.37 33.37	150m:	1:45.80	36.37	250m:	2:59.91	36.88	350m:	4:14.23 36.85
	100m:	1:09.43 36.06	200m:	2:23.03	37.23	300m:	3:37.38	37.47	400m:	4:50.07 35.84
3.	SUDEK, Agnieszka		97	MKS JORDAN Kraków				4:53.74	511	
	50m:	32.62 32.62	150m:	1:45.60	37.11	250m:	3:00.63	37.65	350m:	4:16.31 37.64
	100m:	1:08.49 35.87	200m:	2:22.98	37.38	300m:	3:38.67	38.04	400m:	4:53.74 37.43
4.	MOSKAL, Karolina		97	MKS JORDAN Kraków				4:59.85	480	
	50m:	34.84 34.84	150m:	1:49.91	37.83	250m:	3:06.89	38.62	350m:	4:23.30 38.06
	100m:	1:12.08 37.24	200m:	2:28.27	38.36	300m:	3:45.24	38.35	400m:	4:59.85 36.55
15 lat										
1.	ULATOWSKA, ALICJA		96	UKP UNIA O wi cim				4:29.71	660	
	50m:	31.23 31.23	150m:	1:39.50	34.20	250m:	2:47.71	33.96	350m:	3:56.26 34.43
	100m:	1:05.30 34.07	200m:	2:13.75	34.25	300m:	3:21.83	34.12	400m:	4:29.71 33.45
2.	KUNKA, KAMILA		96	GOSiR Piaseczno				4:32.87	638	
	50m:	31.79 31.79	150m:	1:40.40	34.54	250m:	2:49.78	34.33	350m:	3:59.37 34.66
	100m:	1:05.86 34.07	200m:	2:15.45	35.05	300m:	3:24.71	34.93	400m:	4:32.87 33.50
3.	CZŁOWIEK, ROKSANA		96	UKP UNIA O wi cim				4:36.05	616	
	50m:	30.97 30.97	150m:	1:40.39	35.27	250m:	2:51.00	35.16	350m:	4:02.65 35.61
	100m:	1:05.12 34.15	200m:	2:15.84	35.45	300m:	3:27.04	36.04	400m:	4:36.05 33.40
4.	LEWANDOWSKA, PAULINA		96	UKP UNIA O wi cim				4:42.80	573	
	50m:	31.75 31.75	150m:	1:42.60	35.96	250m:	2:55.29	36.35	350m:	4:08.40 36.77
	100m:	1:06.64 34.89	200m:	2:18.94	36.34	300m:	3:31.63	36.34	400m:	4:42.80 34.40
5.	BARTOSZEK, Joanna		96	GILUS Gilowice				4:43.14	571	
	50m:	33.03 33.03	150m:	1:43.93	35.65	250m:	2:56.03	35.79	350m:	4:08.25 36.37
	100m:	1:08.28 35.25	200m:	2:20.24	36.31	300m:	3:31.88	35.85	400m:	4:43.14 34.89
6.	SOWA, Marta		96	MKS JORDAN Kraków				4:50.39	529	
	50m:	32.62 32.62	150m:	1:43.79	35.96	250m:	2:57.34	37.04	350m:	4:13.27 38.35
	100m:	1:07.83 35.21	200m:	2:20.30	36.51	300m:	3:34.92	37.58	400m:	4:50.39 37.12
16 lat i starsi										
1.	STASZKIEWICZ, Katarzyna		90	L SK Wrocław				4:25.35	693	
	50m:	31.29 31.29	150m:	1:39.01	34.03	250m:	2:47.18	33.95	350m:	3:54.27 33.54
	100m:	1:04.98 33.69	200m:	2:13.23	34.22	300m:	3:20.73	33.55	400m:	4:25.35 31.08
2.	SIKORA, Paulina SO		93	UKP UNIA O wi cim				4:25.53	692	
	50m:	30.77 30.77	150m:	1:38.51	33.98	250m:	2:45.89	33.43	350m:	3:53.40 33.75
	100m:	1:04.53 33.76	200m:	2:12.46	33.95	300m:	3:19.65	33.76	400m:	4:25.53 32.13
3.	BAJORSKA, Dorota SO		94	UKP UNIA O wi cim				4:25.95	689	
	50m:	31.87 31.87	150m:	1:39.15	33.92	250m:	2:46.75	33.64	350m:	3:53.77 33.50
	100m:	1:05.23 33.36	200m:	2:13.11	33.96	300m:	3:20.27	33.52	400m:	4:25.95 32.18
4.	TYRPA, Aleksandra SO		94	CKIS Skawina				4:36.56	612	
	50m:	32.40 32.40	150m:	1:42.96	35.40	250m:	2:53.87	35.26	350m:	4:03.70 34.72
	100m:	1:07.56 35.16	200m:	2:18.61	35.65	300m:	3:28.98	35.11	400m:	4:36.56 32.86
5.	PIECHOCKA, Jagoda		90	AZS AGH Kraków				4:37.27	608	
	50m:	31.01 31.01	150m:	1:40.15	35.15	250m:	2:51.60	35.71	350m:	4:02.80 35.50
	100m:	1:05.00 33.99	200m:	2:15.89	35.74	300m:	3:27.30	35.70	400m:	4:37.27 34.47

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O wi cim, 8-10-2011

Konkurencja 3, Kobiet, 400m dowolny, 16 lat i starsi

Pozycja					Rok ur.					Czas	Pkt.	
6.	DUDEK, Marlena SO				94	UKP UNIA O wi cim				4:43.07	571	
	50m:	32.96	32.96	150m:	1:44.46	35.85	250m:	2:56.28	35.63	350m:	4:08.09	35.93
	100m:	1:08.61	35.65	200m:	2:20.65	36.19	300m:	3:32.16	35.88	400m:	4:43.07	34.98
7.	POMIETŁO, Aleksandra SO				94	KMITA Zabierzów				4:44.85	560	
	50m:	32.22	32.22	150m:	1:42.72	35.55	250m:	2:55.42	36.58	350m:	4:09.14	37.61
	100m:	1:07.17	34.95	200m:	2:18.84	36.12	300m:	3:32.13	36.71	400m:	4:44.85	35.71
8.	PAPLA, Jolanta SO				94	UKP UNIA O wi cim				4:53.04	515	
	50m:	32.63	32.63	150m:	1:45.63	37.05	250m:	3:00.65	37.72	350m:	4:15.85	37.61
	100m:	1:08.58	35.95	200m:	2:22.93	37.30	300m:	3:38.24	37.59	400m:	4:53.04	37.19
PK	GRUCA, Marcelina				98	UKP UNIA O wi cim				4:56.65	496	
	50m:	32.82	32.82	150m:	1:47.23	37.95	250m:	3:03.03	38.27	350m:	4:20.81	39.23
	100m:	1:09.28	36.46	200m:	2:24.76	37.53	300m:	3:41.58	38.55	400m:	4:56.65	35.84
PK	MYCAK, Katarzyna				98	MMKS Kedzierzyn-Kozle				4:58.00	489	
	50m:	34.01	34.01	150m:	1:49.50	38.15	250m:	3:06.49	38.49	350m:	4:23.47	38.86
	100m:	1:11.35	37.34	200m:	2:28.00	38.50	300m:	3:44.61	38.12	400m:	4:58.00	34.53
PK	MENDYK, Adrianna				98	MKS WODNIK Radom				5:08.84	440	
	50m:	34.53	34.53	150m:	1:51.74	39.56	250m:	3:11.37	39.27	350m:	4:30.66	40.60
	100m:	1:12.18	37.65	200m:	2:32.10	40.36	300m:	3:50.06	38.69	400m:	5:08.84	38.18
PK	MA LANY, Katarzyna				98	UKP UNIA O wi cim				5:14.45	416	
	50m:	36.73	36.73	150m:	1:56.97	40.92	250m:	3:17.47	40.20	350m:	4:37.18	39.71
	100m:	1:16.05	39.32	200m:	2:37.27	40.30	300m:	3:57.47	40.00	400m:	5:14.45	37.27
PK	HASNY, Marta				98	MMKS Kedzierzyn-Kozle				5:28.24	366	
	50m:	37.10	37.10	150m:	2:00.30	41.94	250m:	3:24.48	42.44	350m:	4:47.89	41.16
	100m:	1:18.36	41.26	200m:	2:42.04	41.74	300m:	4:06.73	42.25	400m:	5:28.24	40.35
PK	SOŁTYSIK, Lidia				98	UKP UNIA O wi cim				5:30.76	358	
	50m:	36.74	36.74	150m:			250m:			350m:	4:50.09	43.42
	100m:	1:17.24	40.50	200m:			300m:	4:06.67		400m:	5:30.76	40.67
PK	FICEK, Ewelina				98	ORKA L dziny				5:49.94	302	
	50m:	40.64	40.64	150m:	2:08.58		250m:	3:38.84	45.18	350m:	5:07.82	43.98
	100m:			200m:	2:53.66	45.08	300m:	4:23.84	45.00	400m:	5:49.94	42.12