

GP POLSKI  
Kraków, 5- - 6-11-2011

Konkurencja 2  
2011-11-05 - 10:30

M czyzn, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.		
1.	KORZENIOWSKI Paweł		85	AZS AWF Warszawa				<b>4:15.36</b>	784		
	50m:	26.89 26.89	150m:	1:31.09	33.73	250m:	2:41.23	37.98	350m:	3:47.94	29.49
	100m:	57.36 30.47	200m:	2:03.25	32.16	300m:	3:18.45	37.22	400m:	4:15.36	27.42
2.	WITKOWSKI Jan		94	SKARPA Lublin				<b>4:26.30</b>	691		
	50m:	28.23 28.23	150m:	1:34.55	33.71	250m:	2:46.64	39.18	350m:	3:56.71	31.12
	100m:	1:00.84 32.61	200m:	2:07.46	32.91	300m:	3:25.59	38.95	400m:	4:26.30	29.59
3.	JANKOWSKI Paweł		95	MOS D browa Górnicza				<b>4:31.52</b>	652		
	50m:	29.09 29.09	150m:	1:36.92	34.67	250m:	2:50.00	39.30	350m:	4:01.21	31.61
	100m:	1:02.25 33.16	200m:	2:10.70	33.78	300m:	3:29.60	39.60	400m:	4:31.52	30.31
4.	ZACZY SKI Karol		91	AZS AWF Katowice				<b>4:31.80</b>	650		
	50m:	28.35 28.35	150m:	1:35.36	34.68	250m:	2:49.35	39.89	350m:	4:02.34	32.43
	100m:	1:00.68 32.33	200m:	2:09.46	34.10	300m:	3:29.91	40.56	400m:	4:31.80	29.46
5.	KSI EK Michał SK		93	JORDAN Kraków				<b>4:32.06</b>	648		
	50m:	28.95 28.95	150m:	1:37.10	35.41	250m:	2:49.83	38.47	350m:	4:00.99	31.85
	100m:	1:01.69 32.74	200m:	2:11.36	34.26	300m:	3:29.14	39.31	400m:	4:32.06	31.07
6.	KRZYWIECKI Tomasz		89	MKP Szczecin				<b>4:35.62</b>	623		
	50m:	29.17 29.17	150m:	1:39.14	36.76	250m:	2:53.46	38.38	350m:	4:05.01	31.69
	100m:	1:02.38 33.21	200m:	2:15.08	35.94	300m:	3:33.32	39.86	400m:	4:35.62	30.61
7.	KROGULSKI FILIP S0		96	UNIA O wi cim				<b>4:36.02</b>	621		
	50m:	29.78 29.78	150m:	1:39.59	36.36	250m:	2:55.01	40.11	350m:	4:06.54	31.57
	100m:	1:03.23 33.45	200m:	2:14.90	35.31	300m:	3:34.97	39.96	400m:	4:36.02	29.48
8.	PI TKOWSKI Mateusz		90	AZS AWF Warszawa				<b>4:37.38</b>	611		
	50m:	29.19 29.19	150m:	1:38.23	35.57	250m:	2:52.85	40.10	350m:	4:06.58	32.37
	100m:	1:02.66 33.47	200m:	2:12.75	34.52	300m:	3:34.21	41.36	400m:	4:37.38	30.80
9.	PEŁCZY SKI Kacper		92	AZS AWF Katowice				<b>4:39.97</b>	595		
	50m:	29.22 29.22	150m:	1:40.54	37.72	250m:	2:55.01	37.39	350m:	4:07.35	33.71
	100m:	1:02.82 33.60	200m:	2:17.62	37.08	300m:	3:33.64	38.63	400m:	4:39.97	32.62
10.	OPALSKI Marcin		93	GIM 92 Ursynów Warszawa				<b>4:39.98</b>	595		
	50m:	28.63 28.63	150m:	1:39.45	37.07	250m:	2:56.61	41.32	350m:	4:09.66	31.86
	100m:	1:02.38 33.75	200m:	2:15.29	35.84	300m:	3:37.80	41.19	400m:	4:39.98	30.32
11.	BAŁABUCH Krystian		95	BOSiR Brzesko				<b>4:40.23</b>	593		
	50m:	29.24 29.24	150m:	1:40.21	36.55	250m:	2:55.36	39.21	350m:	4:08.65	32.76
	100m:	1:03.66 34.42	200m:	2:16.15	35.94	300m:	3:35.89	40.53	400m:	4:40.23	31.58
12.	ORCZYK Maciej		95	G-8 Bielany Warszawa				<b>4:40.98</b>	588		
	50m:	29.73 29.73	150m:	1:38.75	35.88	250m:	2:52.79	38.90	350m:	4:07.10	34.00
	100m:	1:02.87 33.14	200m:	2:13.89	35.14	300m:	3:33.10	40.31	400m:	4:40.98	33.88
13.	KUT Bartosz SK		93	BOBRY D bica				<b>4:42.07</b>	581		
	50m:	29.30 29.30	150m:	1:39.72	37.58	250m:	2:56.30	39.53	350m:	4:09.85	33.34
	100m:	1:02.14 32.84	200m:	2:16.77	37.05	300m:	3:36.51	40.21	400m:	4:42.07	32.22
14.	BARAN Rafał SK		93	JORDAN Kraków				<b>4:43.04</b>	576		
	50m:	29.39 29.39	150m:	1:39.80	37.22	250m:	2:56.34	40.40	350m:	4:10.58	32.86
	100m:	1:02.58 33.19	200m:	2:15.94	36.14	300m:	3:37.72	41.38	400m:	4:43.04	32.46
15.	ZABOJSZCZ Wojciech		95	KORONA SWIM Kielce				<b>4:43.24</b>	574		
	50m:	29.97 29.97	150m:	1:41.15	37.15	250m:	2:57.12	39.27	350m:	4:11.07	33.76
	100m:	1:04.00 34.03	200m:	2:17.85	36.70	300m:	3:37.31	40.19	400m:	4:43.24	32.17
16.	JURA Maciej		96	JAGIELLONKA Warszawa				<b>4:46.09</b>	557		
	50m:	30.70 30.70	150m:	1:43.95	38.21	250m:	3:02.23	41.23	350m:	4:16.19	32.55
	100m:	1:05.74 35.04	200m:	2:21.00	37.05	300m:	3:43.64	41.41	400m:	4:46.09	29.90
17.	SALIK Jakub		96	JUVENIA Wrocław				<b>4:48.43</b>	544		
	50m:	30.91 30.91	150m:	1:44.74	38.99	250m:	3:00.44	37.85	350m:	4:14.65	35.13
	100m:	1:05.75 34.84	200m:	2:22.59	37.85	300m:	3:39.52	39.08	400m:	4:48.43	33.78

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Pozycja			Rok ur.					Czas	Pkt.
18.	FALIS Dawid		96	MOS D browa Górnicza				<b>4:48.75</b>	542
	50m: 30.57 30.57	150m: 1:43.65 38.25		250m: 3:01.81 41.05	350m: 4:16.41 33.63				
	100m: 1:05.40 34.83	200m: 2:20.76 37.11		300m: 3:42.78 40.97	400m: 4:48.75 32.34				
19.	FR TCZAK Mateusz		97	JEDYNKA Łód				<b>4:55.87</b>	504
	50m: 30.97 30.97	150m: 1:43.84 37.64		250m: 3:02.84 42.02	350m: 4:21.55 35.97				
	100m: 1:06.20 35.23	200m: 2:20.82 36.98		300m: 3:45.58 42.74	400m: 4:55.87 34.32				
20.	NOWODWORSKI Dawid		97	MOS D browa Górnicza				<b>5:02.03</b>	474
	50m: 31.20 31.20	150m: 1:45.62 37.58		250m: 3:07.68 44.07	350m: 4:27.04 34.94				
	100m: 1:08.04 36.84	200m: 2:23.61 37.99		300m: 3:52.10 44.42	400m: 5:02.03 34.99				
21.	KATOLIK Bartosz		97	MOS D browa Górnicza				<b>5:02.10</b>	473
	50m: 30.10 30.10	150m: 1:44.78 39.33		250m: 3:08.54 45.98	350m: 4:29.16 34.81				
	100m: 1:05.45 35.35	200m: 2:22.56 37.78		300m: 3:54.35 45.81	400m: 5:02.10 32.94				
22.	KO CIELNIAK Bartosz		93	REKIN wiebodzice				<b>5:09.27</b>	441
	50m: 30.32 30.32	150m: 1:46.37 40.76		250m: 3:10.92 45.97	350m: 4:33.74 37.34				
	100m: 1:05.61 35.29	200m: 2:24.95 38.58		300m: 3:56.40 45.48	400m: 5:09.27 35.53				
23.	BOBROWSKI Martin		96	WODNIK Siemianowice I skie				<b>5:09.42</b>	440
	50m: 31.53 31.53	150m: 1:48.25 41.05		250m: 3:12.99 44.04	350m: 4:33.94 36.19				
	100m: 1:07.20 35.67	200m: 2:28.95 40.70		300m: 3:57.75 44.76	400m: 5:09.42 35.48				
24.	MACHOWSKI Filip		97	IKAR Mielec				<b>5:16.07</b>	413
	50m: 32.40 32.40	150m: 1:52.44 40.83		250m: 3:17.30 45.74	350m: 4:40.05 37.07				
	100m: 1:11.61 39.21	200m: 2:31.56 39.12		300m: 4:02.98 45.68	400m: 5:16.07 36.02				