

ZMOM\_11  
O wi cim, 25- - 26-11-2011

Konkurencja 12  
2011-11-25 - 17:43

M czyzn, 400m zmienny

14 lat i starsi  
Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.
<b>14 lat</b>									
1.	MURZYN Dawid		97	JORDAN Kraków				<b>4:48.24</b>	545
	50m:	30.52 30.52	150m:	1:41.91 35.21	250m:	3:00.58 43.74	350m:	4:17.03 33.87	
	100m:	1:06.70 36.18	200m:	2:16.84 34.93	300m:	3:43.16 42.58	400m:	4:48.24 31.21	
2.	RUSZKOWSKI Kacper SO		97	UNIA O wi cim				<b>4:59.61</b>	485
	50m:	30.70 30.70	150m:	1:45.88 39.61	250m:	3:08.94 45.01	350m:	4:27.15 33.26	
	100m:	1:06.27 35.57	200m:	2:23.93 38.05	300m:	3:53.89 44.95	400m:	4:59.61 32.46	
3.	LECHOWICZ Filip		97	JORDAN Kraków				<b>5:02.13</b>	473
	50m:	34.08 34.08	150m:	1:51.57 38.43	250m:	3:11.77 42.48	350m:	4:29.01 34.82	
	100m:	1:13.14 39.06	200m:	2:29.29 37.72	300m:	3:54.19 42.42	400m:	5:02.13 33.12	
<b>15 lat</b>									
1.	WOJDAK Wojciech SO		96	BOSiR Brzesko				<b>4:37.25</b>	612
	50m:	29.46 29.46	150m:	1:40.33 36.65	250m:	2:55.15 39.06	350m:	4:06.94 31.23	
	100m:	1:03.68 34.22	200m:	2:16.09 35.76	300m:	3:35.71 40.56	400m:	4:37.25 30.31	
<b>16 lat i starsi</b>									
1.	POPRAWA Michał SO		94	AZS AWF Katowice				<b>4:22.50</b>	722
	50m:	27.47 27.47	150m:	1:32.92 34.18	250m:	2:44.75 38.11	350m:	3:53.16 30.06	
	100m:	58.74 31.27	200m:	2:06.64 33.72	300m:	3:23.10 38.35	400m:	4:22.50 29.34	
2.	SUZIN Marcin		93	JORDAN Kraków				<b>4:23.20</b>	716
	50m:	29.15 29.15	150m:	1:37.28 35.31	250m:	2:47.74 36.48	350m:	3:54.13 30.37	
	100m:	1:01.97 32.82	200m:	2:11.26 33.98	300m:	3:23.76 36.02	400m:	4:23.20 29.07	
3.	TWAROWSKI Jerzy		95	JORDAN Kraków				<b>4:28.78</b>	672
	50m:	27.90 27.90	150m:	1:35.58 35.44	250m:	2:48.19 38.60	350m:	3:58.21 31.64	
	100m:	1:00.14 32.24	200m:	2:09.59 34.01	300m:	3:26.57 38.38	400m:	4:28.78 30.57	
4.	KSIAZEK Michał		93	JORDAN Kraków				<b>4:32.20</b>	647
	50m:	28.36 28.36	150m:	1:36.86 35.92	250m:	2:49.15 37.92	350m:	4:00.51 32.50	
	100m:	1:00.94 32.58	200m:	2:11.23 34.37	300m:	3:28.01 38.86	400m:	4:32.20 31.69	
5.	CZARNOTA Mateusz		91	UNIA O wi cim				<b>4:34.65</b>	630
	50m:	29.72 29.72	150m:	1:39.77 35.65	250m:	2:53.96 39.62	350m:	4:04.20 31.47	
	100m:	1:04.12 34.40	200m:	2:14.34 34.57	300m:	3:32.73 38.77	400m:	4:34.65 30.45	
6.	ZABOJSZCZ Wojciech		95	KORONA SWIM Kielce				<b>4:36.74</b>	616
	50m:	29.27 29.27	150m:	1:39.73 36.83	250m:	2:53.41 37.87	350m:		
	100m:	1:02.90 33.63	200m:	2:15.54 35.81	300m:	3:32.00 38.59	400m:	4:36.74	
7.	ŁOPACI SKI Kacper SO		95	FOKA Sandomierz				<b>4:37.42</b>	611
	50m:	30.14 30.14	150m:	1:41.26 35.80	250m:	2:55.38 38.54	350m:	4:07.89 32.74	
	100m:	1:05.46 35.32	200m:	2:16.84 35.58	300m:	3:35.15 39.77	400m:	4:37.42 29.53	
8.	KURTOK Tomasz		95	UNIA O wi cim				<b>4:37.93</b>	608
	50m:	29.15 29.15	150m:	2:17.13 1:13.54	250m:	2:56.47	350m:	4:08.43 32.70	
	100m:	1:03.59 34.44	200m:		300m:	3:35.73 39.26	400m:	4:37.93 29.50	
9.	DUDEK Michał SO		94	BOBRY D bica				<b>4:41.55</b>	585
	50m:	31.38 31.38	150m:	1:44.93 37.26	250m:	2:59.77 37.87	350m:	4:10.65 32.69	
	100m:	1:07.67 36.29	200m:	2:21.90 36.97	300m:	3:37.96 38.19	400m:	4:41.55 30.90	
10.	BARAN Rafal		93	JORDAN Kraków				<b>4:42.28</b>	580
	50m:	29.21 29.21	150m:	1:39.08 36.67	250m:	2:56.39 41.29	350m:	4:10.05 32.48	
	100m:	1:02.41 33.20	200m:	2:15.10 36.02	300m:	3:37.57 41.18	400m:	4:42.28 32.23	
11.	HYDZIK Piotr		95	KAROL Wadowice				<b>4:49.17</b>	540
	50m:	29.84 29.84	150m:	1:40.23 36.61	250m:	3:00.20 43.14	350m:	4:17.70 32.88	
	100m:	1:03.62 33.78	200m:	2:17.06 36.83	300m:	3:44.82 44.62	400m:	4:49.17 31.47	

Konkurencja 12, M czyzn, 400m zmienny

PK	KASPRZYCKI Miłosz		98	9	Kalisz				<b>5:23.37</b>	<b>386</b>		
	50m:	34.35	34.35	150m:	1:55.90	40.62	250m:	3:21.38	46.12	350m:	4:46.91	39.78
	100m:	1:15.28	40.93	200m:	2:35.26	39.36	300m:	4:07.13	45.75	400m:	5:23.37	36.46