

ZMOM_11
O wi cim, 25- - 26-11-2011

Konkurencja 19
2011-11-26 - 9:22

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.					Czas	Pkt.	
14 lat										
1.	KUBACKA Magda SO		97	PI TKA Chorzów				4:43.12	571	
	50m:	31.86 31.86	150m:	1:41.80	35.28	250m:	2:53.65	36.15	350m:	4:07.34 37.02
	100m:	1:06.52 34.66	200m:	2:17.50	35.70	300m:	3:30.32	36.67	400m:	4:43.12 35.78
2.	ORCZYKOWSKA Wioletta		97	Limanowa-Swim				4:46.23	552	
	50m:	32.32 32.32	150m:	1:45.43	37.34	250m:	2:58.56	36.35	350m:	4:11.71 36.54
	100m:	1:08.09 35.77	200m:	2:22.21	36.78	300m:	3:35.17	36.61	400m:	4:46.23 34.52
3.	DYNA Angelika		97	JORDAN Kraków				4:50.73	527	
	50m:	33.60 33.60	150m:	1:47.76	37.19	250m:	3:02.42	37.21	350m:	4:15.59 36.53
	100m:	1:10.57 36.97	200m:	2:25.21	37.45	300m:	3:39.06	36.64	400m:	4:50.73 35.14
4.	OLCZYK Martyna SO		97	UNIA O wi cim				4:55.53	502	
	50m:	33.20 33.20	150m:	1:46.55	37.15	250m:	4:18.20	1:16.18	350m:	
	100m:	1:09.40 36.20	200m:	3:02.02	1:15.47	300m:			400m:	4:55.53
5.	KURKIEWICZ Kamila SO		97	UNIA O wi cim				5:06.74	449	
	50m:	34.05 34.05	150m:	1:50.10	38.79	250m:	3:09.07	39.45	350m:	4:28.53 39.66
	100m:	1:11.31 37.26	200m:	2:29.62	39.52	300m:	3:48.87	39.80	400m:	5:06.74 38.21
6.	CHOROMA SKA Natalia SO		97	UNIA O wi cim				5:11.84	427	
	50m:	34.94 34.94	150m:	1:51.95	39.44	250m:	3:11.29	39.55	350m:	4:32.52 40.69
	100m:	1:12.51 37.57	200m:	2:31.74	39.79	300m:	3:51.83	40.54	400m:	5:11.84 39.32
7.	SIKORA Aleksandra		97	JASIE Sucha Beskidzka				5:36.52	340	
	50m:		150m:			250m:			350m:	
	100m:		200m:			300m:			400m:	5:36.52
8.	DERUS Kamila		97	UNIA Tarnów				5:37.49	337	
	50m:	36.69 36.69	150m:	2:00.03	43.07	250m:	3:27.43	43.66	350m:	4:54.59 43.30
	100m:	1:16.96 40.27	200m:	2:43.77	43.74	300m:	4:11.29	43.86	400m:	5:37.49 42.90
15 lat										
1.	SIRIGNANO Luigia		96	JORDAN Kraków				4:32.26	642	
	50m:	30.68 30.68	150m:	1:39.36	34.03	250m:	2:48.33	34.37	350m:	3:58.23 35.11
	100m:	1:05.33 34.65	200m:	2:13.96	34.60	300m:	3:23.12	34.79	400m:	4:32.26 34.03
2.	LEWANDOWSKA Paulina SO		96	UNIA O wi cim				4:37.52	606	
	50m:	31.19 31.19	150m:	1:40.87	34.99	250m:	2:51.32	35.28	350m:	4:02.76 35.65
	100m:	1:05.88 34.69	200m:	2:16.04	35.17	300m:	3:27.11	35.79	400m:	4:37.52 34.76
3.	CHMIELEK Anna		96	JORDAN Kraków				4:43.29	570	
	50m:	32.64 32.64	150m:	1:43.41	35.72	250m:	2:55.80	36.11	350m:	4:08.53 36.11
	100m:	1:07.69 35.05	200m:	2:19.69	36.28	300m:	3:32.42	36.62	400m:	4:43.29 34.76
4.	KISIEL Monika SO		96	AZS AWF Katowice				4:49.27	535	
	50m:	32.12 32.12	150m:	1:44.43	37.58	250m:	2:59.56	37.49	350m:	4:14.44 37.19
	100m:	1:06.85 34.73	200m:	2:22.07	37.64	300m:	3:37.25	37.69	400m:	4:49.27 34.83
5.	ROGOWSKA Natalia		96	JASIE Sucha Beskidzka				5:02.15	469	
	50m:	35.34 35.34	150m:	1:50.52	38.26	250m:	3:08.66	39.15	350m:	4:25.22 37.96
	100m:	1:12.26 36.92	200m:	2:29.51	38.99	300m:	3:47.26	38.60	400m:	5:02.15 36.93
16 lat i starsi										
1.	WAKUŁA Karolina SO		93	AZS AWF Katowice				4:32.31	642	
	50m:	31.67 31.67	150m:	1:39.37	34.05	250m:	2:49.09	35.15	350m:	3:58.80 35.00
	100m:	1:05.32 33.65	200m:	2:13.94	34.57	300m:	3:23.80	34.71	400m:	4:32.31 33.51
2.	KORZENIOWSKA Marta SO		93	UNIA O wi cim				4:34.43	627	
	50m:	30.55 30.55	150m:	1:40.30	35.05	250m:	2:50.31	34.97	350m:	4:00.70 34.97
	100m:	1:05.25 34.70	200m:	2:15.34	35.04	300m:	3:25.73	35.42	400m:	4:34.43 33.73

Konkurencja 19, Kobiet, 400m dowolny

PK	POPŁONYK Aleksandra		98	9	Kalisz				5:11.33	429		
	50m:	34.04	34.04	150m:	1:52.91	39.99	250m:	3:13.52	40.18	350m:	4:33.50	39.68
	100m:	1:12.92	38.88	200m:	2:33.34	40.43	300m:	3:53.82	40.30	400m:	5:11.33	37.83