

O BŁ KITN WST G WISŁY
Toru , 21- - 22-5-2011

Konkurencja 30
2011-05-22

M czyzn, 400m zmienny

20 - 89 lat
Wyniki

Punkty: DSV Masters 04

Pozycja			Rok ur.					Czas	Pkt.
J									
1.	SIELSKI, Ryszard		37	WMT Warszawa				8:57.22	400
	50m:	1:04.16 1:04.16	150m:	3:25.71 1:10.88	250m:	5:40.76 1:05.05	350m:	7:52.97 1:05.78	
	100m:	2:14.83 1:10.67	200m:	4:35.71 1:10.00	300m:	6:47.19 1:06.43	400m:	8:57.22 1:04.25	
H									
1.	MIKOŁAJCZYK, Czesław		50	WKS FLOTA GDYNIA				7:36.13	445
	50m:	50.98 50.98	150m:	2:53.47 1:02.79	250m:	4:53.67 59.21	350m:	6:46.60 52.40	
	100m:	1:50.68 59.70	200m:	3:54.46 1:00.99	300m:	5:54.20 1:00.53	400m:	7:36.13 49.53	
2.	FILIPIAK, Fabian		48	WOPR Warszawa SPORT-Figielski				8:31.67	315
	50m:	1:01.43 1:01.43	150m:	4:19.30 2:09.84	250m:	6:36.23 1:07.68	350m:		
	100m:	2:09.46 1:08.03	200m:	5:28.55 1:09.25	300m:	7:32.39 56.16	400m:	8:31.67	
3.	BANTKOWSKI, Jan		49	Toru czyk Masters				9:31.70	226
	50m:	1:05.24 1:05.24	150m:	3:44.23 1:26.37	250m:	6:23.62 1:15.53	350m:	8:33.74 57.96	
	100m:	2:17.86 1:12.62	200m:	5:08.09 1:23.86	300m:	7:35.78 1:12.16	400m:	9:31.70 57.96	
G									
1.	SKRZYPEK, Stefan		56	Redeco Wrocław				6:58.02	528
	50m:	45.19 45.19	150m:	2:31.76 56.06	250m:	4:26.97 59.85	350m:	6:13.09 46.04	
	100m:	1:35.70 50.51	200m:	3:27.12 55.36	300m:	5:27.05 1:00.08	400m:	6:58.02 44.93	
2.	BRYNIAK, JAN		53	TPM Opole				6:59.70	522
	50m:	44.81 44.81	150m:	2:31.71 57.26	250m:	4:25.51 55.43	350m:	6:09.85 48.69	
	100m:	1:34.45 49.64	200m:	3:30.08 58.37	300m:	5:21.16 55.65	400m:	6:59.70 49.85	
3.	PUCHALSKI, Bogdan		56	Masters Polkowice				7:31.14	420
	50m:	48.08 48.08	150m:	2:46.23 1:02.51	250m:	4:50.26 59.45	350m:	6:39.09 49.17	
	100m:	1:43.72 55.64	200m:	3:50.81 1:04.58	300m:	5:49.92 59.66	400m:	7:31.14 52.05	
4.	CHEŁSTOWSKI, Jerzy		56	BARAKUDA SKSP Stargard Szczec.				7:39.20	398
	50m:	47.43 47.43	150m:	2:46.27 1:02.69	250m:	4:51.18 1:02.60	350m:	6:47.54 53.43	
	100m:	1:43.58 56.15	200m:	3:48.58 1:02.31	300m:	5:54.11 1:02.93	400m:	7:39.20 51.66	
F									
1.	KAWECKI, Krzysztof		57	Astoria Bydgoszcz				6:07.45	637
	50m:	41.99 41.99	150m:	2:16.56 46.05	250m:	3:52.72 50.82	350m:	5:26.12 41.80	
	100m:	1:30.51 48.52	200m:	3:01.90 45.34	300m:	4:44.32 51.60	400m:	6:07.45 41.33	
2.	KORPETTA, Wojciech		59	niezrzeszeni.pl				8:25.35	245
	50m:	54.45 54.45	150m:	3:00.64 1:05.96	250m:	5:22.28 1:13.50	350m:	7:33.54 56.81	
	100m:	1:54.68 1:00.23	200m:	4:08.78 1:08.14	300m:	6:36.73 1:14.45	400m:	8:25.35 51.81	
E									
1.	MIEJKO, Wojciech		63	Masters Białystok				5:43.67	690
	50m:	34.10 34.10	150m:	1:56.61 43.85	250m:	3:29.98 49.20	350m:	5:02.81 41.42	
	100m:	1:12.76 38.66	200m:	2:40.78 44.17	300m:	4:21.39 51.41	400m:	5:43.67 40.86	
A									
1.	SASS, MATEUSZ		86	Zgiersko-Ł czykie WOPR				5:28.35	567
	50m:	32.12 32.12	150m:	1:55.79 43.86	250m:	3:23.50 45.24	350m:	4:50.37 40.74	
	100m:	1:11.93 39.81	200m:	2:38.26 42.47	300m:	4:09.63 46.13	400m:	5:28.35 37.98	