

„Z DELFINEM DO RIO de JANEIRO"
Toru , 25-10-2014

Event 21
2014-10-25

Women, 400m Freestyle

12 years and older
Results

Points: FINA 2011

Rank			YB					Time	Pts
16 years and older									
1.	NIKLARZ, Maria		97	Ruch Grudziadz				4:35.52	619
	50m:	31.52 31.52	150m:	1:41.11 35.01	250m:	2:51.49 34.73	350m:	4:01.96 35.04	
	100m:	1:06.10 34.58	200m:	2:16.76 35.65	300m:	3:26.92 35.43	400m:	4:35.52 33.56	
2.	ZIOLKOWSKA, Daria		98	MTKP Delfin Torun				4:57.59	491
	50m:	32.98 32.98	150m:	1:45.69 36.79	250m:	3:01.53 38.19	350m:	4:19.42 38.95	
	100m:	1:08.90 35.92	200m:	2:23.34 37.65	300m:	3:40.47 38.94	400m:	4:57.59 38.17	
14 - 15 years									
1.	SLUPEK, Roksana		99	MUKS "Pietnastka" Bydgoszcz				4:42.13	577
	50m:	31.00 31.00	150m:	1:41.85 35.98	250m:	2:54.92 36.56	350m:	4:07.60 36.53	
	100m:	1:05.87 34.87	200m:	2:18.36 36.51	300m:	3:31.07 36.15	400m:	4:42.13 34.53	
2.	SZCZYGIEL, Oliwia		00	MTKP Delfin Torun				4:46.96	548
	50m:	32.37 32.37	150m:	1:43.99 36.25	250m:	2:57.87 37.05	350m:	4:11.58 36.66	
	100m:	1:07.74 35.37	200m:	2:20.82 36.83	300m:	3:34.92 37.05	400m:	4:46.96 35.38	
3.	SMOLA, Monika		99	MTKP Delfin Torun				4:54.13	509
	50m:	32.30 32.30	150m:	1:46.75 37.77	250m:	3:02.95 38.05	350m:	4:17.81 37.65	
	100m:	1:08.98 36.68	200m:	2:24.90 38.15	300m:	3:40.16 37.21	400m:	4:54.13 36.32	
4.	RUTKOWSKA, Wiktoria		99	"Osemka" Torun				5:01.38	473
	50m:	32.93 32.93	150m:	1:46.84 37.81	250m:	3:04.26 39.24	350m:	4:23.82 39.81	
	100m:	1:09.03 36.10	200m:	2:25.02 38.18	300m:	3:44.01 39.75	400m:	5:01.38 37.56	
5.	BEREZA, Agata		00	MTKP Delfin Torun				5:11.83	427
	50m:	34.70 34.70	150m:	1:52.98 39.47	250m:	3:12.60 39.73	350m:	4:33.51 40.21	
	100m:	1:13.51 38.81	200m:	2:32.87 39.89	300m:	3:53.30 40.70	400m:	5:11.83 38.32	
6.	SZEWCZYK, Dominika		99	Ruch Grudziadz				5:32.33	353
	50m:	37.28 37.28	150m:	2:01.68 42.67	250m:	3:27.65 43.07	350m:	4:51.29 41.16	
	100m:	1:19.01 41.73	200m:	2:44.58 42.90	300m:	4:10.13 42.48	400m:	5:32.33 41.04	
7.	IGLEWSKA, Weronika		99	KP Delfin Inowroclaw				5:32.94	351
	50m:	35.89 35.89	150m:	1:56.80 41.57	250m:	3:23.89 43.99	350m:	4:52.96 44.53	
	100m:	1:15.23 39.34	200m:	2:39.90 43.10	300m:	4:08.43 44.54	400m:	5:32.94 39.98	
8.	TOMCZEWSKA, Iga		00	MTKP Delfin Torun				5:34.17	347
	50m:	37.12 37.12	150m:	2:01.99 42.88	250m:	3:28.43 43.25	350m:	4:53.09 42.43	
	100m:	1:19.11 41.99	200m:	2:45.18 43.19	300m:	4:10.66 42.23	400m:	5:34.17 41.08	
12 - 13 years									
1.	FOELSKE, Jade		01	UKS CITYZEN Poznan				4:40.25	589
	50m:	31.03 31.03	150m:	1:41.87 35.54	250m:	2:53.78 35.86	350m:	4:06.13 35.53	
	100m:	1:06.33 35.30	200m:	2:17.92 36.05	300m:	3:30.60 36.82	400m:	4:40.25 34.12	
2.	GASOWSKA, Martyna		01	MTKP Delfin Torun				5:15.99	410
	50m:	35.13 35.13	150m:	1:55.60 41.32	250m:	3:18.34 40.95	350m:	4:39.07 39.71	
	100m:	1:14.28 39.15	200m:	2:37.39 41.79	300m:	3:59.36 41.02	400m:	5:15.99 36.92	
3.	HOLAK, Marta		01	MUKS "Pietnastka" Bydgoszcz				5:31.01	357
	50m:	36.63 36.63	150m:	2:01.28 43.06	250m:	3:26.14 42.64	350m:	4:51.42 42.16	
	100m:	1:18.22 41.59	200m:	2:43.50 42.22	300m:	4:09.26 43.12	400m:	5:31.01 39.59	
4.	PACYNKA, Zofia		02	M.K.P. "KONTRA" Gniezno				5:36.13	341
	50m:	37.50 37.50	150m:	2:03.36 43.61	250m:	3:29.07 42.32	350m:	4:55.98 44.29	
	100m:	1:19.75 42.25	200m:	2:46.75 43.39	300m:	4:11.69 42.62	400m:	5:36.13 40.15	
5.	MILEWICZ, Natalia		01	"Osemka" Torun				5:37.20	338
	50m:	35.52 35.52	150m:	2:00.68 43.64	250m:	3:27.56 43.42	350m:	4:54.68 43.38	
	100m:	1:17.04 41.52	200m:	2:44.14 43.46	300m:	4:11.30 43.74	400m:	5:37.20 42.52	

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Event 21, Girls, 400m Freestyle, 12 - 13 years

Rank				YB					Time	Pts		
6.	GAGAT, Julia			01	Ruch Grudziadz				5:47.50	308		
	50m:	38.61	38.61	150m:	2:07.08	44.44	250m:	3:36.12	44.47	350m:	5:05.10	44.43
	100m:	1:22.64	44.03	200m:	2:51.65	44.57	300m:	4:20.67	44.55	400m:	5:47.50	42.40
7.	MICHALAK, Martyna			01	MUKS "Pietnastka" Bydgoszcz				6:01.39	274		
	50m:	39.71	39.71	150m:	2:09.46	45.89	250m:	3:43.17	47.53	350m:	5:17.24	46.68
	100m:	1:23.57	43.86	200m:	2:55.64	46.18	300m:	4:30.56	47.39	400m:	6:01.39	44.15