

„Z DELFINEM DO RIO de JANEIRO”
Toru , 24-10-2015

Konkurencja 21
2015-10-24

Kobiet, 400m dowolny

12 lat i starsi
Wyniki

Punkty: FINA 2011

Pozycja	Rok ur.	Czas	Pkt.
16 lat i starsi			
1. RUTKOWSKA, Wiktoria	99	4:50.13	530
50m: 33.31 33.31	150m: 1:45.98 36.66	250m: 2:59.58 36.85	350m: 4:13.89 37.18
100m: 1:09.32 36.01	200m: 2:22.73 36.75	300m: 3:36.71 37.13	400m: 4:50.13 36.24
2. ZIÓŁKOWSKA, Daria	98	4:57.57	492
50m: 33.53 33.53	150m: 1:46.65 36.95	250m: 3:01.98 38.11	350m: 4:19.23 38.74
100m: 1:09.70 36.17	200m: 2:23.87 37.22	300m: 3:40.49 38.51	400m: 4:57.57 38.34
14 - 15 lat			
1. 00802 DUDEK, Aleksandra	01	4:39.42	594
50m: 30.50 30.50	150m: 1:41.59 36.52	250m: 2:54.34 36.36	350m: 4:05.26 34.56
100m: 1:05.07 34.57	200m:	300m: 3:30.70 36.36	400m: 4:39.42 34.16
2. G SOWSKA, Martyna	01	5:00.24	479
50m: 33.53 33.53	150m: 1:49.25 38.05	250m: 3:06.54 38.44	350m: 4:23.88 38.75
100m: 1:11.20 37.67	200m: 2:28.10 38.85	300m: 3:45.13 38.59	400m: 5:00.24 36.36
3. SIATECKA, Weronika	00	5:09.55	437
50m: 34.51 34.51	150m: 1:53.35 40.10	250m: 3:12.50 39.55	350m: 4:30.98 38.99
100m: 1:13.25 38.74	200m: 2:32.95 39.60	300m: 3:51.99 39.49	400m: 5:09.55 38.57
4. FRANKIEWICZ, Zuzanna	01	5:19.77	396
50m: 35.39 35.39	150m: 1:55.89 40.88	250m: 3:18.14 41.09	350m: 4:40.48 41.23
100m: 1:15.01 39.62	200m: 2:37.05 41.16	300m: 3:59.25 41.11	400m: 5:19.77 39.29
12 - 13 lat			
1. ZAR BA-PARADOWSKA, JULIA	02	4:45.35	557
50m: 32.46 32.46	150m: 1:43.77 35.76	250m: 2:56.21 36.27	350m: 4:10.31 37.08
100m: 1:08.01 35.55	200m: 2:19.94 36.17	300m: 3:33.23 37.02	400m: 4:45.35 35.04
2. ZIELI SKA, Daria	03	4:59.77	481
50m: 33.87 33.87	150m: 1:48.57 37.55	250m: 3:06.16 38.66	350m: 4:23.25 38.42
100m: 1:11.02 37.15	200m: 2:27.50 38.93	300m: 3:44.83 38.67	400m: 4:59.77 36.52
3. ROSI SKA, KAROLINA	02	5:01.98	470
50m: 34.04 34.04	150m: 1:49.53 37.54	250m: 3:07.15 38.98	350m: 4:24.77 38.92
100m: 1:11.99 37.95	200m: 2:28.17 38.64	300m: 3:45.85 38.70	400m: 5:01.98 37.21
4. PACY SKA, Zosia	02	5:25.50	375
50m: 35.12 35.12	150m: 1:55.10 40.56	250m: 3:19.95 42.72	350m: 4:44.71 42.29
100m: 1:14.54 39.42	200m: 2:37.23 42.13	300m: 4:02.42 42.47	400m: 5:25.50 40.79
5. FRYSIAK, Zuzanna	03	5:29.82	361
50m: 34.61 34.61	150m: 1:59.15 43.78	250m: 3:24.85 42.77	350m: 4:50.77 43.05
100m: 1:15.37 40.76	200m: 2:42.08 42.93	300m: 4:07.72 42.87	400m: 5:29.82 39.05
6. AUGUSTYNIAK, Kinga	03	5:39.63	330
50m: 40.48 40.48	150m: 2:07.09 43.67	250m: 3:34.14 43.62	350m: 5:00.29 42.39
100m: 1:23.42 42.94	200m: 2:50.52 43.43	300m: 4:17.90 43.76	400m: 5:39.63 39.34
7. ZGÓRSKA, Natalia	02	5:44.15	318
50m: 40.67 40.67	150m: 2:09.33 44.85	250m: 3:39.25 44.64	350m: 5:05.24 43.26
100m: 1:24.48 43.81	200m: 2:54.61 45.28	300m: 4:21.98 42.73	400m: 5:44.15 38.91
PK BARNA , Maksymilian	05	5:41.08	242
50m: 39.65 39.65	150m: 2:06.47 42.79	250m:	350m: 5:00.54
100m: 1:23.68 44.03	200m: 2:50.01 43.54	300m:	400m: 5:41.08 40.54