

„Z DELFINEM DO RIO de JANEIRO"
Toru , 24-10-2015

Event 21
2015-10-24

Women, 400m Freestyle

12 years and older
Results

Points: FINA 2011

Rank			YB					Time	Pts		
16 years and older											
1.	RUTKOWSKA, Wiktoria		99	MUKS Pietnastka Bydgoszcz				4:50.13	530		
	50m:	33.31 33.31	150m:	1:45.98	36.66	250m:	2:59.58	36.85	350m:	4:13.89	37.18
	100m:	1:09.32 36.01	200m:	2:22.73	36.75	300m:	3:36.71	37.13	400m:	4:50.13	36.24
2.	ZIOLKOWSKA, Daria		98	MTKP Delfin Torun				4:57.57	492		
	50m:	33.53 33.53	150m:	1:46.65	36.95	250m:	3:01.98	38.11	350m:	4:19.23	38.74
	100m:	1:09.70 36.17	200m:	2:23.87	37.22	300m:	3:40.49	38.51	400m:	4:57.57	38.34
14 - 15 years											
1.	00802 DUDEK, Aleksandra		01	MUKS Pietnastka Bydgoszcz				4:39.42	594		
	50m:	30.50 30.50	150m:	1:41.59	36.52	250m:	2:54.34		350m:	4:05.26	34.56
	100m:	1:05.07 34.57	200m:			300m:	3:30.70	36.36	400m:	4:39.42	34.16
2.	GASOWSKA, Martyna		01	MTKP Delfin Torun				5:00.24	479		
	50m:	33.53 33.53	150m:	1:49.25	38.05	250m:	3:06.54	38.44	350m:	4:23.88	38.75
	100m:	1:11.20 37.67	200m:	2:28.10	38.85	300m:	3:45.13	38.59	400m:	5:00.24	36.36
3.	SIATECKA, Weronika		00	UKP Wodnik				5:09.55	437		
	50m:	34.51 34.51	150m:	1:53.35	40.10	250m:	3:12.50	39.55	350m:	4:30.98	38.99
	100m:	1:13.25 38.74	200m:	2:32.95	39.60	300m:	3:51.99	39.49	400m:	5:09.55	38.57
4.	FRANKIEWICZ, Zuzanna		01	"Osemka" Torun				5:19.77	396		
	50m:	35.39 35.39	150m:	1:55.89	40.88	250m:	3:18.14	41.09	350m:	4:40.48	41.23
	100m:	1:15.01 39.62	200m:	2:37.05	41.16	300m:	3:59.25	41.11	400m:	5:19.77	39.29
12 - 13 years											
1.	ZAREBA-PARADOWSKA, JULIA		02	BUKS Warszawa				4:45.35	557		
	50m:	32.46 32.46	150m:	1:43.77	35.76	250m:	2:56.21	36.27	350m:	4:10.31	37.08
	100m:	1:08.01 35.55	200m:	2:19.94	36.17	300m:	3:33.23	37.02	400m:	4:45.35	35.04
2.	ZIELINSKA, Daria		03	Torun Multisport Team TMT				4:59.77	481		
	50m:	33.87 33.87	150m:	1:48.57	37.55	250m:	3:06.16	38.66	350m:	4:23.25	38.42
	100m:	1:11.02 37.15	200m:	2:27.50	38.93	300m:	3:44.83	38.67	400m:	4:59.77	36.52
3.	ROSINSKA, KAROLINA		02	ORKA Grudziadz				5:01.98	470		
	50m:	34.04 34.04	150m:	1:49.53	37.54	250m:	3:07.15	38.98	350m:	4:24.77	38.92
	100m:	1:11.99 37.95	200m:	2:28.17	38.64	300m:	3:45.85	38.70	400m:	5:01.98	37.21
4.	PACYNSKA, Zosia		02	MKP Kontra Gniezno				5:25.50	375		
	50m:	35.12 35.12	150m:	1:55.10	40.56	250m:	3:19.95	42.72	350m:	4:44.71	42.29
	100m:	1:14.54 39.42	200m:	2:37.23	42.13	300m:	4:02.42	42.47	400m:	5:25.50	40.79
5.	FRYSIAK, Zuzanna		03	ZS nr27 UKS "Osowa Gora" Bydgoszcz				5:29.82	361		
	50m:	34.61 34.61	150m:	1:59.15	43.78	250m:	3:24.85	42.77	350m:	4:50.77	43.05
	100m:	1:15.37 40.76	200m:	2:42.08	42.93	300m:	4:07.72	42.87	400m:	5:29.82	39.05
6.	AUGUSTYNIAK, Kinga		03	Ruch Grudziadz				5:39.63	330		
	50m:	40.48 40.48	150m:	2:07.09	43.67	250m:	3:34.14	43.62	350m:	5:00.29	42.39
	100m:	1:23.42 42.94	200m:	2:50.52	43.43	300m:	4:17.90	43.76	400m:	5:39.63	39.34
7.	ZGORSKA, Natalia		02	MUKS Pietnastka Bydgoszcz				5:44.15	318		
	50m:	40.67 40.67	150m:	2:09.33	44.85	250m:	3:39.25	44.64	350m:	5:05.24	43.26
	100m:	1:24.48 43.81	200m:	2:54.61	45.28	300m:	4:21.98	42.73	400m:	5:44.15	38.91
EXH	BARNAS, Maksymilian		05	BUKS Warszawa				5:41.08	242		
	50m:	39.65 39.65	150m:	2:06.47	42.79	250m:			350m:	5:00.54	
	100m:	1:23.68 44.03	200m:	2:50.01	43.54	300m:			400m:	5:41.08	40.54