

OGÓLNOPOLSKI SPRAWDZIAN WYTRZYMAŁO CI I WSZECHSTRONNO CI W PŁYWANIU 11, 12 lat Strefa Bydgoska  
Bydgoszcz, 27- - 28-11-2015

Konkurencja 4  
2015-11-28

Chłopców, 400m dowolny

11 lat  
Wyniki

Punkty: FINA 2011

| Pozycja |                        |         |       |       | Rok ur. |                      |       |         |  | Czas           | Pkt. |
|---------|------------------------|---------|-------|-------|---------|----------------------|-------|---------|--|----------------|------|
| 1.      | KOPROWSKI, MARCIN      |         |       |       | 04      | MKS SP-63 Bydgoszcz  |       |         |  | <b>5:03.15</b> | 345  |
|         | 50m:                   | 33.03   | 33.03 | 150m: | 250m:   | 350m:                | 400m: | 5:03.15 |  |                |      |
|         | 100m:                  | 1:11.40 | 38.37 | 200m: | 300m:   | 3:50.10              |       |         |  |                |      |
| 2.      | MATUSZEWSKI, Krzysztof |         |       |       | 04      | Uks Zs27 Osg         |       |         |  | <b>5:05.03</b> | 339  |
|         | 50m:                   | 34.01   | 34.01 | 150m: | 250m:   | 350m:                | 400m: | 5:05.03 |  |                |      |
|         | 100m:                  | 1:12.42 | 38.41 | 200m: | 300m:   | 3:50.58              |       |         |  |                |      |
| 3.      | DZIKOWSKI, Mateusz     |         |       |       | 04      | MKS SP-63 Bydgoszcz  |       |         |  | <b>5:14.49</b> | 309  |
|         | 50m:                   | 34.12   | 34.12 | 150m: | 250m:   | 350m:                | 400m: | 5:14.49 |  |                |      |
|         | 100m:                  | 1:13.56 | 39.44 | 200m: | 300m:   | 3:55.61              |       |         |  |                |      |
| 4.      | OLSZEWSKI, Jakub       |         |       |       | 04      | MKS SP-63 Bydgoszcz  |       |         |  | <b>5:21.50</b> | 289  |
|         | 50m:                   | 33.04   | 33.04 | 150m: | 250m:   | 350m:                | 400m: | 5:21.50 |  |                |      |
|         | 100m:                  | 1:12.15 | 39.11 | 200m: | 300m:   | 3:59.59              |       |         |  |                |      |
| 5.      | MINISZEWSKI, Sebastian |         |       |       | 04      | Uks Zs27 Osg         |       |         |  | <b>5:21.58</b> | 289  |
|         | 50m:                   | 36.09   | 36.09 | 150m: | 250m:   | 350m:                | 400m: | 5:21.58 |  |                |      |
|         | 100m:                  | 1:16.43 | 40.34 | 200m: | 300m:   | 4:03.65              |       |         |  |                |      |
| 6.      | CZECHOWSKI, DAWID      |         |       |       | 04      | MUKS Rekin Bydgoszcz |       |         |  | <b>5:30.13</b> | 267  |
|         | 50m:                   | 37.84   | 37.84 | 150m: | 250m:   | 350m:                | 400m: | 5:30.13 |  |                |      |
|         | 100m:                  | 1:20.28 | 42.44 | 200m: | 300m:   | 4:12.06              |       |         |  |                |      |
| 7.      | KOWALSKI, Adrian       |         |       |       | 04      | MKS SP-63 Bydgoszcz  |       |         |  | <b>5:30.18</b> | 267  |
|         | 50m:                   | 37.12   | 37.12 | 150m: | 250m:   | 350m:                | 400m: | 5:30.18 |  |                |      |
|         | 100m:                  | 1:19.45 | 42.33 | 200m: | 300m:   | 4:10.90              |       |         |  |                |      |
| 8.      | STRZELECKI, Wiktor     |         |       |       | 04      | MKS SP-63 Bydgoszcz  |       |         |  | <b>5:43.08</b> | 238  |
|         | 50m:                   | 36.36   | 36.36 | 150m: | 250m:   | 350m:                | 400m: | 5:43.08 |  |                |      |
|         | 100m:                  | 1:20.21 | 43.85 | 200m: | 300m:   | 4:18.96              |       |         |  |                |      |
| 9.      | DOMAGAŁA, Tymoteusz    |         |       |       | 04      | Uks Zs27 Osg         |       |         |  | <b>5:49.18</b> | 226  |
|         | 50m:                   | 36.42   | 36.42 | 150m: | 250m:   | 350m:                | 400m: | 5:49.18 |  |                |      |
|         | 100m:                  | 1:17.76 | 41.34 | 200m: | 300m:   | 4:04.21              |       |         |  |                |      |
| 10.     | KNOPP, Jarosław        |         |       |       | 04      | Uks Zs27 Osg         |       |         |  | <b>5:53.89</b> | 217  |
|         | 50m:                   | 40.58   | 40.58 | 150m: | 250m:   | 350m:                | 400m: | 5:53.89 |  |                |      |
|         | 100m:                  | 1:25.98 | 45.40 | 200m: | 300m:   | 4:29.70              |       |         |  |                |      |
| 11.     | WARYLEWSKI, Kamil      |         |       |       | 04      | Uks Zs27 Osg         |       |         |  | <b>6:19.08</b> | 176  |
|         | 50m:                   | 42.70   | 42.70 | 150m: | 250m:   | 350m:                | 400m: | 6:19.08 |  |                |      |
|         | 100m:                  | 1:30.90 | 48.20 | 200m: | 300m:   | 4:45.75              |       |         |  |                |      |
| 12.     | LUTOBORSKI, Andrzej    |         |       |       | 04      | MKS SP-63 Bydgoszcz  |       |         |  | <b>6:19.33</b> | 176  |
|         | 50m:                   | 40.21   | 40.21 | 150m: | 250m:   | 350m:                | 400m: | 6:19.33 |  |                |      |
|         | 100m:                  | 1:26.57 | 46.36 | 200m: | 300m:   | 4:43.06              |       |         |  |                |      |
| 13.     | RYBICKI, Tomasz        |         |       |       | 04      | Uks Zs27 Osg         |       |         |  | <b>6:22.36</b> | 172  |
|         | 50m:                   | 39.97   | 39.97 | 150m: | 250m:   | 350m:                | 400m: | 6:22.36 |  |                |      |
|         | 100m:                  | 1:26.68 | 46.71 | 200m: | 300m:   | 4:43.81              |       |         |  |                |      |
| 14.     | JANKOWSKI, WOJCIECH    |         |       |       | 04      | MUKS Rekin Bydgoszcz |       |         |  | <b>6:25.75</b> | 167  |
|         | 50m:                   | 41.96   | 41.96 | 150m: | 250m:   | 350m:                | 400m: | 6:25.75 |  |                |      |
|         | 100m:                  | 1:30.84 | 48.88 | 200m: | 300m:   | 4:53.02              |       |         |  |                |      |
| 15.     | TOBJASZ, Paweł         |         |       |       | 04      | MKS SP-63 Bydgoszcz  |       |         |  | <b>6:26.16</b> | 167  |
|         | 50m:                   |         |       | 150m: | 250m:   | 350m:                | 400m: | 6:26.16 |  |                |      |
|         | 100m:                  | 1:30.16 |       | 200m: | 300m:   | 4:37.11              |       |         |  |                |      |
| 16.     | J CKA, Szymon          |         |       |       | 04      | Uks Zs27 Osg         |       |         |  | <b>6:39.40</b> | 151  |
|         | 50m:                   | 45.27   | 45.27 | 150m: | 250m:   | 350m:                | 400m: | 6:39.40 |  |                |      |
|         | 100m:                  | 1:36.43 | 51.16 | 200m: | 300m:   | 5:05.44              |       |         |  |                |      |
| 17.     | CHRÓ NIAK, SZYMON      |         |       |       | 04      | MUKS Rekin Bydgoszcz |       |         |  | <b>6:40.18</b> | 150  |
|         | 50m:                   | 41.03   | 41.03 | 150m: | 250m:   | 350m:                | 400m: | 6:40.18 |  |                |      |
|         | 100m:                  | 1:30.34 | 49.31 | 200m: | 300m:   | 5:03.68              |       |         |  |                |      |

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| Pozycja |              |                |         |       | Rok ur. |                                |         |       |         | Czas           | Pkt. |
|---------|--------------|----------------|---------|-------|---------|--------------------------------|---------|-------|---------|----------------|------|
| 18.     | WARZY        | SKI, Stanisław |         |       | 04      | MKS SP-63 Bydgoszcz            |         |       |         | <b>6:54.16</b> | 135  |
|         | 50m:         | 42.34          | 42.34   | 150m: |         | 250m:                          |         | 350m: |         |                |      |
|         | 100m:        | 1:33.47        | 51.13   | 200m: | 3:22.15 | 300m:                          | 5:11.99 | 400m: | 6:54.16 |                |      |
| 19.     | NOWACKI,     | MAKSYMILIAN    |         |       | 04      | MUKS Rekin Bydgoszcz           |         |       |         | <b>7:02.07</b> | 128  |
|         | 50m:         | 45.32          | 45.32   | 150m: |         | 250m:                          |         | 350m: |         |                |      |
|         | 100m:        | 1:37.01        | 51.69   | 200m: | 3:24.70 | 300m:                          | 5:15.14 | 400m: | 7:02.07 |                |      |
| 20.     | GRABSKI,     | Oskar          |         |       | 04      | MKS SP-63 Bydgoszcz            |         |       |         | <b>7:05.62</b> | 124  |
|         | 50m:         | 43.81          | 43.81   | 150m: |         | 250m:                          |         | 350m: |         |                |      |
|         | 100m:        | 1:36.88        | 53.07   | 200m: | 3:26.56 | 300m:                          | 5:18.37 | 400m: | 7:05.62 |                |      |
| 21.     | MAZUREK,     | GRACJAN        |         |       | 04      | MUKS Rekin Bydgoszcz           |         |       |         | <b>7:09.02</b> | 121  |
|         | 50m:         | 44.97          | 44.97   | 150m: |         | 250m:                          |         | 350m: |         |                |      |
|         | 100m:        | 1:37.32        | 52.35   | 200m: | 3:27.34 | 300m:                          | 5:20.78 | 400m: | 7:09.02 |                |      |
| 22.     | CHŁOPECKI,   | BARTOSZ        |         |       | 04      | MUKS Rekin Bydgoszcz           |         |       |         | <b>7:10.10</b> | 121  |
|         | 50m:         | 46.64          | 46.64   | 150m: |         | 250m:                          |         | 350m: |         |                |      |
|         | 100m:        | 1:41.92        | 55.28   | 200m: | 3:33.71 | 300m:                          | 5:27.82 | 400m: | 7:10.10 |                |      |
| 23.     | BANDURA,     | Kacper         |         |       | 04      | MKS SP-63 Bydgoszcz            |         |       |         | <b>7:11.39</b> | 119  |
|         | 50m:         | 46.01          | 46.01   | 150m: |         | 250m:                          |         | 350m: |         |                |      |
|         | 100m:        | 1:40.12        | 54.11   | 200m: | 3:31.68 | 300m:                          | 5:22.65 | 400m: | 7:11.39 |                |      |
| 24.     | MOCNY,       | DENIS          |         |       | 04      | MUKS Rekin Bydgoszcz           |         |       |         | <b>7:15.34</b> | 116  |
|         | 50m:         | 45.67          | 45.67   | 150m: |         | 250m:                          |         | 350m: |         |                |      |
|         | 100m:        | 1:40.48        | 54.81   | 200m: | 3:32.48 | 300m:                          | 5:26.44 | 400m: | 7:15.34 |                |      |
| 25.     | RÓG,         | Arkadiusz      |         |       | 04      | UKS "TYTAN-65" przy SP 65 w By |         |       |         | <b>7:22.13</b> | 111  |
|         | 50m:         | 46.27          | 46.27   | 150m: |         | 250m:                          |         | 350m: |         |                |      |
|         | 100m:        | 1:42.18        | 55.91   | 200m: | 3:37.15 | 300m:                          | 5:34.54 | 400m: | 7:22.13 |                |      |
| 26.     | ZACNY,       | Szymon         |         |       | 04      | MKS SP-63 Bydgoszcz            |         |       |         | <b>7:22.81</b> | 110  |
|         | 50m:         | 43.84          | 43.84   | 150m: |         | 250m:                          |         | 350m: |         |                |      |
|         | 100m:        | 1:38.31        | 54.47   | 200m: | 3:34.70 | 300m:                          | 5:33.02 | 400m: | 7:22.81 |                |      |
| 27.     | TALABSKI,    | Gracjan        |         |       | 04      | Uks Zs27 Osg                   |         |       |         | <b>7:24.85</b> | 109  |
|         | 50m:         | 44.98          | 44.98   | 150m: |         | 250m:                          |         | 350m: |         |                |      |
|         | 100m:        | 1:40.63        | 55.65   | 200m: | 3:35.16 | 300m:                          | 5:32.50 | 400m: | 7:24.85 |                |      |
| 28.     | WOJTASZEK,   | Kajetan        |         |       | 04      | MKS SP-63 Bydgoszcz            |         |       |         | <b>7:40.32</b> | 98   |
|         | 50m:         | 46.21          | 46.21   | 150m: |         | 250m:                          |         | 350m: |         |                |      |
|         | 100m:        | 1:42.31        | 56.10   | 200m: | 3:39.99 | 300m:                          | 5:40.94 | 400m: | 7:40.32 |                |      |
| 29.     | LEDOCHOWSKI, | Dawid          |         |       | 04      | MKS SP-63 Bydgoszcz            |         |       |         | <b>7:50.10</b> | 92   |
|         | 50m:         |                |         | 150m: |         | 250m:                          |         | 350m: |         |                |      |
|         | 100m:        | 1:50.16        |         | 200m: | 3:56.11 | 300m:                          | 5:50.28 | 400m: | 7:50.10 |                |      |
| 30.     | KRYSI        | SKI, Adrian    |         |       | 04      | Uks Zs27 Osg                   |         |       |         | <b>7:57.54</b> | 88   |
|         | 50m:         | 53.50          | 53.50   | 150m: |         | 250m:                          |         | 350m: |         |                |      |
|         | 100m:        | 1:53.86        | 1:00.36 | 200m: | 3:57.25 | 300m:                          | 6:02.18 | 400m: | 7:57.54 |                |      |