

Z DELFINEM DO TOKIO
Toru , 22-10-2016

Event 26
2016-10-22

Men, 400m Freestyle

12 years and older
Results

Points: FINA 2011

Rank			YB					Time	Pts		
16 years and older											
1.	KALUSOWSKI, Jan		00	MKS Trojka Lodz				4:04.81	656		
	50m:	28.60 28.60	150m:	1:30.05	30.56	250m:	2:32.04	31.11	350m:	3:34.36	31.12
	100m:	59.49 30.89	200m:	2:00.93	30.88	300m:	3:03.24	31.20	400m:	4:04.81	30.45
2.	GIERSZEWSKI, Jan SB		98	MUKS "Pietnastka" Bydgoszcz				4:07.91	632		
	50m:	28.90 28.90	150m:	1:31.90	31.59	250m:	2:35.02	31.31	350m:	3:38.12	31.29
	100m:	1:00.31 31.41	200m:	2:03.71	31.81	300m:	3:06.83	31.81	400m:	4:07.91	29.79
3.	BALCERAK, Jakub		00	MKS Trojka Lodz				4:10.25	614		
	50m:	29.01 29.01	150m:	1:32.04	31.49	250m:	2:35.77	31.75	350m:	3:39.39	31.61
	100m:	1:00.55 31.54	200m:	2:04.02	31.98	300m:	3:07.78	32.01	400m:	4:10.25	30.86
4.	TOPOLSKI, Dawid		00	MKS Trojka Lodz				4:10.54	612		
	50m:	29.04 29.04	150m:	1:31.63	31.62	250m:	2:36.15	32.36	350m:	3:40.72	32.25
	100m:	1:00.01 30.97	200m:	2:03.79	32.16	300m:	3:08.47	32.32	400m:	4:10.54	29.82
5.	SZCZEPANSKI, KACPER		99	Mks - Astoria Bydgoszcz				4:11.04	608		
	50m:	28.99 28.99	150m:	1:31.86	31.56	250m:	2:35.61	31.52	350m:	3:40.55	32.69
	100m:	1:00.30 31.31	200m:	2:04.09	32.23	300m:	3:07.86	32.25	400m:	4:11.04	30.49
6.	DOMANSKI, Kamil		00	MKS Trojka Lodz				4:19.42	551		
	50m:	29.28 29.28	150m:	1:32.69	32.03	250m:	2:39.20	33.65	350m:	3:47.57	34.02
	100m:	1:00.66 31.38	200m:	2:05.55	32.86	300m:	3:13.55	34.35	400m:	4:19.42	31.85
7.	PORCZYNSKI, Michal		00	MKS Trojka Lodz				4:22.58	532		
	50m:	29.88 29.88	150m:	1:34.97	33.14	250m:	2:43.35	33.96	350m:	3:50.76	33.15
	100m:	1:01.83 31.95	200m:	2:09.39	34.42	300m:	3:17.61	34.26	400m:	4:22.58	31.82
8.	BURZYKOWSKI, Maciej		00	MKS Trojka Lodz				4:27.32	504		
	50m:	30.44 30.44	150m:	1:37.98	33.98	250m:	2:46.77	34.35	350m:	3:54.38	33.21
	100m:	1:04.00 33.56	200m:	2:12.42	34.44	300m:	3:21.17	34.40	400m:	4:27.32	32.94
9.	KAMINSKI, Piotr		99	MKS Trojka Lodz				4:37.11	452		
	50m:	29.84 29.84	150m:	1:39.19	35.09	250m:	2:50.12	35.48	350m:	4:02.63	36.27
	100m:	1:04.10 34.26	200m:	2:14.64	35.45	300m:	3:26.36	36.24	400m:	4:37.11	34.48
14 - 15 years											
1.	00802 MUSZYNSKI, Jakub		01	MUKS "Pietnastka" Bydgoszcz				4:19.63	550		
	50m:	29.23 29.23	150m:	1:33.33	32.35	250m:	2:39.84	33.42	350m:	3:47.36	33.55
	100m:	1:00.98 31.75	200m:	2:06.42	33.09	300m:	3:13.81	33.97	400m:	4:19.63	32.27
2.	KOMOROWSKI, Jan		01	MKS Trojka Lodz				4:19.81	549		
	50m:	29.42 29.42	150m:	1:35.28	33.28	250m:	2:41.95	33.31	350m:	3:49.64	33.46
	100m:	1:02.00 32.58	200m:	2:08.64	33.36	300m:	3:16.18	34.23	400m:	4:19.81	30.17
3.	DOLOWY, GRZEGORZ		02	Iuks Muszelka				4:20.45	545		
	50m:	29.75 29.75	150m:	1:33.33	32.10	250m:	2:40.16	33.71	350m:	3:48.02	33.71
	100m:	1:01.23 31.48	200m:	2:06.45	33.12	300m:	3:14.31	34.15	400m:	4:20.45	32.43
4.	LECH, Filip		01	KP AVIA Swidnik				4:22.87	530		
	50m:	30.29 30.29	150m:	1:37.04	33.52	250m:	2:44.43	33.93	350m:	3:51.35	33.26
	100m:	1:03.52 33.23	200m:	2:10.50	33.46	300m:	3:18.09	33.66	400m:	4:22.87	31.52
5.	KRYSIK, Michal		01	MKS Trojka Lodz				4:24.30	521		
	50m:	30.29 30.29	150m:	1:36.24	33.14	250m:	2:43.42	33.65	350m:	3:50.86	33.85
	100m:	1:03.10 32.81	200m:	2:09.77	33.53	300m:	3:17.01	33.59	400m:	4:24.30	33.44
6.	FAJKOWSKI, Piotr		01	MKS Trojka Lodz				4:24.81	518		
	50m:	30.79 30.79	150m:	1:37.79	33.64	250m:	2:45.32	33.86	350m:	3:52.20	33.53
	100m:	1:04.15 33.36	200m:	2:11.46	33.67	300m:	3:18.67	33.35	400m:	4:24.81	32.61
7.	KULPA, Michal		01	UKS KURORT Ciecocinek				4:26.65	508		
	50m:	28.10 28.10	150m:	1:35.01	33.93	250m:	2:45.14	35.13	350m:	3:54.63	33.52
	100m:	1:01.08 32.98	200m:	2:10.01	35.00	300m:	3:21.11	35.97	400m:	4:26.65	32.02

Z DELFINEM DO TOKIO

Toru , 22-10-2016

Event 26, Boys, 400m Freestyle, 14 - 15 years

Rank			YB					Time	Pts			
8.	SOBKOW, Dominik		02	MUKS "Pietnastka" Bydgoszcz				4:31.36	482			
	50m:	29.97	29.97	150m:	1:37.47	34.25	250m:	2:46.86	34.50	350m:	3:57.16	35.12
	100m:	1:03.22	33.25	200m:	2:12.36	34.89	300m:	3:22.04	35.18	400m:	4:31.36	34.20
9.	MIKOS, Dawid		02	MKS Trojka Lodz				4:33.85	469			
	50m:	30.03	30.03	150m:	1:38.34	34.40	250m:	2:48.51	35.04	350m:	3:58.39	35.18
	100m:	1:03.94	33.91	200m:	2:13.47	35.13	300m:	3:23.21	34.70	400m:	4:33.85	35.46
10.	SYSKA, Milosz		01	MKS Trojka Lodz				4:37.77	449			
	50m:	32.48	32.48	150m:	1:42.48	35.15	250m:	2:53.41	35.37	350m:	4:03.80	35.40
	100m:	1:07.33	34.85	200m:	2:18.04	35.56	300m:	3:28.40	34.99	400m:	4:37.77	33.97
11.	SKROCKI, Maciej		01	MZOS Plock				4:44.58	417			
	50m:	30.34	30.34	150m:	1:39.76	35.28	250m:	2:52.79	36.83	350m:	4:08.33	37.94
	100m:	1:04.48	34.14	200m:	2:15.96	36.20	300m:	3:30.39	37.60	400m:	4:44.58	36.25
12.	SCIESZKO, Mateusz		01	MKS Trojka Lodz				4:48.71	400			
	50m:	32.91	32.91	150m:	1:44.05	35.95	250m:	2:57.44	36.84	350m:	4:11.94	36.94
	100m:	1:08.10	35.19	200m:	2:20.60	36.55	300m:	3:35.00	37.56	400m:	4:48.71	36.77
13.	BUSZ, Krystian		01	MTKP Delfin Torun				4:54.93	375			
	50m:	32.96	32.96	150m:	1:47.55	37.52	250m:	3:03.49	38.00	350m:	4:18.76	37.79
	100m:	1:10.03	37.07	200m:	2:25.49	37.94	300m:	3:40.97	37.48	400m:	4:54.93	36.17

12 - 13 years

1.	RODKIEWICZ, RADOSLAW		03	Iuks Muszelka				4:26.20	510			
	50m:	30.66	30.66	150m:	1:38.31	34.09	250m:	2:46.15	33.72	350m:	3:53.51	33.88
	100m:	1:04.22	33.56	200m:	2:12.43	34.12	300m:	3:19.63	33.48	400m:	4:26.20	32.69
2.	TRYLSKI, Wiktor		03	UKS TRI-Team Rumia				4:33.50	470			
	50m:	31.73	31.73	150m:	1:40.47	34.72	250m:	2:50.61	35.27	350m:	4:00.51	34.84
	100m:	1:05.75	34.02	200m:	2:15.34	34.87	300m:	3:25.67	35.06	400m:	4:33.50	32.99
3.	CHMIELEWSKI, MICHAL		04	Iuks Muszelka				4:38.70	444			
	50m:	31.73	31.73	150m:	1:42.76	35.72	250m:	2:54.25	35.84	350m:	4:04.90	35.31
	100m:	1:07.04	35.31	200m:	2:18.41	35.65	300m:	3:29.59	35.34	400m:	4:38.70	33.80
4.	WISNIEWSKI, Mikolaj		03	MUKS "Pietnastka" Bydgoszcz				4:47.51	405			
	50m:	31.92	31.92	150m:	1:45.20	37.24	250m:	2:59.50	36.85	350m:	4:13.50	36.64
	100m:	1:07.96	36.04	200m:	2:22.65	37.45	300m:	3:36.86	37.36	400m:	4:47.51	34.01
5.	LEWANDOWSKI, Oliwier		03	MZOS Plock				4:47.84	403			
	50m:	31.71	31.71	150m:	1:43.54	36.35	250m:	2:58.39	37.58	350m:	4:13.21	37.48
	100m:	1:07.19	35.48	200m:	2:20.81	37.27	300m:	3:35.73	37.34	400m:	4:47.84	34.63
6.	ULANOWSKI, Lucjan		03	MUKS "Pietnastka" Bydgoszcz				4:49.20	398			
	50m:	31.43	31.43	150m:	1:43.50	36.63	250m:	2:58.06	37.48	350m:	4:12.20	37.38
	100m:	1:06.87	35.44	200m:	2:20.58	37.08	300m:	3:34.82	36.76	400m:	4:49.20	37.00
7.	WOJCIECHOWSKI, Kajetan		03	MKS Trojka Lodz				5:00.86	353			
	50m:	35.46	35.46	150m:	1:52.65	39.25	250m:	3:10.00	1:14.31	350m:	4:27.16	38.60
	100m:	1:13.40	37.94	200m:	1:55.69	3.04	300m:	3:48.56	38.56	400m:	5:00.86	33.70
8.	STRASZYNSKI, Kacper		03	MKS Trojka Lodz				5:02.19	349			
	50m:	33.05	33.05	150m:	1:49.01	38.72	250m:	3:07.65	39.35	350m:	4:25.37	38.61
	100m:	1:10.29	37.24	200m:	2:28.30	39.29	300m:	3:46.76	39.11	400m:	5:02.19	36.82
9.	GALECKI, Krzysztof		03	MKS Trojka Lodz				5:02.29	348			
	50m:	34.69	34.69	150m:	1:50.59	38.61	250m:	3:08.50	38.63	350m:		
	100m:	1:11.98	37.29	200m:	2:29.87	39.28	300m:	3:47.60	39.10	400m:	5:02.29	
10.	BRONCZYK, Hubert		04	MTKP Delfin Torun				5:15.70	306			
	50m:	34.51	34.51	150m:	1:54.73	40.87	250m:	3:16.98	41.05	350m:	4:38.42	40.28
	100m:	1:13.86	39.35	200m:	2:35.93	41.20	300m:	3:58.14	41.16	400m:	5:15.70	37.28
11.	PRZYGOCKI, Dawid		04	MTKP Delfin Torun				5:21.72	289			
	50m:	34.81	34.81	150m:	1:57.75	41.91	250m:	3:22.12	41.87	350m:	4:43.66	40.92
	100m:	1:15.84	41.03	200m:	2:40.25	42.50	300m:	4:02.74	40.62	400m:	5:21.72	38.06

Z DELFINEM DO TOKIO
Toru , 22-10-2016

Event 26, Boys, 400m Freestyle, 12 - 13 years

Rank			YB						Time	Pts
12.	GRABOWSKI, Jakub		04	MZOS Plock					5:24.56	281
	50m: 37.91 37.91	150m: 2:01.63		42.29	250m: 3:23.71	40.46	350m: 4:46.17		40.67	
	100m: 1:19.34 41.43	200m: 2:43.25		41.62	300m: 4:05.50	41.79	400m: 5:24.56		38.39	
13.	KRUSZEWSKI, Adrian		04	MTKP Delfin Torun					5:31.97	263
	50m: 36.75 36.75	150m: 2:01.52		42.50	250m: 3:28.50	43.05	350m: 4:52.24		40.61	
	100m: 1:19.02 42.27	200m: 2:45.45		43.93	300m: 4:11.63	43.13	400m: 5:31.97		39.73	
14.	SOSNOWSKI, Michal		04	MTKP Delfin Torun					5:37.31	250
	50m: 37.47 37.47	150m: 2:02.95		42.29	250m: 3:29.95	43.10	350m: 4:56.24		42.30	
	100m: 1:20.66 43.19	200m: 2:46.85		43.90	300m: 4:13.94	43.99	400m: 5:37.31		41.07	
15.	PYRZYNSKI, Daniel		04	MTKP Delfin Torun					6:02.57	202
	50m: 40.24 40.24	150m: 2:10.68		45.52	250m: 3:44.17	47.27	350m: 5:17.94		46.91	
	100m: 1:25.16 44.92	200m: 2:56.90		46.22	300m: 4:31.03	46.86	400m: 6:02.57		44.63	
16.	RABANT, Wiktor		04	MTKP Delfin Torun					6:24.81	169
	50m: 39.33 39.33	150m: 2:14.31		48.79	250m: 3:55.62	50.22	350m: 5:38.10		51.04	
	100m: 1:25.52 46.19	200m: 3:05.40		51.09	300m: 4:47.06	51.44	400m: 6:24.81		46.71	
17.	SIEMIENIECKI, Damian		04	MTKP Delfin Torun					6:31.22	160
	50m: 42.86 42.86	150m: 2:19.57		48.99	250m: 3:58.64	49.05	350m: 5:40.76		50.51	
	100m: 1:30.58 47.72	200m: 3:09.59		50.02	300m: 4:50.25	51.61	400m: 6:31.22		50.46	