

„Z DELFINEM DO TOKIO"  
Toru , 28-10-2017

Event 25  
2017-10-28

Women, 400m Freestyle

12 years and older  
Results

Points: FINA 2017

Rank					YB					Time	Pts	
<b>16 years and older</b>												
1.	DUDEK, Aleksandra SB				01	MUKS "Pietnastka" Bydgoszcz				<b>4:29.65</b>	657	
	50m:	29.86	29.86	150m:	1:36.96	34.07	250m:	2:46.43	34.59	350m:	3:55.73	34.49
	100m:	1:02.89	33.03	200m:	2:11.84	34.88	300m:	3:21.24	34.81	400m:	4:29.65	33.92
2.	WLODARCZYK, Agnieszka				01	MUKS "Pietnastka" Bydgoszcz				<b>4:34.63</b>	622	
	50m:	31.02	31.02	150m:	1:39.67	34.92	250m:	2:49.90	35.06	350m:	4:00.35	35.24
	100m:	1:04.75	33.73	200m:	2:14.84	35.17	300m:	3:25.11	35.21	400m:	4:34.63	34.28
3.	BILSKA, Natalia				01	MUKS "Pietnastka" Bydgoszcz				<b>4:53.72</b>	509	
	50m:	33.22	33.22	150m:	1:45.19	36.72	250m:	3:00.75	37.98	350m:	4:17.45	37.85
	100m:	1:08.47	35.25	200m:	2:22.77	37.58	300m:	3:39.60	38.85	400m:	4:53.72	36.27
<b>15 years</b>												
1.	SZEWCZYK, Zofia				02	Fala Krasnik				<b>4:41.42</b>	578	
	50m:	32.18	32.18	150m:	1:42.32	35.77	250m:	2:54.23	36.22	350m:	4:06.27	36.11
	100m:	1:06.55	34.37	200m:	2:18.01	35.69	300m:	3:30.16	35.93	400m:	4:41.42	35.15
2.	GAJDZINSKA, Amelia				02	MUKS "Pietnastka" Bydgoszcz				<b>4:43.25</b>	567	
	50m:	31.17	31.17	150m:	1:41.63	35.92	250m:	2:54.33	36.64	350m:	4:08.46	37.12
	100m:	1:05.71	34.54	200m:	2:17.69	36.06	300m:	3:31.34	37.01	400m:	4:43.25	34.79
3.	AJTNER, Sonia				02	MUKS "Pietnastka" Bydgoszcz				<b>5:00.80</b>	473	
	50m:	34.85	34.85	150m:	1:50.50	37.96	250m:	3:06.48	37.61	350m:	4:22.84	38.24
	100m:	1:12.54	37.69	200m:	2:28.87	38.37	300m:	3:44.60	38.12	400m:	5:00.80	37.96
4.	CZARNIAK, Natalia				02	MUKS "Pietnastka" Bydgoszcz				<b>5:05.70</b>	451	
	50m:	34.20	34.20	150m:	1:51.63	39.32	250m:	3:09.69	39.05	350m:	4:27.86	39.03
	100m:	1:12.31	38.11	200m:	2:30.64	39.01	300m:	3:48.83	39.14	400m:	5:05.70	37.84
5.	UKLEJEWSKA, Oliwia				02	MUKS "Pietnastka" Bydgoszcz				<b>5:18.18</b>	400	
	50m:	35.35	35.35	150m:	1:54.68	40.19	250m:	3:15.34	40.63	350m:	4:34.15	39.33
	100m:	1:14.49	39.14	200m:	2:34.71	40.03	300m:	3:54.82	39.48	400m:	5:18.18	44.03
6.	SKRABURSKA, Julia				02	KONKRET Gniezno				<b>5:20.50</b>	391	
	50m:	35.57	35.57	150m:	1:56.56	40.81	250m:	3:19.94	41.64	350m:	4:43.32	41.40
	100m:	1:15.75	40.18	200m:	2:38.30	41.74	300m:	4:01.92	41.98	400m:	5:20.50	37.18
7.	MICHALOWSKA, Gabriela				02	Delfin Torun				<b>5:35.82</b>	340	
	50m:	37.42	37.42	150m:	2:00.89	42.76	250m:	3:26.87	43.41	350m:	4:54.77	43.73
	100m:	1:18.13	40.71	200m:	2:43.46	42.57	300m:	4:11.04	44.17	400m:	5:35.82	41.05
DSQ	ZGORSKA, Natalia				02	MUKS "Pietnastka" Bydgoszcz						
	50m:	34.00	34.00	150m:	1:49.90	38.41	250m:	3:08.46	39.23	350m:	4:25.59	38.42
	100m:	1:11.49	37.49	200m:	2:29.23	39.33	300m:	3:47.17	38.71	400m:		
<b>14 years</b>												
1.	FRYSIAK, Zuzanna				03	MUKS "Pietnastka" Bydgoszcz				<b>4:41.64</b>	577	
	50m:	31.49	31.49	150m:	1:41.45	35.60	250m:	2:53.78	36.41	350m:	4:06.53	36.63
	100m:	1:05.85	34.36	200m:	2:17.37	35.92	300m:	3:29.90	36.12	400m:	4:41.64	35.11
2.	MACHULAK, Maja				03	Fala Krasnik				<b>4:50.61</b>	525	
	50m:	33.50	33.50	150m:	1:46.88	37.09	250m:	3:00.63	36.64	350m:	4:14.64	37.11
	100m:	1:09.79	36.29	200m:	2:23.99	37.11	300m:	3:37.53	36.90	400m:	4:50.61	35.97
3.	STODOLSKA, Zofia				03	Mks- Astoria Bydgoszcz				<b>4:58.09</b>	486	
	50m:	33.77	33.77	150m:	1:48.74	37.95	250m:	3:05.40	38.13	350m:	4:21.24	37.88
	100m:	1:10.79	37.02	200m:	2:27.27	38.53	300m:	3:43.36	37.96	400m:	4:58.09	36.85

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13 years

1.	RYDYNSKA, Marianna	04	MUKS "Pietnastka" Bydgoszcz	<b>4:37.61</b>	602
	50m: 31.08 31.08	150m: 1:40.58	35.12 250m: 2:51.66	35.33 350m: 4:03.69	36.10
	100m: 1:05.46 34.38	200m: 2:16.33	35.75 300m: 3:27.59	35.93 400m: 4:37.61	33.92
2.	CYGAN, Julia	04	MUKS "Pietnastka" Bydgoszcz	<b>4:44.17</b>	562
	50m: 32.29 32.29	150m: 1:43.28	36.02 250m: 2:55.67	36.13 350m: 4:08.77	36.60
	100m: 1:07.26 34.97	200m: 2:19.54	36.26 300m: 3:32.17	36.50 400m: 4:44.17	35.40
3.	MALINOS, Julia	04	Orka Zamosc	<b>4:56.75</b>	493
	50m: 33.18 33.18	150m: 1:47.10	37.77 250m: 3:01.89	37.70 350m: 4:19.21	39.06
	100m: 1:09.33 36.15	200m: 2:24.19	37.09 300m: 3:40.15	38.26 400m: 4:56.75	37.54
4.	TOMASIK, Otylia	04	MUKS "Pietnastka" Bydgoszcz	<b>5:00.41</b>	475
	50m: 33.67 33.67	150m: 1:47.84	37.46 250m: 3:04.62	38.75 350m: 4:22.76	39.03
	100m: 1:10.38 36.71	200m: 2:25.87	38.03 300m: 3:43.73	39.11 400m: 5:00.41	37.65
5.	BIERNACKA, Maja	04	MKS Jedyńka Lodz	<b>5:03.12</b>	463
	50m: 34.69 34.69	150m: 1:51.40	38.60 250m: 3:09.06	38.85 350m: 4:26.80	38.66
	100m: 1:12.80 38.11	200m: 2:30.21	38.81 300m: 3:48.14	39.08 400m: 5:03.12	36.32
6.	HERMANOWSKA, Natalia	04	MUKS "Pietnastka" Bydgoszcz	<b>5:04.93</b>	454
	50m: 34.45 34.45	150m: 1:50.14	38.31 250m: 3:08.73	39.21 350m: 4:28.21	39.81
	100m: 1:11.83 37.38	200m: 2:29.52	39.38 300m: 3:48.40	39.67 400m: 5:04.93	36.72
7.	ZELIS, Julia	04	MUKS "Pietnastka" Bydgoszcz	<b>5:24.35</b>	378
	50m: 37.67 37.67	150m: 2:00.01	41.81 250m: 3:23.95	42.49 350m: 4:47.32	41.58
	100m: 1:18.20 40.53	200m: 2:41.46	41.45 300m: 4:05.74	41.79 400m: 5:24.35	37.03
8.	ORUM, Melissa	04	MUKS "Pietnastka" Bydgoszcz	<b>5:24.45</b>	377
	50m: 35.94 35.94	150m: 1:59.07	41.85 250m: 3:22.13	41.58 350m: 4:45.82	41.65
	100m: 1:17.22 41.28	200m: 2:40.55	41.48 300m: 4:04.17	42.04 400m: 5:24.45	38.63
9.	STUDZINSKA, Nadia	04	MUKS "Pietnastka" Bydgoszcz	<b>5:39.14</b>	330
	50m: 37.27 37.27	150m: 2:04.14	44.38 250m: 3:31.64	43.65 350m: 4:58.47	43.11
	100m: 1:19.76 42.49	200m: 2:47.99	43.85 300m: 4:15.36	43.72 400m: 5:39.14	40.67
10.	HAUZNER, Emilia	04	Orka Zamosc	<b>5:59.38</b>	277
	50m: 39.76 39.76	150m: 2:10.96	45.51 250m: 3:43.61	46.52 350m: 5:15.62	45.82
	100m: 1:25.45 45.69	200m: 2:57.09	46.13 300m: 4:29.80	46.19 400m: 5:59.38	43.76
11.	CZARNIAK, Wiktoria	04	MUKS "Pietnastka" Bydgoszcz	<b>6:04.14</b>	267
	50m: 41.02 41.02	150m: 2:14.78	47.14 250m: 3:48.31	47.03 350m: 5:20.97	46.56
	100m: 1:27.64 46.62	200m: 3:01.28	46.50 300m: 4:34.41	46.10 400m: 6:04.14	43.17

12 years

1.	TOFIL, Emilia	05	KS Delfin Gdynia	<b>4:53.43</b>	510
	50m: 33.58 33.58	150m: 1:47.58	37.43 250m: 3:02.26	37.14 350m: 4:17.59	38.03
	100m: 1:10.15 36.57	200m: 2:25.12	37.54 300m: 3:39.56	37.30 400m: 4:53.43	35.84
2.	SEDLAK, Alicja	05	"Osemka" Torun	<b>5:00.31</b>	476
	50m: 33.86 33.86	150m: 1:50.00	38.35 250m: 3:07.11	38.74 350m: 4:24.22	38.47
	100m: 1:11.65 37.79	200m: 2:28.37	38.37 300m: 3:45.75	38.64 400m: 5:00.31	36.09
3.	RONKIEWICZ, Dominika SB	05	UKS ZS 27 "Osowa Gora" Bydgosz	<b>5:23.88</b>	379
	50m: 34.47 34.47	150m: 1:56.55	41.77 250m: 3:21.18	41.92 350m: 4:44.77	41.17
	100m: 1:14.78 40.31	200m: 2:39.26	42.71 300m: 4:03.60	42.42 400m: 5:23.88	39.11
4.	SOSNOWKA, Oliwia	05	Fala Krasnik	<b>5:29.32</b>	361
	50m: 36.32 36.32	150m: 2:00.28	42.45 250m: 3:25.22	42.74 350m: 4:49.07	41.87
	100m: 1:17.83 41.51	200m: 2:42.48	42.20 300m: 4:07.20	41.98 400m: 5:29.32	40.25
5.	WALERON, Agnieszka	05	Ruch	<b>6:38.71</b>	203
	50m: 43.33 43.33	150m: 2:23.91	50.29 250m: 4:07.81	51.86 350m: 5:50.35	50.78
	100m: 1:33.62 50.29	200m: 3:15.95	52.04 300m: 4:59.57	51.76 400m: 6:38.71	48.36
EXH	ZIEBA, Anastazja	05	Delfin Torun	<b>5:19.65</b>	394
	50m: 35.27 35.27	150m: 1:56.42	41.29 250m: 3:19.33	41.33 350m: 4:41.49	40.44
	100m: 1:15.13 39.86	200m: 2:38.00	41.58 300m: 4:01.05	41.72 400m: 5:19.65	38.16