

Główne Mistrzostwa Polski Seniorów i Młodzie owców w pływaniu
Olsztyn, 26-29.04.2023

Konkurencja 17
2023-04-27 - 10:54

Kobiet, 400m zmienny

14 lat i starsi
Wyniki Eliminacje

Rekord Polski	4:36.95	BARANOWSKA Katarzyna	00116	Beijing (CHN)	2008
Rekord Polski Młodzie owców	4:36.95	BARANOWSKA Katarzyna	00116	Beijing (CHN)	2008

Min. M Fukuoka 2023 Open: 4:43.06 / Min. Uniwersjada Chengdu 18 - 27: 4:48.72 / Min. ME U-23 Dublin 2023 19 - 23: 4:48.72 /
Min. M J Netanya 2023 K 14 - 18: 4:47.06 / Min. MEJ Belgrad 2023 K 16 - 18: 4:57.06

Punkty: FINA 2023

Pozycja			Rok ur.							Czas	Pkt.	
1.	PIEKARSKA Natalia		06	UKS 190 Łód						4:56.55	724	A
	<i>Min. MEJ Belgrad 2023</i>											
	50m:	31.02	31.02	150m:	1:44.03	38.38	250m:	3:05.20	43.79	350m:	4:23.63	34.01
	100m:	1:05.65	34.63	200m:	2:21.41	37.38	300m:	3:49.62	44.42	400m:	4:56.55	32.92
2.	KNOP Aleksandra		03	UKS 190 Łód						4:58.62	709	A
	50m:	30.22	30.22	150m:	1:43.37	38.69	250m:	3:04.69	43.71	350m:	4:24.24	35.35
	100m:	1:04.68	34.46	200m:	2:20.98	37.61	300m:	3:48.89	44.20	400m:	4:58.62	34.38
3.	FAMULOK Zuzanna		03	AZS AWF Katowice						5:00.05	699	A
	50m:	31.21	31.21	150m:	1:46.39	39.05	250m:	3:06.44	41.87	350m:	4:25.10	36.33
	100m:	1:07.34	36.13	200m:	2:24.57	38.18	300m:	3:48.77	42.33	400m:	5:00.05	34.95
4.	POZNA SKA Justyna		05	MKS JEDYNKA Łód						5:02.24	684	A
	50m:	31.97	31.97	150m:	1:47.48	39.10	250m:	3:08.74	43.99	350m:	4:28.20	35.27
	100m:	1:08.38	36.41	200m:	2:24.75	37.27	300m:	3:52.93	44.19	400m:	5:02.24	34.04
5.	GLI SKA Oliwia		07	TP Zielona Góra						5:02.69	681	A
	50m:	32.73	32.73	150m:	1:47.56	37.87	250m:	3:08.64	44.05	350m:	4:28.33	35.24
	100m:	1:09.69	36.96	200m:	2:24.59	37.03	300m:	3:53.09	44.45	400m:	5:02.69	34.36
6.	JUDA Aleksandra		06	UKP UNIA O wi cim						5:03.82	673	A
	50m:	31.66	31.66	150m:	1:48.04	39.77	250m:	3:11.56	43.98	350m:	4:30.24	35.05
	100m:	1:08.27	36.61	200m:	2:27.58	39.54	300m:	3:55.19	43.63	400m:	5:03.82	33.58
7.	LUBI SKA Alicja		05	MKS JEDYNKA Łód						5:05.32	663	A
	50m:	31.78	31.78	150m:	1:48.24	39.93	250m:	3:08.60	41.63	350m:	4:28.59	37.00
	100m:	1:08.31	36.53	200m:	2:26.97	38.73	300m:	3:51.59	42.99	400m:	5:05.32	36.73
8.	DUDEK Lena		09	CSiR MOS D browa Górnicza						5:07.50	649	A
	50m:	31.69	31.69	150m:	1:49.17	40.80	250m:	3:10.69	42.68	350m:	4:32.11	37.40
	100m:	1:08.37	36.68	200m:	2:28.01	38.84	300m:	3:54.71	44.02	400m:	5:07.50	35.39
9.	BOBROVSKA Alina		08	KS KSZO Ostrowiec w.						5:07.67	648	A
	50m:	30.16	30.16	150m:	1:46.43	40.86	250m:	3:10.30	44.37	350m:	4:32.64	37.38
	100m:	1:05.57	35.41	200m:	2:25.93	39.50	300m:	3:55.26	44.96	400m:	5:07.67	35.03
10.	RODZIEWICZ Alicja		08	UKS NAWA Skierniewice						5:07.98	646	A
	50m:	32.10	32.10	150m:	1:49.14	39.29	250m:	3:11.92	44.31	350m:	4:33.22	35.37
	100m:	1:09.85	37.75	200m:	2:27.61	38.47	300m:	3:57.85	45.93	400m:	5:07.98	34.76
11.	SAVCHENKO Oleksandra		08	KS KSZO Ostrowiec w.						5:08.49	643	B
	50m:	31.34	31.34	150m:	1:46.89	39.50	250m:	3:10.92	44.93	350m:	4:32.99	36.84
	100m:	1:07.39	36.05	200m:	2:25.99	39.10	300m:	3:56.15	45.23	400m:	5:08.49	35.50
12.	B TKOWSKA Zuzanna		06	UKS SMS Galicja Kraków						5:13.24	614	B
	50m:	31.96	31.96	150m:	1:50.74	40.80	250m:	3:14.98	44.61	350m:	4:37.40	37.32
	100m:	1:09.94	37.98	200m:	2:30.37	39.63	300m:	4:00.08	45.10	400m:	5:13.24	35.84
13.	DRAGAN Julia		04	KS OLIMPIA Lublin						5:15.02	604	B
	50m:	32.07	32.07	150m:	1:52.03	42.39	250m:	3:18.07	44.65	350m:	4:39.83	36.65
	100m:	1:09.64	37.57	200m:	2:33.42	41.39	300m:	4:03.18	45.11	400m:	5:15.02	35.19
14.	LECHOWSKA Magdalena		06	WKS L SK Wrocław						5:15.26	603	B
	50m:	31.55	31.55	150m:	1:49.01	40.31	250m:	3:14.14	45.16	350m:	4:38.37	38.04
	100m:	1:08.70	37.15	200m:	2:28.98	39.97	300m:	4:00.33	46.19	400m:	5:15.26	36.89
15.	PLAGA Olga		07	TP SKALAR Słupsk						5:19.27	580	B
	50m:	33.04	33.04	150m:	1:53.11	41.60	250m:	3:17.99	43.94	350m:	4:41.23	38.40
	100m:	1:11.51	38.47	200m:	2:34.05	40.94	300m:	4:02.83	44.84	400m:	5:19.27	38.04

Główne Mistrzostwa Polski Seniorów i Młodzie owców w pływaniu
Olsztyn, 26-29.04.2023

Konkurencja 17, Kobiet, 400m zmienny, Eliminacje, 14 lat i starsi

Pozycja	Rok ur.	Czas	Pkt.
16. BUKOWSKA Olga	05 MKP Szczecin	5:19.55	579 B
50m: 32.34 32.34	150m: 1:54.66 43.40	250m: 3:22.30 45.64	350m: 4:44.00 36.24
100m: 1:11.26 38.92	200m: 2:36.66 42.00	300m: 4:07.76 45.46	400m: 5:19.55 35.55
17. SKRZYPCZAK Natalia	07 Akademia SMS Racibórz	5:20.48	574 B
50m: 34.39 34.39	150m: 1:55.10 41.90	250m: 3:21.50 45.26	350m: 4:44.97 38.46
100m: 1:13.20 38.81	200m: 2:36.24 41.14	300m: 4:06.51 45.01	400m: 5:20.48 35.51
18. TADKO Wiktoria	05 MKS SMS Victoria Racibórz	5:23.41	558 B
50m: 33.27 33.27	150m: 1:54.38 42.31	250m: 3:22.16 47.17	350m: 4:48.13 38.44
100m: 1:12.07 38.80	200m: 2:34.99 40.61	300m: 4:09.69 47.53	400m: 5:23.41 35.28
19. STASZKIEWICZ Julia	08 CSiR MOS D browa Górnicza	5:23.83	556 B
50m: 34.29 34.29	150m: 1:56.73 43.46	250m: 3:23.74 44.75	350m: 4:46.90 38.19
100m: 1:13.27 38.98	200m: 2:38.99 42.26	300m: 4:08.71 44.97	400m: 5:23.83 36.93
20. KAPKA Antonina	09 CSiR MOS D browa Górnicza	5:24.52	552 B
50m: 34.85 34.85	150m: 1:56.95 41.88	250m: 3:23.16 45.69	350m: 4:48.49 39.22
100m: 1:15.07 40.22	200m: 2:37.47 40.52	300m: 4:09.27 46.11	400m: 5:24.52 36.03
21. NIKIEL Natalia	06 MKS Park Wodny Tarnowskie Góry	5:26.00	545 R
50m: 33.86 33.86	150m: 1:54.90 42.40	250m: 3:22.29 46.21	350m: 4:48.13 38.97
100m: 1:12.50 38.64	200m: 2:36.08 41.18	300m: 4:09.16 46.87	400m: 5:26.00 37.87
22. SOBOLAK Gabriela	09 TP OLIMPIJCZYK Aleksandrów Łódzki	5:29.71	527 R
50m: 34.20 34.20	150m: 1:58.43 44.25	250m: 3:26.73 44.65	350m: 4:51.77 38.93
100m: 1:14.18 39.98	200m: 2:42.08 43.65	300m: 4:12.84 46.11	400m: 5:29.71 37.94
23. SULAK Antonina	06 UKS PI TKA Konstancynów Łódzki	5:30.97	521
50m: 33.12 33.12	150m: 1:54.67 43.39	250m: 3:25.02 47.85	350m: 4:52.73 40.49
100m: 1:11.28 38.16	200m: 2:37.17 42.50	300m: 4:12.24 47.22	400m: 5:30.97 38.24
24. ŁOBODA Maria	08 UKS CITYZEN Pozna	5:34.31	505
50m: 33.36 33.36	150m: 1:57.31 43.20	250m: 3:26.81 47.60	350m: 4:55.63 40.74
100m: 1:14.11 40.75	200m: 2:39.21 41.90	300m: 4:14.89 48.08	400m: 5:34.31 38.68
25. BIE U SKA Paulina	09 SQUATINA Ostroł ka	5:37.12	493
50m: 36.00 36.00	150m: 2:04.29 41.65	250m: 3:32.67 47.37	350m: 5:01.61 38.69
100m: 1:22.64 46.64	200m: 2:45.30 41.01	300m: 4:22.92 50.25	400m: 5:37.12 35.51
26. KAMPCZYK Paulina	06 MKS SMS Victoria Racibórz	5:39.19	484
50m: 38.41 38.41	150m: 2:07.11 45.48	250m: 3:36.89 45.69	350m: 5:02.18 38.36
100m: 1:21.63 43.22	200m: 2:51.20 44.09	300m: 4:23.82 46.93	400m: 5:39.19 37.01
27. JABŁO SKA Natalia	08 MTP KORMORAN Olsztyn	5:43.93	464
50m: 36.62 36.62	150m: 2:03.04 44.53	250m: 3:34.63 48.74	350m: 5:04.36 40.01
100m: 1:18.51 41.89	200m: 2:45.89 42.85	300m: 4:24.35 49.72	400m: 5:43.93 39.57
28. ZI TEK Julia	09 UKP Ruda l ska	5:52.55	431
50m: 35.90 35.90	150m: 2:08.87 46.24	250m: 3:44.25 50.29	350m: 5:15.11 39.33
100m: 1:22.63 46.73	200m: 2:53.96 45.09	300m: 4:35.78 51.53	400m: 5:52.55 37.44
DYSKW. PRZYBYLSKA Oliwia	07 KU AZS UMCS Lublin		
<i>Z3 - Pływak uko czył poszczególne odcinki niezgodnie z przepisami o zakoczeniu wy cigu w danym stylu., G8</i>			