

Główne Mistrzostwa Polski Seniorów i Młodzie owców w pływaniu  
Olsztyn, 26-29.04.2023

Konkurencja 18  
2023-04-27 - 11:14

M czyzn, 400m zmienny

14 lat i starsi  
Wyniki Eliminacje

Rekord Polski	4:12.28	MATCZAK Mateusz	00905	Belgrade (SRB)	2009
Rekord Polski Młodzie owców	4:12.28	MATCZAK Mateusz	00905	Belgrade (SRB)	2009

Min. M Fukuoka 2023 Open: 4:17.48 / Min. ME U-23 Dublin 2023 19 - 23: 4:22.63 / Min. M J Netanya 2023 M 15 - 18: 4:20.58 /  
Min. MEJ Belgrad 2023 M 17 - 18: 4:29.06 / Min. Uniwersjada Chengdu 18 - 27: 4:22.63

Punkty: FINA 2023

Pozycja			Rok ur.					Czas	Pkt.		
1.	CHMIELEWSKI Krzysztof		04	IUKS MUSZELKA Warszawa				<b>4:26.75</b>	763	A	
	50m:	26.97 26.97	150m:	1:30.52	33.48	250m:	2:44.16	40.70	350m:	3:56.82	31.41
	100m:	57.04 30.07	200m:	2:03.46	32.94	300m:	3:25.41	41.25	400m:	4:26.75	29.93
2.	POPIEL Mikołaj		06	KU AZS UMCS Lublin				<b>4:28.77</b>	746	A	
	<i>Min. MEJ Belgrad 2023</i>										
	50m:	27.47 27.47	150m:	1:34.43	34.93	250m:	2:48.15	39.42	350m:	3:59.42	31.58
	100m:	59.50 32.03	200m:	2:08.73	34.30	300m:	3:27.84	39.69	400m:	4:28.77	29.35
3.	PIELA Michał		04	UKP UNIA O wi cim				<b>4:29.43</b>	741	A	
	50m:	28.75 28.75	150m:	1:36.72	34.88	250m:	2:48.30	38.45	350m:	3:59.48	32.69
	100m:	1:01.84 33.09	200m:	2:09.85	33.13	300m:	3:26.79	38.49	400m:	4:29.43	29.95
4.	KOZŁOWSKI Igor		05	KU AZS UMCS Lublin				<b>4:29.59</b>	739	A	
	50m:	28.12 28.12	150m:	1:34.54	34.20	250m:	2:46.72	38.37	350m:	3:59.09	32.53
	100m:	1:00.34 32.22	200m:	2:08.35	33.81	300m:	3:26.56	39.84	400m:	4:29.59	30.50
5.	LARY Jerzy		06	IUKS MUSZELKA Warszawa				<b>4:31.83</b>	721	A	
	50m:	29.05 29.05	150m:	1:36.60	35.36	250m:	2:49.98	39.21	350m:	4:01.77	31.65
	100m:	1:01.24 32.19	200m:	2:10.77	34.17	300m:	3:30.12	40.14	400m:	4:31.83	30.06
6.	KONARSKI Maciej		04	UKS GIM 92 Ursynów				<b>4:32.90</b>	713	A	
	50m:	28.32 28.32	150m:	1:37.59	36.60	250m:	2:50.95	37.46	350m:	4:02.09	32.84
	100m:	1:00.99 32.67	200m:	2:13.49	35.90	300m:	3:29.25	38.30	400m:	4:32.90	30.81
7.	STANISZEWSKI Bartosz		05	UKP Ruda l ska				<b>4:32.96</b>	712	A	
	50m:	27.94 27.94	150m:	1:37.14	36.20	250m:	2:52.72	40.46	350m:	4:04.77	30.88
	100m:	1:00.94 33.00	200m:	2:12.26	35.12	300m:	3:33.89	41.17	400m:	4:32.96	28.19
8.	KUCZAK Adam		00	AZS AWF Katowice				<b>4:33.52</b>	708	A	
	50m:	27.63 27.63	150m:	1:36.18	36.11	250m:	2:49.14	38.68	350m:	4:01.50	33.14
	100m:	1:00.07 32.44	200m:	2:10.46	34.28	300m:	3:28.36	39.22	400m:	4:33.52	32.02
9.	MRÓZ Adam		03	KU AZS UMCS Lublin				<b>4:34.96</b>	697	A	
	50m:	28.85 28.85	150m:	1:37.83	36.20	250m:	2:51.01	38.15	350m:	4:03.11	33.49
	100m:	1:01.63 32.78	200m:	2:12.86	35.03	300m:	3:29.62	38.61	400m:	4:34.96	31.85
10.	MAJOR Erik		07	MKS Park Wodny Tarnowskie Góry				<b>4:35.81</b>	691	A	
	50m:	28.92 28.92	150m:	1:38.75	36.64	250m:	2:52.59	38.31	350m:	4:05.31	32.25
	100m:	1:02.11 33.19	200m:	2:14.28	35.53	300m:	3:33.06	40.47	400m:	4:35.81	30.50
11.	MA KA Filip		00	UKS 190 Łód				<b>4:36.34</b>	687	B	
	50m:	28.95 28.95	150m:	1:37.80	35.62	250m:	2:53.14	39.39	350m:	4:05.92	32.75
	100m:	1:02.18 33.23	200m:	2:13.75	35.95	300m:	3:33.17	40.03	400m:	4:36.34	30.42
12.	NOWACKI Bła ej		05	KU AZS UMCS Lublin				<b>4:36.63</b>	684	B	
	50m:	28.36 28.36	150m:	1:37.26	36.28	250m:	2:51.23	37.60	350m:	4:02.63	32.62
	100m:	1:00.98 32.62	200m:	2:13.63	36.37	300m:	3:30.01	38.78	400m:	4:36.63	34.00
13.	KAPAŁA Bartosz		06	MTP KORMORAN Olsztyn				<b>4:36.97</b>	682	B	
	50m:	29.21 29.21	150m:	1:38.76	36.19	250m:	2:53.98	40.92	350m:	4:06.96	31.62
	100m:	1:02.57 33.36	200m:	2:13.06	34.30	300m:	3:35.34	41.36	400m:	4:36.97	30.01
14.	SKOLASI SKI Jakub		05	KU AZS UMCS Lublin				<b>4:39.14</b>	666	B	
	50m:	28.00 28.00	150m:	1:38.47	36.67	250m:	2:53.68	39.36	350m:	4:06.71	33.10
	100m:	1:01.80 33.80	200m:	2:14.32	35.85	300m:	3:33.61	39.93	400m:	4:39.14	32.43
15.	WIDERSKI Miłosz		08	MKS JEDYNKA Łód				<b>4:42.20</b>	645	B	
	50m:	29.19 29.19	150m:	1:39.15	35.72	250m:	2:56.17	41.07	350m:	4:10.63	32.06
	100m:	1:03.43 34.24	200m:	2:15.10	35.95	300m:	3:38.57	42.40	400m:	4:42.20	31.57

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Konkurencja 18, M cżyn, 400m zmienny, Eliminacje, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.	
16.	KRY Radosław		07	UKS Tri-Team Rumia				<b>4:42.82</b>	640	B
	50m: 29.07	29.07	150m: 1:39.59	36.86	250m: 2:54.82	39.70	350m: 4:09.79	34.42		
	100m: 1:02.73	33.66	200m: 2:15.12	35.53	300m: 3:35.37	40.55	400m: 4:42.82	33.03		
17.	TARCZY SKI Bartosz		07	UKS 190 Łód				<b>4:45.23</b>	624	B
	50m: 29.16	29.16	150m: 1:43.16	39.67	250m: 2:58.80	38.55	350m: 4:13.32	34.92		
	100m: 1:03.49	34.33	200m: 2:20.25	37.09	300m: 3:38.40	39.60	400m: 4:45.23	31.91		
18.	SROKA Bła ej		05	UKS ABIANKA Gda sk				<b>4:48.58</b>	603	B
	50m: 29.63	29.63	150m: 1:41.82	37.27	250m: 2:58.60	41.34	350m: 4:15.06	34.34		
	100m: 1:04.55	34.92	200m: 2:17.26	35.44	300m: 3:40.72	42.12	400m: 4:48.58	33.52		
19.	KNOPP Jarosław		04	MUKS PI TNASTKA Bydgoszcz				<b>4:49.09</b>	600	B
	50m: 28.76	28.76	150m: 1:40.59	38.30	250m: 2:59.32	41.15	350m: 4:15.95	34.54		
	100m: 1:02.29	33.53	200m: 2:18.17	37.58	300m: 3:41.41	42.09	400m: 4:49.09	33.14		
20.	OŁOWNIA Ignacy		07	KS DELFIN Gdynia				<b>4:50.03</b>	594	B
	50m: 29.22	29.22	150m: 1:39.65	36.34	250m: 2:56.57	42.37	350m: 4:16.60	35.82		
	100m: 1:03.31	34.09	200m: 2:14.20	34.55	300m: 3:40.78	44.21	400m: 4:50.03	33.43		
21.	WIRASZKA Piotr		09	UKS GIM 92 Ursynów				<b>4:50.43</b>	591	R
	50m: 31.14	31.14	150m: 1:46.32	38.41	250m: 3:03.53	38.95	350m: 4:18.48	33.27		
	100m: 1:07.91	36.77	200m: 2:24.58	38.26	300m: 3:45.21	41.68	400m: 4:50.43	31.95		
22.	CZOGAŁA Grzegorz		07	UKS G-8 Bielany Warszawa				<b>4:50.46</b>	591	R
	50m: 28.56	28.56	150m: 1:41.25	39.03	250m: 2:58.48	39.57	350m: 4:15.03	35.52		
	100m: 1:02.22	33.66	200m: 2:18.91	37.66	300m: 3:39.51	41.03	400m: 4:50.46	35.43		
23.	WYKR T Marcin		04	SIKRET Gliwice				<b>4:50.52</b>	591	
	50m: 29.53	29.53	150m: 1:40.87	37.42	250m: 2:57.80	39.33	350m: 4:14.92	36.02		
	100m: 1:03.45	33.92	200m: 2:18.47	37.60	300m: 3:38.90	41.10	400m: 4:50.52	35.60		
24.	BRYG Bartosz		04	UKS SMS Galicja Kraków				<b>4:50.62</b>	590	
	50m: 29.45	29.45	150m: 1:44.68	41.22	250m: 3:01.79	37.82	350m: 4:15.79	35.04		
	100m: 1:03.46	34.01	200m: 2:23.97	39.29	300m: 3:40.75	38.96	400m: 4:50.62	34.83		
25.	KUNICKI Maksymilian		07	Akademia SMS Racibórz				<b>4:51.25</b>	586	
	50m: 29.68	29.68	150m: 1:43.99	39.48	250m: 3:04.14	41.61	350m: 4:18.91	33.44		
	100m: 1:04.51	34.83	200m: 2:22.53	38.54	300m: 3:45.47	41.33	400m: 4:51.25	32.34		
26.	WO NIAK Piotr		05	MTP KORMORAN Olsztyn				<b>4:51.42</b>	585	
	50m: 30.63	30.63	150m: 1:42.69	37.48	250m: 3:02.64	42.76	350m: 4:19.91	32.49		
	100m: 1:05.21	34.58	200m: 2:19.88	37.19	300m: 3:47.42	44.78	400m: 4:51.42	31.51		
27.	GOHLA Kamil		05	Swim Team MOSiR K dzierzyn-Ko le				<b>4:52.97</b>	576	
	50m: 29.02	29.02	150m: 1:43.70	41.24	250m: 3:03.17	40.21	350m: 4:19.94	36.41		
	100m: 1:02.46	33.44	200m: 2:22.96	39.26	300m: 3:43.53	40.36	400m: 4:52.97	33.03		
28.	PINCZAK Mateusz		08	CSiR MOS D browa Górnicza				<b>4:59.64</b>	538	
	50m: 29.87	29.87	150m: 1:45.18	39.64	250m: 3:07.56	43.29	350m: 4:25.65	35.55		
	100m: 1:05.54	35.67	200m: 2:24.27	39.09	300m: 3:50.10	42.54	400m: 4:59.64	33.99		
29.	HALKIEWICZ Maciej		08	UKS OMEGA Olkusz				<b>5:01.36</b>	529	
	50m: 29.59	29.59	150m: 1:43.82	38.62	250m: 3:06.57	44.88	350m: 4:28.82	37.21		
	100m: 1:05.20	35.61	200m: 2:21.69	37.87	300m: 3:51.61	45.04	400m: 5:01.36	32.54		
30.	PIECHOWSKI Jakub		05	UKS JUNIOR Kluczbork				<b>5:02.21</b>	525	
	50m: 29.56	29.56	150m: 1:45.70	40.87	250m: 3:09.14	43.93	350m: 4:28.95	35.00		
	100m: 1:04.83	35.27	200m: 2:25.21	39.51	300m: 3:53.95	44.81	400m: 5:02.21	33.26		
31.	GÓRSKI Antoni		08	MUKP Korona-Swim Kielce				<b>5:10.68</b>	483	
	50m: 29.98	29.98	150m: 1:48.42	43.49	250m: 3:13.75	43.35	350m: 4:35.78	36.45		
	100m: 1:04.93	34.95	200m: 2:30.40	41.98	300m: 3:59.33	45.58	400m: 5:10.68	34.90		