

Główne Mistrzostwa Polski Seniorów i Młodzie owców w pływaniu
Olsztyn, 26-29.04.2023

Konkurencja 8 M czyzn, 1500m dowolny 14 lat i starsi
2023-04-26 - 17:45 Wyniki

Rekord Polski 14:45.94 SAWRYMOWICZ Mateusz 00116 Melbourne (AUS) 2007
Rekord Polski Młodzie owców 14:45.94 SAWRYMOWICZ Mateusz 00116 Melbourne (AUS) 2007

Min. M Fukuoka 2023 Open: 15:04.64 / Min. Uniwersjada Chengdu 18 - 27: 15:22.73 / Min. ME U-23 Dublin 2023 19 - 23: 15:22.73 / Min. M J Netanya 2023 M 15 - 18: 15:18.33 / Min. MEJ Belgrad 2023 M 17 - 18: 15:49.89

Punkty: FINA 2023

Pozycja	Rok ur.	Czas	Pkt.
1. CHMIELEWSKI Krzysztof	04 IUKS MUSZELKA Warszawa	15:20.04	848
100m: 57.05 57.05	500m: 5:01.06 1:01.61	900m: 9:08.20 1:02.01	1300m: 13:17.43 1:02.49
200m: 1:57.29 1:00.24	600m: 6:02.87 1:01.81	1000m: 10:10.01 1:01.81	1400m: 14:19.51 1:02.08
300m: 2:58.35 1:01.06	700m: 7:04.60 1:01.73	1100m: 11:12.11 1:02.10	1500m: 15:20.04 1:00.53
400m: 3:59.45 1:01.10	800m: 8:06.19 1:01.59	1200m: 12:14.94 1:02.83	
2. STANISZEWSKI Bartosz	05 UKP Ruda l ska	15:30.81	819
<i>Min. MEJ Belgrad 2023</i>			
100m: 57.82 57.82	500m: 5:06.69 1:02.70	900m: 9:16.89 1:02.56	1300m: 13:29.17 1:03.24
200m: 1:59.30 1:01.48	600m: 6:09.26 1:02.57	1000m: 10:19.57 1:02.68	1400m: 14:31.96 1:02.79
300m: 3:01.34 1:02.04	700m: 7:12.01 1:02.75	1100m: 11:22.87 1:03.30	1500m: 15:30.81 58.85
400m: 4:03.99 1:02.65	800m: 8:14.33 1:02.32	1200m: 12:25.93 1:03.06	
3. KAPAŁA Bartosz	06 MTP KORMORAN Olsztyn	15:31.19	818
<i>Min. MEJ Belgrad 2023</i>			
100m: 59.05 59.05	500m: 5:06.53 1:02.38	900m: 9:16.46 1:02.64	1300m: 13:28.07 1:03.07
200m: 2:00.55 1:01.50	600m: 6:08.91 1:02.38	1000m: 10:19.72 1:03.26	1400m: 14:30.70 1:02.63
300m: 3:02.11 1:01.56	700m: 7:11.15 1:02.24	1100m: 11:22.56 1:02.84	1500m: 15:31.19 1:00.49
400m: 4:04.15 1:02.04	800m: 8:13.82 1:02.67	1200m: 12:25.00 1:02.44	
4. LARY Jerzy	06 IUKS MUSZELKA Warszawa	15:39.21	797
<i>Min. MEJ Belgrad 2023</i>			
100m: 58.87 58.87	500m: 5:08.32 1:02.90	900m: 9:20.54 1:03.09	1300m: 13:32.41 1:03.33
200m: 2:00.72 1:01.85	600m: 6:11.38 1:03.06	1000m: 10:23.58 1:03.04	1400m: 14:36.11 1:03.70
300m: 3:02.86 1:02.14	700m: 7:14.34 1:02.96	1100m: 11:26.21 1:02.63	1500m: 15:39.21 1:03.10
400m: 4:05.42 1:02.56	800m: 8:17.45 1:03.11	1200m: 12:29.08 1:02.87	
5. KOZIEJKO Bartłomiej	00 AZS AWF Warszawa	15:46.41	779
100m: 58.34 58.34	500m: 5:08.39 1:02.84	900m: 9:22.85 1:03.95	1300m: 13:39.21 1:03.93
200m: 1:59.95 1:01.61	600m: 6:11.80 1:03.41	1000m: 10:26.78 1:03.93	1400m: 14:43.33 1:04.12
300m: 3:02.74 1:02.79	700m: 7:15.17 1:03.37	1100m: 11:31.08 1:04.30	1500m: 15:46.41 1:03.08
400m: 4:05.55 1:02.81	800m: 8:18.90 1:03.73	1200m: 12:35.28 1:04.20	
6. GNACZY SKI Michał	07 MKP Szczecin	15:58.20	751
100m: 1:01.01 1:01.01	500m: 5:18.66 1:04.70	900m: 9:34.79 1:03.74	1300m: 13:52.65 1:04.61
200m: 2:05.46 1:04.45	600m: 6:23.11 1:04.45	1000m: 10:39.50 1:04.71	1400m: 14:57.16 1:04.51
300m: 3:09.49 1:04.03	700m: 7:27.47 1:04.36	1100m: 11:43.68 1:04.18	1500m: 15:58.20 1:01.04
400m: 4:13.96 1:04.47	800m: 8:31.05 1:03.58	1200m: 12:48.04 1:04.36	
7. WO NIAK Piotr	05 MTP KORMORAN Olsztyn	15:58.31	750
100m: 1:00.86 1:00.86	500m: 5:15.81 1:03.91	900m: 9:33.67 1:04.42	1300m: 13:52.80 1:04.42
200m: 2:04.25 1:03.39	600m: 6:20.00 1:04.19	1000m: 10:38.46 1:04.79	1400m: 14:57.28 1:04.48
300m: 3:07.80 1:03.55	700m: 7:24.63 1:04.63	1100m: 11:43.29 1:04.83	1500m: 15:58.31 1:01.03
400m: 4:11.90 1:04.10	800m: 8:29.25 1:04.62	1200m: 12:48.38 1:05.09	
8. KOWOLIK Alex	04 UKP UNIA O wi cim	16:00.08	746
100m: 1:00.87 1:00.87	500m: 5:17.12 1:04.15	900m: 9:34.16 1:04.36	1300m: 13:54.12 1:05.28
200m: 2:04.90 1:04.03	600m: 6:21.24 1:04.12	1000m: 10:38.74 1:04.58	1400m: 14:58.10 1:03.98
300m: 3:08.86 1:03.96	700m: 7:25.58 1:04.34	1100m: 11:43.67 1:04.93	1500m: 16:00.08 1:01.98
400m: 4:12.97 1:04.11	800m: 8:29.80 1:04.22	1200m: 12:48.84 1:05.17	
9. RADKIEWICZ Kajetan	05 KS KSZO Ostrowiec w.	16:01.16	744
100m: 59.93 59.93	500m: 5:15.76 1:04.43	900m: 9:34.86 1:04.78	1300m: 13:53.54 1:04.63
200m: 2:03.10 1:03.17	600m: 6:20.39 1:04.63	1000m: 10:39.78 1:04.92	1400m: 14:58.55 1:05.01
300m: 3:07.01 1:03.91	700m: 7:25.19 1:04.80	1100m: 11:44.63 1:04.85	1500m: 16:01.16 1:02.61
400m: 4:11.33 1:04.32	800m: 8:30.08 1:04.89	1200m: 12:48.91 1:04.28	

Główne Mistrzostwa Polski Seniorów i Młodzie owców w pływaniu
Olsztyn, 26-29.04.2023

Konkurencja 8, Mężczyzn, 1500m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.		
10.	MRÓZ Adam		03	KU AZS UMCS Lublin				16:08.05	728		
	100m:	59.58 59.58	500m:	5:11.89	1:03.77	900m:	9:30.71	1:05.61	1300m:	13:55.71	1:06.18
	200m:	2:02.18 1:02.60	600m:	6:15.67	1:03.78	1000m:	10:36.58	1:05.87	1400m:	15:02.56	1:06.85
	300m:	3:04.96 1:02.78	700m:	7:20.17	1:04.50	1100m:	11:42.72	1:06.14	1500m:	16:08.05	1:05.49
	400m:	4:08.12 1:03.16	800m:	8:25.10	1:04.93	1200m:	12:49.53	1:06.81			
11.	RYNKIEWICZ Jakub		05	KU AZS UMCS Lublin				16:09.88	724		
	100m:	59.00 59.00	500m:	5:13.46	1:04.48	900m:	9:33.97	1:05.43	1300m:	13:57.91	1:06.51
	200m:	2:01.61 1:02.61	600m:	6:18.74	1:05.28	1000m:	10:38.93	1:04.96	1400m:	15:04.55	1:06.64
	300m:	3:04.58 1:02.97	700m:	7:23.30	1:04.56	1100m:	11:45.25	1:06.32	1500m:	16:09.88	1:05.33
	400m:	4:08.98 1:04.40	800m:	8:28.54	1:05.24	1200m:	12:51.40	1:06.15			
12.	PI TKA Miłosz		07	MKP Szczecin				16:19.46	703		
	100m:	1:01.54 1:01.54	500m:	5:20.18	1:05.03	900m:	9:43.40	1:06.17	1300m:	14:08.41	1:06.29
	200m:	2:05.84 1:04.30	600m:	6:25.18	1:05.00	1000m:	10:49.46	1:06.06	1400m:	15:15.12	1:06.71
	300m:	3:10.32 1:04.48	700m:	7:31.23	1:06.05	1100m:	11:55.88	1:06.42	1500m:	16:19.46	1:04.34
	400m:	4:15.15 1:04.83	800m:	8:37.23	1:06.00	1200m:	13:02.12	1:06.24			
13.	DRABCZYK Krystian		04	UKP UNIA O wi cim				16:26.72	687		
	100m:	1:01.26 1:01.26	500m:	5:25.13	1:06.65	900m:	9:52.15	1:06.76	1300m:	14:17.87	1:06.58
	200m:	2:06.50 1:05.24	600m:	6:31.42	1:06.29	1000m:	10:58.40	1:06.25	1400m:	15:23.67	1:05.80
	300m:	3:12.25 1:05.75	700m:	7:38.75	1:07.33	1100m:	12:04.80	1:06.40	1500m:	16:26.72	1:03.05
	400m:	4:18.48 1:06.23	800m:	8:45.39	1:06.64	1200m:	13:11.29	1:06.49			
14.	NOWACKI Jacek		05	MTP KORMORAN Olsztyn				16:27.01	687		
	100m:	1:01.78 1:01.78	500m:	5:23.44	1:05.92	900m:	9:50.80	1:07.43	1300m:	14:18.55	1:06.72
	200m:	2:06.49 1:04.71	600m:	6:29.61	1:06.17	1000m:	10:57.96	1:07.16	1400m:	15:24.99	1:06.44
	300m:	3:11.49 1:05.00	700m:	7:36.57	1:06.96	1100m:	12:04.87	1:06.91	1500m:	16:27.01	1:02.02
	400m:	4:17.52 1:06.03	800m:	8:43.37	1:06.80	1200m:	13:11.83	1:06.96			
15.	KAPAŁA Szymon		03	AZS AWF Warszawa				16:28.22	684		
	100m:	1:00.01 1:00.01	500m:	5:19.07	1:06.23	900m:	9:47.22	1:07.24	1300m:	14:16.38	1:06.73
	200m:	2:02.88 1:02.87	600m:	6:25.80	1:06.73	1000m:	10:55.01	1:07.79	1400m:	15:22.57	1:06.19
	300m:	3:07.40 1:04.52	700m:	7:32.83	1:07.03	1100m:	12:02.89	1:07.88	1500m:	16:28.22	1:05.65
	400m:	4:12.84 1:05.44	800m:	8:39.98	1:07.15	1200m:	13:09.65	1:06.76			
16.	GRZEGORCZYK Wiktor		02	AZS AWF Warszawa				16:29.01	683		
	100m:	1:02.20 1:02.20	500m:	5:23.06	1:05.15	900m:	9:48.15	1:07.25	1300m:	14:19.02	1:07.35
	200m:	2:06.94 1:04.74	600m:	6:28.89	1:05.83	1000m:	10:55.97	1:07.82	1400m:	15:25.96	1:06.94
	300m:	3:12.36 1:05.42	700m:	7:34.50	1:05.61	1100m:	12:03.72	1:07.75	1500m:	16:29.01	1:03.05
	400m:	4:17.91 1:05.55	800m:	8:40.90	1:06.40	1200m:	13:11.67	1:07.95			
17.	CISOSKI Hubert		08	CSiR MOS D browa Górnicza				16:40.27	660		
	100m:	1:00.75 1:00.75	500m:	5:25.29	1:07.68	900m:	9:54.22	1:07.20	1300m:	14:26.08	1:08.49
	200m:	2:05.76 1:05.01	600m:	6:33.43	1:08.14	1000m:	11:02.15	1:07.93	1400m:	15:34.35	1:08.27
	300m:	3:11.12 1:05.36	700m:	7:40.55	1:07.12	1100m:	12:10.28	1:08.13	1500m:	16:40.27	1:05.92
	400m:	4:17.61 1:06.49	800m:	8:47.02	1:06.47	1200m:	13:17.59	1:07.31			
18.	CHAŁAT Wojciech		04	KU AZS UMCS Lublin				16:42.57	655		
	100m:	1:01.16 1:01.16	500m:	5:26.98	1:07.14	900m:	9:56.51	1:07.31	1300m:	14:27.73	1:07.79
	200m:	2:06.66 1:05.50	600m:	6:33.84	1:06.86	1000m:	11:04.73	1:08.22	1400m:	15:36.08	1:08.35
	300m:	3:12.80 1:06.14	700m:	7:41.31	1:07.47	1100m:	12:11.67	1:06.94	1500m:	16:42.57	1:06.49
	400m:	4:19.84 1:07.04	800m:	8:49.20	1:07.89	1200m:	13:19.94	1:08.27			
19.	GOŁACKI Sergiusz		04	UKS 190 Łódź				16:51.91	637		
	100m:	1:01.85 1:01.85	500m:	5:23.00	1:05.82	900m:	9:54.78	1:08.38	1300m:	14:34.44	1:10.53
	200m:	2:06.72 1:04.87	600m:	6:29.93	1:06.93	1000m:	11:04.21	1:09.43	1400m:	15:43.49	1:09.05
	300m:	3:11.86 1:05.14	700m:	7:37.57	1:07.64	1100m:	12:14.07	1:09.86	1500m:	16:51.91	1:08.42
	400m:	4:17.18 1:05.32	800m:	8:46.40	1:08.83	1200m:	13:23.91	1:09.84			
20.	KOZŁOWSKI Konrad		04	MTP KORMORAN Olsztyn				17:03.78	615		
	100m:	1:02.14 1:02.14	500m:	5:25.50	1:06.61	900m:	10:02.39	1:12.15	1300m:	14:45.37	1:10.93
	200m:	2:06.49 1:04.35	600m:	6:32.49	1:06.99	1000m:	11:13.04	1:10.65	1400m:	15:55.94	1:10.57
	300m:	3:12.34 1:05.85	700m:	7:40.77	1:08.28	1100m:	12:23.60	1:10.56	1500m:	17:03.78	1:07.84
	400m:	4:18.89 1:06.55	800m:	8:50.24	1:09.47	1200m:	13:34.44	1:10.84			

Główne Mistrzostwa Polski Seniorów i Młodzie owców w pływaniu
Olsztyn, 26-29.04.2023

Konkurencja 8, M czyzn, 1500m dowolny, 14 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
21.	KANCZKOWSKI Szymon		07	UKS Tri-Team Rumia				17:05.53	612
	100m: 1:03.61	1:03.61	500m: 5:37.88	1:09.84	900m: 10:16.44	1:09.91	1300m: 14:53.12	1:08.27	
	200m: 2:10.91	1:07.30	600m: 6:47.56	1:09.68	1000m: 11:26.40	1:09.96	1400m: 16:00.60	1:07.48	
	300m: 3:19.23	1:08.32	700m: 7:57.44	1:09.88	1100m: 12:35.70	1:09.30	1500m: 17:05.53	1:04.93	
	400m: 4:28.04	1:08.81	800m: 9:06.53	1:09.09	1200m: 13:44.85	1:09.15			
22.	CIBA Mateusz		08	MKP Szczecin				17:08.69	607
	100m:		500m: 5:34.95	1:09.02	900m: 10:13.09	1:09.96	1300m: 14:51.95	1:09.70	
	200m: 2:09.62		600m: 6:44.20	1:09.25	1000m: 11:22.77	1:09.68	1400m: 16:01.17	1:09.22	
	300m: 3:17.61	1:07.99	700m: 7:53.56	1:09.36	1100m: 12:32.49	1:09.72	1500m: 17:08.69	1:07.52	
	400m: 4:25.93	1:08.32	800m: 9:03.13	1:09.57	1200m: 13:42.25	1:09.76			
23.	SOKOŁOWSKI Franciszek		06	MTP KORMORAN Olsztyn				17:18.42	590
	100m: 1:05.16	1:05.16	500m: 5:41.18	1:09.30	900m: 10:20.35	1:10.27	1300m: 15:00.57	1:10.34	
	200m: 2:13.94	1:08.78	600m: 6:50.56	1:09.38	1000m: 11:29.80	1:09.45	1400m: 16:10.51	1:09.94	
	300m: 3:23.07	1:09.13	700m: 8:00.02	1:09.46	1100m: 12:40.24	1:10.44	1500m: 17:18.42	1:07.91	
	400m: 4:31.88	1:08.81	800m: 9:10.08	1:10.06	1200m: 13:50.23	1:09.99			
24.	WIRASZKA Piotr		09	UKS GIM 92 Ursynów				17:21.71	584
	100m: 1:03.77	1:03.77	500m: 5:47.42	1:11.55	900m: 10:30.18	1:10.20	1300m: 15:08.36	1:09.44	
	200m: 2:13.70	1:09.93	600m: 6:58.10	1:10.68	1000m: 11:39.59	1:09.41	1400m: 16:17.75	1:09.39	
	300m: 3:25.02	1:11.32	700m: 8:09.90	1:11.80	1100m: 12:49.78	1:10.19	1500m: 17:21.71	1:03.96	
	400m: 4:35.87	1:10.85	800m: 9:19.98	1:10.08	1200m: 13:58.92	1:09.14			
25.	SZWEDZKI Jakub		00	MKS TRÓJKA Łód				17:27.67	574
	100m: 1:06.62	1:06.62	500m: 5:47.76	1:10.87	900m: 10:30.51	1:09.89	1300m: 15:12.53	1:10.65	
	200m: 2:15.94	1:09.32	600m: 6:58.50	1:10.74	1000m: 11:41.12	1:10.61	1400m: 16:23.21	1:10.68	
	300m: 3:26.76	1:10.82	700m: 8:10.40	1:11.90	1100m: 12:51.50	1:10.38	1500m: 17:27.67	1:04.46	
	400m: 4:36.89	1:10.13	800m: 9:20.62	1:10.22	1200m: 14:01.88	1:10.38			
26.	CHODA Maciej		06	MTP KORMORAN Olsztyn				17:31.32	568
	100m: 1:04.49	1:04.49	500m: 5:41.28	1:10.13	900m: 10:23.29	1:10.56	1300m: 15:10.39	1:12.07	
	200m: 2:13.35	1:08.86	600m: 6:51.54	1:10.26	1000m: 11:34.62	1:11.33	1400m: 16:22.24	1:11.85	
	300m: 3:22.43	1:09.08	700m: 8:01.89	1:10.35	1100m: 12:46.46	1:11.84	1500m: 17:31.32	1:09.08	
	400m: 4:31.15	1:08.72	800m: 9:12.73	1:10.84	1200m: 13:58.32	1:11.86			
27.	MAZUR Adam		07	Grupa 5Styl				17:44.29	548
	100m: 1:03.21	1:03.21	500m: 5:40.86	1:10.37	900m: 10:28.02	1:12.17	1300m: 15:19.89	1:13.05	
	200m: 2:10.58	1:07.37	600m: 6:51.86	1:11.00	1000m: 11:39.91	1:11.89	1400m: 16:32.51	1:12.62	
	300m: 3:20.12	1:09.54	700m: 8:03.38	1:11.52	1100m: 12:53.04	1:13.13	1500m: 17:44.29	1:11.78	
	400m: 4:30.49	1:10.37	800m: 9:15.85	1:12.47	1200m: 14:06.84	1:13.80			
28.	GEBAUER Wolfgang		08	MTP KORMORAN Olsztyn				18:30.04	483
	100m: 1:07.44	1:07.44	500m: 5:59.39	1:13.42	900m: 10:59.21	1:15.18	1300m: 16:00.45	1:15.74	
	200m: 2:19.23	1:11.79	600m: 7:13.84	1:14.45	1000m: 12:14.67	1:15.46	1400m: 17:15.82	1:15.37	
	300m: 3:31.72	1:12.49	700m: 8:28.71	1:14.87	1100m: 13:29.65	1:14.98	1500m: 18:30.04	1:14.22	
	400m: 4:45.97	1:14.25	800m: 9:44.03	1:15.32	1200m: 14:44.71	1:15.06			
29.	GŁOGOWSKI Michał		96	Stow. OLIMPIJCZYK Kraków				22:17.17	276
	100m: 1:12.68	1:12.68	500m: 7:06.43	1:31.80	900m: 13:14.57	1:31.76	1300m: 19:19.85	1:29.73	
	200m: 2:36.50	1:23.82	600m: 8:38.68	1:32.25	1000m: 14:46.42	1:31.85	1400m: 20:49.85	1:30.00	
	300m: 4:04.98	1:28.48	700m: 10:10.91	1:32.23	1100m: 16:19.28	1:32.86	1500m: 22:17.17	1:27.32	
	400m: 5:34.63	1:29.65	800m: 11:42.81	1:31.90	1200m: 17:50.12	1:30.84			