



Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12 lat - II RUNDA
Mielec, 25.5.2024

Konkurencja 7
25.05.2024 - 12:35

Dziewcz t, 400m dowolny

12 lat
Wyniki

Punkty: FINA 2023

Pozycja			Rok ur.					Czas	Pkt.
1.	MENET Maria		12	UKS SP AQUARIUS Lesko				5:26.17	356
	50m:	37.52 37.52	150m:	2:00.68	41.47	250m:	3:25.05 42.57	350m:	4:48.53 41.65
	100m:	1:19.21 41.69	200m:	2:42.48	41.80	300m:	4:06.88 41.83	400m:	5:26.17 37.64
2.	GŁAZ Milena		12	MKS IKAR STAL Mielec				5:26.84	354
	50m:	38.64 38.64	150m:	2:02.50	41.82	250m:	3:27.58 42.82	350m:	4:50.33 42.21
	100m:	1:20.68 42.04	200m:	2:44.76	42.26	300m:	4:08.12 40.54	400m:	5:26.84 36.51
3.	NOWAK Oliwia		12	Stow. Sportowe PROSWIM				5:48.43	292
	50m:	38.50 38.50	150m:	2:04.15	43.43	250m:	3:33.59 44.49	350m:	5:04.79 45.57
	100m:	1:20.72 42.22	200m:	2:49.10	44.95	300m:	4:19.22 45.63	400m:	5:48.43 43.64
4.	ŁACH Stella		12	MUKP MOSiR ORKA Kielce				5:53.15	280
	50m:	39.42 39.42	150m:	2:08.19	44.16	250m:	3:38.70 45.78	350m:	5:09.31 45.77
	100m:	1:24.03 44.61	200m:	2:52.92	44.73	300m:	4:23.54 44.84	400m:	5:53.15 43.84
5.	GIERLA Sara		12	UKS SP AQUARIUS Lesko				5:54.48	277
	50m:	39.51 39.51	150m:	2:09.98	44.75	250m:	3:40.05 45.21	350m:	5:09.98 44.25
	100m:	1:25.23 45.72	200m:	2:54.84	44.86	300m:	4:25.73 45.68	400m:	5:54.48 44.50
6.	WARCHOŁ Amelia		12	SP Motyl MOSiR Stalowa Wola				5:56.00	274
	50m:	40.00 40.00	150m:	2:09.81	45.61	250m:	3:40.84 45.45	350m:	5:12.39 44.49
	100m:	1:24.20 44.20	200m:	2:55.39	45.58	300m:	4:27.90 47.06	400m:	5:56.00 43.61
7.	GRZEGORCZYK Amelia		12	MUKP Korona-Swim Kielce				5:56.01	274
	50m:	40.69 40.69	150m:	2:11.03	46.25	250m:	3:42.99 45.63	350m:	5:12.93 45.59
	100m:	1:24.78 44.09	200m:	2:57.36	46.33	300m:	4:27.34 44.35	400m:	5:56.01 43.08
8.	SZKUTA Hanna		12	MUKP MOSiR ORKA Kielce				5:56.91	272
	50m:	38.54 38.54	150m:	2:09.85	45.65	250m:	3:42.37 46.93	350m:	5:13.59 44.96
	100m:	1:24.20 45.66	200m:	2:55.44	45.59	300m:	4:28.63 46.26	400m:	5:56.91 43.32
9.	DROGOSZ Emilia		12	MUKP MOSiR ORKA Kielce				6:05.35	253
	50m:	39.93 39.93	150m:	2:11.43	45.83	250m:	3:45.56 47.38	350m:	5:19.92 47.38
	100m:	1:25.60 45.67	200m:	2:58.18	46.75	300m:	4:32.54 46.98	400m:	6:05.35 45.43
10.	GRODZICKA Milena		12	MUKP MOSiR ORKA Kielce				6:05.42	253
	50m:	40.81 40.81	150m:	2:13.73	46.81	250m:	3:46.84 47.18	350m:	5:21.51 48.56
	100m:	1:26.92 46.11	200m:	2:59.66	45.93	300m:	4:32.95 46.11	400m:	6:05.42 43.91
11.	KOWALSKA Milena		12	SP Motyl MOSiR Stalowa Wola				6:06.62	251
	50m:	39.95 39.95	150m:	2:11.98	46.95	250m:	3:46.81 47.87	350m:	5:21.61 47.32
	100m:	1:25.03 45.08	200m:	2:58.94	46.96	300m:	4:34.29 47.48	400m:	6:06.62 45.01
12.	BARNIAK Milena		12	UKS DELFINEK Ustrzyki Dolne				6:07.99	248
	50m:	41.41 41.41	150m:	2:13.94	46.87	250m:	3:51.79 48.91	350m:	5:28.17 48.28
	100m:	1:27.07 45.66	200m:	3:02.88	48.94	300m:	4:39.89 48.10	400m:	6:07.99 39.82
13.	B K Zofia		12	St. Lok. SALOS Cortile Kielce				6:14.33	235
	50m:	44.70 44.70	150m:	2:16.35	48.06	250m:		350m:	5:30.49 47.63
	100m:	1:28.29 43.59	200m:			300m:	4:42.86	400m:	6:14.33 43.84
14.	GRZEGORCZYK Helena		12	MUKP Korona-Swim Kielce				6:20.60	224
	50m:	44.78 44.78	150m:	2:20.67	47.89	250m:	3:57.30 47.88	350m:	5:34.83 48.74
	100m:	1:32.78 48.00	200m:	3:09.42	48.75	300m:	4:46.09 48.79	400m:	6:20.60 45.77
15.	KIPA Julia		12	MUKP FALA Ropczyce				6:21.18	223
	50m:	42.26 42.26	150m:	2:18.90	48.71	250m:	3:58.07 49.70	350m:	5:36.41 48.82
	100m:	1:30.19 47.93	200m:	3:08.37	49.47	300m:	4:47.59 49.52	400m:	6:21.18 44.77
16.	ROWI SKA Anna		12	UKS FENIKS D bica				6:26.29	214
	50m:	42.50 42.50	150m:	2:20.78	50.27	250m:	4:01.19 50.56	350m:	5:39.30 49.28
	100m:	1:30.51 48.01	200m:	3:10.63	49.85	300m:	4:50.02 48.83	400m:	6:26.29 46.99



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Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja		Rok ur.						Czas	Pkt.
17.	STRUGAŁA Antonina	12	UKS DELFINEK Ustrzyki Dolne					6:40.18	193
	50m: 43.40 43.40	150m: 2:24.14	51.28	250m: 4:06.58	52.64	350m: 5:50.94		52.30	
	100m: 1:32.86 49.46	200m: 3:13.94	49.80	300m: 4:58.64	52.06	400m: 6:40.18		49.24	
18.	WILGUCKA Amelia	12	UKS DELFINEK Ustrzyki Dolne					6:46.85	183
	50m: 44.18 44.18	150m: 2:27.52	52.87	250m: 4:15.10	53.98	350m: 6:00.41		51.96	
	100m: 1:34.65 50.47	200m: 3:21.12	53.60	300m: 5:08.45	53.35	400m: 6:46.85		46.44	
19.	HU Hanna	12	UKS DELFINEK Ustrzyki Dolne					7:03.10	163
	50m: 47.69 47.69	150m: 2:36.71	55.55	250m: 4:27.65	55.42	350m: 6:16.16		54.06	
	100m: 1:41.16 53.47	200m: 3:32.23	55.52	300m: 5:22.10	54.45	400m: 7:03.10		46.94	
20.	HNATYK Aleksandra	12	KP SOKÓŁ Rzeszów					7:07.59	158
	50m: 49.46 49.46	150m: 2:38.81	56.13	250m: 4:28.68	54.90	350m: 6:17.01		56.45	
	100m: 1:42.68 53.22	200m: 3:33.78	54.97	300m: 5:20.56	51.88	400m: 7:07.59		50.58	
21.	FILIPCZUK Anna	12	KP SOKÓŁ Rzeszów					7:07.66	158
	50m: 47.49 47.49	150m: 2:37.56	55.38	250m: 4:28.40	55.13	350m: 6:17.92		56.55	
	100m: 1:42.18 54.69	200m: 3:33.27	55.71	300m: 5:21.37	52.97	400m: 7:07.66		49.74	
22.	WIDER Judyta	12	KP SOKÓŁ Rzeszów					7:23.11	142
	50m: 46.36 46.36	150m: 2:38.90	57.09	250m: 4:34.71	56.82	350m: 6:31.48		57.85	
	100m: 1:41.81 55.45	200m: 3:37.89	58.99	300m: 5:33.63	58.92	400m: 7:23.11		51.63	
23.	RUDNICKA Gabriela	12	MUKP FALA Ropczyce					7:49.68	119
	50m: 47.74 47.74	150m: 2:43.14	59.88	250m: 4:40.25	58.90	350m: 6:41.58		1:00.87	
	100m: 1:43.26 55.52	200m: 3:41.35	58.21	300m: 5:40.71	1:00.46	400m: 7:49.68		1:08.10	
24.	OSAK Klaudia	12	MUKP FALA Ropczyce					8:20.71	98
	50m: 51.53 51.53	150m: 2:56.49	1:05.46	250m: 5:10.09	1:08.08	350m: 7:20.85		1:05.56	
	100m: 1:51.03 59.50	200m: 4:02.01	1:05.52	300m: 6:15.29	1:05.20	400m: 8:20.71		59.86	
PK	NYLEC Aleksandra	12	UKP GRYF D bica					5:58.29	269
	50m: 40.71 40.71	150m: 2:13.02	46.66	250m: 3:44.27	45.27	350m: 5:14.91		45.53	
	100m: 1:26.36 45.65	200m: 2:59.00	45.98	300m: 4:29.38	45.11	400m: 5:58.29		43.38	